

CHARIOTS OF FIRE

pg 1 of 2

CHOREO: Peg & John Kincaid, 9231 Limestone, Place, College Park, MD 20740
301-935-5227 kincaidcpa@aol.com www.dancerounds.info/kincaid/

MUSIC: "Chariots Of Fire" by Vangelis 3:31 cut 27 secs off beginning download Amazon.com
NOTE: 27 sec cut off beginning, start dance at 28 sec.

RHYTHM: SLOW TWO STEP RAL PHASE 4 + 1 [triple traveler] + 1 [the square]

FOOTWORK: Opposite except where indicated. SPEED: slowed 7% adjust for comfort

SEQUENCE: INTRO A B A B A B (1-8) END RELEASED: MAY, 2013

INTRO

- 1-8 WAIT;;; U/A TRN TO LARIAT 3 M FC WALL;; O/S ROLL; BASIC ENDG;
- 1-4 CP COH lead ft free wait;;;;
- 5-6 [U/A TRN TO LARIAT 3] sd L leading W to trn RF undr jnd lead hnds,-, XRIB of L, rec L leading W to M's R sd (W sd R comm RF trn undr jnd lead hnds,-, XLIF of R cont RF trn, rec fwd R to M's R sd); sd R,-, sd L comm LF trn undr jnd lead hnds, rec bk R to LOP RLOD (W fwd L circling CW around the man,-, fwd R, fwd L to fc RLOD);
- 7 [OUTSD ROLL] lowering jnd lead hnds fwd L leading W to comm to trn RF,-, fwd R circling the arms back and up & leading the W to cont RF trn undr jnd lead hnd, XLIF of R to fc ptr WALL lowering jnd lead hnds (W fwd R starting to trn RF,-, sd & bk L cont RF trn undr jnd lead hnds, sd & fwd R to fc ptr);
- 8 [BASIC ENDG] blending to CP WALL sd R,-, XLIB of R, rec R;

PART A

- 1-4 FULL BASIC;; TRAVELING R TRN W/OUTSD ROLL;;
- 1-2 [FULL BASIC] CP WALL sd L,-, XRIB of L, rec L; Sd R,-, XLIB of R, rec R comm RF trn;
- 3-4 [TRAVELING R TRN W/OUTSD ROLL] Cont RF trn crossing in frnt of W sd & bk L to fc RLOD,-, XRIB of L, twist trn RF on both feet to fc DLW shifting wt to L ft (W fwd R between M's feet,-, fwd L, fwd R moving CW arnd M) end CP DLW; fwd R with sl RF trn to fc WALL & raising jnd lead hnds to lead the W to trn RF,-, sd L, XRIF of L (W sd & bk L comm RF trn undr jnd lead hnds,-, cont RF trn R, L) end fcg ptr WALL lead ft free;
- 5-12 SD BASIC; REV U/A TRN TO WRAP M TRANS; PARALLEL RUNS;;; UNWRAP LADY (LADY TRANS IN 2); RK L & R;
- 5 [SIDE BASIC] CP WALL sd L,-, XRIB of L, rec L;
- 6 [REV U/A TRN TO WRAP M TRANS] sd R,-, XLIB of R bringing lead hnds over W's head to wrap pos, tch R (W sd L,-, XRIF of L trng LF undr jnd lead hnds to wrap pos, rec L);
- 7-10 [PARALLEL RUNS]wrap pos both w/R ft free fwd R twd LOD both trng 1/2 RF to fc RLOD,-, bk L, bk R; bk L,-, bk R, bk L; bk R both trng 1/2 LF to fc LOD,-, fwd L, fwd R; fwd L,-, R, L;
- 11 [UNWRAP LADY (WTRANS IN 2)] fwd R,- fwd L leading W to unwrap RF undr jnd lead hnds, fwd L (W fwd R comm RF trn undr jnd lead hnds,-, cont RF trn sd & bk L to fc ptr RLOD,-) end fcg ptr LOD with both hnds jnd M's L and W's R ft free;
- 12 [RK L & R] with both hnds jnd rk sd L,-, rk sd R,-;
- 13-16 TRAVELING CROSS CHASSES;;;;
- 13 Fcg LOD with lead ft free both hnds jnd in low BFLY fwd L trng sl LF,-, sd & fwd R, XLIF of R (W bk R trng LF,-, sd & bk L, XRIF of L);
- 14 Fwd R trng sl RF,-, sd & fwd L, XRIF of L (W bk L trng RF,-, sd & bk R, XLIF of R);
- 15-16 REPEAT MEAS 13 & 14 PART A to end fcg DLW;;

PART B

- 1-8 OPEN BASICS;; SQUARE 1/2;; OPEN BASICS;; SQUARE 1/2;;
1-2 [OPEN BASICS] sd L with M's L & W's R arm around ptr trng RF to 1/2 OP RLOD,-, bk R, rec L to fc; sd R with M's R & W's L arm around ptr trng LF to 1/2 OP LOD, -, bk L, rec R comm RF trn in front of W;
3-4 [SQUARE 1/2] fwd L trng RF moving in front of W,-, sd R twd COH, XLIF of R to L 1/2 OP shaped twd ptr (W fwd R,-, sd L twd COH, XRIF of L); fwd R,-, sd L twd RLOD, XRIF of L to half OP RLOD (W fwd L trng RF in front of M,-, sd R twd RLOD, XLIF of R);
5-6 [OPEN BASICS] REPEAT MEAS 1 & 2 PART B fcg COH;;
7-8 [SQUARE 1/2] fwd L trng RF moving in front of W,-, sd R twd WALL, XLIF of R to L 1/2 OP (W fwd R,-, sd L twd WALL, XRIF of L); fwd R,-, sd L twd LOD, XRIF of L to 1/2 OP LOD (W fwd L trng RF in front of M,-, sd R twd LOD, XLIF of R);
- 9-16 TRIPLE TRAVELER;;; BASIC ENDG; TRIPLE TRAVELER RLOD;;; BASIC ENDG;
9 [TRIPLE TRAVELER] sd & fwd L comm LF trn to lead the W to M's L sd raising lead hnds to allow W to trn LF undr jnd hnds,-, fwd R, fwd L (W sd & bk R trng 1/4 LF,-, cont LF trn sd & fwd L trng 1/2 undr jnd lead hnds, sd & bk R to fc LOD);
10 fwd R spiraling LF undr jnd lead hnds,-, fwd L, fwd R (W fwd L,-, fwd R, fwd L);
11 fwd L bringing jnd hnds down and circling arms back & up to lead W to trn RF,-, fwd & sd R, XLIF of R to fc ptr (fwd R comm RF trn,-, sd L cont RF trn undr jnd lead hnds, fwd R to fc ptr);
12 [BASIC ENDG] sd R,-, XLIF of R, rec R;
13-16 [TRIPLE TRAVELER RLOD & BASIC ENDG] REPEAT MEAS 9-12 twd RLOD & end fcg ptr WALL;;;;
- REPEAT PART A
REPEAT PART B
REPEAT PART A
REPEAT PART B (1-8)

END

- 1-2 FWD 3; STEP THRU & SLOW LUNGE APART;
1 [FWD 3] in half OP pos lead ft free fwd L,-, fwd R, fwd L;
2 [STEP THRU & SLOW LUNGE APART] fwd R joining trail hnds,-, sd L circling M's L & W's R arm up & out to the side,-;

QUICK CUES

- INTRO fcg COH CP lead ft free wait 4meas;;; U/A trn to lariat 3 M trn for O/S roll;;; basic endg;
- PART A full basic;; traveling R trn w/outsd roll;; sd basic; rev U/A trn to wrap M in 2;
R foot Parallel runs;;; unwrap the lady RF to fc lady in 2; rk 2;
Traveling cross chasses to fc WALL;;;;
- PART B open basics;; square ½;; open basics;; square ½;;
Triple traveler;;; basic endg; triple traveler to RLOD;;; basic endg;

REPEAT A, B, A REPEAT B (1-8)

- END fwd 3; step thru & lunge apart;