CIDER HOUSE RULES

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RHYTHM: waltz TIME @ measures per minute: 2:33 @ 29

PHASE (+): VI

FOOTWORK: Opposite unless indicated (W's footwork in parentheses) **SEQUENCE:** INTRO, A, A (1-8), B, INTER, A MOD (9-16), C, END

MEAS. INTRODUCTION

1-2 LOFcg/DLC LEAD FT FREE - WAIT; STEP TOGETHER, SIDE, DRAW TO CP;

1-2 LOP fcg DLC, lead ft free - wait; step tog L, sd R, draw L to R to CP/DLC;

PART A

1-4 DBL REV; HOVER; QK OPEN REV; BK, SIDE, W KNEE LIFT;

- 1 {dbl rev} fwd L, trng LF sd R arnd W, cont LF trn bring L to R [no weight] cont spin LF on R (W bk R, cl L for a heel turn, cont trn LF sd & bk R arnd M/cont trn XLiF) end CP/DLW;
- 2 {hover} fwd L, sd & fwd R, fwd L to SCP/DLC;
- 3 {qk open rev} thru R, fwd L trng LF/sd & bk R, bk L to end BJO/RLOD;
- 4 **{bk, sd, W knee lift}** bk R, sd L into almost a throwaway oversway line, hold (W fwd L, sd R into starting throwaway oversway line, swivel & bring L knee up to R knee like starting a develope);
- 5-8 DEVELOPE, SWIVEL, TO SAME FT LUNGE LINE; DBL TELEMARK END; MANUV; OPEN IMPETUS;
 - 6 {develope, swivel, to same ft lunge line} hold, change sway & cl R, lower & extend L into same ft lunge line but with sway left & head to the left (W extend L leg fwd in develope, swivel while bringing L knee twds R knee keeping L leg & ft bk parallel with floor, bring L leg thru & extend fwd into sm ft lunge line with sway right head to the right);
 - 6 {dbl telemark end} trn LF lead W fwd/transfer wt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, sd & fwd L (W fwd L /fwd & sd R trng LF to M, cl L to R toe spin, sd & fwd R) to SCP/DLW;
 - 7 {manuv} thru R, trng RF sd L, cont body trn to fc RLOD cl R;
 - 8 {open impetus} bk L, trng RF cl R for heel trn cont RF trn (W sd L arnd M), sd & fwd L to SCP/DLC;
- 9-12 BIG TOP; TRAVELING CONTRA CHECK; OPEN NAT'L; OUTSIDE SPIN;
 - 9-10 **{big top}** SCP fcg DLC thru R comm spinning LF, cont spinning LF on R XLiB, cont spinning LF slip R bk under body (W thru L comm spinning LF, cont spinning LF fwd R around M's L-sd, cont spinning LF brushing L to R fwd L btwn M's ft) to CP/DLW:
 - 10 **{traveling contra check}** fwd L with contra body motion with upper body turned to the left with R sd stretch, cl R rotate RF with hips well toward W rise to toes without sway, sd & fwd L with R sd stretch to SCP/DLW (W bk R, cl L & rise to toes trng RF with M, sd & fwd R to SCP);
 - 11 **{open natural}** thru R, trng RF sd L, cont RF upper body trn to CBMP bk R;

CIDER HOUSE RULES

12 **{outside spin}** strong RF trn small bk & sd L toe in, fwd R [heel to toe] trn RF, sd & bk L to CP/RLOD (W fwd R outside ptr trn RF, cl L to R toe spin, fwd R between M's feet);

13-16 RT LOCK; CONTINUOUS HOVER CROSS;;;

- 13 **(RT lock)** cont RF trn bk R/XLiF, cont trn sd & fwd R, fwd L to SCP/DLW;
- 14-16 **(continuous hover cross)** thru R, fwd & sd L trng RF, cont RF trn with small step sd & fwd R to CP (W thru L, fwd R trng RF, sd L); fwd L across R to SCAR, cl R, bk L to BJO (W bk R, sd L, fwd R); bk R to CP, sd & fwd L, fwd R to BJO/DLC (W fwd L, sd & bk R, bk L);

PART A (1-8)

- DBL REV; HOVER; QK OPEN REV; BK, SIDE, W KNEE LIFT; DEVELOPE, SWIVEL, TO SAME FT LUNGE LINE; DBL OPEN TELE ENDING; MANUV; OPEN IMP;
 - 1-8 repeat part A, measures 1-8 ending SCP/LOD

PART B

- 1-4 MANUV; OVERSPIN TURN; SYNC TURNING LOCK/SIDE LOCK; CLOSED TELEMARK;
 - 1 {manuv} thru R, trng RF sd L, cont body trn to fc RLOD cl R;
 - 2 **{overspin turn}** bk L pivot 1/2 RF, fwd R cont trn to fc about DRW, sd & bk L;
 - 3 **{sync turning lock side lock}** bk R/lk LiF, bk R, trng LF sd & fwd L with L sway/lk RiB loosing sway cont LF trn to CP/DLC;
 - 4 {closed telemark} fwd L, trng LF sd R (W cl L for a heel trn), sd & fwd L to BJO/DLW:
- 5-8 MANUV, PIVOT 2; RUMBA CROSS; RUMBA CROSS; HOVER TELEMARK;
 - 5 {manuv} fwd R starting RF trn, sd & bk L pivoting RF, fwd R to CP/DLC;
 - 6,7 {rumba cross 2x} fwd L/XRiB trng RF, bk L pivot RF, fwd R to CP/LOD; repeat meas 6:
 - 8 **{hover telemark}** fwd L, fwd & sd R rise trng slightly RF, fwd L to SCP/DLW;
- 9-12 MANUV; OVERSPIN TURN; SYNC TURNING LOCK/SIDE LOCK; CLOSED TELEMARK;
 - 9-12 repeat part B, measures 1-4
- 13-16 MANUV; BACK TIPPLE CHASSE PIVOT; SPIN TURN; BOX FINISH;
 - 13 {manuv} fwd R, trng RF sd L, cont body trn to fc RLOD cl R;
 - 14 **{bk tipple chasse pivot}** bk L, trng RF sd R/cl L, sd R continue RF trn in pivoting action to end CP/RLOD;
 - 15 **{spin turn}** continue RF pivoting action bk L pivot 1/2 RF, fwd R cont trn, sd & bk L to CP/LOD;
 - 16 **{box finish}** bk R, trng LF to fc DLC sd L, cl R;

INTER

- 1-4 OPEN TELEMARK; THRU TO L WHISK; STANDING SPIN;;
 - 1 **{open telemark}** fwd L, trng LF sd R (W close L for a heel trn), sd & fwd L to SCP/DLW;
 - 2 {thru to L whisk} thru R, sd L, XRiB flat whisk fcg DRW;

CIDER HOUSE RULES

3-4 **{standing spin}** start untwisting and transfer weight to L ft, transfer weight to ball of R foot/fwd L, fwd R/fwd L (W trng body RF fwd R arnd man, cont trng fwd L/fwd R, fwd L/fwd R); fwd R/fwd L, fwd R cont trn to CP about reverse & wall, step back L (W fwd L/fwd R, fwd L cont trn to CP, fwd R between M's feet) to end CP about DRW;

[notes: (1) M is on the inside of the turn and needs to make his steps small & the turn tight, his right foot stays almost in place

(2) you may make 1 5/8 turn or 5/8 turn]

PART A 9-16 (MOD)

1-8 1 LT; TRAVELING CONTRA CHECK; OPEN NAT'L;
OUTSIDE SPIN; RT LOCK; CONTINOUS HOVER CROSS;;;

- 1 {1 LT} step back R, trng LF sd L, cont body trn to fc DLW cl R;
- 2-8 repeat part A measures 10-16

PART C

1-4 TELESPIN TO SCP;; THRU, SYNC VINE; MANUV;

- 1-2 **{telespin to Scp}** fwd L start LF trn, sd & fwd R cont LF trn (W cl L for a heel trn), sd & bk L partial wgt twds LOD body trns less (W sm fwd R); cont LF trn to lead W fwd/transfer full wgt to L ft to CP, sd & fwd R cont trn, sd & fwd L (W fwd L/fwd & sd R trng LF, cl L to R for toe spin trng LF, sd & fwd R) to SCP/DLW;
- 3 {thru, sync vine} thru R, sd L/XRiB (W also XiB), sd L;
- 4 {manuv} thru R, trng RF sd L, cont body trn to fc RLOD cl R;
- 5-8 HESITATION CHANGE; 1 LT; TOP SPIN TO FC DRC; 1 LT;
 - 5 **{hesitation change}** bk L, trng RF sd R, draw L to R;
 - 6 {1 LT} fwd L, trng LF sd R, cont body trn to fc RLOD cl L;
 - 7 {top spin} bk R trng LF, cont LF trn sd & fwd L/fwd R outside W spining LF, cont trng LF step bk L to fc about DRC;
 - 8 {1 LT} bk R, trng LF sd L, cont body trn to fc DLW cl R;

END

1-5 HOVER TELEMARK; MANUV; OVERSPIN TURN; BK TO SLOW THROWAWAY OVERWSWAY;;

- 1 **{hover telemark}** fwd L, fwd & sd R rise trng slightly RF, fwd L to SCP/DLW;
- 2 {manuv} thru R, trng RF sd L, cont body trn to fc RLOD cl R;
- 3 **{overspin turn}** bk L pivot 1/2 RF, fwd R cont trn, sd & bk L to CP/DRW;
- 4-5 **(bk to slow throwaway oversway)** bk R, sd L trng LF to fc wall, relax L knee look past W [both knees pt DLW] (W fwd L, swvl LF on R draw L past R, extend L bk well under body no wt); use this measure to fully extend,-,-;

6-8 TO AN EROS LINE; TO A SLOW CONTRA CHECK & HOLD;;

- **{to an Eros line}** pulling R foot slightly twds L start trng body R face with R knee flexed take weight on R & change sway to L [R side stretch] extending L leg looking twds W,-, (W rising on R step sd & bk L/rotate body & change sway and head to R raising R leg and moving R knee back with leg turned out and foot pointed,-,-);
- 7-8 **{to a slow contra check & hold}** slowly changing sway flexing R knee & step fwd L with R shoulder lead upper thighs crossed and slowly extend over 2 measures (W change sway & bring R knee & leg twds left to step bk R with L shoulder lead head left),-,-; -,--;