

# COMING BACK AS A MAN

**Music:** Caro Emerald  
www.danceshopper.com/ Dancelife Masters of Modern 18  
Track # 13 Time 3:33  
Available from choreographer

**Rhythm:** Foxtrot **Phase:** IV

**Footwork:** Opposite except where (Noted)

Release Date: May 2016  
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**Sequence:** INTRO AB AB(1- 12) BRIDGE C B(5-15) END



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ROLL 3 to SCP ; SLOW SIDE LOCK ;

{Wait} BFLY pos WALL ld ft free wait 2 meas ; ; {Roll 3 to SCP} Bk & sd L stg LF roll twd LOD, -, cont trn on ball of L ft & cl R, cont roll sd & fwd L to SCP LOD ; {Slow Sd Lock} Thru R, -, fwd & sd L rising trng LF, cl R (W thru L trng LF, -,sd R trng LF, XLif) to CP DLC ;

## PART A

### 01-04 TELEMAR to SCP ; THRU VINE 4 ; IN & OUT RUNS ; ;

{Telemark to SCP} Fwd L com LF trn, -, sd R contg LF trn, sd & fwd L (W bk R to heel stg LF trn bringing L ft beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L risg to ball, sd & sltly fwd R) to SCP DLW ; {Thru Vine 4} [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {In & Out Runs} Trng RF fwd R, -, sd & bk L ifo W, bk R (W fwd L, -, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R) to SCP DLC ;

### 05-08 OP NATURAL ; BACK BACK/LOCK BACK ; IMPETUS to SCP ; CHAIR & SLIP ;

{OP Natural} Fwd R btwn W's feet trng RF, -, sd L twd Wall, bk R with right shoulder lead BJO (W bk L, -, cls R heel turn, fwd L outsd M to BJO) to CP DRC ; {Bk Bk/Ik Bk} [SQ&Q] Bk L, -, bk R/Ik Lif, bk R ; {Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; {Chair & Slip} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swvlg LF on R fwd L) to CP DLC ;

### 09-12 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Turn 1/2} Fwd L, -, trng 1/4 LF sd R, bk L ; Bk R, -, trng 1/4 LF sd L, fwd R to RDW ; {Ok Diamond 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R to CP LOD, -;

### 13-16 REVERSE WAVE ; ; TWO RIGHT TURNS to DLW ; ;

{Reverse Wave} Fwd L comm LF trn, -, sd R twd LOD trng LF (W heel trn), bk L to BJO DRC ; Bk R, -, bk L, bk R in CP ; {2 Right Turns} Bk L strt RF trn, -, cont RF trn sd R, cl L ; Cont RF trn fwd R, -, sd L, cl R to CP DLW ;

## PART B

### 01-04 HOVER ; HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR ;

{Hover} Fwd L, -, sd & fwd R risg to ball of ft & allowg W to brush R, fwd L to SCP LOD ; {Hover Fallaway} Fwd R, -, fwd L risg & ckg, rec R to SCP DLW ; {Slip Pivot} Bk L, -, bk R trng LF, fwd L (W bk R, -, trng 1/2 LF slip L fwd, sd & bk R) to BJO DLW ; {Cross Pivot to SCAR} Fwd R in frt of W strt RF trn, -, sd L cont RF trn, fwd R (W sm bk L strt RF trn, -, fwd R btw M's ft heel to toe pvtg 1/2 RF, sd & bk L) to SCAR DLW ;

### 05-08 HOVER TELE ; PROMENADE WEAVE ; ; THREE STEP ;

{Hover Tele} Fwd L, -, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {Promenade Weave} [SQQ; QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ; {Three Step} Fwd L, -, sd & fwd R btwn W's ft, fwd L ;

**09-12 FORWARD TWISTY VINE 4 ; OP NATURAL ; SPIN TURN ; OUTSIDE CHECK :**

**{Fwd Twisty Vine 4}** (QQQQ) Fwd R, fwd & sd L trng RF to wall, XRib to SCAR, fwd L trng LF to BJO DLW ; **{OP Natural}** Fwd R btwn W's feet trng RF, -, sd L twd Wall, bk R with right shoulder lead BJO (*W bk L, -, cls R heel turn, fwd L outsd M to BJO*) ; **{Spin Turn}** Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP/DLW ; **{Outside Check}** Bk R with checking action, -, sd L DW with left shoulder lead, fwd R in BJO DRW with checking action ;

**13-16 BACK CROSS HOVER to SCAR ; BACK CROSS HOVER to BJO ; BACK CROSS HOVER to SCAR ; FEATHER FINISH :**

**{Bk Cross Hover to SCAR}** XLib (*W XRif*), -, sd & bk R rise, bk L to SCAR DLW ; **{Bk Cross Hover to BJO}** XRib (*W XLif*), -, sd & bk L rise, bk R BJO DLC ; **{Bk Cross Hover to SCAR}** Repeat meas 13 Part B ; **{Feather Finish}** Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

## BRIDGE

**01-02 SLOW OUTSIDE SWIVEL ; SLOW THRU & FAN to DLW :**

**{Slow Outsd Swivel}** [S-] Slow Bk L trng body RF, -, allow R to draw bk slightly in front of L (*W fwd R, swivel RF*) to SCP LOD, - ; **{Slow Thru & FAN to DLW}** [S-] Slow Thru R, -, fan L CW (*W thru L, -, fan R CCW*) to DLW, - ;

## PART C

**01-04 HOVER TELE to ½ OP ; OP IN & OUT RUNS ; ; THRU SIDE BEHIND :**

**{Hover Tele}** Repeat meas 5 Part B ; **{OP in & Out Runs}** Fwd R comm RF trn, -, sd & fwd L in frt of W contg trn, sd & fwd R to ½ LOP LOD w/trail arms out to sd (*W fwd L, -, R, L*) ; Fwd L, -, R, L (*W fwd R comm RF trn, -, sd & fwd L in frt of M contg trn, fwd & sd R*) to ½ OP DLC w/ ld arms out to sd ; **{Thru Sd Behind}** Thru R, -, sd L to fc prtn, XRib (*W XLib*) ;

**05-08 ROLL 3 to SCP ; OP NATURAL ; SPIN TURN ; BACK ½ BOX to SCAR :**

**{Roll 3 to SCP}** Repeat meas 3 Intro ; **{OP Natural}** Repeat meas 5 Part A ; **{Spin Turn}** Repeat meas 11 Part B ; **{½ Box to SCAR}** Bk R, -, sd L, cl R swivel RF to SCAR DLW ;

## ENDING

**01-04 OP REVERSE TURN ; HOVER CORTE ; BACK HOVER to SCP ; CHAIR & SLIP :**

**{OP Reverse Turn}** Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; **{Chair & Slip}** Repeat meas 8 Part A ;

**05-08 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & HOLD :**

**{Diamond Turn 1/2}** Repeat meas 9, 10 Part A ; ; **{Ok Diamond 4}** Repeat meas 11 Part A ; **{Dip Bk & Hold}** [S,-] Bk L w/ flexed knee, -, hold till end of music, - ;

