

BIN KEIN ENGEL (I'M NOT AN ANGEL)

Music:

Kristina Bach

From the Album Die 1002 Nacht

www.amazon.com/bin-kein-engel

Available from choreographer

Rhythm :

Cha Cha

Phase: V+1 (Turkish Towel)

Footwork:

Opposite except where (Noted)

Release Date: May 19

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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INTRO AB AB INTRO(4-11) B END



INTRO

01-03 BFLY POS WALL LEAD FOOT FREE - WAIT 3 MEASURES ; ; ;

{Wait} Bfly Pos Wall lead ft free wt 3 meas ; ; ;

04-07 ALEMANA INTO LARIAT ; ; ; ;

{Alemana Into Lariat} Fwd L, rec R, sm sd L/cl R, sd L (*W cl R, fwd L, fwd R/lk Lib, fwd R trng RF to fc M*) ; Raisg jnd ld hnds XRib, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L & swvl RF, fwd R & swvl RF, fwd & sd L/cl R, sd L*) to end W slightly offset twd M's R sd ; Sd L w/ partial wgt, rec R, sip L/R, L (*W circg RF arnd M fwd R, L, R/L, R*) ; Sd R w/ partial wgt, rec L, sip R/L, R (*W contg to circ arnd M fwd L,R, L/R, L*) to BFLY WALL ;

08-11 REVERSE UNDERARM TURN ; AIDA ; SWITCH CROSS ; CUCARACHA RIGHT ;

{Reverse Underarm Turn} Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L/cl R, sd L (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R/cl L, sd R*) to BFLY ; {Aida} Thru R to fc LOD xg R hnd ovr L, sd L trng ½ RF to LOP RLOD, bk R/lk Lif, bk R to V bk-to-bk ; {Switch Cross} Trng LF to fc ptr bk & sd L, rec R to BFLY, XLif (*W XRif*)/sd R, XLif (*W XRif*) ; {Cucaracha Right} Sd R w/ partial wgt & trail arms out to sd, rec L, ip R/L, R ; w/trail arms out to sd to BFLY WALL ;

PART A

01-04 OP HIP TWIST to FACING FAN LOD ; ; OP HIP TWIST to FACING FAN COH ; ;

{OP Hip Twist to Fcg Fan LOD} Chk fwd L, rec R, in plc L/R, L (*W bk R, fwd L, fwd R/lk Lib, fwd L pushg off M's braced hnd swvl ¼ RF*) ; Bk R, rec L trng ¼ LF to LOD, fwd R/lk Lib, fwd R (*W fwd L, trng LF sd R, cont LF trn bk L/lk Rif, bk L to fan pos*) ; {OP Hip Twist to Fcg Fan COH} Repeat meas 1,2 Part A to COH ; ;

05-08 SHOULDER to SHOULDER TWICE ; ; FENCE LINE ; WHIP to WALL ;

{Shoulder to shldr x 2} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R ; {Fence Line} XLif (*W XRif*) w/ bent knee, rec R, sd L/cl R, sd L ; {Whip to WALL} Bk R trng LF & ldg W acrs, rec L contg LF trn (*W fwd L trng LF & xg in frt of M, fwd & sd R contg LF trn, sd L/cl R, sd L*) sd R/cl L, sd R to BFLY WALL ;

11-14 CHASE /M TURNS 4 TIMES & r-Hndshk ; ; ; ;

{Chase/M Turns 4 Times & r-hndshk} Fwd L trng ½ RF, rec R, fwd L/lk Rib, fwd L (*W bk R, rec L, fwd R/lk Lib, fwd R*) ; Fwd R trng ½ LF, rec L, fwd R/lk Lib, fwd R (*W fwd L trng ½ RF, rec R, fwd L/lk Rib, fwd L*) ; Fwd L trng ½ RF, rec R, fwd L/lk Rib, fwd L (*W fwd R trng ½ LF, rec L, fwd R/lk Lib, fwd R*) ; Fwd R trng ½ LF, rec L, fwd R/lk Lib, fwd R (*W fwd L, rec R, bk L/lk Rif, bk L*) to r-hndshk WALL ;

PART B

01-04 BASIC ½ to TURKISH TOWEL ; ONE BREAK ; W OUT to WALL ;

{Basic ½ to Turkish Towel} Rk fwd L, rec R, sd raise joined R hnds palm to palm/cl R, sd L (*W Bk R, rec L, sd R/cl L, sd R*) ; Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his left sd/fwd R, fwd L*) ; **{One Break}** Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (*W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd*) ; **{W Out to BFLY WALL}** ; Rk bk R, rec L chg to lead hnds joined, small sd R/cl L, sd R (*W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L*) to BFLY WALL ;

05-08 BACK BREAK INTO TRIPPLE CHA's to LOD ; ; FORWARD BREAK ; FENCE LINE in 4 ;

{Bk Break Into Tripple Cha's to LOD} [Relg ld hands] XLib (*W XRib*) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; w/ Bdy trn awy from ptr fwd R/lk Lib (*W lk Rib*), fwd R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; **{Fwd Break to BFLY}** [Releasing ld hands] XRif (*W XLif*) to OP LOD, rec L, w/bdy trn twd ptr bk R/lk Lif (*W lk Rif*), bk R to BFLY WALL ; **{Fence Line in 4}** XLif (*W XRif*) w/ bent knee, rec R, sd L, rec R ;

09-12 CHASE /W UNDERARM PASS ; ; NEW YORKER TWICE ; ;

{Chase / W Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (*W bk R, rec L, fwd R/cl L, fwd R twd M's L sd*) ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R (*W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L*) to BFLY WALL ; **{New Yorker Twice}** Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to BFLY COH ;

13-16 CHASE / W UNDERARM PASS ; ; NEW YORKER TWICE ; ;

{Chase / W Underarm Pass} Repeat meas 9-10 Part B ; ; **{New Yorker Twice}** Repeat meas 11-12 Part B to BFLY WALL ; ;

ENDING

01-02 FENCE LINE ; AIDA & EXTEND FREE ARMS ;

{Fence Line} Repeat meas 7 Part A ; **{Aida & Extend free Arms}** Thru R to fc LOD xg R hnd ovr L, sd L trng ½ RF to LOP RLOD, bk R/lk Lif, bk R to V bk-to-bk, extending free arms Up & out ;