

**CHOREOGRAPHERS:** Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: [rounds-by-russ@comcast.net](mailto:rounds-by-russ@comcast.net)  
**MUSIC:** MP3 Download Amazon.com "Dance In The Old Fashioned Way" Artist: Tony Evans Orchestra  
**FOOTWORK:** Opposite For Woman Except Where Noted  
**NOTE:** May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable  
**RHYTHM:** FOXTROT  
**DANCE LEVEL:** Phase V  
**SPEED:** 45 RPM  
**RELEASED:** MAY 2011

**SEQUENCE:** INTRO – A – B – C – A (MOD) - END

### INTRO

1 – 4 **LOPN DIAG LOD/WALL WAIT;; STP TOG & TCH – CP; FEATH FIN;**  
**(Stp Tog & Tch – Cp)** Fwd L-, fwd R to CP diag LOD/WALL-; **(Feath Fin)** In CP diag LOD/WALL bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/COH;

### PART A

1 – 10 **RVS TRN;; HVR; WEAVE – BJO;; NAT'L TRN ½; IMP – SEMI; CHAIR-RCVR-SLIP; RVS WAVE;;**  
**(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to CP/RLOD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**  
**(Hvr)** Fwd L-, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI diag LOD/COH; **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ½ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)** **(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)**  
**(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(Chair-Rcvr-Slip)** Chair thru R-, rcvr L, bk R to CP diag LOD/COH; **(Woman chair thru L-, rcvr R, swiv ½ lft fc slip fwd L to CP;)** **(Rvs Wave)** Fwd L-, trng 3/8 lft fc fwd-trn R, bk L to CP diag RLOD/COH; curving lft fc bk R-, bk L, bk R to CP/RLOD; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; fwd L-, fwd R, fwd L to CP;)**

11 – 17 **BK 3-STP; FEATH FIN – OUT; WHISK; IN & OUT RUNS;; P/UP & RUN -2; 3-STP;**  
**(Bk 3- Stp)** Bk L-, bk R, bk L; **(Feath Fin - Out)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/WALL;  
**(Whisk)** Fwd L-, fwd R with slight rise, hook L bhnd trng heads to tight SEMI CP diag LOD/COH; **(In & Out Runs)** Fwd R-, cross in frnt of Woman sd & bk L to BJO diag RLOD/WALL, bk R; bk L-, pvt ¼ rt fc bk R, pvt ¼ rt fc fwd L to SEMI diag LOD/COH; **(Woman fwd L-, fwd R, fwd L; fwd R-, pvt ¼ rt fc fwd L, pvt ¼ rt fc fwd R;)** **(P/up & Run -2)** Trng slightly lft fc fwd R-, fwd L, fwd R to CP/LOD; **(Woman trng slightly lft fc fwd L swiveling ½ lft fc on L-; bk R, bk L;)** **(3-Step)** Fwd L-, fwd R, fwd L;

18 – 24 **CURVED FEATH – CHK'D; OUTSIDE CHG – BJO; NAT'L TRN ½; CLS'D IMP; FEATH FIN; RVS TRN;;**  
**(Curved Feath- Chk'd)** Trng 3/8 rt fc fwd R-, fwd L, fwd R chk to BJO diag RLOD/WALL; **(Woman trng 3/8 rt fc sd & bk L-, bk R, bk L chk'ng to BJO;)** **(Outside Chg – Bjo)** Bk L-, trng ¼ lft fc bk R, sd & fwd L to BJO diag LOD/WALL; **(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Cls'd Imp)** Trng ¼ rt fc bk L-, pivtng ¼ rt fc fwd R with slight rise, trng ¼ rt fc sd & bk L to CP diag LOD/WALL; **(Woman fwd pivtng ¼ rt fc R-, trng ¼ rt fc bk L with slight rise brush R to L, trng ¼ rt fc fwd R;)**  
**(Feath Fin)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/COH; **(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to CP/RLOD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**

### PART B

1 – 8 **WHISK; THRU FEATH; RVS TRN ½; HVR CORTE – BJO; BK WHISK; NAT'L HVR CROSS;; WLK & FC;**  
**(Whisk)** Fwd L-, fwd R with slight rise, hook L bhnd trng heads to tight SEMI CP diag LOD/COH; **(Thru Feath)** Thru R-, fwd L, cross R in frnt to BJO diag LOD/COH; **(Woman thru L-, trng ½ lft fc fwd R, cross L bhnd;)**  
**(Rvs Trn ½)** Fwd L-, trng ¼ lft fc sd R, bk L to CP diag RLOD/COH; **(Woman bk R-, trng ¼ lft fc bk-clo L, with heel trn fwd R to CP;)** **(Hvr Corte – Bjo)** Trng 1/8 lft fc bk R-, trng 3/8 lft fc sd & fwd L with slight rise, rcvr R to BJO diag LOD/WALL; **(Bk Whisk)** Bk L-, trn slightly rt fc sd R, hook L bhnd to tight SEMI CP diag LOD/COH;  
**(Nat'l Hvr Cross)** Thru R-, trng 3/8 rt fc sd & bk L, trng 3/8 rt fc sd & fwd R to SD/CAR diag LOD/COH; **(Woman thru L-, trng ¼ rt fc fwd R, sd & bk L to SD/CAR;)** fwd L with slight rise, rcvr R, sd L, cross R in frnt to BJO diag LOD/COH; **(Wlk & Fc)** Fwd L-, trng ¼ rt fc fwd R to CP diag LOD/WALL;

## DANCE IN THE OLD FASHIONED WAY

## (CONTINUE OF PART B)

- 9 – 16 **HVR; WEAVE – BJO;; CURVED FEATH – CHK'D; BK 3-STP; FEATH FIN – OUT; WHISK; THRU FEATH;**  
**(Hvr)** Fwd L-, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI diag LOD/COH; **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ½ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)**  
**(Curved Feath- Chk'd)** Trng 3/8 rt fc fwd R-, fwd L, fwd R chk to BJO diag RLOD/WALL; **(Woman trng 3/8 rt fc sd & bk L-, bk R, bk L chk'ng to BJO;)** **(Bk 3- Stp)** Bk L-, bk R, bk L; **(Feath Fin - Out)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/WALL; **(Whisk)** Fwd L-, fwd R with slight rise, hook L bhnd trng heads to tight SEMI CP diag LOD/COH; **(Thru Feath)** Thru R-, fwd L, cross R in frnt to BJO diag LOD/COH; **(Woman thru L-, trng ½ lft fc fwd R, cross L bhnd;)**
- 17 – 23 **TELEM – SEMI; HVR FALLAWY; SLIP PVT – BJO; NAT'L TRN ½; IMP – SEMI; IN & OUT RUNS;;**  
**(Telem – Semi)** Trng ¼ lft fc fwd-trn L-, trng ¼ lft fc sd & bk R, trng ¼ lft fc sd & fwd L to SEMI diag LOD/WALL; **(Woman bk-trn R-, trng ¼ lft fc bk-clo L, with heel trn sd & fwd R;)** **(Hvr Fallawy)** Fwd R-, fwd L with slight rise, rcvr R: **(Slip Pvt – Bjo)** Bk L-, bk R, sd & fwd L to BJO diag LOD/WALL; **(Woman bk R-, trng ½ lft fc slip fwd L, R;)**  
**(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(In & Out Runs)** Fwd R-, cross in frnt of Woman sd & bk L to BJO diag RLOD/WALL, bk R; bk L-, pvt ¼ rt fc bk R, pvt ¼ rt fc fwd L to SEMI diag LOD/COH; **(Woman fwd L-, fwd R, fwd L; fwd R-, pvt ¼ rt fc fwd L, pvt ¼ rt fc fwd R;)**
- 24 **CHAIR-RCVR-SLIP;**  
**(Chair-Rcvr-Slip)** Chair thru R-, rcvr L, bk R to CP diag LOD/COH; **(Woman chair thru L-, rcvr R, swiv ½ lft fc slip fwd L to CP;)**

## PART C

- 1 – 13 **DIAM TRNS;;; RVS WAVE;; BK 3-STP; FEATH FIN – OUT; HVR; IN & OUT RUNS;; WEAVE – BJO;;**  
**(Diam Trns)** Trng ¼ lft fc fwd L-, sd R, bk L to BJO diag RLOD/COH; trng ¼ lft fc bk R-, sd L, fwd R to BJO diag RLOD/WALL; trng ¼ lft fc fwd L-, sd R, bk L to BJO diag LOD/WALL; trng ¼ lft fc bk R-, sd L, fwd R to BJO LOD/COH;  
**(Rvs Wave)** Fwd L-, trng 3/8 lft fc fwd-trn R, bk L to CP diag RLOD/COH; curving lft fc bk R-, bk L, bk R to CP/RLOD; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; fwd L-, fwd R, fwd L to CP;)** **(Bk 3- Stp)** Bk L-, bk R, bk L; **(Feath Fin - Out)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/WALL; **(Hvr)** Fwd L-, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI diag LOD/COH; **(In & Out Runs)** Fwd R-, cross in frnt of Woman sd & bk L to BJO diag RLOD/WALL, bk R; bk L-, pvt ¼ rt fc bk R, pvt ¼ rt fc fwd L to SEMI diag LOD/COH; **(Woman fwd L-, fwd R, fwd L; fwd R-, pvt ¼ rt fc fwd L, pvt ¼ rt fc fwd R;)** **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ½ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)**
- 14 – 16 **NAT'L TRN ½; CLS'D IMP; FEATH FIN;**  
**(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Cls'd Imp)** Trng ¼ rt fc bk L-, pvtng ¼ rt fc fwd R with slight rise, trng ¼ rt fc sd & bk L to CP diag LOD/WALL; **(Woman fwd pvtng ¼ rt fc R-, trng ¼ rt fc bk L with slight rise brush R to L, trng ¼ rt fc fwd R;)**  
**(Feath Fin)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/COH;

## PART A (MOD)

- 1 – 10 **RVS TRN;; HVR; WEAVE – BJO;; NAT'L TRN ½; IMP – SEMI; CHAIR-RCVR-SLIP; RVS WAVE;;**  
**(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to CP/RLOD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**  
**(Hvr)** Fwd L-, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI diag LOD/COH; **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ½ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)** **(Nat'l Trn ½)**  
Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)**  
**(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(Chair-Rcvr-Slip)** Chair thru R-, rcvr L, bk R to CP diag LOD/COH; **(Woman chair thru L-, rcvr R, swiv ½ lft fc slip fwd L to CP;)** **(Rvs Wave)** Fwd L-, trng 3/8 lft fc fwd-trn R, bk L to CP diag RLOD/COH; curving lft fc bk R-, bk L, bk R to CP/RLOD; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; fwd L-, fwd R, fwd L to CP;)**

## DANCE IN THE OLD FASHIONED WAY

(CONTINUE OF PART A (MOD))

11 – 17

**BK 3-STP; FEATH FIN – OUT; WHISK; WEAVE - BJO;;****(Bk 3- Stp)** Bk L-, bk R, bk L; **(Feath Fin - Out)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/WALL;**(Whisk)** Fwd L-, fwd R with slight rise, hook L bhnd trng heads to tight SEMI CP diag LOD/COH; **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ½ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)**

END

1

**HINGE;****(Hinge)** Sd L-, lower sliding rt foot to the sd & hold-; **(Woman sd R-, cross L bhnd, lowering slide R between Man's feet no wgt & hold;)**