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CD: The Tango Project Track 7 Footwork: Opposite Unless Noted

Phase: VI Argentine Tango Released: July 1, 2008 Sequence: INTRO, A, B, INTER, A, B (1-15), ENDING

## **INTRO**

1-4	<b>WAIT; COR</b>	TE WITH LEAN,-, RECOV TRANS, CL; BASIC ENDING;			
	TRNING TA	ANGO DRAW;			
-	1-2	<b>{Wait}</b> Wait in CP L ft free (W wgt on R with L ft XIB at ankle			
SQQ		with no wgt) fc DRC;			
(W -)		<b>(Corte with lean recov cl)</b> Present R sd of body strongly to W as			
` '		trn LF to corte bk on the L but body straight on angle & up to W			
		(W lean fwd on the M lifting to the toe of R ft and L ft off the			
		ground with center of body pulled up strongly to support wgt with			
		no lower bk collapse),-, recov on R, cl L to R to BJO (W no wgt);			
QQS	3-4	{Basic ending} Fwd R, fwd L, cl R to L (W bk L, bk R, XLIF of			
QQ-		R) still fcing DC,-;			
		{Trning tango draw} Fwd L contra body with L fc trn, sd R cont			
		LF trn, draw L to R end fcing DRW,-;			
5-6	(LAS CUNA	S) TRNING ROCKS;;			
QQS	5-6	{Trning rks} Fwd L with body rotation LF, recov R, fwd L,-;			
QQS		fwd R with R sd lead cont movement in LF circle, recov L, fwd R			
		end DW,-;			
DADT A					

### PART A

# 1-4 (LOS CAMINOS) WALK,-, 2,-; (ROCK CON GIRO) FWD, RK, RECOV BJO REV,-; (RIGHT FOOT ROCKS MILONGA STYLE) RK FWD, RECOV, RK BK, RECOV; RK FWD, RECOV, BK TRNING TANGO DRAW,-;

- SS 1-2 {Walk 2} Curve walk fwd L,-, fwd R fc LOD,-;
  QQS {Fwd rk trn recov BJO} Cont walk fwd L to fc DC, rk to the sd
  R fwd LOD trn sharply to BJO RLOD, fwd L in BJO fc RLOD,-;
  QQQQ 3-4 {Rt ft rks Milonga style} Rk fwd R, recov L, rk bk R, recov L;
  rk fwd R, recov L, {Start trning tango draw} Bk R trn LF, cont
  LF trn to step sd L fc wall;
- 5-8 <u>FIN TANGO DRAW,-, TRING RIGHT FOOT START,-;-,-, (EL LANZAMIENTO LA IZQUIERDA) CLOSED WING,-;-,-, (CADENAS)</u> TWIST VINE 6,-;;
- -S S 5-6 {Fin draw } Draw R to L,-, {Trning rt ft start} Bk R trning LF,-; fwd L in BJO LOD,-, {Start Closed Wing} fwd R leave L ft

(W SQQ)		behind, trn body LF (W bk L, sd R to XIF of M);
-QQ	7-8	<b>{Fin Wing to twist vine 6}</b> Trn body more LF to end like a wing
(W SQQ)		(W fwd L to SCAR),-, fwd L trn LF, sd R fc COH; bk L trn RF,
QQQQ		sd R fc COH, fwd L trn LF, sd R fc COH;
	PLE OC	HO Y BESOS (KISSES); DOUBLE START; LA PARADA;
		T RESOLUTION;
SS	9-10	<b>{Simple ocho y besos}</b> Bk L in BJO, flick R ft on the floor to the
Q-S		L sd of L leg lift ft but keep knees close (W fwd R in BJO, swvl
~ ~		RF to bring L ft to R), bring R ft down to cl as trn the body bk to
		CP fc RLOD (W fwd L to pick-up swvl to bring R ft next to L),-;
		{ <b>Double start</b> } Sd L small step with partial wgt, draw L to R, sd
		L slgtly bigger step,-;
S-	11-12	{La parada} Fwd R in BJO checking to swvl the W to SCP,-,
(W SS)	11-12	hold keep wgt fwd look bk at W (W bk L swvl RF to SCP,-, bk R
` '		
-Q		in a sitting action) both fc RLOD,-;  (Pt ft resolution) (Wholds her ness for the entire mass with L ft.
(W HOLD)		<b>{Rt ft resolution}</b> (W holds her pos for the entire meas with L ft
		pt twd RLOD) Place wgt fully on R start RF trn, sd L XIF of W,
		trn to wall and pl R ft perpendicular to W's L ft tching her toe in
12.16 4.06		an "L" pos fcing wall feels like RSCP in the arms,-;
		ITH LIFT & TAP;;;;
M HOLD	13-14	{Ochos with lift & tap} Hold (W puts wgt on her L ft to lift the
4 MEAS		R ft up inside of M's R leg with her toe down,-, lift R ft over M's
(WSS)		R leg to step fwd R to swvl RF to fc LOD) M draws his R ft twd
(W-S)		RLOD to tap the toe of the W's R ft,-; Hold (W lift the L ft up the
		outside of M's R leg with her toe down,-, lift L ft over M's R leg
		to step fwd L to swvl LF to fc RLOD) M draws his R ft twd LOD
		to tap the toe of the W's L ft,-;
(W-S)	15-16	{Ochos with lift & tap} Hold (W lifts the R ft up inside of M's R
(W-S)		leg with her toe down,-, lift R ft over M's R leg to step fwd R to
		swvl RF to fc LOD) M draws his R ft twd RLOD to tap the toe of
		the W's R ft,-; Hold (W lift the L ft up the outside of M's R leg
		with her toe down,-, step fwd L),-;
17-18 <b>BIC</b>	<b>ICLETA</b>	PICKING UP; TRNING TANGO CLOSE;
S	17-18	{Bicicleta} Before the W can start her next ocho her R leg is still
(WS&)		over the M's R leg so that if he lifts his ft straight up with bent
QQS		knee it catches R leg right at the ankle and lifts her foot up in the
		air with his ft flexed as if on the pedal of a bicycle, drop the ft
		down, take wgt next to L ft as W is forced to move bkward to her
		R as if told she can not go over the ft on the last ocho,-/ (W on the
		& ct steps fwd L to pick-up); Note: the muic slows starting at the
		4 ochos and has become very slow here so there is plenty of time
		for the lift and drop of the foot and the & ct of pick-up is still
		quite slow
		{Trning tango cl} With LF body trn fwd L, cont LF trn to step sd
		R, cl L to R fcing LOD,-;
		,

# PART B

1-4 <u>(</u>	RIGHT FO	OT BASIC CON LATIGAZO) RIGHT FOOT BASIC LADY			
<u>F</u>	<b>ELICK;; 3 Q</b>	K OCHOS WITH REV DEVELOPE;;			
SS	1-2	{Right ft basic lady flick} Bk R,-, sd L,-; in BJO DC fwd R, fwd			
QQS		L, bring R slgtly fwd twd L but stop the ft action while lower part			
		of body follows thru like you are bowling & take wgt sharply (W			
		lk LIF of R to flick the R ft bk from the hip knee bent),-;			
-	3-4	{3 qk ochos with rev develope} M hold and trns body RF (W			
(WSS)		steps fwd R, swvl RF bring L under body, fwd L, swvl LF bring			
-		R under body; fwd R, swvl RF bring L under body, flick L ft out			
(W S-)		and up then bend the knee and bring L toe down the R sd of the R			
		leg to tap toe on the R sd of R leg),-;			
5-8 <u>P</u>	PICK-UP; T	RNING TANGO CLOSE; LA DOBLE SENTADA (THE			
_	OUBLE SI				
SS	5-6	<b>{Pick-up}</b> Recov fwd L trn body LF,-, cl R to L (W fwd L to			
(W S-)		pick-up in front of M,-, bring R ft under body no wgt end CP),-;			
QQS		<b>Trning tango cl</b> With LF body trn fwd L, cont LF trn to step sd			
		R, cl L to R fcing COH,-;			
QQ-	7-8	{Double Sentada} Bk R trn LF, cont LF trn sd L to fc RLOD,			
(W QQS)		cont LF body rotation no wgt chg (W fwd L trn LF, cont LF trn			
-Q		sd R, bk L still inside M's L ft and flick the R ft up like a figure			
(W QQS)		"4" but knees close while sitting bk in L leg),-; Trn body RF to			
		lead the W out of sentada, cont RF body trn sd R, cont body trn			
		no wgt chg (W fwd R trn RF, sd L cont RF trn, bk R still inside			
		M's R ft flick L ft up like a figure "4" but knees close while			
		sitting bk in R leg),-;			
		SCADAS) THE AMBUSHES;; DOBLE OCHO,-, CHK BK,			
		NING TANGO CLOSE;			
-QS	9-10	{The Ambushes} Trn body LF to lead W out of sentada, cont LF			
(W QQS)		body trn sd L, swvl LF on L to step sd & fwd R in press line to			
QQS		block the lady fc DW,- (W fwd L with LF body trn, cont LF body			
		trn sd R, cont LF body trn sd & bk L, flick R bk btwn M's ft from			
		the knee much like a bk gancho); Recov L trn RF to fc COH,			
		cont RF trn sd R, swvl RF on R to step sd & fwd L in press line to			
		block the lady fc DC,-(W fwd R trn RF, cont RF trn sd L, bk R,			
		flick L bk btwn M's ft from the knee much like a bk gancho);			
SQQ	11-12	<b>{Both ocho chk bk recov}</b> Bk R swvl LF to BJO fc wall, bring L			
QQS		ft under body, chk bk L in BJO, recov R;			
		{Trning tango cl} Blend to CP with LF body trn fwd L, cont LF			
		trn to step sd R, cl L to R fcing LOD,-;			
13-16 TRNING RIGHT FOOT START TRANS; CORTE WITH LEAN,-,					
_		ANS, CL; BASIC ENDING; TRNING TANGO DRAW;			
SQQ	13-14	{Rt ft start} Trn LF to step bk R,-, cont LF trn sd L with stopping			
(W SQ-)		action, at the last minute bring R to L to cl the ft (W trn LF to step			
SQQ		fwd L,-, cont LF trn sd R, bring L ft behind R crossed at ankle no			

(W -) contact with the floor); {Corte with lean recov trans cl} Present R sd of body strongly to W as trn LF to corte bk on the L but body straight on angle & up to W (W lean fwd on the M lifting to the toe of R ft and L ft off the ground with center of body pulled up strongly to support wgt with no lower bk collapse),-, recov on R, cl L to R to BJO (W no wgt);
QQS
15-16 {Basic ending} Fwd R, fwd L, cl R to L (W bk L, bk R, XLIF of R) still fcing DC,-;
{Trning tango draw} Fwd L contra body with L fc trn, sd R cont

## **INTERLUDE**

LF trn, draw L to R end fcing DRW,-;

## 1-2 (LAS CUNAS) TRNING ROCKS;;

QQS
1-2 {Trning rks} Fwd L with body rotation LF, recov R, fwd L,-;
fwd R with R sd lead cont movement in LF circle, recov L, fwd R
end DW,-;

REPEAT A REPEAT B 1-15

## **ENDING**

## 1 (LA PUNTA DEL PIE) PICK-UP TRAP & PT FT;

Q--- 1 {Pick-up trap & pt ft} With L fc body rotation fwd L, pl R ft btwn L ft and lady's R ft like a trap very close to each other, drop in the knee as push the lady's ft out to COH look in the direction of the pointed ft,-;