



# CARMEN MARCH

<b>Choreographers :</b>  <b>Annette &amp; Frank Woodruff</b> Rue du Camp, 87 7034 Mons, Belgium		<b>Release Date:</b> November 2017  <b>Artist:</b> Marc Reift, mp3 downloadable from Amazon. See Links on page 3.
		<b>Rhythm &amp; Phase:</b> <b>Paso Doble/Five-Count V</b>
		<b>Difficulty:</b> Easy (for the level)
		<b>Time &amp; Speed:</b> 3:19 <b>slowed 10%</b> = 3:40
0032-65-731940	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )	
<a href="mailto:Annetteandfrank@gmail.com">Annetteandfrank@gmail.com</a>	<b>Sequence:</b> Intro – ABC – Interlude – D - Ending	

## INTRODUCTION (Paso Doble)

1	<b>Wait ;</b>	CP WALL <sup>(1)</sup> w/ M's R and W's L ft free wait 1 meas ;
2	<b>Chasse R ;</b>	[With digging steps on balls of feet] Sd R, cl L, sd R, cl L;
3	<b>Ecart ;</b>	Appel R <sup>(2)</sup> , fwd L, sd R, XLib ( <i>W XRib</i> ) trng sharply to SCP LOD ;
4	<b>Promenade Close ;</b>	Thru R, trng RF ( <i>W LF</i> ) cl L to CP WALL, sd R, cl L ;

## PART A (Paso Doble)

1 - 2	<b>Separation ;;</b>	Appel R <sup>(2)</sup> bringing jnd ld hnds down to waist level, fwd L sendg W away, cl R to LOP-FCG, in plc L ( <i>W appel L<sup>(2)</sup> lowering chin, bk R, bk L, cl R</i> ); In plc R, L, R, L ( <i>W raisg knees w/ ft ptd down for small prancing steps on balls of ft fwd L, R, L, R</i> ) to CP WALL ;
3 - 4	<b>Grand Circle 8 ;;</b>	Appel R <sup>(3)</sup> , sd & fwd L to SCP, thru R, twist LF leavg both ft in pl ( <i>W appel L<sup>(3)</sup>, sd &amp; fwd R, circg tightly ccw arnd M w/heel leads L, R</i> ) ; cont twist progressively transferring wgt to L ft, cont twist, cont twist with wgt now fully on L ft & R ft tchg, thru R, cl L ( <i>W cont tight ccw circ arnd M w/ heel leads L, R, L trng to fc M, cl R</i> ) to CP WALL ;
5 - 8	<b>Sixteen ;;;</b>	Appel R <sup>(3)</sup> , sd & fwd L to SCP, thru R trn RF, sd & bk L to CP RLOD w/ hnds up ( <i>W appel L<sup>(3)</sup>, sd &amp; fwd R to SCP, thru L, fwd R between M's ft</i> ) ; Bk R w/ R shldr ld, bk L in BJO trn RF, cl R to CP COH, in plc L ( <i>W fwd L, fwd R in BJO trn RF, sd L to fc WALL ptg R toe DRW, rec R</i> ) ; Hold [or In plc R, L, R, L] ( <i>W fwd L, sd R to fc WALL ptg L toe DLW, rec L, fwd R</i> ) ; Hold [or In plc R, L, R, L] ( <i>W sd L to fc WALL ptg R toe DRW, rec R, fwd L trng LF to fc M, cl R</i> ) ;
9 - 10	<b>Separation ;;</b>	Rpt meas 1-2 Part A to CP COH ;;
11 - 12	<b>Grand Circle 8 ;;</b>	Rpt meas 3-4 Part A to CP COH ;;
13 - 16	<b>Sixteen ;;;</b>	Rpt meas 5-8 Part A to CP WALL ;;
17 - 20	<b>Elevations Up &amp; Down 2x ;;;;</b>	Raisg jnd ld hnds higher lookg RLOD taking digging steps on toes sd R, cl L, sd R, cl L ; bring jnd ld hnds sharply down pushing palms twd LOD & lookg LOD & softeng knees sd R, cl L, sd R, cl L ; Repeat meas 17-18 Part A bringing jnd hnds bk to normal height [M's eye level] on last step ;;
21	<b>Ecart ;</b>	Appel R <sup>(2)</sup> , fwd L, sd R, XLIB trng sharply to SCP LOD ( <i>W XRib</i> ) ;
22 - 23	<b>Coup de Pique ;;</b>	Pt thru R to LOD, cl R to CP WALL, trng at the hips XLib to SCP, cl R to CP ( <i>W pt thru L to LOD, cl L to CP, trng at the hips XRib to SCP, cl L to CP</i> ); XLib to SCP, trng to CP sd R/cl L, sd R, cl L ( <i>W XRib to SCP, trng to CP sd L/cl R, sd L, cl R</i> ) ;
24 - 25	<b>Separation ;;</b>	Rpt meas 1-2 Part A ;;
26 - 27	<b>Grand Circle 8 ;;</b>	Rpt meas 3-4 Part A ;;
28	<b>Chasse Left to SCP ;</b>	Appel R <sup>(2)</sup> , sd L, cl R, sd L trng heads to SCP LOD ;
29 - 30	<b>The Cape w/ Triple Ending ;;</b>	Thru R, cl L, hold, hold ( <i>W thru L [heel], sd R trng LF ptg L toe DRC, rec L, fwd R [heel]</i> ); hold, hold, in pl R/L,R ( <i>W sd L trng RF ptg R to DLC, rec R, sm fwd L/cl R, fwd L</i> ) to SCP LOD ;
31	<b>Twirl 2 ~ Walk &amp; Pick Up ;</b>	Fwd L, fwd R ( <i>W full RF twirl under jnd ld hnds R, L</i> ), fwd L, sm fwd R ldg W in frt ( <i>W fwd R, trng LF fwd L foldg in frt of M</i> ) to CP LOD ;

<sup>(1)</sup> Preferred **Closed Position** for Paso Doble: 6 inches between bodies, joined lead hands higher than for rumba (at man's eye level), woman's left hand on his right biceps, his right hand cupping her left upper arm.

<sup>(2)</sup> **Appel [to Closed]:** Strong lowering action onto flat trail foot bringing forearms in and down [keep elbows out].

<sup>(3)</sup> **Appel [to Semi]:** Strong lowering action onto flat trail foot turning head sharply towards Line of Progression and circling joined lead hands in, down and away with palms facing Line of Progression (W's hand ends on top of M's except for his thumb which is on top of her hand).

**PART B (Five-Count<sup>(4)</sup>)**

<b>1</b>	<b>Strut 4 ;</b>	Fwd L w/ L upper bdy sway, fwd R with R Sway, fwd L w/ L sway, fwd R with R Sway;
<b>2</b>	<b>2 Quick Forward Two's ;</b>	Fwd L/cl R, fwd L, fwd R/cl L, fwd R ;
<b>3</b>	<b>Rk Sd Rec SCAR Fwd-2-Step ;</b>	Rk sd L, rec R to SCAR DLW, fwd L/cl R, fwd L ;
<b>4</b>	<b>Rk Sd Rec BJO Fwd-2-Step ;</b>	Trng to fc LOD rk sd R, rec L to BJO DLC, fwd R/cl L, fwd R ;
<b>5 - 6</b>	<b>Walk &amp; Check ~ Slow Fishtail ~ Walk &amp; Face ;;</b>	Twds DLC fwd L, fwd R ckg, XLib, sd R small step trng to fc LOD ; fwd L left sd ldg, lk Rib trng to fc DLW, fwd L, fwd R trng to CP WALL ;
<b>7</b>	<b>2 Qk Turning Two's ;</b>	Sd L stg RF trn/cl R, bk L compg ½ RF trn, sd R contg RF trn/cl L, fwd R contg RF trn blendg to SCP LOD ;
<b>8</b>	<b>Twirl 2 &amp; Walk 2 to SCP ;</b>	Raisg jnd ld hnds sd L, Xib R, sd L to SCP LOD, XRif ( <i>W full RF twirl under jnd hnds R, L, then fwd R to SCP, fwd L</i> ) ;
<b>9</b>	<b>Double Hitch ;</b>	Fwd L/cl R, bk L, bk R/cl L, fwd R ;
<b>10</b>	<b>Slow Hitch 4 ;</b>	Fwd L, cl R, bk L, cl R ;
<b>11</b>	<b>Lace Across &amp; Forward-2-Step ;</b>	Raising jnd ld hnds & trvlg twd DLW bhd & arnd W fwd L/cl R, fwd L ( <i>W travels twd DLC undr jnd ld hnds</i> ), in LOP LOD fwd R/cl L, fwd R ;
<b>12</b>	<b>Walk 2 &amp; Slow Hitch 4 ;</b>	[6-beat-meas] Fwd L, fwd R, fwd L, cl R, bk L, cl R ;
<b>13</b>	<b>Lace Back &amp; Forward-2-Step ;</b>	Relg ld hnds & jng trl hnds high & trvlg twd DLC bhd & arnd W fwd L/cl R, fwd L ( <i>W travels twd DLW undr jnd trl hnds</i> ), in OP LOD fwd R/cl L, fwd R ;
<b>14 - 15</b>	<b>Circle 2 &amp; 2-step Away &amp; Together to BFLY;;</b>	Circg awy [M LF, W RF] fwd L, fwd R, contg to circ awy fwd L/cl R, fwd L both to fc RLOD far apt ; circg tog fwd R, fwd L, contg to circ tog fwd R/cl L, fwd R to BFLY clap [a very momentary BFLY] ;
<b>16</b>	<b>Roll 2 ~ Side Close to CP ;</b>	Trng LF ( <i>W RF</i> ) to roll down LOD fwd L to fc RLOD, bk R to fc ptr, sd L, cl R to CP WALL ;

<sup>(4)</sup> **Five Count:** in this cue-sheet the definitions are those of Two Step but in double timing.

**PART C (Five-Count<sup>(4)</sup>)**

<b>1 - 2</b>	<b>Strolling Vine ;;</b>	Sd L, XRib ( <i>W XLif trng LF stg pu action</i> ), trng LF sd L/cl R, trng LF fwd L to CP COH ; sd R, XLib ( <i>W XRif trng RF stg R pu action</i> ), trng RF sd R/cl L, trng RF fwd R to CP WALL ;
<b>3</b>	<b>Slow Twisty Vine 4 ;</b>	Sd L, XRib, sd L, XRif ;
<b>4</b>	<b>2 Turning Two's ;</b>	Sd L stg RF trn/cl R, bk L compg ½ RF trn, sd R contg RF trn/cl L, fwd R contg RF trn blendg to CP WALL ;
<b>5 - 6</b>	<b>Strolling Vine ;;</b>	
<b>7</b>	<b>Slow Twisty Vine 4 ;</b>	Repeat meas 1-4 Part C to BFLY WALL;;;;
<b>8</b>	<b>2 Turning 2s to BFLY ;</b>	
<b>9</b>	<b>Vine 2 Face to Face ;</b>	Sd L, XRib ( <i>W XLib</i> ), sd L/cl R, fwd & sd L trng 3/8 LF to almost-BK-TO-BK ;
<b>10</b>	<b>Vine 2 Back to Back ;</b>	Sd R, XLib ( <i>W XRib</i> ), sd R/cl L, trng 3/8 RF sd & fwd R to BFLY ;
<b>11</b>	<b>Open Vine 4 ;</b>	Sd L, XRib ( <i>W XLib</i> ) to mom LOP RLOD, sd L to fc ptr, XRif ( <i>W XLif</i> ) to OP LOD ;
<b>12</b>	<b>Balance Apart &amp; Tog to BFLY ;</b>	Trng bdy away from ptr sd L/sip R, sip L, trng bdy twd ptr sd R/sip L, sip R ;
<b>13</b>	<b>Vine 2 Face to Face ;</b>	
<b>14</b>	<b>Vine 2 Back to Back ;</b>	
<b>15</b>	<b>Open Vine 4 ;</b>	Repeat meas 9-12 Part C to CP WALL ;;;;
<b>16</b>	<b>Balance Apart &amp; Tog to CP ;</b>	

**INTERLUDE (Five-Count<sup>(4)</sup>)**

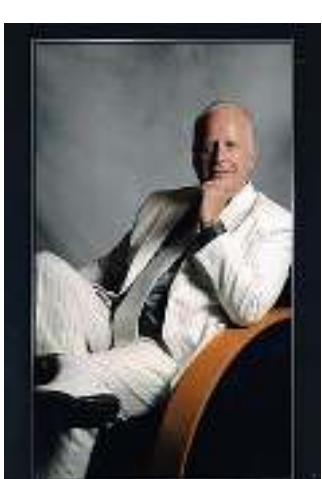
<b>1</b>	<b>2 Slow Side Closes ;</b>	Sd L, cl R, sd L, cl R ;
<b>2</b>	<b>2 Qk Side Closes Sd Draw Close ;</b>	Sd L/cl R, sd L/cl R, sd L, draw & cl R ;
<b>3</b>	<b>Lace and Face in 4 ;</b>	Raising jnd ld hnds & trvlg twd DLW bhd & arnd W ( <i>W travels twd DLC undr jnd ld hnds</i> ) fwd L, fwd R to LOP-FCG LOD, fwd L, fwd & sd R trng to CP COH ;
<b>4</b>	<b>2 Qk Side Closes Sd Draw Close ;</b>	Repeat meas 2 Interlude ;
<b>5</b>	<b>2 Slow Side Closes ;</b>	Repeat meas 1 Interlude
<b>6</b>	<b>2 Qk Side Closes Sd Draw Close ;</b>	Repeat meas 2 Interlude ;
<b>7</b>	<b>Lace and Face in 4 ;</b>	Repeat meas 3 Interlude to CP WALL ;
<b>8</b>	<b>2 Qk Side Closes Sd Draw Close ;</b>	Repeat meas 2 Interlude ;

**PART D (Five-Count<sup>(4)</sup>)**

<b>1 - 2</b>	<b>Strolling Vine ;;</b>	Repeat meas 1-2 Part C ;;
<b>3 - 4</b>	<b>Traveling Doors both Ways to OP ;;</b>	Blendg to BFLY rk sd L, rec R, XLif ( <i>WXRif</i> )/sd R, XLif ( <i>WXRif</i> ) ; rk sd R, rec L, XRif ( <i>XLif</i> )/sd L, XRif ( <i>XLif</i> ) to OP LOD ;
<b>5 - 6</b>	<b>Circle in 2 &amp; 2-step Away &amp; Together to CP ;;</b>	Repeat meas 14-15 Part B to CP WALL ;;
<b>7 - 8</b>	<b>Strolling Vine ;;</b>	Repeat meas 1-2 Part C ;;
<b>9 - 10</b>	<b>Slow Twisty Vine 8 ;;</b>	Sd L, XRib, sd L, XRif ; sd L, XRib, sd L, XRif ;
<b>11 - 12</b>	<b>Side Lunge Hold ~ Rec in 3 to SCP ~ Fwd-2-Step ~ Maneuver;;</b>	[1,-,-,4&; 1, 2&3, 4,] Lunge sd L, hold, hold, rec R/sip L ; sip R to SCP, fwd L/cl R, fwd L, fwd R foldg RF in frt of W ( <i>W sip L to SCP, fwd R/cl L, fwd R, fwd L</i> ) ;
<b>13 - 14</b>	<b>Pivot 2 to SCP ~ 2 Fwd-2-Steps to CP ~ Side-2-Step ;;</b>	[1, 2, 3&4; 1&2, 3&4] Bk L pvt RF, fwd R cont pvt to SCP LOD, fwd L/cl R, fwd L ; fwd R/cl L, fwd R to CP WALL, sd L/cl R, sd L ;

**ENDING (Paso Doble)**

<b>1 - 2</b>	<b>Separation ;;</b>	Repeat meas 1-4 Part A ;;;;
<b>3 - 4</b>	<b>Grand Circle 8 ;;</b>	
<b>5 - 6</b>	<b>Promenade Overturned to SCP ;;</b>	Appel R <sup>(3)</sup> , sd & fwd L, fwd R stg to fold in frt of W, sd L across with jnd hnds up, bk & sd R contg RF trn, fwd L in RSCP, fwd R between W's ft, fwd L ( <i>W Appel L<sup>(3)</sup>, sd &amp; fwd R, fwd L, fwd R between M's ft ; fwd L in BJO, fwd R stg to fold in frt of M, sd L across trng RF, fwd R</i> ) to SCP LOD ;
<b>7 - 8</b>	<b>Coup de Pique ;;</b>	Repeat meas 22-23 Part A ;;
<b>9</b>	<b>Ecart ;</b>	Repeat meas 3 Intro ;
<b>10</b>	<b>Thru to CP &amp; Corte with Leg Crawl ;</b>	Thru R maneuvering to CP DRW, dip bk L leaving R leg extended fwd, hold, hold ( <i>W thru L, lunge fwd R and on last two beats lift left leg up along man's right outer thigh with toe pointed to floor</i> ) ;

**Links:****Puchase Amazon:** [https://www.amazon.com/Carmen-March/dp/B00MKZ3XIE/ref=sr\\_1\\_2?\\_\\_mk\\_us=en\\_US&s=music&ie=UTF8&qid=1510938566&sr=1-2&keywords=carmen+marc+reift](https://www.amazon.com/Carmen-March/dp/B00MKZ3XIE/ref=sr_1_2?__mk_us=en_US&s=music&ie=UTF8&qid=1510938566&sr=1-2&keywords=carmen+marc+reift)**Full Music YouTube:** <https://www.youtube.com/watch?v=tgXPzeWb7cY>**Full Music Spotify:** <https://open.spotify.com/track/2HfzhStDCpbHWQdvYbzP4b>

Marc Reift, a Swiss citizen born in 1955, is a man of many talents and as he is also a workaholic, his musicography as an interpreter, pedagogue, composer, producer, conductor and publisher is unbelievably huge. He obtained his titles of Professor of Trombone and Virtuosity in Berne and his license of Concert in Cologne. At age twenty he joined the Berne Symphony Orchestra and became solo trombone at the Zurich Opera Orchestra where he remained for 15 years, simultaneously working as a trombone teacher and writing several pedagogical methods.

As a trombonist he participated to several international formations and as a composer he wrote hundreds of compositions under his name and also under the pseudonyms Ted Barclay and Carlos Montana. As a conductor he directed and recorded more than 4000 works on more than 300 CDs, with many formations such as the London Wind Orchestra, the Brass Band Williams Fairey, the Prague Festival Orchestra, the Ballroom Dance Orchestra and with his own band, the Marc Reift Orchestra. He also founded his own publishing house, Editions Marc Reift with 38,000 titles.

## **CARMEN MARCH – WOODRUFF – PD/5-CT PH V – 3:40 – MARC REIFT**

### **INTRO (PD-4 meas)**

CP WALL Trl Ft Free Wait 1; Chasse R ; Ecart ; Promenade Close ;  
**PART A (PD - 31 meas)**

Separation ;; Grand Circle 8 ;; Sixteen ;;;

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Elevations Up and Down 2x ;;; Ecart ; Coup de Pique ;; Separation ;;  
Grand Circle 8 ;; Chasse L to SCP ; The Cape w/ triple ending ;;

Twirl 2 ~ Walk & Pick Up ;

### **PART B (5 CT - 16 meas)**

Strut 4 ; 2 Fwd 2s ; Rk Rec SCAR 2-step ; Rk Rec BJO 2-step;  
Walk & Ck~Slow Fishtail~Walk & Fc ;; 2 Turning 2s ; Twirl 2 & Walk 2 SCP ;  
Double Hitch ; Slow Hitch 4 ; Lace Across & Fwd-2-step ; Walk 2 &  
Slow Hitch 4 ; Lace Bk & Fwd-2-step ; Circle 2 & 2-step away & tog  
to BFLY Clap ; Roll 2 ~ Side Close to CP ;

### **PART C (5 CT - 16 meas)**

Strolling Vine ;; Twisty Vine 4 ; 2 Turning 2s ;

Strolling Vine ;; Twisty Vine 4 ; 2 Turning 2s to BFLY ;

Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Open Vine 4 ; Bal Apt & Tog to BFLY ;

Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Open Vine 4 ; Bal Apt & Tog to BFLY ;

### **INTERLUDE (5 CT - 8 meas)**

2 Slo Side Closes ; 2 Qk Side Closes Side Draw Close ; Lace & Face in 4 ;  
2 Qk Side Closes Side Draw Close ; 2 Slow Side Closes ; 2 Qk Side Closes  
Side Draw Close ; Lace & Face in 4 ; 2 Qk Side Closes Side Draw Close;

### **PART D (5 CT - 14 meas)**

Strolling Vine ;; Traveling Doors Both Ways to OP ;;

Circle 2 & 2-step away & tog to CP ;; Strolling Vine ;;

Twisty Vine 8 ;; Side Lunge hold ~ Rec in 3 to Semi ~ Fwd-2-Step &

Maneuver ;; Pivot 2 to SCP ~ 2 Fwd 2s to CP – Side-2-step ;;

### **ENDING (PD - 10 meas)**

Separation ;; Grand Circle 8 ;; Promenade Overturned to SCP ;;

Coup de Pique ;; Ecart ; Thru to CP & Corte w/ leg crawl ;