

# Clarinet Polka

CHOREO: Lynn and Phil Sa, 5 Phylmor Drive, Westborough, MA 01581  
Email: [philsa26@yahoo.com](mailto:philsa26@yahoo.com) Telephone: 774-288-9672

MUSIC: "Clarinet Polka" [Download on I-tunes or Amazon Music]  
Artist: Myron Floren Album: 24 Polka's Greatest Hits  
Download Time @ 45 rpm: 2:18 minutes  
Suggested Speed: 40 rpm Note: It's a polka so it's fast! The dance was  
showcased at 42 rpm and taught at 38 rpm.

RHYTHM: Two Step / Polka PHASE: II Released: August 2019  
FOOTWORK: Opposite, except where noted  
SEQUENCE: INTRO, A, B, C, A, D, D, A, B, ENDING

## INTRO

1-2 SCP LOD WAIT ::

1-2 {SCP LOD wait} Wait ::

### A

1-4 2 FWD TWO STEP ::; 2 TURNING TWO STEP ::

1-2 {2 fwd TS} fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;

3-4 {2 trng TS} sd L, cl R, DLW sd L pvtg 1/2 RF to fc COH, -;  
sd R, cl L, sd and fwd L pvtg 1/2 RF to fc WLL, -;

5-8 2 FWD TWO STEP ::; TWIRL 2 ; WALK 2 :

5-6 {2 fwd TS} fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;

7 {twrl 2} sd L raising ld hnd, -, XRib, - (fwd R stg RF trn undr raised ld hnd, -,  
cont RF trn bk & sd L comp RF trn, -);

8 {wlk 2} sd L, -, fwd R to SCP, -;

9-16 REPEAT MEAS 1-8 OF PART A END IN OP LOD :: :: :: ::

### B

1-4 SLDG DRS :: ::

1-4 {sldg drs} rk sd L, -, rec R, -; XLif, sd R, XLif, -;  
rk sd R, -, rec L, -; XRif; sd L; XRif, -;

5-8 CIRC AWY 2 TWO STEP ::; STRUT TOG 4 ::

5-6 {circ awy 2 TS} trng LF away from ptr fwd L, cl R, fwd L, -;  
cont away from ptr fwd R, trng LF fwd L, cont trng LF to fc ptr fwd R, -;  
7-8 {strut 4} L, -, R, -; L, -, R to OP LOD, -;

9-16 REPEAT MEAS 1-8 OF PART B END IN SCP LOD :: :: :: ::

## C

### 1-8 LACE UP ;; ;; HITCH 6 ;; OPEN VINE 4 ::

1-4 {lc up} ld hnds jnd M passing bhd W diag fwd L, fwd R, fwd L, - (**W passing infrnt of M undr jnd ld hnds fwd R, fwd L, fwd R, -**) to LOP LOD; fwd R, cl L, fwd R, -; jng trl hnds M passing bhd W diag fwd L, fwd R, fwd L, - (**W passing infrnt of M undr jnd trl hnds fwd R, cl L, fwd R, -**); fwd R, cl L, fwd R to OP, -;  
5-6 {htch 6} fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;  
7-8 {OP vin 4} sd L, -, cross R in back, -; side L, -, cross R in front to SCP, -;

### 9-16 REPEAT MEAS 1-8 OF PART C END IN SCP LOD ;; ;; ;;

## D

### 1-4 KICK FLICK 2X ;; FWD LOCK FWD ; FWD LOCK FWD :

1-2 {kck flick 2X} kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
3-4 {fwd lk fwd 2X} fwd L, lk Rib, fwd L, -; fwd R, lk Lib, fwd R, -;

### 5-8 KICK FLICK 2X ;; BAL AWY & TOG ::

5-6 {kck flick 2X} kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
7-8 {prog bal awy & tog} trn awy, sd, cl, -; trn tog, sd, cl, -;

### 9-12 KICK FLICK 2X ;; ROLL 2 ; WALK 2 :

9-10 {kck flick 2X} kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
11 {roll 2} roll LF (**W RF**) fwd L, cont trng sd & fwd R, sd L to fc ptr & WALL, -;  
12 {wlk 2} sd L, -, fwd R, -;

### 13-16 KICK FLICK 2X ;; WLK 4 ::

13-14 {kck flick 2X} kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
kck L to LOD (**W kck R**), -, flk L acrs in frnt R (**W flk R acrs in frnt L**), -;  
15-16 {wlk 4} fwd L, -, fwd R, -; fwd L, -, fwd R to OP LOD, -;

NOTE: Second time through Part D end in SCP LOD

## ENDING

### 1-2 TWIRL 2 ; APART & POINT ;

1 {twrl 2} sd L raising ld hnd, -, XRib, - (**fwd R stg RF trn undr raised ld hnd, -**,  
**cont RF trn bk & sd L comp RF trn, -**);  
2 {apt & pt} apt L, -, pt R, -;