

Cancun



Choreographers: Chris & Terri Cantrell, 960 Garnet St, Broomfield, CO 80020, 303-469-9140, dance@ctkr.com
Rhythm & Phase: Rumba Phase V + 1 (Three Alemanas) + 1 U (Dbl Spot Trn)
Music: "Cancun" Tape-Five, CD *Bossa For a Coup*, Trk 4 or download or contact choreographer
Modified & Speed: Music cut at 2:59 with fade 2:52-2:59 at the native speed (as on CD). Then increase speed by 4%.

Timing unless noted: QQS

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Sequence: Introduction A B A B End

Introduction

1-4 Wait 1 Measure ; Spot Turn RLOD ; New Yorker 4 LOD ; Aida LOD ;

- 1 { **Wait 1 measure** } Wait 1 meas LOP-fcg Wall, lead hnds jnd, lead ft free ;
2 { **Spot Turn RLOD** } Trng RF fwd L twd RLOD, trn RF 1/2 rec fwd R, trn RF to fac sd L (W Trng LF fwd R twd RLOD, trn LF 1/2 rec fwd L, trn LF to fac sd R) Bfly-Wall , ;
QQQQ 3 { **New Yorker 4 LOD** } Trn LF 1/8 fwd R, rec L trn LF to fac prtner & Wall, sd R, rec L (W Trn RF 1/8 fwd L, rec R trn RF to fac prtner, sd L, rec R) join lead hnds Bfly-Wall ;
4 { **Aida LOD** } Fwd R, fwd L trn sharply RF fac RLOD lead hnds jnd, strong bk & sd R twd DLC Vee bk-to-bk (W Fwd L, fwd R trn sharply LF fac RLOD, strong bk & sd L twd DLW) , ;

5-8 Double Spot Turn ; ; Hand to Hand ; Hold, Alternative Basic ;

- 5-6 { **Double Spot Turn** } Fwd L twd RLOD trn LF to fac, trn LF fwd R twd LOD, trn LF 1/2 rec fwd L & trn LF to fac, ; Trng LF fwd R twd LOD, trn LF 1/2 rec fwd L, trn LF to fac sd R (W Fwd R twd RLOD trn RF to fac, trn RF fwd L twd LOD, trn RF 1/2 rec fwd R & trn RF to fac, ; Trng RF fwd L twd LOD, trn RF 1/2 rec fwd R, trn RF to fac sd L) , ;
[Easier Opt: rec to fac L, sd R, sd L, ; Spt Trn ;]
-QQQ 7 { **Hand to Hand** } Trn LF & bk L, rec R trn RF, sd L (W Trn RF & bk R, rec L trn LF, sd R) Bfly-Wall ;
8 { **Hold, Alternative Basic** } Hold, cl R, cl L, sd R (W Hold, cl L, cl R, sd L) ; [Note: Hold >1 beat & use triplet timing for 3 stps to match music -- Easier Option: Use normal rumba timing QQS]

Part A

1-4 Alemana W overtrn to Sd by Sd ; ; Vine Around Each Other M IF ; ;

- 1-2 { **Alemana W overtrn to Side by Side** } Fwd L, rec R, cl L, ; Bk R, rec L, XRIF leadg W to overtrn (W Bk R, rec L, fwd & sd R, ; Fwd L twd DLC swvl 1/2 RF under jnd lead hnds, fwd R twd DWR trn RF, fwd L trn RF to M's rt sd overtrn) Sd by Sd-Wall , ;
3-4 { **Vine Around Each Other M in front** } XLIF of R, sd R IF of W, XLIB of R, ; Ronde R & XRIB of L pl lft hnd on W's bk, sd L beh W, XRIF of L (W ronde R & XRIB of L pl lft hnd on M's shldr, sd L beh M, XRIF of L, ; XLIF of R, sd R IF of M, XLIB of R) 1/2-OP Wall , ;

5-8 Opp Cucaracha M Lunge-W Cl ; Cross Body to Fan ; Hockey Stick to low Bfly ; ;

- 5 { **Opposite Cucaracha M Lunge-W Close** } Sd L, rec R, lunge sd L (W Sd R, rec L, cl R trn 1/4 LF) , ;
6 { **Cross Body to Fan** } Lead W acrs bk R, cl L, sd & fwd R (W Fwd L, fwd R trng 1/2 LF, sd & bk L) Fan Pos , ;
7-8 { **Hockey Stick to low Bfly** } Fwd L, rec to R, cl L to R, ; Sml bk R, trng RF fwd L, fwd R (W Cl R to L, fwd L, fwd R, ; Trng LF fwd L, fwd R trng LF to end bkg, bk L) low Bfly fcg DRW , ;

9-12 Cross Basic fac COH ; ; Op Hip Twist ; W out LOP M trans ;

- 9-10 { **Cross Basic** } XLIF of R start LF trn, rec R cont trn, sd L fac LOD, ; XRIB of L comm LF trn, rec L cont trn, sd R (W XRIB of L start LF trn, rec L cont trn, sd R, ; XLIF R comm LF trn, rec R cont trn, sd L) Bfly-COH , ;
QQS
SS(QQS) 11-12 { **Open Hip Twist to LOP M Transition** } Fwd L, rec to R, cl L to R, ; Bk R,, fwd & sd L (W Bk R, rec L, fwd R, -/ trn RF on R; fwd L twd RLOD, fwd R trng LF to end bk, cont LF trn sd L) LOP-COH , ;

13-16 Op Fence Ln RLOD ; Spot Trn LOD ; Spot Trn 1/2 RLOD & Cross ; Fan M Trans ;

- 13 { **Open Fence Line RLOD** } XRIF of L, rec L, sd R (W same footwork) Sd by Sd-COH , ;
14 { **Spt Trn LOD** } Trn RF 1/4 fwd L twd LOD, cont trn LF 1/2 rec fwd R, trn RF 1/4 sd L (W same) Sd by Sd-COH , ;
15 { **Spot Turn 1/2 RLOD & Cross** } Trn LF 1/4 fwd R, trn LF 1/4 rec to L fac Wall, XRIF of L (W same) OP-Wall , ;
SS(QQS) 16 { **Fan M transition** } Rec L,, sd R (W Fwd L, fwd R trn 1/2 LF, bk L) Fan Pos , ;

17-18 Tog Circle W Head CCW ; ,, W to fan-M sd ripple ;

- S-(QQ-) 17-18 { ***Tog Circle W's Head CCW & back to fan-M Side Ripple*** } Sd L,, pl rt hnd on bk of W's head & move arnd with
-S(-QQ) W's head circles ,; Cont head circle,, sd R with sd body ripple, (W Rec R, sd L IF of M fac, pl head in M's rt hnd
& circle head & upper body slowly CCW ,; Cont head & upper body circle, bk R twd LOD, bk L) Fan Pos , ;
[Easier Options: CCW Around the World or Caress instead of head circles &/or M leave out sd body ripple]

Part B

1-4 Three Alemanas W ovrtrn loose CP ; ; ; ;

- 1-4 { ***Three Alemanas W overturn end fac Wall*** } Fwd L, rec R, cl L , ; bk R, rec L, cl R , ; Sd L, rec R, cl L , ; bk R, rec L,
cl R (W Cl R, fwd L, fwd R start RF trn , ; Fwd L DLC trng RF, fwd R DRW trng RF, fwd L DRC trn RF fac DLW , ; fwd
R spiral LF full trn, fwd L trn LF fac DRC, fwd R face DLC , ; Fwd L DLC trng RF, fwd R DRW trng RF, fwd L DRC
ovrtrn ,;) loose CP M Wall-W DLW , ;

5-8 M Lunge L-W Ronde Bk ovr M's leg to Tandem ; M Hip Rk-W Hip Rolls & Caress ; M Hip Rks & Lunge R-W Hip Rolls & Develope ovr M's leg ; M Rise-W ovr M's leg & Sd Cuddle-Wall;

- S-(SS) 5 { ***M Lunge L - W Ronde Back over M's right leg around to Tandem*** } Lunge L with rt leg extended for W to stp
over, hold (W Ronde R leg arnd & bk over M's rt leg & tch R toe to floor beh M's rt leg no wgt, Stp down on R,
sd L beh M) W IB Tandem-Wall ; [Actions/Stps Timing: S- (SQQ)]
QQS(-) 6 { ***M Hip Rocks - W Hip Rolls & Caress M*** } Rec R, Hip Rk L, R (W Hip rolls R, L, R while caressing the sides of M's
body) , ; [Actions/Stps Timing: QQS(QQS)]
SS(-) 7 { ***M Hip Rock & Lunge R - W Hip Rolls & Develope over M's left*** } Hip Rk L,, lunge R with lft leg extended for W
to stp ovr, (W Cont hip rolls,, sd L bring R up lft leg & develope ovr M's lft leg tch R toe to floor no wgt) , ;
[Actions/Stps Timing: SS(QQS)]
-(SS) 8 { ***M Hold & Rise - W Step over M's lft leg & side to fac in Cuddle Position*** } Hold,,, rise on R (W Stp R ovr M lft
leg & IF of M,, slt sd L to facg cuddle pos) Cuddle Pos-Wall , ; [Actions/Stps Timing: -Q(SS)]

9-12 Cuddle twice W spiral IF of M ; ; Foot Swvl 3 ; M Sd Rec X-W Swvl & Roll Sd by Sd ;

- 9 { ***Cuddle*** } Sd L, rec R, cl L to Cuddle Pos (W Swvl 1/2 RF on L sd R to 1/2 OP, rec L comm LF trn, fwd & sd R pl
rt hnd on M's shldr) , ;
10 { ***Cuddle & W Spiral IF of M*** } Sd R, rec L, cl R to Tandem jn lead hnds (W Swvl 1/2 LF on R sd L 1/2 OP, rec R
comm RF trn, fwd & sd L / spiral RF) Tandem-Wall jn lead hnds ovr W's head , ;
11 { ***Foot Swivel 3*** } Hip Rks L, R, L (W Sd R swvl LF 1/8, sd L swvl RF 1/8, sd R swvl LF 1/8) , ;
12 { ***M Side Recover Cross - W Swivel & Roll to Side by Side*** } Sd R, rec L, XRIF of L (W sd L swvl RF 1/8, rec R trn
RF Wall, sd L) drop hnds to Sd by Sd-Wall , ;

13-16 Sliding Doors ; ; Start Sliding Doors W Spiral & Hockey Stick end ; ;

- 13-14 { ***Sliding Doors*** } Fwd L twd wall trn RF, rec R trn fac Wall, XLIB of R moving beh W , ; Sd R extend rt arm to sd,
rec L moving beh W, XRIF of L (W bk R trn RF, rec L trn fac Wall, XRIF of L , ; Sd L, rec R trn 1/2 RF, sd L trn 1/2
RF) sd by sd- Wall , ; [Note: This rumba figure is the basis of Adv Sliding Doors figure]
15-16 { ***Start Sliding Doors W Spiral & Hockey Stick End*** } Fwd L trn body RF, rec R, cl L , ; Sml bk R, fwd L, fwd R (W
Bk R, rec L, fwd R spiral LF full trn ; Fwd L twd Wall, fwd R trn LF to end bkg, bk L) LOP-fcg Wall , ;

Part A

Part B

End

1-2 Start Sliding Doors M fac W & COH to Corte .

- 1-2 { ***Sliding Doors M fac W & COH to Corte*** } Fwd L comm trn LF, fwd R cont trn to fac COH, bk L to corte
Argentine Tango style & hold (W Bk R, rec L, fwd R into corte) .