

BROKEN HEARTSTRINGS

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CD: Lupins Virgin RMCD6001, CD Title "Thinking Of You" (Artist: Rita MacNeil) Track 6 "Broken Heartstrings" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 3:22

RHYTHM: Waltz RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A-B-INTERLUDE-A-B-ENDING

MEAS:

INTRODUCTION

1-4 BJO DLC WAIT 2 MEAS;; CROSS HOVER SCAR; CROSS HOVER SCP

- 1-2 Wait in BJO DLC w/ trail ft free;;
- 3 {Cross Hover to SCAR} BJO DLC XRif (W XLib), sd L w/ slight rise trn RF, rec R to SCAR DLW;
- 4 {Cross Hover to SCP} SCAR DLW XLif (W XRib), sd R w/ slight rise trn LF (W trn RF), rec L to SCP DLC;

5 PICKUP SIDE CLOSE;

- 5 {Pickup Side Close} SCP DLC Sm fwd R to CP LOD, sd L, cl R (W fwd L in front of M trn LF to CP, sd R, cl L);

PART A

1-4 2 LEFT TURNS FC WALL;; WHISK; THRU CHASSE TO SCP;

- 1-2 {2 Left Turns fc WALL} CP LOD Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L);
- 3 {Whisk} CP WALL Fwd L, fwd & sd R stg rise to ball of ft, XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, bk & sd L stg to rise to ball of ft, XRib cont to full rise to ball of ft);
- 4 {Thru Chasse to SCP} SCP LOD Fwd R trn to fc, sd L/cl R, sd L to SCP LOD;

5-8 THRU HOVER BJO; BACK HOVER SCP; THRU CHASSE TO BJO; FWD FWD LOCK FWD;

- 5 {Thru Hover to BJO} SCP LOD Thru R, fwd L w/ rise, rec R to BJO LOD (W thru L, fwd R w/ rise trn LF & brush L to R, rec L to BJO);
- 6 {Back Hover to SCP} BJO LOD Bk L, sd & bk R w/ slight rise, rec L to SCP LOD (W fwd R, sd & fwd L w/ slight rise trn RF & brush R to L, rec R to SCP);
- 7 {Thru Chasse to BJO} SCP LOD Fwd R trn to fc, sd L/cl R, sd L to BJO DLW;
- 8 {Fwd Fwd Lock Fwd} BJO DLW Fwd R, fwd L/lk Rib (W lk Lif), fwd L;

9-12 MANEUVER; SPIN TURN; BOX FINISH; TURN LEFT & RIGHT CHASSE BJO;

- 9 {Maneuver} BJO DLW Stg RF trn fwd R, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, cont trn sd R, cl L);
- 10 {Spin Turn} CP RLOD Stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leave L leg extended bk & sd, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, bk L toe cont trn brush R to L, fwd R);
- 11 {Box Finish DLC} CP DLW Bk R trn 1/4 LF, sd L, cl R to CP DLC;
- 12 {Turn Left & Right Chasse to BJO} CP DLC Fwd L trn LF, sd R/cl L, sd & slightly bk R to BJO RLOD (W bk R trn LF, sd L/cl R, sd & slightly fwd L);

13-16 BACK BACK LOCK BACK; IMPETUS TO SCP; THRU SIDE CLOSE; FORWARD HOVER CP;

- 13 {Back Back Lock Back} BJO RLOD Bk L, bk R/lk Lif (W lk Rib), bk R;
- 14 {Impetus to SCP} CP RLOD Stg RF upper bdy trn bk L, cl R heel trn, fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, sd & fwd L cont trn arnd M brush R to L, fwd R);
- 15 {Thru Face Close} SCP DLC Thru R trn RF (W thru L trn LF), sd L, cl R to CP DLW;
- 16 {Forward Hover to CP} CP DLW Fwd L, sd & fwd R w/ slight rise, rec L to CP DLW (W bk R, sd & bk L w/ slight rise, rec R);

17-18 BOX FINISH; LEFT TURN FC RLOD;

- 17 {Box Finish DLC} CP DLW Bk R trn 1/4 LF, sd L, cl R to CP DLC;
- 18 {Left Turn fc RLOD} CP DLC Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R);

PART B

1-4 BACK HOVER TO CP; HOVER SCP; HOVER FALLAWAY; SLIP PIVOT FC DLW;

- 1 {**Back Hover**} CP RLOD Stay in CP bk R, sd & bk L w/ slight rise, rec R (W fwd L, sd & fwd R w/ slight rise, rec L);
- 2 {**Hover SCP**} CP RLODL Fwd L, fwd & sd R rise to ball of ft, rec L to tight SCP WALL (W bk R, bk & sd L trn to SCP & rise to ball of ft, rec R);
- 3 {**Hover Fallaway**} SCP WALL Stay in SCP fwd R, fwd L rise to ball of ft & checking, rec bk R;
- 4 {**Slip Pivot fc DLW**} SCP WALL Bk L, bk R trn LF keep L leg extended, fwd L to BJO DLW (W bk R stg LF pvt on ball of ft w/ thighs locked L leg extended, fwd L cont trn plc L near M's R ft, bk R);

5-8 MANEUVER; 2 RIGHT TURNS FC WALL;; TWIRL VINE 3;

- 5 {**Maneuver**} BJO DLW Stg RF trn fwd R, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, cont trn sd R, cl L);
- 6-7 {**2 Right Turns fc WALL**} CP RLOD Bk L trn RF, cont trn sd R, cl L to CP DLC (W fwd R trn RF, cont trn sd L, cl R); Fwd R trn RF, cont trn sd L, cl R to CP WALL (W bk L trn RF, cont trn sd R, cl L);
- 8 {**Twirl Vine 3**} CP WALL Sd L, XRib, sd L (W sd & fwd R trn 1/2 RF undr ld hands, sd & bk L trn 1/2 RF, sd R);

9 PICKUP SIDE CLOSE;

- 9 {**Pickup Side Close**} Sm fwd R to CP LOD, sd L, cl R (W fwd L in front of M trn LF to CP, sd R, cl L);

INTERLUDE

1-4 LEFT TURNING BOX;;;;

- 1-4 {**Left Turning Box**} CP LOD Fwd L trn 1/4 LF, sd R, cl L to CP COH; Bk R trn 1/4 LF, sd L, cl R to CP RLOD; Repeat to CP LOD;;

ENDING

1-4 BOX TO SCAR;; CROSS HOVER BJO; CROSS HOVER SCAR;

- 1-2 {**Box to SCAR**} CP LOD Fwd L, sd R, cl L; Bk R, sd L trn 1/8 RF, cl R to SCAR DLW;
- 3 {**Cross Hover to BJO**} SCAR DLW XLif (W XRib), sd R w/ slight rise trn LF, rec L to BJO DLC;
- 4 {**Cross Hover to SCAR**} BJO DLC XRif (W XLib), sd L w/ slight rise trn RF, rec R to SCAR DLW;

5-8 CROSS HOVER BJO; FORWARD CHASSE TO SCP; CHAIR & REC; CHAIR & HOLD;

- 5 Repeat meas 3;
- 6 {**Forward Chasse to SCP**} BJO DLC Fwd R trn to fc (W bk L trn to fc), sd L/cl R, sd L trn to SCP DLC;
- 7 {**Chair & Rec**} SCP DLC Fwd R lun stp, -, rec L (W fwd L lun stp, -, rec R);
- 8 {**Chair & Hold**} SCP DLC Fwd R lun stp (W fwd L lun stp), -, -;

AB ABI AB

WAIT
 CROSS HOVER SCAR
 PICKUP SIDE CLOSE

WAIT
 CROSS HOVER SCP

A 2 LEFT TURNS FC WALL
 WHISK
 THRU HOVER BJO
 THRU CHASSE TO BJO

 THRU CHASSE TO SCP
 BACK HOVER SCP
 FWD FWD LOCK FWD

.....
 MANEUVER
 BOX FINISH
 BACK BACK LOCK BACK
 THRU SIDE CLOSE
 BOX FINISH

SPIN TURN
 TURN LEFT & CHASSE BJO
 IMPETUS TO SCP
 FORWARD HOVER TO CP
 LEFT TURN FC RLOD

B BACK HOVER TO CP
 HOVER FALLAWAY
 MANEUVER

 PICKUP SIDE CLOSE

HOVER SCP
 SLIP PIVOT FC DLW
 2 RIGHT TURN FC WALL
 TWIRL VINE 3

I LEFT TURNING BOX

END BOX
 CROSS HOVER BJO
 CROSS HOVER BJO
 CHAIR & REC

END SCAR
 CROSS HOVER SCAR
 FWD CHASSE TO SCP
 CHAIR & HOLD

3-6 BROKEN HEARTSTRINGS (ROSS) C626
 (BJO DLC TRAIL FOOT FREE)