

# Cambio Dolor

**CHOREO:** Zuzana & Karel Patik, Slezska 4769, ZLIN, Czech Republic

**EMAIL:** kay@email.cz

**MUSIC:** special version of „Natalia Oreiro – Cambio Dolor“ song (2:42), contact choreographers

**RHYTHM:** Samba **PHASE:** RAL Ph IV+1 (bota fogo) +2 (cruzado walks, open rocks)

**RELEASE:** June 2008

**FOOTWORK:** Described for man, opposite for lady, or as noted in parentheses

**TIMING:** 1a2 3a4 - unless noted

**SEQUENCE:** INTRO – A – B – INTERLUDE – A – B – B – ENDING

## INTRODUCTION

### 1-6 WAIT; SAMBA WALK, SIDE SAMBA WALK; SHADOW BOTA FOGOS; CRISS CROSS OVER AND BACK;; STATIONARY SAMBA;

1 In SCP/LOD wait 1 meas;

2 {**samba walk, side samba walk**} Fwd L/push bk R with partial wgt & draw L twd bdy, rec L – Fwd R/push sd L with partial wgt & draw R twd bdy, rec R;

3 {**shadow bota fogos**} Fwd L twd DLW (Xing bhnd lady)/sd & fwd R with partial wgt trng ¼ LF, rec L – Fwd R twd DLC (Xing bhnd lady)/sd & fwd L with partial wgt trng ¼ RF, rec R;  
(Lady dances IF of Man undr jnd lead hnds)

1a2a3a4 4-5 {**criss cross over and back**} XLIF of R/sd R, XLIF of R/sd R – XLIF of R/sd R, XLIF of R;  
(On first 3 steps of meas 4 trn ¼ LF while leading lady to trn ¼ RF undr jnd lead hnds to fc ptr, then travel down LOD)

1a2a3a4 XRIF of L/sd L, XRIF of L/sd L – XRIF of L/sd L, XRIF of L; (On first 3 steps of measure 5 trn ¼ RF while leading lady trn ¼ LF undr jnd lead hnds to fc ptr, then travel together down LOD)

6 {**stationary samba**} Close L/push bk R with partial wgt & draw L undr bdy, rec L – Close R/push bk L with partial wgt & draw R undr bdy, rec R release trail hds, lift lead arms & trn 1/8 twd LOD;

## PART A

### 1-4 WHISK L&R; WHISK L, WHISK R/ L WRAP; SAMBA WALKS; L UNWRAP, L ROLLS TO PU;

1 {**whisk L&R**} Sd L/XRIB of L, rec in pl L – Sd R/XLIB of R, rec in pl R trn;

2 {**whisk L, L wrap**} Sd L/XRIB of L, rec L – Sd R/XLIB of R, rec R, leading W under joined lead hands trn LF to fc LOD;

3 {**samba walks**} Fwd L/push bk R with partial wgt & draw L twd bdy, rec L – Fwd R/push bk L with partial wgt & draw R twd bdy, rec R;

4 {**L unwrap, L rolls to PU**} (keep trail hnds jnd roll lady out RF) Sd L/XRIB of L, rec in pl L – Sd R/(release trail hnds after leading lady's RF trn) XLIB of R, rec in pl R get to CP;  
[Sd R com RF trn/cl L to R cont trn RF, Sd R compl RF trn to fc LOD stretch R arm out to sd – Sd L com LF trn/cl R to L cont trn LF, sml step L to fc ptr & CP;]

### 5-8 REVERSE TURN 2x;; OPEN ROCK 3x, RUN TO ½ OP;;

5 {**reverse turn**} fwd L trng LF/sd R, XLIF of R cont trn (cl R), bk R cont trn/sd L, cl R (XLIF of R); complete 1 full trn to CP/LOD

6 {**reverse turn**} Repeat meas 5;

SQQ SQQ 7 {**open rocks 2x**} fwd L / fwd R [trng LF sd L to L shape LOD], rec L – fwd R between partner's feet turning body RF [W bk L trng RF] / fwd L [sd R to L shape LOD], rec R;

SQQ QQS 8 {**open basic, run to ½ OP**} fwd L / fwd R [trng LF sd L to L shape LOD], rec L – fwd R between partner's feet turning body RF [W bk L trng RF] / fwd L [sd R] to ½ OP LOD, thru R;

### 9-12 PROMENADE RUNS; SAMBA WALK, SIDE SAMBA WALK; SHADOW BOTA FOGOS; CRISS CROSS OVER – ;

QQS QQS 9 {**promenade runs**} Fwd & sd L twd DLW arnd ptr trn ½ RF, sd & fwd R twd LOD, thru L twd LOD – Fwd R, fwd L adjust upper bdy RF twd ptr, fwd R, -; [Fwd R, fwd L adjust upper bdy RF twd ptr, fwd R, -; Fwd & sd L twd DLW arnd ptr, sd & fwd R twd LOD, thru L twd LOD, -;]

10 {**samba walk, side samba walk**} Repeat meas 2 of Introduction;

11 {**shadow bota fogos**} Repeat meas 3 of Introduction;

1a2a3a4 12 {**criss cross**} Repeat meas 4 of Introduction; Fc COH

### 13-16 – AND BACK (M FcW); SAMBA AWAY & TOG, 2x;; WHISK L&R;

1a2a3a4 13 {**criss cross**} Repeat meas 5 of Introduction; Fc W

QQS QQS 14-15 {**samba away & tog, 2x**} trng slightly away from partner and bringing joined lead hands through fwd L /bk L with the feeling of L crossed slightly behind R, rec slightly bk R – trng to slightly face partner and bringing joined lead hands bk (almost in BFLY) fwd L / bk R with the feeling of R crossed slightly behind L, rec slightly bk L; Repeat meas 14;

16 {**whisk L&R**} Repeat meas 1 of Part A;

## PART B

### 1-4 WHISK L, L TO SHAD M TRANS IN 2; SHADOW CRUZADO WALKS AND LOCKS, 2x;; PROGRESSIVE LATIN CROSSES;

1a2 34 1 {whisk L, L wrap M in 2} Sd L/XRIB of L, rec L – Release CP to allow her trng RF Sd R, rec L leading W to [1a2 3a4] Shad LOD; [Sd R/XLIB of R, rec R – Sd L/XRIB of L trng ¼ RF, fwd L;] same footwork now  
SS QQS 2-3 {cruzado walks and locks} Wlk fwd R, L (with a slight swiveling feeling, no bouncing),  
SS QQS fwd R /lk L IB of R, fwd R; wlk fwd L, R (with a slight swiveling feeling, no bouncing), fwd L /lk R IB of L, fwd L;  
qqqqqs 4 {latin crosses} fwd R /lk L IB of R, fwd R /lk L IB of R, fwd R /lk L IB of R, fwd R;

### 5-8 BOTA FOGO TO FC, CONTRA BOTA FOGO; CIRCULAR VOLTAS w/BOTA FOGO ENDING; CONTRA BOTA FOGO, 2x; BOTA FOGO M KICK TRANS, THRU FC CL;

5 {bota fogo to face, contra bota fogo} Fwd L/trng LF sd R, rec L to loose CBJO DLC, fwd R/trng RF sd L, rec R to complete ¼ RF trn to loose CSCAR DLW; [Fwd L/trng LF to fc partner sd R, rec L DRW, fwd R/trng RF sd L, rec R to complete ¼ RF trn DRC;]  
1a2a3a4 6 {circular voltas w/ bota fogo ending} moving ccw XLIF of R/sd R, XLIF of R/sd R, XLIF of R/sd R trng LF, rec L; to loose CBJO/DLW  
7 {contra bota fogos} fwd R outsd ptr/sd L with partial wgt trng ¼ RF, rec L – fwd L outsd ptr/sd R with partial wgt trng ¼ LF, rec L; to loose CBJO DLW  
8 {bota fogo M kick trans, thru fc close} Flick R fwd/reach R bk, rec L – fwd R/ sd L to fc partner, cl R to L CP W; [fwd R/ trng RF sd L, rec R to complete 1/4 RF trn to SCP – fwd L/ sd R trng LF to fc partner, cl L to R to CP COH;]

## INTERLUDE

### 1 STATIONARY SAMBA;

1 {stationary samba} Repeat meas 6 of Introduction;

## ENDING

### 1 STEP APART, REC / L ROLLS LF TO OP W;

1 Step apart L to loose CP W, release her rec R with L pointing to LOD, arms side and open to FcW  
[ Step apart R to loose CP W, start LF pivoting L, R, L, R, sd L fcW with slightly courtsy action]

## CUESHEET

### Intro:

Wait SCP/LOD;

Samba walk, side samba walk; Shad bota fogos; Criss cross over and back;; Stationary samba;

### A:

Whisk L&R; whisk L, whisk R / L wrap; samba walks; unwrap, L rolls to PU;

Rev turns 2x;; Open rock 3x, run to ½ OP;;

Promenade runs; Samba walk, side samba walk; Shad bota fogos; Criss cross over and back;; (M fc W)

Samba away & tog 2x;; whisk L&R;

### B:

Whisk L, L to Shad M in 2; Shad cruzado walks and locks, 2x;; Prog latin crosses;

Bota fogo to fc, contra botra fogo; circular volta with bota fogo ending;

Contra Bota fogo 2x; bota fogo M kick transition, thru fc cl;

### Inter:

Stationary samba;

### End:

Step apart, rec / L rolls

**Intro A B Inter A B B End**