

CONTIGO APRENDI (With you I have learned)

RELEASED:		Nov 2011	
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MUSIC:	Song: Contigo Aprendi	Music Media Source:	Los Esenciales tr # 10, Baladas de Amor tr #5 Single track downloadable at Itunes
	Artist: Maria Martha Serra Lima	Flip of:	
	Music Modified: No	MPM:22	TIME @ 22 MPM: 2.55
	Same as:		
FOOTWORK:	Opposite unless indicated, Woman's footwork in parenthesis		
RHYTHM:	BOLERO	RAL PHASE:	V + 1 (Rudolf Rondé)
SEQUENCE:	INTRO, A, B, C, D, C, ENDG		

MEAS.	INTRODUCTION
1-6	WAIT;; NEW YORKER twice to CP;; HIP ROCK 3; HIP LIFT;
1-4	In BFLY wait ;; Sd L,-, fwd R (W fwd L) to OP, bk L (W bk R) to fc; Sd R,-, fwd L (W fwd R) to LOP, bk R (W bk L) to fc; to CP
5-6	Rk sd L w/hip roll,-, rec R, rec L; sd R,-,bring L to R press L ft lift hip, lower hip;
	PART A
1-4	TURNING BASIC;; HALF TURNING BASIC; HIP ROCK 3;
1-2	Sd L,-, bk R trng ¼ LF; sd & fwd L trng ¼ to fc COH; Sd R,-, fwd L like contra check, bk R;
3-4	Sd L,-, bk R trng ¼ LF; sd & fwd L trng ¼ to fc WALL; Rk sd R w/hip roll,-, rec L, rec R;
5-8	UNDERARM TURN; OPEN BREAK; RIGHT PASS to fc COH; FORWARD BREAK;
5-6	Sd L,-, bk R (W XLifrR trng ½RF), fwd L (W fwd R trn to fc ptr); Sd R,-, bk L (W bk R), Fwd R (W fwd L);
7-8	Fwd & sd L trng RF & create window (W fwd R),-, XRibL (W fwd L trng ½ LF und ld hnds), fwd L to fc ptr (W bk R); Sd R,-, fwd L, bk R;
9-12	LEFT PASS to handshake; CONTRA BREAK; SHADOW BREAK to fc; SHADOW BREAK maneuvering to CP fcg RLOD;
9-10	Fwd L to contra sidecar trng RF (W fwd R trng RF with bk to ptr),-, bk R slipping action (W fwd L trng LF to fc ptr), fwd L trng LF (W bk R) to hndshk; Sd R,-, fwd L like contra check, Bk R;
11-12	Sd L,-, brk bk R to fc RLOD (W bk L), fwd L to fc; Sd R,-, brk bk L to fc LOD (W bk R), fwd R maneuvering to CP fcg RLOD (W fwd L);
13-16	PIVOT 3; RUDOLPH RONDÉ, BACK 2 TO BJO; OUTSIDE SWIVEL to SCP, THRU to BFLY; RIFF TURN;
13-14	Bk L piv ½,-, fwd R piv ½, bk L piv ½ to fc almost LOD; Fwd R betw W's feet causing her to ronde R clockwise (W bk L trng RF to SCP w/R ft rondé clockwise),-, bk L (W XRibL), bk R (W trng LF fwd L) to BJO/LOD;
15-16	Bk L (W fwd R swvl to SCP),-, thru R (W thru L) to BFLY/WALL,-, Sd L (W sd & fwd R comm RF spn), cl R (W cl L compl RF spn und ld hnds), sd L (W sd & fwd R comm RF spn), cl R (W cl L compl RF spn und ld hnds);

PART B		
1-5		UNDERARM TURN; FORWARD BREAK to handshake; CROSS BODY overturn to SHADOW fc COH; SWEETHEART TWICE;;
	1-3	Sd L, -, XRibL (W XLifR trng ½ RF und Id hnds), fwd L (W fwd R cont trng to fc ptr); Sd R, -, Fwd L, bk R join R hnds; Sd & bk L trng LF, -, bk R w/slipping action trn LF (W fwd L crossing in fr of Man trng LF), fwd L cont trn LF (W cont trn fwd R to fc COH) drop hnds to SHDW fcg COH;
	4-5	Sd R (W sd L),-, fwd L (W bk R), bk R (W fwd L); Sd L (W sd R),-, fwd R (W bk L), bk L (W fwd R);
6-8		SOLO SPOT TURN to CP/ROD; TURNING BASIC ¼ LF to fc WALL; BREAK BACK to ½OP/LOD;
	6-8	Sd R twds LOD trng RF to fc LOD (W sd L twds RLOD trng LF to fc RLOD),-, fwd L trng ½ RF (W fwd R trng ½ LF), fwd R (W fwd L) to CP/ROD; Sd L,-, bk R trng 1/8 LF, fwd L trng 1/8 LF to fc WALL; Sd R trn ¼ LF (RF) to ½OP LOD,-, bk L (Wbk R), fwd R (W fwd L);
PART C		
1-4		BOLERO WALK 3; MAN ACROSS; LADY ACROSS; FORWARD, ROLL IN 2;
	1-2	Fwd L (W fwd R);-, fwd R (W fwd L), fwd L (W fwd R); Fwd & sd R in fr W comm trn RF (W fwd L smal stp),-,bk L twds LOD cont trn to fc LOD (W fwd R), fwd R (W fwd L);
	3-4	Fwd L smal stp (W fwd & sd R in fr M comm trn RF),-, fwd R (W bk L twds LOD cont trn to fc LOD), fwd L (W fwd R); Fwd R (W fwd L) trng to fc ptr,-, sd L trng ½ RF (W LF), sd R (W L) cont trn ½ to fc ptr/WALL;
5-7		HAND TO HAND TWICE to HNDSHK;; CROSS BODY;
	5-7	Sd L comm RF trn (W LF) to fc RLOD,-, bk R (W bk L), fwd L (W fwd R) to fc ptr/WALL; Sd R comm LF trn (W RF)to fc LOD,-, bk L (W bk R), fwd R (W fwd L) to HNDSHK/WALL; Sd & bk L trng LF, -, bk R w/slipping action trn LF (W fwd L crossing in fr of Man trng LF), Fwd L cont trn (W sd R);
8-12		½ MOON;; CONTRA BREAK; AIDA w/SWITCH ROCK;;
	8-10	Sd & fwd R to V shaped pos (W sd & fwd L), -, fwd L shape twds ptr (W fwd R), rec R to fc ptr (W rec L); Sd L trng ¼ LF (W sd & fwd R trng ¼ RF), -, slp bk R (W slp fwd L in fr of Man trng ½ LF), fwd L cont trng ¼ LF to fc ptr (W bk R cont trng ¼ LF); Sd R,-, fwd L like contra check, Bk R; join Id hnds;
	11-12	Sd & fwd L twds LOD (W sd & fwd R), -, thru R (W thru L), trng RF sd L (W trng LF sd R); Cont RF trn bk R (W trng LF bk L) to aida lin, -, trng LF to fc ptr sd L (W trng RF to fc ptr sd R), rec R;
PART D		
1-4		CROSS BODY; HORSESHOE TURN;; LUNGE BREAK; to double handhold
	1-4	Sd & bk L trng LF, -, bk R w/slipping action trn LF (W fwd L crossing in fr of Man trng LF), Fwd L cont trn (W sd R); Fwd R to V pos (W fwd L), -, check fwd L (W fwd R), rec R raise Id hnds; Fwd L comm LF trn (W fwd R comm RF trn und Id hnds), -, fwd R circle LF (W fwd L circle RF), fwd L compl circle to fc ptr (W fwd R compl circle to fc ptr); Sd R, -,lower on R Id W stp bk (W bk R), rise (W fwd L);
5-8		OPENING OUT 3 TMS;;; BREAK BACK to ½OP/LOD;
	5-6	With double handhold Sd & fwd L rotate body LF (W sd R rotate body LF), -, lower and extend R ft to RLOD (W XLib), rise & rotate body RF (W fwd R to BFLY); Sd & fwd R rotate body RF (W sd L rotate body RF), -, lower & extend L to LOD (W XRib), rise & rotate body LF (W fwd L to BFLY);
	7-8	Sd & fwd L rotate body LF (W sd R rotate body LF), -, lower and extend R ft to RLOD (W XLib), rise & rotate body RF (W fwd R to BFLY); Sd R trn ¼ LF (RF) to ½OP LOD,-, bk L (Wbk R), fwd R (W fwd L);

		<u>PART C</u>
1-4		BOLERO WALK 3; MAN ACROSS; LADY ACROSS; FORWARD, ROLL IN 2;
5-7		HAND TO HAND TWICE to HNDSHK;; CROSS BODY;
8-12		½ MOON;; CONTRA BREAK; AIDA w/SWITCH ROCK;;
		<u>ENDING</u>
1		SIDE to an OPEN HINGE, EXTEND L ARMS; Sd L, -,trn body LF & lower(W XLib/extnd R fwd in hnge line), both extend L arms to sd;
		<u>QUICK CUES</u>
		BFLY/WALL, LEAD FT FREE
		<u>INTRO</u>
		WAIT;; NEW YORKER TWICE;; HIP ROCKS; HIP LIFT;
		<u>PART A</u>
1-4		TURNING BASIC;; ½ TURNING BASIC; HIP ROCKS;
5—8		UNDERARM TURN; OPEN BREAK; RIGHT PASS to fc COH; FORWARD BREAK;
9-12		LEFT PASS to HNDSHK; CONTRA BREAK; SHADOW BREAK; SHADOW BREAK w/MANUVER;
13-16		BIG PIVOT 3; RUDOLF RONDE, BACK 2 to BJO; OUTSIDE SWIVELto SCP, FORWARD to BFLY; RIFF TURN;
		<u>PART B</u>
1-3		UNDERARM TURN; FORWARD BREAK to HNDSHK; CROSS BODY overtrnd both fc COH;
4-6		TWO SWEETHEARTS;; SOLO SPOT TURN to CP fc RLOD;
7-8		TURNING BASIC ¼ to fc WALL; BACK BREAK to HALFOPEN fc LOD;
		<u>PART C</u>
1-4		BOLERO WALK 3; MAN ACROSS; LADY ACROSS; FORWARD, ROLL IN 2;
5-7		HAND to HAND TWICE to HNDSHK;; CROSS BODY;
8-12		HALF MOON;; CONTRA BREAK change hands; AIDA w/SWITCH ROCK;;
		<u>PART D</u>
1-4		CROSS BODY; HORSESHOE TURN;; LUNGE BREAK;
5-8		DOUBLE HANDHOLD OPENING OUT 3 TIMES;;; BACK BREAK to HALFOPEN fc LOD;
		<u>PART C</u>
1-4		BOLERO WALK 3; MAN ACROSS; LADY ACROSS; FORWARD, ROLL IN 2;
5-7		HAND to HAND TWICE to HNDSHK;; CROSS BODY;
8-12		HALF MOON;; CONTRA BREAK change hands; AIDA w/SWITCH ROCK;;
		<u>ENDING</u>
1		SIDE to an OPEN HINGE LINE, EXTEND LEFT ARMS to side;