

## CAPONE 5

October 2015

CHOREO: Lloyd and Ruth McKenrick, 13151 SE 120th Street, Ocklawaha, FL 32179  
E-MAIL: dancewithlloydandruth@centurylink.net (352) 288-4973  
MUSIC: Ballroom Nights 2 Artist: Ian Lumley Download: Casa Musica  
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)  
RHYTHM: FOXTROT PHASE: V+1 (SLOW COCA ROLA)  
SPEED: 45 rpm as download DIFFICULTY: Average  
SEQUENCE: **INTRO A B C D E F A B ENDING**

### INTRODUCTION

#### 1-5 **WAIT 1 MEAS; MANUV; SPIN TRN; FTHR FIN; WALK 2 to OP;**

- 1 Semi fc line, trail ft free, **WAIT 1 MEAS;**
- 2 **MANUV**-fwd R,-,sd L, bk R;
- 3 **SPIN TRN**-bk L pvtg RF ½,-,fwd R w/rise, sd & bk L;
- 4 **FTHR FIN**-bk R trng LF,-, sd & fwd L, fwd R outsd W to BJO;
- 5 **WALK 2 to OP**-fwd L,-, fwd R (bk & sd R,-, fwd L) LOD;

### PART A

#### 1-4 **SLO COCA ROLA 4;; SLO X WALK 3 P/U on 4;;**

- 1-2 **SLO COCA ROLA 4**-XLIFR,-, stp bk R,-; sd L,-, XRIFL to sd by sd;
- 3-4 **SLO X WALK 3 P/U on 4**-XLIFR,-, XRIFL,-; XLIFR,-,fwd R Idg W in frnt,-, in CP LOD;

### PART B

#### 1-4 **DIA TRN ½;; QK DIA 4; DIP BK & REC;**

- 1-2 **DIA TRN**-½ fwd L,-,sd R, bk L; bk R,-,sd L, fwd R;
- 3 **QK DIA 4**-fwd L comm LF trn, cont LF trn sd R, bk L, bk R;
- 4 **DIP BK & REC**-bk L leaving R leg extended,-,rec R, tch L;

#### 5-8 **3 STEP; NAT WEV;; CHG of DIR;**

- 5 **3 STEP**-fwd L,-, fwd R, fwd L;
- 6-7 **NAT WEV**-fwd R trng RF,-,sd & fwd L trng RF chg sway to L, bk R DLC; bk L to BJO, bk R to CP trn LF, sd & fwd L DLW, fwd R to BJO;
- 8 **CHG of DIR**-fwd L,-,sd & fwd R trng to fc DLC, drw L to R;

### PART C

#### 1-4 **OP REV; OUTSD CK; BK FTHR; BK 3 STEP;**

- 1 **OP REV**-fwd L trng LF,-,cont trn sd R, bk L to BJO;
- 2 **OUTSD CK**-bk R,-, sd & fwd L, fwd R to BJO;
- 3 **BK FTHR**-bk L,-,bk R w/R shld ld,bk L to BJO;
- 4 **BK 3 STEP**-bk R,-, bk L, bk R;

#### 5-8 **OP IMP; WEV to SCP;; THRU FC CLO;**

- 5 **OP IMP**-bk L trng RF,-,cl R to L w/heel trn, fwd L in tight SCP (W fwd R,-,fwd L trng ½, fwd R to SCP);
- 6-7 **WEV to SCP**-fwd R Idg W in frnt,-,fwd L trng LF, sd & bk R; bk L,-,sd & bk R trng LF, sd & fwd L to SCP (W trns RF fwd R to SCP);
- 8 **THRU FC CLO**-XRIFL (W XLIFR)-,sd L fcg ptr, cl R;

**PART D**

- 1-4 **SLO OP VINE 4;; STRUT 3 P/U on 4;;**  
1-2 **SLO OP VINE 4**-sd L, XRIBL(W XLIBR), sd L, XRIFL(W XLIFR);  
3-4 **STRUT 3 P/U on 4**-fwd L,-,fwd R,-; fwd L,-,fwd R ldg W in frnt,-,in CP DLC;

**PART E**

- 1-4 **DIA TRN to SCAR;;;;**  
1-4 **DIA TRN to SCAR**-fwd L,-,sd R, bk L; bk R,-,sd L, fwd R; repeat 2 meas end in SCAR;;  
5-8 **X HVR to SCP; NAT HVR X;; OP TEL;**  
5 **X HVR to SCP**-XLIFR,-,sd R w/rise, rec L to SCP;  
6-7 **NAT HVR X**-fwd R trng RF,-,fwd L cont trn, fwd R cont trn (W fwd L trng RF,-,clo R, sd L);  
fwd L, outsd ptr, rec R, sd L, fwd R to BJO (W bk R,-,rec L, bk R, bk L);  
8 **OP TEL**-fwd L comm LF trn,-, fwd & sd R cont LF trn, (W cl L to R w/heel trn)  
fwd L to tight SCP fc DLW;

**PART F**

- 1-4 **MANUV; SPIN TRN; FTHR FIN; OP TEL;**  
1 **MANUV**-fwd R,-,sd L, bk R;  
2 **SPIN TRN**-bk L pvtg RF ½,-,fwd R w/rise, sd & bk L;  
3 **FTHR FIN**-bk R trng LF,-, sd & fwd L, fwd R outsd W to BJO;  
4 **OP TEL**-fwd L comm LF trn,-, fwd & sd R cont LF trn,(W cl L to R w/heel trn)  
fwd L to tight SCP;  
5-8 **IN & OUT RUN;; QK OUTSD SWVL 2X; WALK 3 QK to OP;**  
5-6 **IN & OUT RUN**-fwd R trng RF in frnt of W,-,sd & bk L, bk R to BJO; bk L trng RF,-,sd & fwd R  
(W sd & fwd L arnd M), fwd L in tight SCP;  
7 **QK OUTSD SWVL 2X**-fwd R, drw L to R, bk L, draw R to L (W fwd L, swvl LF pt R to LOD, fwd R,  
swvl RF pt L RLOD);  
8 **WALK 3 QK to OP**-fwd R, fwd L, fwd R to LOD;

**REPEAT PART A**

**REPEAT PART B**

**ENDING**

- 1-4 **REV TRN;; HVR TEL; THRU FC CLO;**  
1-2 **REV TRN**-fwd L trng LF,-,sd R (W heel trn), bk L to BJO; bk R trng LF,-, sd & fwd L,  
fwd R to BJO DLW;  
3 **HVR TEL**-fwd L,-,fwd R w/rise, sm fwd L w/toe ld to tight SCP  
(W bk R,-,bk L trng ½ RF w/rise, fwd R);  
4 **THRU FC CLO**-XRIFL (W XLIFR),-sd L fcg ptr, cl R;  
5-8 **WHISK; FWD HVR BJO; BK HVR SCP; QK FWD 2 & CHAIR;**  
5 **WHISK**-fwd L,-,sd & fwd R w/rise, hk L bhd R;  
6 **FWD HVR BJO**-fwd R,-,sd & fwd L w/rise, rec R to BJO;  
7 **BK HVR SCP**-bk L,-,sd & bk R w/rise, rec L to SCP;  
8 **QK FWD 2 & CHAIR**-fwd R, fwd L, fwd R bending knee,,;

QUICK CUES

**INTRO:** SCP, fc line, TRAIL ft free, WAIT 1 MEAS;  
MANUV; SPIN TRN; FTNR FIN; WALK 2 to OP;

**A:** SLO COCA ROLA 4;; SLO X WALK 3 P/U on 4;;

**B:** DIA TRN ½;; QK DIA 4; DIP BK & REC;  
3 STEP; NAT WEV;; CHG of DIR;

**C:** OP REV; OUTSD CK; BK FTNR; BK 3 STEP;  
OP IMP; WEV to SCP;; THRU FC CLO;

**D:** SLO OP VINE 4;; STRUT 3 P/U on 4;;

**E:** DIA TRN to SCAR;;;;  
X HVR to SCP; NAT HVR X;; OP TEL;

**F:** MANUV; SPIN TRN; FTNR FIN; OP TEL;  
IN & OUT RUN;; QK OUTSD SWVL 2X; WALK 3 QK to OP;

**A:** SLO COCA ROLA 4;; SLO X WALK 3 P/U on 4;;

**B:** DIA TRN ½;; QK DIA 4; DIP BK & REC;  
3 STEP; NAT WEV;; CHG of DIR;

**END:** REV TRN;; HVR TEL; THRU FC CLO;  
WISK; FWD HVR BJO; BK HVR SCP; QK FWD 2 & CHAIR;