

CAVATINA 4

Music : Dancelife

<https://www.wrdmusic.com/Ssshhh-CD>

Track # 2 Time 3:11

Available from choreographer

Rhythm: **Waltz Phase: IV+1(DBL Reverse Spin)+1U (Hover Corte w/ Slip Action)**

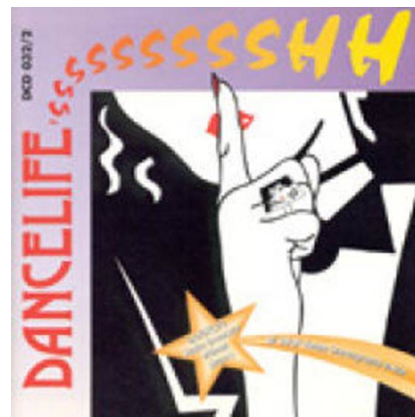
Footwork: **Opposite except where (Noted)**

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Sequence: **INTRO AB AB A END**



INTRO

01-02 CP DLW LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} CP DLW ld ft free wt 2 meas ; ;

PART A

01-04 VIENNESE TURNS ; ; CHANGE of DIRECTION ; DOUBLE REVERSE SPIN to DLW ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; **{Chng of Direction}** [12-] Fwd L, fwd R trng ¼ LF, draw L to CP DLC ; **{Dbl Reverse Spin to DLW}** [1,2/W1&2,3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of r-ft bringing lft-ft beside R w/ no wgt & keepg knees flexed (*W bk R com LF trn on r-heel, cont trn on r-heel & cl L/sd & bk R contg trn, XLif*) to CP DLW ;

05-08 WHISK ; WEAWE 6 to BJO ; ; CROSS PIVOT to SCAR ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; **{Weave 6 to BJO}** Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; **{Cross Pivot to SCAR}** Fwd R comm RF trn, sd L cont RF trn, fwd R (*W sm bk L comm RF trn, fwd R btwn M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

09-12 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; THRU CHASSE to SCP ;

{Cross Hover to BJO} XLif, sd R hvrg, rec L to BJO ; **{Cross Hover to SCAR}** XRif, sd L hvrg, rec R to SCAR ; **{Cross Hover to SCP}** XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Thru Chasse to SCP}** [1,2&3] Thru R, sd to fc ptr L/cl R, fwd L to SCP LOD ;

13-16 MANEUVER ; SPIN TURN : BACK & L-CHASSE to SCP LOD ; CHAIR & SLIP ;

{Maneuver} Trng RF fwd R ifo W, sd L cont trn, cl R (*W fwd L, R, L*) to CP RLOD ; **{Spin Turn}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg lft-leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; **{Bk & Lft-Chasse to SCP}** [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to SCP LOD ; **{Chair & Slip}** Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

PART B

01-04 DIAMOND TURN 1/2 ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Turn ½} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; **{Qk Diamond 4}** [1,2&3] Fwd L stg to trn LF, sd R contg LF trn, bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; **{Dip Bk & Rec}** [1,2] Bk L w/ flexed knee, -, rec R swivel RF to CP LOD ;

05-08 OP REVERSE TURN ; HOVER CORTE ; BACK & CHASSE to SCAR ; FORWARD CHECK/W DEVELOPE ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R, trng LF sd & fwd L LOD leavg r-leg ipl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; **{Back & Chasse SCAR}** [1,2&3] Trn RF bk L shape to lft, sd R/cl L trn RF, fwd R DRW lose shape pvt RF to SCAR DRW ; **{Fwd Ck/W Develope}** [1] Fwd R outsd W checkg, -, - (*W bk L, bring R-ft up L-leg to insd of L-knee, extend R-ft fwd*) ;

09-12 HOVER CORTE w/ SLIP ACTION ; TELEMAR to SCP ; THRU SIDE BEHIND ; ROLL 3 to SCP ;

{Hover Corte w/ Slip Action} Bk R, trng ½ LF sd & fwd L to LOD leavg r-leg ipl, w/ slight LF upper bdy trn slp R bhd L contg bdy trn (*W fwd L, trng ½ LF sd & fwd R & brush L to R, fwd L outsd M's R ft*) to CP DLC ; **{Telemark to SCP}** Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{Thru Sd Behind}** Thru R, sd L to fc ptr, XRib (*W XLib*) ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ;

13-16 OP NATURAL ; BACK BACK/LOCK BACK ; SPIN TURN ; BOX FINISH ;

{OP Natural} Thru R stg RF trn, contg RF trn sd L ifo W, bk R (*W fwd L, fwd R btwn man's feet, fwd L*) to BJO RLOD ; **{Bk Bk/lock Bk}** (1,2&3) Bk L, bk R/lk Lif, bk R to BJO ; **{Spin Turn}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg lft-leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; **{Box Finish}** Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ;

ENDING

01-04 FORWARD WALTZ ; OP NATURAL ; SLOW OUTSIDE SWIVEL TWICE ; ;

{Fwd Waltz} Fwd L, w/ light r-curve fwd R, L to CP LOD ; **{OP Natural}** Fwd R stg RF trn, cont trn sd & bk L, bk R w/ r-sd ld (*W bk L trng RF, fwd R btwn man's feet, fwd L*) to BJO DRC ; **{Slow Outsd Swivel x 2}** [1&] Bk L, brush R across L (*W fwd R, swivel RF on R to SCP DRW*), -; [1&] Fwd R, tch L (*W fwd L, swivel LF on L*) to BJO DRC, -;

05-09 IMPETUS to ½ OP ; OP IN & OUT RUNS ; ; THRU SYNCOPATED VINE ; CHAIR & HOLD ;

{Impetus to ½ OP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to ½ LOD ; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; **{Thru Syncopated Vine}** [1,2&3] Thru R to CP, sd L/XRib (*W XLib*), sd L to SCP LOD ; **{Chair}** [1] Strong fwd R in lunge action bending knee, -, -;