

CIRCLE IN THE SAND

Rhythm/Phase: Rumba, Phase V
Choreographers: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
e-mail: jkenny3@sbcglobal.net
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Music: "Circle In The Sand" - Belinda Carlisle-Her Greatest Hits, Track 7 Download: Amazon.com
Downloaded music file (original: 4:27) has been edited (cut, and slowed 90%).
Time/Speed: Play edited file @ 45 "rpm". Contact choreographers for details.
Footwork: Opposite throughout unless otherwise noted (*Lady as noted in parentheses*).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Easy
Sequence: INTRO, A, B, A, B, C, B, ENDING

INTRODUCTION

1-4 WAIT 2X;; 4 SLOW HIP ROCKS;;

1-2 {Wait} In Low BFLY pos. M fc Wall with lead ft free wait 2 measures;;
SS; SS; 3-4 {Hip Rocks} Rk sd L, -, rk sd R, - ; rk sd L, -, rk sd R, - ;

5-8 CUCARACHA WITH ARMS 2X;; START CHASE; BOTH TURN - W IN 4 TO VARSOUVIENNE;

5-6 {Cucarachas} Throughout this meas circle L arm 1/2 clockwise then bring L hand down past face and down to the side. Sd L with partial wt, rec R, cl L, - ;
Throughout this meas circle R arm 1/2 counter-clockwise then bring R hand down past face and down to the side. Sd R with partial wt, rec L, cl R, - ;
7-8 {Chase} Fwd L comm 1/2 RF turn, rec fwd R, fwd L, - ; Fwd R comm 1/2 LF turn, rec fwd L, fwd R, -
(QQQQ) (*Bk R, rec L, fwd R, - ; Fwd L comm 1/2 RF turn, rec fwd R, fwd L, cl R*) to Varsouv Pos-Wall ;

9-12 PARALLEL CHASE;; CUCARACHA-CROSS; CUCARACHA - W IN 4 TO FACE;

9-10 {Parallel Chase} With same footwork Sd L turning RF, rec fwd R cont turning RF, fwd L twd DRW, - ;
Sd & fwd R twd RLOD turning LF, rec fwd L cont turning LF, fwd R twd DLW, - ;
11 {Cuca Cross} Still with same footwork Sd & fwd L with partial wt twd LOD turning RF, rec R fc Wall, XLIF, - ;
12 {Cuca - W in 4} Sd R with partial wt, rec L, cl R and join lead hands, -
(QQQQ) (*Sd R with partial wt, rec L trng 1/2 LF to fc Wall, cl R, step in-place L*) ;

PART A.

1-4 OPEN HIP TWIST TO FAN;; STOP & GO HOCKEY STICK;;

1-2 {Op Hip Twist to Fan} With lead hands joined low Check fwd L, rec R, cl L leading W to hip twist, -
(*Bk R, Rec L, Fwd R twd M with tension in right arm causing W to swivel hips 1/4 RF to fc LOD, -*) ;
Bk R, rec L leading W to fan, sd R, - (*To LOD Fwd L, Fwd R making 1/2 LF turn,*
bk L leaving rt foot extd fwd with no wt, -) ;
3-4 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, cl L shaping to prtnr, -
(*Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, -*) ;
Check fwd R toward LOD placing R hand on W shldr blade checking her mvt,
rec L comm leading W to RF turn, cl R ending fc Wall, - (*Chk bk L, Rec R, Fwd L trng 1/2 RF to fan pos, -*) ;

5-8 HOCKEY STICK - W OVERTURN TO FACE;; NEW YORKER; UNDERARM TURN;

5-6 {Hockey Stick - Overturn} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(*Cl R, Fwd L, Fwd R, -*) ;
Bk R, rec L leading prtnr to turn LF, sd R facing wall preparing to turn RF into next figure, -
(*Fwd L twd RLOD, fwd R trng LF to fc prtnr and COH, sd L to RLOD prep to turn LF into next figure, -*) ;
7 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
8 {UA Turn} XRIB, rec L, sd R leading W to CP fc Wall, - (*XLIF comm RF turn under joined lead hands,*
rec R cont turn to fc prtnr, sd L blending to CP, -) ;

PART A. - CONTINUED

9-12 CUDDLE 3X;;; SPOT TURN TO HANDSHAKE;

- 9 {Cuddle R} Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L, -
(Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
fwd R finish LF turn to fc M placing R hand on M's L shoulder, -);
- 10 {Cuddle L} Sd R leading W to open out LF, rec L leading W to comm RF turn, cl R, -
(Bk L turning 1/2 LF with free arm out to the sd, rec R comm RF turn,
fwd L finish RF turn to fc M placing L hand on M's R shoulder, -);
- 11 {Cuddle R} Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L to loose CP fc Wall, -
(Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
fwd R finish LF turn to fc M in loose CP, -);
- 12 {Spot Turn} Dropping hands XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R joining R hands, - ;

13-17 TRADE PLACES 2X;; OPEN BREAK (JOIN LD HANDS); UNDERARM TURN (BFLY); FENCELINE - W IN 4;

- 13-14 {Trade Places} With R hands joined Rk apt L, rec R trng 1/4 RF to fc RLOD releasing R hands,
cont trng RF to fc ptrnr & COH stepping sd & bk L twd Wall joining left hands, -
(Rk apt R, rec L trng 1/4 LF to fc RLOD, cont trng to fc ptr & Wall stepping sd & bk R to join left hands, -);
With left hands joined Rk apt R, rec L trng 1/4 LF to fc RLOD releasing left hands,
cont trng LF to fc ptr & Wall stepping sd & bk R joining rt hands, - (Rk apt L, rec R trng 1/4 RF to fc RLOD
releasing L hands, cont trng to fc ptrnr & COH stepping sd & bk L joining rt hands, -);
- 15 {Op Brk} Rk apart L with L arm ext to sd palm down, rec R lowering L arm,
sd L joining lead hands, - ;
- 16 {UA Turn} XRIB, rec L, sd R to BFLY-Wall, - (XLIF comm turn under joined lead hands,
rec R cont turn to fc ptrnr, sd L to BFLY, -);
- 17 {Fenceline} Cross lunge thru L twd RLOD with bent knee looking twd RLOD, rec R to fc ptrnr, sd L, -
(QQQQ) (Cross lunge thru R twd RLOD with bent knee looking twd RLOD, rec L to fc ptrnr, sd R, rec L);

PART B.

1-4 CIRCLE FRONT VINE 8 (FC WALL); OPPOSITE SPOT TURN - M IN 4; SIDE WALK (REV);

- QQQQ 1-2 {Circle Vine} In BFLY and same footwork comm RF circle movt XRIF, sd L, XRIB, sd L ending BFLY-COH;
QQQQ cont RF circle movt XRIF, sd L, XRIB, sd L ending BFLY-Wall;
- QQQQ 3 {Spot Turn} XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R, cl L returning to opp footwork
(QQS) (XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R, -);
- 4 {Side Walk} Blending to BFLY Sd R twd RLOD, cl L, sd R, - ;

5-8 REVERSE UNDERARM TURN - W SPIRAL; TO FAN; HOCKEY STICK;;

- 5-6 {Rev UA - W Spiral-Fan} XLIF, rec R, sd L, - (XRIF comm LF turn under joined lead hands,
rec L cont turn to fc LOD, fwd R spiraling LF 7/8, -); Bk R, rec L, cl R, - (Fwd L twd LOD comm LF turn,
cont LF turn Sd R twd LOD, compl LF turn Bk L leaving rt foot extd fwd with no wt, -);
Note: Lady's spiral in Part B., meas. 5 is optional - her third step would be Fwd R twd LOD.
- 7-8 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between ptrnr, -
(Cl R, Fwd L, Fwd R, -); Bk R, rec L leading ptrnr to turn LF, Fwd R twd DRW following ptrnr out, -
(Fwd L twd RLOD, fwd R trng LF to fc ptrnr and DLC, bk L toward DRW, -);

9-12 1/2 BASIC TO; NATURAL TOP 3 (FC WALL); CUDDLE; SPOT TURN;

- 9 {1/2 Bas} Check fwd L, rec R comm RF turn, cont RF trn sd & fwd R blending to CP fc COH, - ;
- 10 {Nat Top} XRIB cont RF turn, cont turn sd L, finsh turn to fc Wall in CP cl R, -
(cont RF turn Sd L, cont turn XRIF, finsh turn in CP cl L, -);
- 11 {Cuddle R} Sd L leading W to open out RF, rec R leading W to comm LF turn, cl L to loose CP fc Wall, -
(Bk R turning 1/2 RF with free arm out to the sd, rec L comm LF turn,
fwd R finish LF turn to fc M in loose CP, -);
- 12 {Spot Turn} Dropping hands XRIF comm LF turn, rec L cont turn to fc ptrnr, sd R joining lead hands, - ;
Note: Second time (only) through Part B, meas. 12 ends blending to BFLY fc Wall.

REPEAT PART A.

- 1-17 **OPEN HIP TWIST; TO FAN; STOP & GO HOCKEY STICK;; HOCKEY STICK - W OVERTURN TO FACE;; NEW YORKER; UNDERARM TURN; CUDDLE 3X;;; SPOT TURN TO HANDSHAKE; TRADE PLACES 2X;; OPEN BREAK; UNDERARM TURN (BFLY); FENCELINE - W IN 4;**

REPEAT PART B. - ENDING IN BFLY.

- 1-12 **CIRCLE FRONT VINE 8 (FC WALL);; OPPOSITE SPOT TURN - M IN 4; SIDE WALK (REV); REVERSE UA TURN-W SPIRAL; TO FAN; HOCKEY STICK;; 1/2 BASIC TO; NATURAL TOP 3 (FC WALL); CUDDLE; SPOT TURN (TO BFLY);**

PART C.

- 1-4 **FENCELINE-REC-POINT; FENCELINE; FENCELINE-REC-POINT; UNDERARM TURN;**
QQ - - 1 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc prtnr, point L ft toward LOD, - ;
2 {Fenceline} Cross lunge thru L twd RLOD with bent knee looking twd RLOD, rec R to fc prtnr, sd L, - ;
QQ - - 3 {Fenceline Rec Point} Cross lunge thru R with bent knee, rec L to fc prtnr, point R ft twd RLOD, - ;
4 {UA Turn} XRIB, rec L, sd R leading W to CP fc Wall, - (*XLIF comm RF turn under joined lead hands, rec R cont turn to fc prtnr, sd L blending to CP, -*);
- 5-8 **CUDDLE 3X;;; SPOT TURN TO HANDSHAKE;**
5-7 {Cuddles} Repeat Part A, meas. 9-11;;;
8 {Spot Turn} Repeat Part A, meas. 12;
- 9-12 **TRADE PLACES 2X;; OPEN BREAK; UNDERARM TURN TO TAMARA;**
9-10 {Trade Places} Repeat Part A, meas. 13-14;;
11 {Op Brk} Repeat Part A, meas. 15;
12 {UA Turn-Tamara} XRIB leading W to turn RF, rec L,
with lead hands still high joining trailing hands at W's rt side sm fwd R blending to Tamara pos- fc Wall, -
(*XLIF comm RF turn under joined lead hands, rec R cont trn to fc COH, cl L to Tamara pos, -*);
- Note: In the Tamara handhold, the W's left arm crosses in back with left hand near right hip.
With right hand, M takes W's left hand while standing close to the W's rt side, while the lead hands are joined and raised with curved arms forming a window.
- 13-15 **WHEEL 3 (COH); UNWIND TO BFLY-WALL; FENCELINE - W IN 4;**
13 {Wheel} Comm RF wheel Fwd L, fwd R, fwd L to end fc COH, - ;
14 {Unwind} Cont RF wheel Fwd R comm leading W to unwind LF, fwd L, sd & fwd R to end in BFLY fc Wall, -
(*fwd L, fwd R spinning LF 1/2 to fc prtnr & COH, sm sd L in BFLY, -*);
15 {Fenceline} Cross lunge thru L twd RLOD with bent knee looking twd RLOD, rec R to fc prtnr, sd L, -
(*QQQQ*) (*Cross lunge thru R twd RLOD with bent knee looking twd RLOD, rec L to fc prtnr, sd R, rec L*);

REPEAT PART B.

- 1-12 **CIRCLE FRONT VINE 8 (FC WALL);; OPPOSITE SPOT TURN - M IN 4; SIDE WALK (REV); REVERSE UA TURN-W SPIRAL; TO FAN; HOCKEY STICK;; 1/2 BASIC TO; NATURAL TOP 3 (FC WALL); CUDDLE; SPOT TURN;**

ENDING

- 1-4 **OPEN HIP TWIST TO FAN;; START A HOCKEY STICK TO A WRAP; STEP BACK TO A LAYBACK & HOLD;**
1-2 {Op Hip Twist to Fan} With lead hands joined low Check fwd L, rec R, cl L leading W to hip twist, -
(*Bk R, Rec L, Fwd R twd M with tension in right arm causing W to swivel hips 1/4 RF to fc LOD, -*);
Bk R, rec L leading W to fan, sd R joining Ld hands, - (*To LOD Fwd L, Fwd R making 1/2 LF turn, bk L leaving rt foot extd fwd with no wt, -*);
3 {Hky Stk-Wrap} Check fwd L, bk R leading W to comm turn 3/8 LF, cl L in wrapped pos fc DLW, -
(*Cl R, fwd L comm 3/8 LF turn, bk R compl turn to wrapped pos, -*);
Q - - - 4 {Layback} Still in wrapped pos bending fwd at the waist Bk R, sway to a layback pos, - , - ;

CIRCLE IN THE SAND

Quick Cues

Rumba - Phase 5

Jack & Sharie Kenny

Sequence: Intro-AB-AB-CB-Ending

Speed: Play edited file at 45

INTRO: WAIT 2X (LOW B'FLY-WALL);; 4 SLOW HIP ROCKS;;
2 CUCARACHAS w/ ARMS;; START A CHASE-MEN TURN;
BOTH TURN-LADY TURN IN 4 TO VARSOUV; (Left foot) PARALLEL CHASE;;
CUCARACHA CROSS; CUCARACHA - LADY IN 4 TO FACE;

PART A: OPEN HIP TWIST TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;;
TO A NY; UA TURN (& close it up); 3 CUDDLES;;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK (& join lead hands); UA TURN (B'FLY);
FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN;

PART A: OPEN HIP TWIST TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;;
TO A NY; UA TURN (& close it up); 3 CUDDLES;;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK (& join lead hands); UA TURN (B'FLY);
FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN (B'FLY);

PART C: FENCELINE-REC-POINT LOD; FENCELINE; FENCELINE-REC-POINT REV;
UA TURN (& close it up); 3 CUDDLES;;; SPOT TURN (HANDSHAKE);
TRADE PLACES 2X;; OPEN BREAK (& join lead hands); UA TURN TO A TAMARA;
WHEEL 3 TO COH; UNWIND TO B'FLY-WALL; FENCELINE-LADY IN 4;

PART B: (Rt ft) CIRCLE FRONT VINE 8 (Fc Wall);; OPPOSITE SPOT TURN-MAN IN 4;
SIDE WALK-REV; REVERSE UA TURN-LADY SPIRAL; TO FAN; HOCKEY STICK;;
HALF BASIC TO NAT TOP 3; (TO FC WALL); 1 CUDDLE; SPOT TURN;

ENDING: OPEN HIP TWIST TO FAN;; START A HOCKEY STICK TO A WRAP;
STEP BACK INTO A LAYBACK & HOLD;