

Can't Help It III

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (480) 830-9251 E-Mail (Cweiss11@cox.net)
CD: New Album, Can't Help It, Track 4 Artist: Scooter Lee
Availability: MP3 from iTunes & Others CD from Amazon & Others
Rhythm: Foxtrot/Jive RAL Phase III + 2 Chicken Walks, Windmills Difficulty Level - Moderate
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Jive unless noted. Time @ 45 RPM: 3:15 Music is faded at 3:00 & cut at 3:15
Sequence: Intro-A-Int-A-Brg-B-C-B-A-End Released: November 1, 2010

INTRODUCTION

1 - - 3 LOOSE CP FCNG WALL LD FT FREE WAIT 2;; SD TCH, RT CHASSE;

1,2,3a,4; **1 - 3 Loose Closed Pos fcng Wall Lead ft free Wait 2 Meas;; [Sd Tch, Rt Chasse]** Sd L, tch R to L, sd R/cl L, Sd R;

4 - - 6 RT TRNG FALLAWAY;;, LFT TRNG FALLAWAY;;

1,2,3a,4; **4 - 6 [Rt Trng Fallaway]** Rk bk L to SCP, rec R to fc, commence _ RF trn sd L/cl R to L, complete trn sd L; commence
1a,2,3,4; _ RF trn sd R/cl L to R, complete trn sd R (Rk bk R to SCP, rec L to fc, commence _ RF trn sd R/cl L to R,
1a,2,3a,4; complete trn sd R; commence _ RF trn sd L/cl R to L, complete sd L,) to SCP, **[Lft Trng Fallaway]** Rk bk L to
SCP, rec R to fc; commence _ LF trn sd L/cl R, complete trn sd L, commence _ LF trn sd R/cl L; complete turn
side right (Rk bk R to SCP; rec on L to fc, commence _ LF trn sd R/cl L, complete trn sd R, commence _ LF trn sd
L/cl R, complete trn sd L;);

PART A

1 - - 4 FALLAWAY THROWAWAY;;, RK REC; CHICKEN WKS 2S 4Q;;

1,2,3a,4; **1 - 2 [Fallaway Throwaway]** Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to R, sd R commence 1/4 LF trn on triples
1a,2,3,4; (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up to 1/2 trn on the triples,) to LOP/LOD,
[Rk, Rec] Rk apt L, rec R;

1,-,3,-; **3 - 4 [Chicken Wks]** Bk L, -, bk R, - (w/swivel action fwd R, -, fwd L, -); Bk L, bk R, bk L, bk r (w/swivel action fwd
1,2,3,4; R, fwd L, fwd R, fwd L;);

5 - - 9 LINK RK;;, FALLAWAY RK;;, RK, REC SWIVEL WK 2; 2 FWD TRIPLES;

1,2,3a,4; **5 - 7 [Link Rk]** Rk apt L, rec R, small triple fwd L/R, L trng RF 1/4; sd R/L, R to CP Wall, **[Fallaway Rk]** Rk bk L in
1a,2,3,4;1a,2,3a,4; SCP, rec R to fc; sd L/cl R, sd L, Sd R/cl L, sd R;

1,2,3,4 **8 - 9 [Rk, Rec, Swivel Wk 2]** In SCP rk bk L, rec fwd R, with swivel action fwd L, fwd R; **[2 Fwd Triples]** Fwd L/cl R,
1a,2,3a,4; fwd L, fwd R/cl L, fwd R;

10 - 14 SWIVEL WK 4; THROWAWAY; CHG L TO R SEMI RK, REC;; PT STPS 2;

1,2,3,4; **10 - 11 [Swivel Wk 4]** With swiveling action fwd L, fwd R, fwd L, fwd R; **[Throwaway]** Sd L/cl R to L, sd L, sd R/cl L to
1a,2,3a,4; R, sd R commence 1/4 LF trn on triples (pick up R/L, R, sd & bk L/cl R to L, sd L commence up to 1/2 trn on the
triples;) to LOP/LOD;

1,2,3a,4; **12 - 14 [Chg L to R]** Rk bk L, rec R, sd L trng _ RF/cl R to L, sd L (Rk bk R, rec L, fwd R trng _ LF under joined ld
1a,2,3,4; hnds/cl L to R, Sd R); Sd R/cl L to R, Sd R (sd L cont trn to fc ptr/cl R, sd L,) to SCP, **[Rk, Rec]** Rk bk L, rec R;
-,2,-,4; **[Pt Stps]** Pt fwd L w/outside edge of ft in contact w/floor, small fwd L looking LOD, Pt fwd R w/outside edge of ft
in contact w/floor, small fwd R looking RLOD;

INTERLUDE

1 - - 4 SD TCH, RT CHASSE; RT TRNG FALLAWAY;;, LFT TRNG FALLAWAY;;

1 - 4 Repeat Meas 3 to 6 Intro

REPEAT A

BRIDGE

1 - - 2 SD TCH, RT CHASSE; RK, REC, WK, FC;

1,2,3a,4; **1 - 2 Repeat Meas 3 Intro; In SCP Rk bk L, rec fwd R to fc, sd L, cl R to BFLY; [Rk, Rec, Wk, PU]** In SCP rk bk L, rec
1,2,3,4; R, small fwd L, fwd R trng RF to fc ptr (In SCP rk bk R, fwd L, fwd R, fwd L trng LF to fc ptr in Bfly;) BFLY;

PART B**1 - - 3 CHASSE L & R; SPANISH ARMS 2X;;;**

1a,2,3a,4; **1 - 4** [Chasse L & R] Sd L/cl r, sd, L, sd R/cl L, sd R; [Spanish Arms]_Rk bk L, rec R trng RF, sd L/cl R to L, sd L cont
 1,2,3a,4;1a,2, RF trn; sd R/cl L to R, sd R (Rk bk R, rec L trng 1/4 LF to wrap pos, sd R/cl L to R, sd R trng 3/4 RF unwrapping,
 3,4;1a,2,3a,4 sd L/cl R to L, sd L,) to end BFLY/RLOD, [Spanish Arms]_Rk bk L, rec R trng RF; sd L/cl R to L, sd L cont RF
 trn, sd R/cl L to R, sd R (Rk bk R, rec L trng 1/4 LF to wrap pos; sd R/cl L to R, sd R trng 3/4 RF unwrapping, sd
 L/cl R to L, sd L;) to end BFLY/LOD;

5 - - 8 CHG HND BEH BK;; LINK RK TO FC WALL;; RK, REC, SD, CL;

1,2,3a,4; **5 - 7** [Chg Hnds Beh Bk] Rk apt L, rec R, fwd L starting 1/4 LF trn & placing rt hnd over W's rt hnd/CL R, fwd L
 1a,2, releasing Lft hnd & completing 1/4 LF trn to tandem pos in front of W; sd & bk R starting 1/4 LF trn & placing Lft
 hnd beh M's bk/CL L transferring W's Rt hnd to M's Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R,
 rec L, fwd R starting 1/4 RF trn/CL L, fwd R completing 1/4 RF trn to tandem pos beh M; sd & bk L starting _ RF
 3,4;1a,2,3a,4 trn/CL R, sd & bk L completing 1/4 RF trn to fc ptr,) LOP, [Link Rk] Repeat Meas 5 _ Part A trng RF _ to fc
 wall;;
 1,2,3,4; **8** [Rk, Rec, Sd, Cl] Rk bk L, rec R to fc, sd, L, cl R to Bfly Wall;

PART C**1 - - 4 SKATE L & R; SD 2 STEP; SKATE R & L; SD 2 STEP;**

1,-,3,-; **1 - 2** [Skate L & R] Releasing contact with ptr swivel LF on R & stp fwd on L/draw R to L [swinging arms to lft], -,
 1,2,3,-; swivel RF on L & stp fwd on R/draw L to R swinging arms to rt], - (Swivel RF on L & stp fwd on R/draw L to
 R[swinging arms to rt], -, swivel LF on R & stp fwd on L/draw R to L [swinging arms to left]); [Sd 2 Stp] Sd
 L, cl R to L, sd L, -;
 1,-,3,-; **3 - 4** [Skate R & L] Releasing contact with ptr swivel RF on L & stp fwd on R/draw L to R [swinging arms to rt], -,
 1,2,3,-; swivel LF on R & stp fwd on L/draw R to L swinging arms to lft], - (Swivel LF on R & stp fwd on L/draw R to
 L[swinging arms to lft], -, swivel RF on L & stp fwd on R/draw L to R [swinging arms to rt]); [Sd 2 Stp] Sd
 R, cl L to R, sd R, -;

5 - - 10 WINDMILLS 2X;;; LINK RK TO SEMI;; FALLAWAY THROWAWAY;

1,2,3a,4; **5 - 7** [Windmills] Rk bk L, rec R starting _ LF trn, fwd L in front/cl R, fwd L completing _ LF trn; sd R starting _ LF
 1a,2,3,4; trn/cl L, sd R completing 1/4 left face turn (Rk bk R, rec L starting _ LF trn, fwd R/cl L, fwd R completing _ LF
 1a,2,3a,4; trn; sd L starting _ LF trn/cl R, sd L completing _ LF trn,) Rk bk L, rec R starting _ LF trn; fwd L in front/cl R,
 fwd L completing _ LF trn; sd R starting _ LF trn/cl L, sd R completing 1/4 left face turn (Rk bk R, rec L starting
 _ LF trn; fwd R/cl L, fwd R completing _ LF trn; sd L starting _ LF trn/cl R, sd L completing _ LF trn);
 1,2,3a,4; **8 - 10** [Link Rk] Rk apt L, rec R, small triple fwd L/R, L; sd R/L, R to CP, [Fallaway Throwaway] Rk bk L, rec R; sd
 1a,2,3,4; L/cl R to L, sd L, sd R/cl L to R, sd R commence 1/4 LF trn on triples (Rk bk R, rec L; pick up R/L, R, sd & bk L/cl
 1a,2,3a,4; R to L, sd L commence up to 1/2 trn on the triples;) to LOP/LOD;

11 - 12 CHG L TO RT;; RK, REC BFLY;

1,2,3a,4; **11 - 12** [Chg Plcs L to R] Rk bk L, rec R, sd L trng _ RF/cl R to L, sd L (Rk bk R, rec L, fwd R trng _ LF under joined ld
 1a,2,3,4; hnds/cl L to R, Sd R); Sd R/cl L to R, Sd R (sd L cont trn to fc ptr/cl R to L, sd L,) BFLY/COH, [Rk, Rec] Rk apt L,
 rec R Bfly;

13 - 16 VINE 8;; 2 FWD TRIPLES; SWIVEL 4 TO BFLY;;

1,2,3,4 **13 - 14** [Vine 8] Sd L, XRIB, sd L, XRIF; Sd L, XRIB, sd L, XRIF to SCP;
 1a,2,3a,4; **15 - 16** [2 Fwd Triples] Fwd L/cl R, fwd L, fwd R/cl L, fwd R; [Swivel Wk 4] With swiveling action fwd L, fwd R, fwd L,
 1,2,3,4; fwd R trng RF to fc ptr & Wall (with swivel action fwd R, fwd, L, fwd R, fwd L trng LF to fc ptr in BFLY;) BFLY;

REPEAT**B****A**

END

1 - - 4 SD TCH, RT CHASSE; RT TRNG FALLAWAY;; LFT TRNG FALLAWAY;;

1 - 4 Repeat Meas 3 to 6 Intro

5 - - 6 RK, REC, PT STPS 3, PT & FREEZE;;

5 - 6 [Rk, Rec] In SCP rk bk L, rec fwd R, [Pt Stps] Pt fwd L w/outside edge of ft in contact w/floor, small fwd L looking LOD, Pt fwd R w/outside edge of ft in contact w/floor, small fwd R looking RLOD; Pt fwd L w/outside edge of ft in contact w/floor, small fwd L looking LOD, Pt fwd R w/outside edge of ft in contact w/floor, hold;

QUICK CUES

**Intro Loose CP Fcng Wall Ld Ft Free Wait 2;; Sd Tch, Rt Chasse;
Rt Trng Fallaway;, Lft Trng Fallaway;;**

**A Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
Link Rk;, Fallaway Rk,;; Rk, Rec Swivel Wk 2; 2 Fwd Triples;
Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
Pt Stps 2;**

**Int Sd Tch, Rt Chasse;
Rt Trng Fallaway;, Lft Trng Fallaway;;**

**A Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
Link Rk;, Fallaway Rk,;; Rk, Rec Swivel Wk 2; 2 Fwd Triples;
Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
Pt Stps 2;**

Brg Sd Tch, Rt Chasse; Rk, Rec, Wk, Fc;

**B Chasse L & R Bfly; Spanish Arms 2X;;;
Chg Hnd Beh Bk;, Link Rk to SCP/LOD;; Rk, Rec, Sd, Cl;**

**C Skate L & R; Sd 2 Stp; Skate R & L; Sd 2 Stp Bfly;
Windmills 2X;;; Link Rk to Semi;, Fallaway Throwaway;
Chg L to Rt;, Rk, Rec Bfly;
Vine 8;; 2 Fwd Triples; Swivel 4 to Bfly/Wall;;**

**B Chasse L & R Bfly; Spanish Arms 2X;;;
Chg Hnd Beh Bk;, Link Rk to SCP/LOD;; Rk, Rec, Sd, Cl;**

**A Fallaway Throwaway;, Rk to Chicken Wks 2S 4Q;;;
Link Rk;, Fallaway Rk,;; Rk, Rec Swivel Wk 2; 2 Fwd Triples;
Swivel Wk 4; Throwaway; Chg L to R Semi Rk, Rec;;
Pt Stps 2;**

**End Sd Tch, Rt Chasse;
Rt Trng Fallaway;, Lft Trng Fallaway;;
Rk, Rec, Pt Stps 3, Pt & Freeze;;**