COLOURS OF THE WIND

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Rumba Phase 3 + 2 (Alemana and hip rks)
Music source: Ross Mitchell DLD1089, DLD1066 Palomino Records or <www.danceplus.com>
Footwork: Directions to M (W opposite or as noted)
Date Released: July 2006
Sequence: Intro ABCBDA*

INTRODUCTION (1-4)

1-4 WAIT IN LOW BFLY ; ; CUCA 2X WITH EXPLODING ARMS ; ;

1-2 {WAIT ; ;} Wait 2 meas CPW hnds jnd and held low between ptrs ; ;

3-4 {CUCA 2X WITH EXPLODING ARMS ; ; **}**
Sd L , rec R, cl L, - ; sd R, rec L, cl R, - ; while sweeping jnd hnds in a circle up between ptrs and back down to low bfly over the 2 meas

PART A (1-16)

1-8 BAS ; ; FNC LINE ; NYER 2X ; ; FNC LINE ; TIME STPS 2X ; ;

1-2 {BAS ; ;} Fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ;

3-6 {FNC LINE REV ; NYER 2X ; ; FNC LINE ;}
X lun L looking R, rec R, sd L, - ; thru R, rec L to fc, sd R, - ;
thru L, rec R to fc, sd L, - ; X lun R looking L, rec L, sd R, - ;

7-8 {TIME STPS 2X ; ;}
XLib, rec R, sd L ; XRib, rec L, sd R ;

9-13 ALEMANA TO M'S R SD ; ; LRT 3/M TRN TO BFLY COH ;
U/A TRN TO M'S R SD ; LRT 3/M TRN TO BFLY WALL ;

9-10 {ALEMANA ; ;} Fwd L, rec R, cl L ldg W to trn R fc , - (bk R, rec L, sd & fwd R stg R fc trn, -) ;
bk R, rec L, sd R contg to ld W to R fc trn under jnd ld hnds ending trn at M's R sd, -
(fwd L trng to fc Wall, fwd R trng to fc M's R sd, sd L, -) ;

11 {LRT 3/M TRN ;} Sd L , rec R, sm sd L swivel L fc 1/2 to fc COH, - ;
(walking CW around M fwd R, fwd L, sd R to fc M and Wall, - ;)

12 {U/A TRN ;} Bk R, rec L, cl R ldg W to R hnd sd, (XLif trng 1/2 R fc under jnd ld hnds,
rec R completing trn to fc, sd L,) -;

13 {LRT 3/M TRN ;} Sd L , rec R, sm sd L swivel L fc 1/2 to fc Wall, - ;
(walking cw around M fwd R, fwd L, sd R to fc M and COH, - ;)

14-16 FNC LINE 2X ; ; HIP RKS ;

14-15 {FNC LINE 2X} X lun R looking L, rec L, sd R, - ; X lun L looking R, rec R, sd L, - ;

16   {HIP RKS ;} Rk sd R rolling hip sd and bk, rec L with hip roll, rec R with hip roll, - ;

PART B (1-8)

1-8   BAS ; ; SPT TRN ; THRU SERP ; ; SPT TRN ; NY 2X ; ;

1-3   {BAS ; ; SPT TRN ;} Fwd L, rec R, sd L, - ; Bk R, rec, L, sd R, - ; XLif trng 1/2 L fc to fc COH, rec R trng 1/2 L fc to BFLY WALL, sd L, - ;

4-5   {THRU SERP ; ;} XRif (XLif), Sd L, XRib (XLib), fan L CCW (CW); XLib (XRib), sd R, XLif (XRif), fan R CCW (CW);

6-8   {SPT TRN ; NYER 2X ; ;}
XRif trng 1/2 L fc to fc COH, rec L trng 1/2 L fc to BFLY WALL, sd R, - ;
Thru L, rec R to fc, sd L, - ; Thru R, rec L to fc, sd R, - ;

PART C (1-16)

1-16   SD WLKS ; ; RLL 3 ; CRB WLKS ; ; SPT TRN ; OP BRK ; WHP COH ; SD WLKS ; ; RLL 3 ; CRB WLKS ; ; SPT TRN ; OP BRK ; WHP WALL ;

1-3   {SD WLKS ; ; RLL 3 ;} Sd L, cl R, sd L, - ; cl R, sd L, cl R, -; release hnds fwd L trng 1/2 L fc, bk R trng 1/2 L fc, sd L, - ;

4-5   {CRB WLKS ; ;} XRif, sd L, XRif, - ; sd L, XRif, sd L, - ;

6-8   {SPT TRN ; OP BRK ; WHP ;} XRif trng 1/2 L fc to fc COH, rec L trng 1/2 L fc to fc BFLY WALL, sd R, - ; Rk apt L (rk apt R), rec, R, sd L, - ; bk R trng 1/4 L fc, rec L trng 1/4 L fc to BLFY COH, sd R, - ; (fwd L outside M's L sd, fwd R trng 1/2 L fc to fc M, sd L, - ;)

9-16   REPEAT PART C MEAS 1-8 ending BFLY WALL

PART D (1-4)

1-4   CHS WITH EXPLODING ARMS; ; ;

1-4   {CHS WITH EXPLODING ARMS; ; ;} Exploding arms from low bfly up, out and down to side
fwd L trng 1/2 R fc, rec R, fwd L, - (bk R, rec L, fwd R, -) ;
fwd R trng 1/2 L fc, rec L, fwd R, - (fwd L trng 1/2 R fc, rec R, fwd L, -) ;
 fwd L, rec R, bk L, - (fwd R trng 1/2 L fc, rec L, fwd R, -) ;
exploding arms up, out and down to side bk R, rec L, fwd R, - ;

PART A* (1-13)

1-13 **BAS ; ; FNC LINE ; NYER 2X ; ; FNC LINE ; ALEMANA TO M'S R SD ; ; LRT 3/M TRN TO BFLY ; FNC LINE REV ; CUCA 2X WITH EXPLODING ARMS TO LOW BFLY ; ; HIP RK ;**

1-6 **{BAS ; ; FNC LINE ; NYER 2X ; ; FNC LINE ;}**
Repeat PART A meas 1-6.

7-9 **{ALEMANA ; ; LRT ;}**
Repeat PART A meas 9-11

10 **{FNC LINE REV ;}**
Repeat PART A meas 15

11-12 **{CUCA 2X WITH EXPLODING ARMS ; ;}**
Repeat Intro meas 3-4.

13 **{HIP RK ;)**
Repeat PART A meas 16.