

BLUE WORLD VI

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RECORD: CD: The Present (Remastered & Expanded) Track 11 or Download from Amazon or I-Tunes
ARTIST: The Moody Blues SPEED: 40 RPM or to suit
FOOTWORK: Opposite Throughout Except Where Noted (*Lady*) ORIG. LENGTH: 3:39
PHASE: Phase VI RHYTHM: Foxtrot
SEQUENCE: INTRO-A-B-C-INTERLUDE-A-B-C1-8[MOD]-END RELEASED: JUNE 2015 Rev 1

INTRODUCTION

1-2 SKATERS DLC LEFT FOOT FREE FOR BOTH WAIT ; ;

1-2] In skaters pos L ft free for both DLC wait ; ;

3-6 REVERSE WAVE ½ ; CHECK & WEAVE ; ; HOVER ;

SQQ 3] Fwd L comm LF body trn, -, sd R DLC, bk L fcg DRC ;

SQQ 4] Slip R bk undr body, -, fwd L comm LF trn, cont LF trn sd & bk R with rt sd lead & stretch fc DRW ;

QQQQ 5] Bk L, bk R cont LF trn, sd & fwd L with lf sd stretch & LF trn, fwd R ;

SQQ 6] Fwd L, -, fwd & sltly sd R rising, sd & fwd L to Skaters DLC ;

7-8 FEATHER LADY IN 4 [TO BJO] ; DOUBLE REVERSE FULL ;

SQQ (SQ&Q) 7] Fwd R, -, fwd L, fwd R (*Fwd R, -, fwd L comm LF trn/sd & bk R, bk L to Bjo*) DLC ;

SQQ (SQ&Q) 8] Fwd L comm LF trn, -, sd R, spin brng L ft undr body (*Bk R comm LF trn, -, cl L to R heel trn trng ½ LF/sd & bk cont LF trn, XLIF*) ; **NOTE:** Meas. 1-6 are same footwork - lady transitions on meas. 7.

PART A

1-4 TELESPIN TO BJO ; ; TRAVELING HOVER CROSS ; ;

SQQ& 1] Fwd L comm LF trn with R sd stretch, -, fwd & sd R cont LF trn, sd & bk L with partial wt/comm LF body turn (*Bk R comm LF trn, -, brng L to R heel trn cont LF trn, fwd R cont LF trn/keeping R sd twd ptr fwd L*) ;

QQS 2] Taking full wt on L spin LF, sd R cont LF trn, cont LF trn sd & fwd L to BJO DLW, - (*Fwd R comm LF toe spin, cont toe spin cl L, sd & bk R to BJO*) ;

SQQ 3] Fwd R comm RF trn with L sd stretch, -, sd L fcg DRW cont strong RF trn, sd R fc DLC with R sd stretch (*Bk L comm RF trn, -, [heel turn] cl R no weight cont RF trn & trans weight to R, sd L, sd & bk L*) ;

QQQQ 4] Cont RF rotation fwd L across R in CBM, fwd & sd R to CP, fwd L to CBMP, fwd R to BJO (*Cont RF rotation with L sd stretch bk R to CBMP, bk & sd L to CP, bk R to CBMP, bk L to BJO*) ;

5-8 TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ;

SQQ 5] Blind to CP fwd L comm LF body trn, -, sd R cont LF trn, sd & fwd L to SCP DLW ; (*Bk R comm LF body trn brng L to R no weight, -, trn LF on R heel [heel trn] & chng weight to L, sd & fwd R*) ;

SQQ 6] Fwd R comm RF trn w/R sd stretch, -, fwd L rise & cont RF trn, bk R in SCP DRLW ; (*Fwd L w/L sd stretch, -, fwd R rising comm RF trn, cont RF trn bk L in SCP*) ;

QQQQ 7] Bk L, slip R bk comm LF trn to CP, sd & fwd L w/L sd stretch, fwd R to BJO DLW ; (*Bk R, trng LF slip L fwd to CP, sd & bk R w/R sd stretch, bk L to BJO*) ;

SS 8] Fwd L blending to CP, -, fwd with R shldr ld trng LF, draw L to R to CP DLC ;

9-12 TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH [DLW] ;

SQQ 9] Fwd L comm LF trn with R sd stretch, -, fwd R cont LF trn, sd & bk L with partial weight keeping L sd to ptr (*Bk R comm LF heel trn, -, cl L no weight & cont heel turn chng weight to L, fwd R*) ;

Q&QS 10] Spin LF taking full weight on L/cont spin, sd R cont LF trn, bk L fcg RLOD, (*Keep R sd in to ptr fwd L lifting R leg up straight fwd trng LF, cont LF trn, fwd R*), - ;

SQ&Q 11] Bk R trng ¼ LF keeping L sd in to ptr, -, sd & fwd L with L sd stretch/fwd R outsd ptr rise brng W in frnt, fwd L lowering chng to R sd stretch pivoting LF fc DRC (*Fwd L trng ¼ LF, sd & bk R/bk L under body, bk R lowering & chng to R sway with LF pivot action*) ;

SQQ 12] Bk R trng LF, -, cont trn sd & fwd L, fwd R with CBM to BJO DLW ;

13-16 3 STEP ; OPEN NATURAL ; BACK TWISTY VINE 4 ; HEEL PULL ;

SQQ 13] Fwd L blindg to CP, -, fwd R, rising to toe fwd L to CP DLW ;

SQQ 14] Comm RF upper body trn fwd R heel to toe, -, sd L across LOD, cont RF upper body trn bk R with CBM ldg ptr to BJO (*Comm RF upper body trn bk L, -, cl R [heel turn] cont trn, fwd L to BJO*) ;

QQQQ 15] Comm RF trn bk L, cont trn sd R, cont RF trn XLIF, trng LF sd R to BJO DRC ;

SS 16] Comm RF upper body trn bk L blend to CP, -, cont RF trn on L heel pull R ft bk to L trans weight to R, (*Fwd R trng RF, -, cont RF trn sd L, draw R to L*) - ;

PART B

1-4 REVERSE WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; :

- SQQ 1] Fwd L comm LF body trn, -, sd R DLC, bk L fcg DRC ;
SQQ 2] Bk R comm RF trn, -, sd & fwd L, chk fwd R with CBM to BJO DRW ;
SQ&Q 3] Comm RF upper body trn bk L trng RF, -, sd R with L sd stretch trng ¼ RF to CP/cl L, sd & fwd R fc LOD ;
Q&QS 4] Rotate upper body RF with L sd stretch & comm RF trn fwd L, cont trn XRIB trng ½ RF/bk L trng ½ RF, fwd R, - ;
5-8 TRAVELING CONTRA CHECK ; RUNNING OPEN NATURAL TO A RIGHT TURNING LOCK ; ; FEATHER ;
SQQ 5] Fwd L w contra bdy motion w LF upper bdy trn, -, cl R rising to toes in CP WALL, sd & fwd L in SCP ;
SQ&Q 6] Thru R comm RF trn, -, sd & bk L with L sd stretch/bk R with R sd ld ldg W to BJO, with R sd stretch bk L in BJO
(Thru L comm RF trn, -, with R sd stretch fwd R/fwd L with L sd ld, with L sd stretch fwd R in BJO) ;
Q&QS 7] Bk R with R sd ld comm RF trn/XLIF, L sd stretch cont RF upper body trn fwd R btwn W's feet, cont trn fwd L to
SCP DLC, - (*Fwd L with L sd ld comm RF trn/XRIB, with R sd stretch fwd & sd L cont RF trn, fwd R, -*) ;
SQQ 8] Fwd R, -, fwd L with slight LF upper body trn, fwd R to BJO DLC ;

PART C

1-4 DIAMOND TURN ½ ; ; QUICK DIAMOND 4 [CP DLW] ; DIP BACK & RECOVER ;

- SQQ 1] Fwd L, -, comm LF trn sd R, bk L to BJO DRC ;
SQQ 2] Stay in BJO bk R, -, trn LF sd L, fwd R in BJO DRW ;
QQQQ 3] Fwd L, comm LF trn sd R, cont LF trn bk L, bk R to CP DLW ;
SS 4] Soften knees bk L, -, rec fwd R CP DLW, - ;
5-8 HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;
SQQ 5] Fwd L, -, fwd & slight sd R, trng to SCP sd & fwd L DLC ;
SQ&Q 6] Thru R, -, sd & slightly fwd L with L sd stretch/cont L sd stretch into R sway cl R look R, sd & fwd L to SCP ;
SQQ 7] Fwd R comm LF spin, -, cont LF spin XLIB, cont LF spin slip R bk (*Fwd L comm LF spin, cont LF spin fwd R
arnd M's L sd, cont LF spin brush L to R, fwd L*) ;
SQQ 8] Comm LF upper body trn flexing knees with strong R sd ld chk fwd L, -, rec R, slpng L bk under body fc Wall ;
9-12 CONTINUOUS HOVER CROSS , , ; ; LEFT FEATHER , , ;
SQQ 9] Fwd R comm RF trn, -, cont RF trn sd L with L sd stretch, strong RF trn on L small sd & fwd R fc DLC
(*Bk L comm RF Trn, -, [heel trn] cl R [no weight] cont RF trn chng weight to R, sd & bk L to CP*) ;
QQQQ QQ 10-10½] Fwd L across R, cl R, bk L in CBMP, bk R to CP (*Bk R, sd L to CP, fwd R to
BJO, fwd L to CP*) ; Sd & Fwd L with L sd ld & stretch, fwd R in BJO with L sd stretch (*Sd & bk R, bk L in BJO*) ,
SQQ QQ 10½-12] Fwd L, - ; Fwd R with R sd ld, fwd L to SDCR, fwd & sd R trng 1/8 LF, bk L trng 1/8 LF to BJO DRC ;
13-16 FEATHER FINISH [DLW] ; FORWARD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;
SQQ 13] Bk R comm LF trn, -, trng ¼ LF sd & fwd L, trng ¼ LF fwd R to BJO DLW ;
SS 14] Fwd L blndg to CP, -, flex L knee move sd & slightly fwd onto R keeping L sd to ptr with slight LF body trn, - ;
SS 15] Rolling RF 3/8 rec L, -, slip R past L, - (*Rolling RF 3/8 rec R, -, pvtg LF fwd L, -*) CP DLC ;
SQQ (SQ&Q) 16] Repeat meas. 8 of Intro end CP DLC ;

INTERLUDE

1-4 REVERSE WAVE ½ ; CHECK AND WEAVE ; ; HOVER ;

- SQQ 1] Fwd L comm LF body trn, -, sd R DLC, bk L fcg DRC ;
SQQ 2] Slip R bk undr body, -, fwd L comm LF trn, cont LF trn sd R with rt sd lead & stretch fc DRW ;
QQQQ 3] Bk L, bk R cont LF trn, sd & fwd L with lf sd stretch & LF trn, fwd R ;
SQQ 4] Fwd L, -, fwd & sltly sd R rising, sd & fwd L to SCP DLC ;
5-6 FEATHER ; DOUBLE REVERSE FULL ;
SQQ 5] SQQ (SQ&Q) Fwd R, -, fwd L, fwd R (*Fwd R, -, fwd L comm LF trn/sd & bk R, bk L to Bjo*) DLC ;
SQQ (SQ&Q) 6] Fwd L comm LF trn, -, sd R, spin brng L ft undr body (*Bk R comm LF trn, -, cl L to R heel trn trng
½ LF/sd & bk cont LF trn, XLIF*)

REPEAT PART A

REPEAT PART B

REPEAT PART C

REPEAT PART C 1-8

ENDING

1-5 CURVED FEATHER ; BACK FEATHER ; FEATHER FINISH TO A DOUBLE TOPSPIN ; ; ;

SQQ 1] Fwd R comm RF trn, -, w/L sd lead cont RF trn fwd L, cont RF trn w/L sd lead fwd R chkg to BJO RLOD ;
(Bk L comm RF trn, -, cont RF trn bk R, cont RF trn w/R sd lead chk bk L to BJO in CBMP ;

SQQ 2] In BJO Bk L, -, bk R w/R shldr ld, bk L ;

SQQ 3] Bk R comm LF trn, -, sd & fwd L w/LF trn, chk fwd R to BJO DLW ;

QQQQ 4] Trn 1/8 LF on ball of R ft bk L, bk R trng 1/8, sd & fwd L cont LF trn, chk fwd R to BJO DRC ;

QQQQ 5] Trn 1/8 LF on ball of R ft bk L, bk R trng 1/8, sd & fwd L cont LF trn, fwd R to BJO DLW ;

6-8 HOVER ; FEATHER ; REVERSE FALLAWAY 4 TO BJO ;

SQQ 6] Blndg to CP fwd L, -, fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to SCP DLC ;

SQQ 7] Fwd R, -, fwd L, fwd R to BJO DLC (*Thru L trng to fc ptr, -, sd & bk R, bk L*) ;

QQQQ 8] Fwd L comm LF trn, sd & fwd R cont trn, bk L SCP RLOD, rise on L bk R lead W to trn LF to BJO ;
(*Bk R, bk L, bk R in SCP rising on R, trn LF sd & fwd L to BJO*) ;

9-11 WEAVE ENDING ; 3 STEP ; RUNNING HOVER [TO SCP] ;

QQQQ 9] Bk L in BJO, bk R to CP trng LF, sd & fwd L trng LF, fwd R to BJO DLW ;

SQQ 10] Fwd L blndg to CP, -, fwd R, rising to toe fwd L to CP DLW ;

SQ&Q 11] Fwd R w/L sd stretch, -, fwd L/fwd & sd R w/R sd stretch, fwd L cont R sd stretch ;
(*Bk L, -, bk R/bk & sd L trng to SCP, fwd R*) ;

12 THRU TO THROWAWAY OVERSWAY ;

SS 12] Thru R, -, sd & fwd L brng W in frnt relaxing L knee & allow R to pnt sd & bk keeping R sd twd ptr with L sd stretch, - (*Thru L, -, sd & fwd R trng LF while relaxing R knee & sliding L ft bk under body past the R ft to pnt bk looking well to L & keep L sd twd man, -*) ;

BLUE WORLD VI

PHASE VI FOXTROT

INTRO: SKATERS DLC LF FT FREE FOR BOTH WAIT ; ;
REV WAVE ½ ; CHECK & WEAVE ; ; HOVER ;
FEATHER LADY IN 4 TO BJO ; DBL REVERSE FULL ;

A: TELE**ESPIN** TO BJO ; ; TRAVELING HOVER CROSS ; ;
TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ;
TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH DLW ;
3 STEP ; OPEN NAT ; BK TWISTY VINE 4 ; HEEL PULL ;

B: REV WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; ;
TRAV CONTRA CHK ; RUNNING OPEN NAT ; RT TURNING LOCK ; FEATHER ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ;
HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;
CONT HOVER CROSS , , ; ; LEFT FEATHER , , ; FEATHER FINISH [DLW] ;
FWD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;

BRK: REV WAVE ½ ; CHECK & WEAVE ; ;
HOVER ; FEATHER ; DBL REVERSE FULL ;

A: TELE**ESPIN** TO BJO ; ; TRAVELING HOVER CROSS ; ;
TELEMARK TO SEMI ; NAT FALLAWAY WEAVE ; ; CHANGE OF DIRECTION ;
TELERONDE ; ; TUMBLE TURN ; FEATHER FINISH [DLW] ;
3 STEP ; OPEN NAT ; BK TWISTY VINE 4 ; HEEL PULL ;

B: REV WAVE ½ ; OUTSIDE CHECK ; TIPPLE CHASSE TO A RUMBA CROSS ; ;
TRAV CONTRA CHK ; RUNNING OPEN NAT ; RT TURNING LOCK ; FEATHER ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ;
HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;
CONT HOVER CROSS , , ; ; LEFT FEATHER , , ; FEATHER FINISH [DLW] ;
FWD TO RIGHT LUNGE ; ROLL & SLIP ; DOUBLE REVERSE FULL ;

C: DIAMOND TURN ½ ; ; QK DIAMOND IN 4 [CP DLW] ; DIP BK & REC ;
HOVER ; RIPPLE CHASSE TO BIG TOP ; ; CONTRA CHECK & SLIP ;

END: CURVED FEATHER ; BACK FEATHER ;
FEATHER FINISH TO A DBL TOPSPIN ; ; ; HOVER ;
FEATHER ; REV FALLAWAY 4 TO BJO ; WEAVE ENDING ;
3 STEP ; RUNNING HOVER ;
THRU TO THROWAWAY OVERSWAY ;

DEBBIE & PAUL TAYLOR

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