

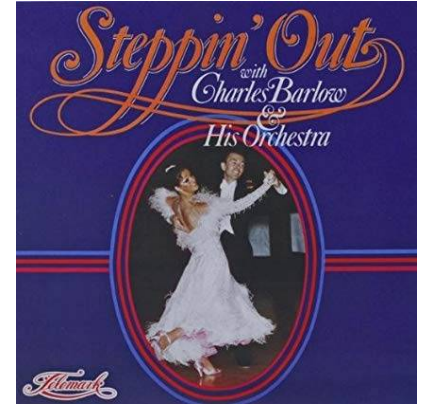
# CHOPIN OPUS 69 N° 1

**Music:** Charles Barlow  
[www.amazon.com/steppin' Out](http://www.amazon.com/steppin' Out)  
Track # 3 Time 2:29 Slow Down w/ -3%  
Available from choreographer

**Rhythm:** Waltz Phase: IV+2 (Turng Lock + Tipple Chasse)

**Footwork:** Opposite except where (Noted)

Release Date: March 20  
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium  
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**Sequence:** INTRO AA\* B A\* ENDING



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ROLL 3 to SCP ; THRU FACE CLOSE ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {Roll 3 to SCP} Start LF trn (W RF) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; {Thru Fc Cl} Thru R, sd L trn to fc, cl R to CP WALL ;

## PART A

### 01-04 WHISK ; MANEUVER ; OVERSPIN TURN INTO RIGHT TURNING LOCK ; ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W XRib) cont to full rise ; {Maneuver} Trng RF fwd R ifo W, sd L cont trn, cl R (W fwd L, R, L) to CP RLOD ; {Over Spin Trn Into Right Trng Lk} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DRW ; [1&2,3] Bk R w/ rt-sd lead comm to trn RF/lk Lif fc COH, cont R trn sd & fwd R btwn W's ft, fwd L (W Fwd L w/ lft-sd lead comm to trn RF/lk Rib, fwd & sd L cont trng R Xifo M, fwd R) to SCP DLC ;

### 05-08 WEAVE 6 to BJO ; ; DRAG HESITATION ; SYNCOPATED BACK TWISTY VINE ;

{Weave 6 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R) to BJO DLW ; {Drag Hesitation} [1,2,-] Fwd L trng ¼ LF, sd R cont trn, draw L to BJO DRC ; {Syncop Bk Twisty Vine} [1,2&3] Bk L start RF trn, sd R to fc ptr & COH/XLif to SCAR, sd R trng LF to BJO DRC ;

### 09-12 BACK to TIPPLE CHASSE PIVOT & PIVOT 2 to DLC ; ; VIENNESE TURNS ; ;

{Bk to Tipple Chasse Pivot} [1,2&3] Bk L comm RF trn, w/ r-sway cont trn sd R/cl L, sd R (W fwd R comm RF trn, w/ lft-sway cont trn sd L/cl R, sd L) to CP DRW ; {Pivot 2 to DLC} [1,2] Bk L pivot RF, fwd R heel to ball cont trnto CP DLC, - ; {Viennese Trns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ;

### 13-16 HOVER TELE ; THRU SIDE BEHIND ; ROLL 3 to SCP ; THRU FACE CLOSE [2<sup>de</sup> & 3<sup>the</sup> TIME: SLOW SIDE LOCK] ;

{Hover Tele} Fwd L, fwd R rising & lft-shldr lead, sd & fwd L to SCP LOD ; {Thru Sd Behind} Thru R, sd L to fc ptr, XRib (W XLib) ; {Roll 3 to SCP} Repeat meas 3 Intro ; {Thru Fc Cl} Repeat meas 4 Intro ;  
{2<sup>de</sup> & 3<sup>the</sup> TIME: Slow Sd Lock} Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lif) to CP DLC ;

## PART B

### 01-04 OP REVERSE TURN ; HOVER CORTE ; SLOW OUTSIDE SWIVEL ; THRU SYNCOPATED VINE ;

{OP Reverse Trn} Fwd L DLC trn LF, sd & bk R w/ r-sd lead to bjo, bk L in bjo bkng LOD ; {Hover Corte} Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ; {Slow Outsd Swivel} [1,-] Bk L trng body RF, allow R to draw bk slightly ifo L (W fwd R, swivel RF) to SCP LOD, - ; {Thru Syncop Vine} [1,2&3] Thru R, sd L/XRib (W XLib), sd L to SCP LOD ;

### 05-08 MANEUVER ; BACK BACK/LOCK BACK ; SPIN TURN ; BOX FINISH ;

{Maneuver} Repeat meas 2 Part A ; {Bk Bk/Lk Bk} (1,2&3) Bk L, bk R/lk Lif, bk R to BJO ; {Spin Turn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DLW ; {Box Finish} Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ;

**09-16 TELEMARK to SCP ; IN & OUT RUNS ; ; VIENNESE CROSS :**

**{Telemark to SCP}** Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{In & Out Runs}** Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; **{Viennese Cross}** [1,2&3] Thru R, fwd L trng LF/sd R contg LF trn, XLif (*W thru L trng LF to CP, sd & bk R trng LF/sd L contg LF trn, cl R*) to CP RLOD ;

**13-16 BACK & CHASSE to BJO ; MANEUVER ; IMPETUS to SCP ; THRU FACE CLOSE :**

**{Bk & Chasse to BJO}** [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; **{Maneuver}** Repeat meas 2 Part A ; **{Impetus to SCP}** Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; **{Thru Fc Cl}** Repeat meas 4 Intro ;

**ENDING**

**01-02 WHISK ; THRU & HIGH to a CHAIR :**

**{Whisk}** Repeat meas 1 Part A ; **{Thru & High to Chair}** [1&2] Fwd R/small fwd L w/ rise, strong fwd R lunge action bending knee;