

CONSTELLATION WALTZ

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Music: Song For The Mira by Phil Coulter
From the CD album Scottish Tranquility
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase V + 1 (Spin & Twist)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A A B A (9-16) C D A (9-16) Ending

..... INTRODUCTION (4 Measures)

BFLY WALL W/ LEAD FEET FREE WAIT 2 MEAS;; TWIRL VINE 3; PKUP SD CL;

[1 & 2] In bfly pos fcng partner & wall w/ lead feet free wait 2 measures;; [3] With partners fcng & M's left and W's right hands joined step sd L, XRIB of left, sd L; (W sd & fwd R trng 1/2 rf under joined lead hands, sd & bk L trng 1/2 rf, sd R;); [4] Twd LOD thru R picking up W to clsd pos, sd L, cl R;

..... PART A (16 Measures)

DIAMOND TURN;;; CLSD TELEMAR; CURVED FEATHER CHKNG; BACK PASSING CHNG; STEP BK & CHASSE BJO; FWD, FWD/LK, FWD; MANUV; IMPETUS SEMI; FWD HOVER BJO; BK HOVER SEMI; THRU & SEMI CHASSE TWICE;; PKUP SD CL;

[1 - 4] Fwd L trng lf on diag, continue lf turn sd R, bk L with partner outside M in CBMP; Staying in CBMP & trng lf step R, sd L, fwd R outside partner in CBMP; Fwd L trng lf on diag, sd R, bk L with W outside M in CBMP; Bk R continue lf turn, sd L, fwd R in CBMP; [5] Fwd L commence to turn lf, fwd & sd R around W close to W's feet trng lf, fwd & sd L end in tight bjo pos; (W bk R commence lf heel turn on right heel bringing left beside right w/ no weight, continue lf turn on right heel and chng weight to L, bk & sd R;); [6] Fwd R in CBMP commence to turn rf, w/ left side stretch continue rf turn sd & fwd L, continue upper body turn to the right w/ left side stretch fwd R outside partner in CBMP diag reverse line of dance & wall; [7] Staying in CBMP bk L, bk R, bk L; [8] Crossing line of progression and in front of W step bk R commence slight lf turn, sd L/cl R, sd L blnd bjo pos DLW; [9] Fwd R, fwd L/lock R bhnd left, fwd L; [10] Fwd R commence rf upper body turn, continue rf turn to fc partner sd L, cl R; [11] Commence rf upper body turn bk L, cl R [heel turn] continue rf turn [usually a total of about 3/8 turn], complete turn fwd L in tight semi-clsd pos; [12] Fwd R, fwd L w/ slight rise, rec bk L; (W fwd L, sd & fwd R w/ slight lf turn twd RLOD, rec fwd L bjo pos fcng RLOD;); [13] Bk L, bk & sd R w/ slight rf body rotation, rec fwd L semi-clsd pos; (W fwd R, fwd & sd L w/ slight rf body rotation, rec fwd R semi-clsd pos;); [14 & 15] Twd LOD thru R, fwd L/cl R, fwd L; Fwd & thru R, fwd L/cl R, fwd L; [16] Same as measure 4 of Introduction;

..... PART B (16 Measures)

FWD WALTZ; NATURAL TELEMAR; FWD HOVER SEMI; THRU & SEMI CHASSE; THRU FC CL BFLY; TWIRL VINE 3; PKUP SD CL; DIP BK, REC, & TCH; LEFT TURNING BOX;;; OPN TELEMAR; THRU & SEMI CHASSE; NATURAL HOVER FALLAWAY; SLIP PIVOT BJO;

[1] Fwd L, fwd & slightly sd R, cl L; [2] Stepping into partner & between W's feet fwd R commence to turn rf, sd L w/ left side stretch [1/4 rf turn between steps 1 & 2], continue rf turn sd & fwd R small step [1/2 rf turn between steps 2 & 3] end sdcap pos DLW; [3] Fwd L, fwd & slightly sd R w/ rising [hovering] action, rec fwd L twd LOD in semi-clsd pos; [4] Twd LOD thru R, fwd L/cl R, fwd L; [5] Thru R, sd L to fc partner & wall, cl R blnd bfly pos; [6] Same as measure 3 of Introduction; [7] Same as measure 4 of Introduction; [8] In clsd pos LOD dip bk L, rec R, tch L to right; [9 - 12] Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; [13] Fwd L commencing to turn lf, sd R continue lf turn, sd & slightly fwd L end in loose semi-clsd pos; [14] Thru R, fwd L/cl R, fwd L; [15] Fwd R w/ slight rf body turn, fwd L on toe trng rf w/ slow rise, rec R; [16] Bk L, bk R commence lf turn [keeping left leg extended], fwd L bjo pos DLW;

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..... PART C (16 Measures)

VIENNESE TURNS TWICE;;; TURN LT & RT CHASSE BJO; OUTSIDE CHNG SEMI;
IN & OUT RUNS;; MANUV; CLSD IMPETUS; BOX FINISH; CLSD TELEMAR;
FWD CHK/LADY DEVELOPE; OUTSIDE SWIVEL; THRU & SEMI CHASSE; PKUP
SD CL;

[1 - 4] Fwd L commence lf turn, sd R continue lf turn, XLIF of right; Bk R continue lf turn, sd L continue lf turn, cl R to left; (W bk R commence lf turn, sd L continue lf turn, cl R to left; Fwd L continue lf turn, sd R continue lf turn, XLIF of right;) Repeat measures 1 & 2;; [5] Fwd L commence lf turn to fc COH, sd R/cl L, sd R blnd bjo pos; [6] Bk L, bk R trng lf, sd & fwd L to semi-clsd pos; (W fwd R, fwd L, fwd R to semi-clsd pos;) [7 & 8] Fwd R start rf turn, sd & bk L passing thru clsd pos, bk R w/ right side lead to bjo pos; Bk L trng rf, sd & fwd R between W's feet continue rf turn, fwd L to semi-clsd pos; [9] Fwd R commence rf upper body turn, continue rf turn to fc partner sd L, cl R; [10] Commence rf upper body turn bk L, cl R to left [heel turn] continue turn, sd & bk L to clsd pos; [11] Bk R, sd L w/ slight lf body rotation, cl R; [12] Same as measure 5 of Part A; [13] Fwd R outside partner chng, -, -; (W bk L, bring right foot up left leg to inside of left knee, extend R fwd;) [14] Bk L in CBMP, cross right in front of left w/ no weight, -; (W fwd R in CBMP, swivel rf on ball of right foot ending in semi-clsd pos, -;) [15] Twd LOD thru [fwd] R, fwd L/cl R, fwd L; [16] Same as measure 4 of Introduction;

..... PART D (16 Measures)

DBL REVERSE SPIN TWICE DLW;; HOVER TELEMAR; MANUV; SPIN & TWIST;;
BOX FINISH; DRAG HESITATION; BK, BK/LK, BK; OPN IMPETUS SEMI; THRU &
SEMI CHASSE TWICE;; THRU FC CL BFLY; TWIRL VINE 3; WEAVE 6 BJO;;

[1 & 2] Fwd L commence lf turn, sd R [3/8 lf turn between steps 1 & 2], spin up to 1/2 lf between steps 2 & 3 on ball of R bringing left foot under body beside right no weight flexed knees; (Bk R commence to turn lf, cl L to right [heel turn] trng 1/2 lf between steps 1 & 2/sd & slightly bk R continue lf turn, XLIF of right;) Repeat measure 1 end DLW; [3] Fwd L, diag sd & fwd R rising slightly [hovering] w/ body trng 1/8 to 1/4 rf, fwd L small step on toes to semi-clsd pos; [4] Same as measure 9 of Part C; [5 & 6] Bk L pivoting rf w/ left side stretch, fwd R continuing rf turn w/ left side stretch, sd L twd DLW [no sway]; XRIB of left w/ only partial weight/unwind rf, change weight to right [no sway], continue trng rf [no sway] step sd & bk L [no sway]; (W fwd R between M's feet pivot, bk L trng rf, cl R to left fcng DLC; Fwd L/R around M, fwd L trng rf, fwd R between M's feet;) [7] Same as measure 11 of Part C; [8] Fwd L beginning lf turn, sd R continue lf turn, draw L to right [no weight] ending in bjo pos; [9] Bk L, bk R/lock L in front of right, bk R; [10] Commence rf upper body turn bk L, cl R [heel turn] continue rf turn [usually a total of about 3/8 turn], complete turn fwd L in loose semi-clsd pos; [11 & 12] Same as measures 14 & 15 of Part A; [13] Same as measure 5 of Part B; [14] Same as measure 6 of Part B; [15 & 16] Fwd R DLC, fwd L commence lf turn, continue turn sd & slightly bk R to fc DRC; Bk L line of dance lead W to step outside to CBMP, bk R continue lf turn, sd & fwd L DLW bjo pos preparing to step outside partner;

..... ENDING (4 Measures)

(MUSIC STARTS TO SLOW) 2 LEFT TURNS WALL;; SLOWLY STEP APART & POINT;;

[1 & 2] As music begins to slow fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression trng up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L twd line of progression trng up to 1/4 lf, cl R end fcng wall; [3 & 4] Slowly step apart L, -, -; Point R twd partner, -, -;