

## COUNT ON ME

**Choreographer:** Konrad Krackau, Arnulfstrasse 93, 12105 Berlin - Germany  
 phone: + 49 - 30 - 69 20 40 852 e-mail: konrad@krackau-web.de  
 visit me at: www.krackau-web.de/konrad/

**released:** 26 May 2012

**Record:** "Count On Me" by Bruno Mars, 3:17

**Rhythm:** Two Step **Phase:** II+1 (Strolling Vine)

**Speed:** 179 bpm, slow for comfort!

**Footwork:** Opposite (Lady's steps are printed separately throughout)

**Timing:** QQS

**Sequence:** INTRO A B C A B C D B ENDING

### INTRODUCTION

**1-4**      **Wait 4;; ;**

<u>Gentleman's steps</u>	<u>Lady's steps</u>
1-4      - - - -	wait 4
wait 4 meas* in SCP/LOD;; ;	

### PART A

**1-24**      2 fwd 2s to fc;; 2 trn 2 to PU;; 2 prog Scis;; fwd Hitch; Hitch Scis to SCP/LOD;  
 2 fwd 2s to fc;; 2 trn 2 to PU;; 2 prog Scis;; fwd Hitch; Hitch Scis to SCP/LOD;  
 Circ awy in 2 2-Steps;; tog in 2 2-Steps to CP/WALL;; Box;; sd draw Close twice;;

1-2	QQS	<b>2 Forward Two Steps to fc</b>
fwd L, cl R, fwd L, -; fwd R, cl L, fwd R fc ptr;		fwd R, cl L, fwd R, -; fwd L, cl R, fwd L fc ptr;

3-4	QQS	<b>2 Turning Two Steps to PU</b>
sd L, cl R comm RF trn, sd & bk L acrs line of progression comp approx. 1/2 RF trn, -; sd R, cl L comm RF trn, fwd R comp RF trn to fc LOD, -;		sd R, cl L comm RF trn, fwd R comp approx. 1/2 RF trn, -; sd L, cl R comm RF trn, sd & bk L acrs line of progression comp RF trn fc ptr/RLOD, -;

5-6	QQS	<b>Progressive Scissors to SCAR &amp; BJO</b>
sd L, cl R trng approx 1/8 RF, XLifR, -; sd R, cl L trng approx 1/4 LF fcg DLC, XRifL, -;		sd R, cl L trng approx 1/8 RF, XRibL, -; sd L, cl R trng approx 1/4 LF fcg DLC, XLibR, -;

7	QQS	<b>Forward Hitch</b>
fwd L, cl R, bk L, -;		bk R, cl L, fwd R, -;

8	QQS	<b>Hitch Scissors to SCP/LOD</b>
fwd L, cl, R, bk L, -;		fwd R trng 1/4 LF, cl L, Xrif ending in BJO, -;
SCP/LOD		

9-16	repeat meas 1-8	
------	-----------------	--

17-18	QQS	<b>Circle away in 2 2-Steps</b>
fwd trn L, cl R, fwd trn L, -; fwd trn R, cl L, fwd trn R, -;		fwd trn R, cl L, fwd trn R, -; fwd trn L, cl R, fwd trn L, -;

19-20	QQS	<b>Circle together in 2 2-Steps</b>
fwd trn L, cl R, fwd trn L, -; fwd trn R, cl L, fwd trn R, -;		fwd trn R, cl L, fwd trn R, -; fwd trn L, cl R, fwd trn L, -;
CP/WALL		

21-22	QQS	<b>Box</b>
sd L, cl R, fwd L, -; sd R, cl L, bk R, -;		sd R, cl L, bk R, -; sd L, cl R, fwd L, -;

<b>23-24</b>	<b>QQS</b>	<b>Side Draw Close twice</b>
sd L, draw R to L w/o wgt chg, cl R, -; repeat action;		sd R, draw L to R w/o wgt chg, cl L, -; repeat action;

**PART B****1-16 Strolling Vine;; ;; Scis thru twice;; open Vine 4;;  
Lace Up;; ;; Scis thru twice;; open Vine 4;;**

<b>1-4</b>	<b>SS; QQS; SS; QQS;</b>	<b>Strolling Vine</b>
comm slight RF up bdy trn sd L, -, w/ slight LF up bdy trn XRibL, -; cont LF trn sd L, cont LF trn cl R, cont LF trn fwd L, -; comm slight LF up bdy trn sd R, -, w/ RF up bdy trn XLibR, -; cont RF trn sd R, cont RF trn cl L, cont RF trn fwd R, -;		comm slight RF upper bdy trn sd R, -, w/ slight LF upper bdy trn XLifR, -; cont trn sd R, cont trn cl L, cont trn sd R, -; comm slight LF upper bdy trn sd L, -, w/ slight RF upper bdy trn XRifL, -; cont trn sd L, cont trn cl R; cont trn sd L, -;
<b>1<sup>st</sup> option: Lady's Twirl Strolling Vine with Man's Roll</b> sd L trng SCAR raise ld hnds to ld W into twirl, -, bk R, -; sd L trn to fc ptr/WALL, cl R, blending to CP fwd L twd LOD then pvt 1/4 LF, -; sd & bk R trn LF plcg L hnd on R shldr and allowing W's hnd to remain in contact with your bdy, -, fwd L twd LOD cont LF trn, -; sd R blending to CP fcg ptr/COH, cl L, fwd R twd LOD then pvt 1/4 RF, -; [end in CP/WALL]		fwd R trng RF undr jnd ld hnds, -, sd L cont RF trn to fc ptr, -; sd R blending to CP fc COH, cl L, trng LF sd to bk LOD then pvt 1/4 LF, -; sd L trng to BJO, -, fwd R in BJO, -; sd L comm RF trn, cl R, blending to CP sd & bk L acrs LOD and pvt to fc ptr/COH, -;
[1 <sup>st</sup> note: The twirling action should be a LARGE open loop.]		
[2 <sup>nd</sup> note: Thank you Richard for this figure. See "Human Nature" TS by Richard Lamberty.]		
<b>2<sup>nd</sup> option:</b> If you want to have a phase II dance, replace Strolling Vine by Lace Up [see meas 9-12].		

<b>5-6</b>	<b>QQS</b>	<b>Scissors Thru twice</b>
sd L, cl R, XLifR, -; sd R, cl L, XRifL, -;		sd R, cl L, XRifL, -; sd L, cl R, XLifR, -;

<b>7-8</b>	<b>SSSS</b>	<b>Open Vine 4</b>
sd L, -, XRibL trn to LOP, -; sd L trn to fc, -, XRifL trn to OP, -;		sd R, -, XLibR trn to LOP, -; sd R trn to fc, -, XLifR trn to OP, -;

<b>9-12</b>	<b>QQS</b>	<b>Lace Up</b>
jnd ld hnds and rel trl hnds and pass beh W mvg diag acrs LOD end in LOP/LOD fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; rel ld hnds and jn trl hnds pass beh W mvg diag acrs LOD end in OP/LOD fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;		jnd ld hnds and rel trl hnds and pass if M mvg diag acrs LOD end in LOP/LOD fwd R, cl L, fwd R, -; fwd L, cl R, fwd L, -; rel ld hnds and jn trl hnds pass if M mvg diag acrs LOD end in OP/LOD fwd R, cl L, fwd R, -; fwd L, cl R, fwd L, -;
OP/LOD		

<b>13-14</b>	<b>QQS</b>	<b>Scissors Thru twice</b>
repeat meas 5-6		

<b>15-16</b>	<b>SSSS</b>	<b>Open Vine 4</b>
repeat meas 7-8		

PART C1-8      **Circ awy & tog to CP/WALL;; trav Box;; ; dbl Hitch;; [2<sup>nd</sup> time to OP]**

<b>1-2</b>	QQS	<b>Circle away &amp; tog to CP/WALL</b>
fwd trn L, cl R, fwd trn L, -; fwd trn R, cl L, fwd trn R, -;   fwd trn R, cl L, fwd trn R, -; fwd trn L, cl R, fwd trn L, -;		
CP/WALL		

<b>3-6</b>	QQS; SS; QQS; SS;	<b>Traveling Box</b>
sd L, cl R, fwd L, -; trng to SCP/ROD fwd R, -, fwd L, -   sd R, cl L, bk R, -; trng to SCP/ROD fwd L, -, fwd R, -;		
; blending to CP sd R, cl L, bk R, -; blend to SCP/LOD   blending to CP sd L, cl R, fwd L, -; blend to SCP/LOD		
fwd L, -, fwd R, -;   fwd R, -, fwd L, -;		

<b>7-8</b>	QQS	<b>Double Hitch</b>
fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;   fwd R, cl L, bk R, -; bk L, cl R, fwd L, -;		
1 <sup>st</sup> : stay in SCP    2 <sup>nd</sup> : take OP		

PART D

1-16      **fwd lk fwd twice;; Scoot; fwd lk twice;**  
**sl Roll 4 to CP/WALL;; 2 trn 2s to PU;;**  
**1 prog Scis to SCAR; Walk out 2; 1 prog Scis to BJO; Walk in 2;**  
**fwd Hitch; Hitch Scis to fc LOD; sl Roll 4 to CP/Wall;;**

<b>1-2</b>	QQS	<b>Forward Lock Forward twice</b>
fwd L, XRibL taking wgt on Xing ft, fwd L, -;   fwd R, XLibR taking wgt on Xing ft, fwd R, -;		
fwd R, XLibR taking wgt on Xing ft, fwd R, -;   fwd L, XRibL taking wgt on Xing ft, fwd L, -;		

<b>3</b>	QQQQ	<b>Scoot</b>
fwd L heel to flat, cl R, fwd L heel to flat, cl R;   fwd R heel to flat, cl L, fwd R heel to flat, cl L;		

<b>4</b>	QQQQ	<b>Forward Lock twice</b>
fwd L, XRibL taking wgt, fwd L, XRibL taking wgt;   fwd R, XLibR taking wgt, fwd R, XLibR taking wgt;		

<b>5-6</b>	SSSS	<b>Slow Roll 4 to CP/WALL</b>
fwd L comm LF trn, -, sd R cont LF trn, -;   fwd R comm RF trn, -, sd L cont RF trn, -;		
sd & bk L comp LF trn to fc ptr/WALL, -, cl R, -;   sd & bk R comp RF trn to fc ptr/COH, -, cl L, -;		
CP/WALL		

<b>7-8</b>	QQS	<b>2 Turning Two Steps to PU</b>
repeat meas 3-4 of Part A		

<b>9</b>	QQS	<b>1 Progressive Scissors to SCAR</b>
repeat meas 5 of Part A		

<b>10</b>	SS	<b>Walk out 2</b>
fwd R, -, fwd L, -;   bk L, -, bk R, -;		

<b>11</b>	QQS	<b>1 Progressive Scissors to BJO</b>
repeat meas 6 of Part A		

<b>12</b>	SS	<b>Walk in 2</b>
fwd L, -, fwd R, -;   bk R, -, bk L, -;		

<b>13-14</b>	QQS	<b>Forward Hitch &amp; Hitch Scissors to fc LOD</b>
repeat meas 7-8 of Part A		

COUNT ON ME - Krackau

15-16	SSSS	<b>Slow Roll 4 to CP/WALL</b>
repeat meas 5-6		
CP/WALL		

ENDING

1-9      Circ awy & tog to CP/WALL;; trav Box;; ;; dbl Hitch;; stp apt;

1-8		repeat entire Part C
-----	--	----------------------

9	Q	<b>Step Apart</b>
stp fwd & apt L, -, -, ; [and hld till music fades]		stp fwd & apt R, -, -, ; [and hld till music fades]

# COUNT ON ME

Record: "Count On Me" by Bruno Mars, 3:17  
Choreographer: Konrad Krackau, 26 May 2012  
Rhythm/Phase: TS / II+1 (Strolling Vine)  
Speed: 179 bpm, slow for comfort

**Sequence: INTRO A B C A B C D B ENDING**

**INTRO** SCP/LOD  
wait 4;; ;;

**PART A** SCP/LOD  
2 fwd 2s to fc;; 2 trn 2 to PU;;  
2 prog Scis;; fwd Hitch; Hitch Scis to SCP/LOD;  
2 fwd 2s to fc;; 2 trn 2 to PU;;  
2 prog Scis;; fwd Hitch; Hitch Scis to SCP/LOD;  
Circ awy in 2 2-Steps;; tog in 2 2-Steps to CP/WALL;;  
Box;; sd draw Close twice;;

**PART B** CP/WALL  
Strolling Vine\*;; ;;  
Scis thru twice;; open Vine 4;;  
Lace Up;; ;;  
Scis thru twice;; open Vine 4;;

**PART C** OP/LOD  
Circ awy & tog to CP/WALL;; trav Box;; ;; dbl Hitch;; [2<sup>nd</sup> time to OP]

**PART D** OP/LOD  
fwd lk fwd twice;; Scoot; fwd lk twice;  
sl Roll 4 to CP/WALL;; 2 trn 2s to PU;;  
1 prog Scis to SCAR; Walk out 2; 1 prog Scis to BJO; Walk in 2;  
fwd Hitch; Hitch Scis to fc LOD; sl Roll 4 to CP/WALL;;

**ENDING** OP/LOD  
Circ awy & tog to CP/WALL;; trav Box;; ;; dbl Hitch;;  
stp apt;

**NOTE** \* Strolling Vine  
There is an option on the Strolling Vine, see fineprint.  
If you want to have a phase II dance, replace Strolling Vine by Lace Up.

**Sequence: INTRO A B C A B C D B ENDING**

**If you like it,  
tell others!  
If you don't,  
tell me!**