

BRING IT ON HOME TO ME

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Rhythm: Slow Two-Step

Phase: 5

Footwork: Opposite except where W's noted by (), and as otherwise noted; Timing SQQ except as noted

Music: "Bring It On Home to Me", on album "Greatest Hits - Sam Cooke"

Artist: Sam Cooke (music available online at iTunes Music Store, AmazonMP3, Walmart Music)

Sequence: Intro, A, B, A, B, Amod, End

Speed: 42 rpm

INTRO

1-8 (Low BFLY WALL, both R feet free) WAIT 3 PU NOTES;

3 SIDE POINTS;;; SIDE TO 3 KICK BALL CHANGES;;;~

M BACK CLOSE (W CHECK SIDE); into a BASIC ENDING;

(Low BFLY WALL, both R feet free) *{wait}* wait 3 pickup notes;

(same footwork meas 1 - first half meas 7)

S-;S-;S-; 1-3 *{3 sd pts}* sd R,-, pt L,-; sd L,-, pt R,-; sd R,-, pt L,-;

S-Q;S-Q; 4-6 *{sd to 3 kick ball chgs}* sd L,-, kick R to rt of ptr, take weight on ball of rt foot; replace wt on left foot,-, kick R to rt of ptr, take weight on ball of rt foot; replace wt on left foot,-, kick R to rt of ptr, take weight on ball of rt foot;

S 7 replace wt on left foot,-,

QQ(S) *{M bk cl (W ck sd)}* XRIB of L, cl L to R (ck sd R);

8 *{basic ending}* sd R,-, XLIB of R (XRIB of L), rec R;

PART A

1-4 UNDERARM TURN; M TURN TO HAMMERLOCK; WHEEL 6;;

1 (Low BFLY WALL) *{underarm trn}* sd L,-, XRIB of L, rec L (sd R comm RF trn under jnd ld hnds,-, fwd L trn RF 1/2, rec fwd R trn RF to fc ptr);

2 *{M trn to hammerlock}* keeping ld hnds jnd low trn RF sm fwd R,-, cont RF trn sm fwd L, cont RF trn sm fwd R to hammerlock pos (sd L,-, XRIB of L, rec L);

3-4 *{wheel 6}* trng RF in M's hammerlock fwd L sweep R arm overhead [like backstroke] bringing arm in front of W placing R hnd on W's L shoulder,-, cont RF trn fwd R, fwd L; fwd R,-, fwd L, fwd R to fc LOD (trng RF fwd R,-, fwd L, fwd R; fwd L,-, fwd R, fwd L);

5-8 W FREE ROLL TO FACE; CANTER VINE 4; LUNGE BASIC; SWAY L & R;

5 *{W free roll to fc}* releasing ld hnds bk L trn RF,-, sd R, XLIF of R (fwd R trn RF 1/4,-, sd L cont RF trn 1/2, sd R cont RF trn 1/2 to fc ptr) blend to BFLY WALL;

S&S& 6 *{canter vine 4}* sd R,-/XLIB of R, sd R,-/XLIB of R (sd L,-/XRIB of L, sd L,-/XRIB of L);

7 *{lunge basic}* sd R lunge,-, rec L, XRIF of L (XLIF of R);

SS 8 *{sway L&R}* sd L w/ sway,-, sway R,-;

9-11 START A CROSS BODY TO CP; into 2 HIP LIFTS;;

9 *{start a cross body to CP}* sd & bk L trng LF,-, slip bk R cont LF trn blending to CP, fwd L complete LF trn to fc COH (sd & fwd R,-, fwd L trng LF blending to CP, trng LF sd R);

10-11 *{2 hip lifts}* sd R,-, draw L to R press wt on L to lift L hip, lower hip; sd L,-, draw R to L press wt on R to lift R hip, lower hip;

12-16 TURN TO 3 BACK TRAVELING CROSS CHASSES CHANGING HANDS TO FACE WALL;;; UNDERARM TURN; OPEN BREAK;

- 12-14 *{trn to 3 bk traveling cross chasses chging hnds to fc WALL}* trn LF sd & bk R join rt hnds palm-to-palm,-, sd & bk L, XRIF of L (trn LF cl L to R,-, sd & fwd R, XLIF of R); bk L trn a little RF join left hnds palm-to-palm,-, sd & bk R, XLIF of R (fwd R trn a little RF,-, sd & fwd L, XRIF of L); bk R trn LF join rt hnds palm-to-palm,-, small sd & bk L cont LF trn to fc WALL, XRIF of L (fwd L trn a little LF,-, sd & fwd R cont LF trn to fc ptr, XLIF of R);
- 15 *{underarm trn}* join ld hnds sd L,-, XRIB of L, rec L (sd R comm RF trn under jnd ld hnds,-, fwd L trn RF 1/2, rec fwd R trn RF to fc ptr);
- 16 *{op brk}* sd R,-, apt L, rec R;

PART B

1-4 PASSING M'S UNDERARM TURN WITH WRAP; to M'S SHADOW WHEEL 3; W AROUND TO FC; BASIC ENDING TO CP;

- 1 *{Low BFLY WALL}* *{passing M's underarm trn with wrap}* fwd L under jnd ld hnds,-, fwd R trng LF 1/2, fwd L trng LF 1/2 (fwd R,-, trng RF fwd L around M, cont RF trn fwd R around to M's left sd) into M's WRAP pos fc WALL;
- 2 *{M's shadow wheel 3}* curving RF bk R,-, bk L, bk R (curving RF fwd L,-, fwd R, fwd L);
- 3 *{W around to fc}* bk L release ld hnds trng RF to fc COH,-, sm sd R, XLIF of R (cont RF trn fwd R,-, fwd L cont RF trn to fc ptr, XRIF of L) to BFLY COH;
- 4 *{basic ending to CP}* sd R,-, XLIB of R (XRIB of L), rec R blending to CP;

5-8 SWAY L & R; MARCHESSI HIP LIFTS 2 MEAS;; CUDDLE PIVOT IN 2;

- SS 5 *{sway L&R}* sd L w/ sway,-, sway R,-;
- QQQQ; 6-7 *{Marchessi hip lifts}* pt L fwd press wt on L to lift L hip, lower hip, pt L bk press wt on L to lift L hip, lower hip;
- QQQQ; pt L fwd press wt on L to lift L hip, lower hip, pt L bk press wt on L to lift L hip, lower hip;
- SS 8 *{cuddle pvt in 2}* sd & slightly fwd L trng RF,-, fwd R bet W's feet trng RF,- (fwd R bet M's feet trng RF,-, sd & bk L,-) to CP WALL;

9-12 LUNGE BASIC TO LOW BFLY; SIDE SWAYS (SQQ); LUNGE BASIC; OPEN BASIC;

- 9 *{lunge basic to low BFLY}* sd L lunge,-, rec R blending to low BFLY, XLIF of R (XRIF of L);
- 10 *{sd sways}* sd R w/ sway,-, sway L, sway R;
- 11 *{lunge basic}* sd L lunge,-, rec R, XLIF of R (XRIF of L);
- 12 *{op basic}* sd R,-, trn LF to 1/2 OP bk L, rec R trn to fc;

13-16 SWITCHES;; OPEN BASIC; BASIC ENDING;

- 13-14 *{switches}* cont RF trn sd & bk L across W,-, cont trn sd & fwd R to L 1/2 OP, fwd L (fwd R bet M's feet,-, fwd L, fwd R comm RF trn); fwd R bet W's feet,-, fwd L, fwd R to 1/2 OP comm RF trn (cont RF trn sd & bk L across M,-, cont trn sd & fwd R to 1/2 OP, fwd R);
- 15 *{op basic}* fcg ptr sd L,-, trn RF to L 1/2 OP bk R, rec L trn to fc;
- 16 *{basic ending}* sd R,-, XLIB of R (XRIB of L), rec R;

PART A

1-16 UNDERARM TURN; M TURN TO HAMMERLOCK; WHEEL 6;; W FREE ROLL TO FACE; CANTER VINE 4; LUNGE BASIC; SWAY L & R; START A CROSS BODY TO CP; into 2 HIP LIFTS;; TURN TO 3 BACK TRAVELING CROSS CHASSES CHANGING HANDS TO FACE WALL;;; UNDERARM TURN; OPEN BREAK;

- 1-16 repeat Part A, meas 1-16

PART B

**1-16 PASSING M'S UNDERARM TURN WITH WRAP; to M'S SHADOW WHEEL 3;
W AROUND TO FC; BASIC ENDING TO CP;
SWAY L & R; MARCHESSI HIP LIFTS 2 MEAS;; CUDDLE PIVOT IN 2;
LUNGE BASIC TO LOW BFLY; SIDE SWAYS (SQQ); LUNGE BASIC; OPEN BASIC;
SWITCHES;; OPEN BASIC; BASIC ENDING;**

1-16 repeat Part B, meas 1-16

PART Amod

**1-15 UNDERARM TURN; M TURN TO HAMMERLOCK; WHEEL 6;;
W FREE ROLL TO FACE; CANTER VINE 4; LUNGE BASIC; SWAY L & R;
START A CROSS BODY TO CP; into 2 HIP LIFTS;;
TURN TO 3 BACK TRAVELING CROSS CHASSES CHANGING HANDS;;;
W AROUND TO M'S SHADOW;**

1-11 repeat Part A, meas 1-11

12-14 *{trn to 3 bk traveling cross chasses chging hnds}* repeat Part A, meas 12-13;; bk R trn a little LF join rt hnds palm-to-palm,-, sd & bk L, XRIF of L (fwd L trn a little LF,-, sd & fwd R, XLIF of R);

15 *{W around to M's shadow}* keeping rt hnds jnd bk L,-, ck sd & fwd R, bk L (fwd R,-, fwd L trng RF behind M, cont RF trn fwd R to M's left sd) to M's SHADOW RLOD;

END

1-3 WHEEL 3 TO LOD; W TURN TO SHADOW WHEEL; BACK SHADOW BREAK - FACE RLOD;

1 (M's SHADOW RLOD) *{wheel 3 to LOD}* trng RF bk R,-, bk L, bk R (trng RF fwd L,-, fwd R, fwd L) to M's SHADOW LOD;

2 *{W turn to shadow wheel}* trng RF ck bk L,-, trng RF fwd R, fwd L (fwd R trng RF 1/2 across M to SHADOW,-, trng RF bk L, bk R);

3 *{bk shadow brk}* complete RF trn to SHADOW RLOD sm fwd R,-, rk bk L, rec R (bk L,-, rk bk R, rec L);

4-7 3 TRAVELING HIP LIFTS;;; FACE, SIDE & HOLD;

4-6 *{3 traveling hip lifts}* in SHADOW fwd L,-, draw R to L & look at ptr press wt on R to lift R hip, lower hip; fwd R,-, draw L to R & slight sway away from ptr press wt on L to lift L hip, lower hip; fwd L,-, draw R to L & look at ptr press wt on R to lift R hip, lower hip;

SS 7 *{fc, sd & hold}* fwd R trn to fc ptr CUDDLE CP COH,-, sd L & hold,-;