

# CAPONE 4

**Music:** Ian Lumley  
[www.tanzmusik-online.de/music/ian-lumley/title/capone](http://www.tanzmusik-online.de/music/ian-lumley/title/capone)  
Track # 12 Time 2:22 Available from choreographer

**Rhythm:** Foxtrot **Phase:** IV+2 (DBL Reverse Spin + Curved Feather)

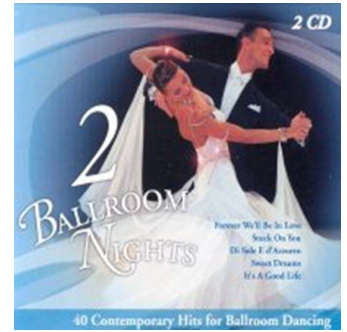
**Footwork:** Opposite except where (Noted)

**Release Date:** Jan 20

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

**E-mail:** [jos.dierickx@telenet.be](mailto:jos.dierickx@telenet.be)

**Sequence :** INTRO BRIDGE A BRIDGE B BRIDGE B(1-15)



## INTRO

### 01-05 CP DLW LEAD FOOT FREE WAIT 3 MEASURES ; ; ; FORWARD HOVER ; FEATHER FINISH :

**{Wait}** CP DLW ld ft free wt 3 meas ; ; ; **{Fwd Hover}** Fwd L to CP, -, fwd R risg to ball of ft, rec L (*W bk R, -, bk R & brush R to L, fwd R*) to CP DLW ; **{Feather Finish}** Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

## BRIDGE

### 01-04 DBL REVERSE SPIN to LOD ; TURN LEFT & R-CHASSE to BJO ; IMPETUS to SCP ; CHAIR & SLIP :

**{DBL Reverse Spin to LOD}** [SS/ W QQQQ] Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (*W bk R stg to trn LF, -, cl L to R [heel trn]/sd & slightly bk R cont LF trn, XLif*) to CP LOD ; **{Trn Left & R Chasse to BJO}** [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; **{Impetus to SCP}** Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R betwn M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; **{Chair & Slip}** Ck thru R, -, rec L, trng LF bk R (*W ck thru L, -, rec R, swvl LF on R fwd L*) to CP DLC ;

## PART A

### 01-04 FORWARD & RUN 2 to SCP ; PROMENADE WEAVE ; ; OP REVERSE TURN :

**{Fwd & Run 2 to SCP}** Fwd L, -, fwd R, L (*W bk R, -, bk L comm Rf trn, cont RF trn fwd R*) to SCP LOD ; **{Promenade Weave}** [SOQ; QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ; **{OP Reverse Turn}** Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ;

### 05-08 HOVER CORTE ; BACK TWISTY VINE 4 ; BACK HOVER to SCP ; THRU CHASSE to SCP ;

**{Hover Corte}** Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; **{Bk Twisty Vine 4}** (QQQQ) Bk L in BJO, sd R trng to fc ptr, fwd L in SCAR, sd & bk R trng to BJO ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; **{Thru Chasse to SCP}** [SQ&Q] Thru R, -, sd to fc ptr L/cl R, fwd L to SCP LOD ;

### 09-12 CURVED FEATHER ; QUICK DBL OUTSIDE SWIVEL ; WEAVE ENDING ; THREE STEP :

**{Curved Feather}** Fwd R stg RF trn, -, contg RF trn sd & fwd L ifo W, contg upper bdy RF trn fwd R outsd W (*W fwd L stg slight RF trn, -, sd & bk R cont trn, bk L*) to BJO DRW ; **{Qk DBL Outsd Swivel}** [SS] Bk L Xg Rif w/ no wgt, -, fwd R pt L to R (*W fwd R & swvl ½ RF to SCP DRC, -, fwd L & swvl LF ½*) to BJO DRW, - ; **{Weave Ending}** [QQQQ] Bk L, trng LF & Blendg to CP bk R, sd & fwd L, fwd R to BJO DLW ; **{Three Step}** Fwd L, -, sd & fwd R betwn W's ft, fwd L ;

### 13-16 OP NATURAL ; IMPETUS to SCP ; THRU VINE 4 ; CHAIR & SLIP :

**{OP Natural}** Fwd R outsd W's feet trng RF, -, sd L twd Wall, bk R w/ r-shoulder lead BJO (*W bk L, -, cls R heel turn, fwd L outsd M to BJO*) to BJO DRC ; **{Impetus to SCP}** Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R betwn M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; **{Thru Vine 4}** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ; **{Chair & Slip}** Repeat meas 4 Bridge ;

## PART B

### 01-04 DIAMOND TURN/W INSIDE TURNS ; ; ; ;

**{Diamond Turn / W Inside Turns}** Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, -, compg ¼ LF trn sd L, fwd R (*W fwd L comm LF trn under ld-hnds fc RDC, -, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part B to BJO DLW & DLC ;

**Page 2: Capone 4**

**05-08 TELEMARK to SCP ; THRU SIDE BEHIND ; ROLL 3 to SCP ; CROSS HESITATION ;**

**{Telemark to SCP}** Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{Thru Sd Behind}** Thru R, -, sd L to fc ptr, XRib (*W XLib*) ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, -, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Cross Hesitation}** [S,-,-/SQQ] Fwd R w/o chg wgt trn ¼ LF on ball of R ft, -, cont trng LF on ball of R ft ckg, - (*W fwd L stg LF trn, -, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ;

**09-12 OUTSIDE CHANGE to SCP ; THRU to LEFT WHISK ; UNWIND /W in 4 to BJO ; SLOW OUTSIDE SWIVEL to SCP ;**

**{Outsd Chng to SCP}** Trng LF bk L, -, bk & sd R cont LF trn, sd & fwd L (*W fwd R, -, L, R*) to SCP LOD ; **{Thru to Left Whisk}** Thru R, -, sd & fwd L to CP, XRib trn upper bdy to lft (*W thru L, -, sd & slightly bk R to CP, XLib*) to SCP DLW ; **{Unwind/W in 4}** Unwind RF w/ wgt on both feet, -, -, - (*W [QQQQ] CW arnd M fwd R, fwd L/lk Rib, fwd L*) to BJO DLC ; **{Slow Outsd Swivel}** [S] Bk L trng body RF, -, allow R to draw bk slightly ifo L (*W fwd R, -, swivel RF*) to SCP LOD, -;

**13-16 IN & OUT RUNS ; THRU VINE 4 ; SLOW SIDE LOCK ;**

**{In & Out Runs}** Trng RF fwd R, -, sd & bk L, bk R (*W fwd L, -, fwd R betwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R betwn W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP DLC ; **{Thru Vine 4}** Repeat meas 15 Part A ; **{Slow Sd Lock}** Thru R, -, fwd & sd L rising trng LF, cl R (*W thru L trng LF, -, sd R trng LF, XLif*) to CP DLC ;

**ENDING**

**01 THRU & HIGH INTO CHAIR ;**

**{Thru & High into Chair}** [QOS] Thru R, -, small fwd L in SCP & rising, strong fwd R in lunge action bending knee ;