

DANUBE WAVES (Anniversary Waltz)

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MUSIC: Artist: Friends & Consequences Album: Your Big Night Out
Download from: Amazon.com

FOOTWORK: Opposite of Man except where noted

RHYTHM: Waltz

DANCE LEVEL: Phase 2

SPEED: 30 RPM **RELEASED:** June 2014

Sequence: INTRO, A, B, C, C, A, B, C, C, A, B, C, C, END

Introduction

- 1-6: Wait;;; Apt Pt; Tog Tch BFLY;**
1-4 OP Wall Wait 4 meas;;; OP-FCG WALL lead hnds joined wait 4 meas;;;
5 - Apt Pt; Man stp bk L, point R toe (*Woman stp bk R, point L toe*), -;
6 - Tog Touch-BFLY; Man recover on R toward partner touch L to BFLY pos (*Woman recover L toward partner, touch R*), -;

Part A

- 1-6 Waltz Away & Together;; Waltz Away; Cross Wrap (RLOD); Back-up Waltz; Roll Lady Across;**
1-2 - Waltz Away & Together;; Man or Woman: With inside hnds joined fwd trng away from partner, sd & fwd [to a slight bk to bk], cl; sd & fwd trng to fc partner, sd & fwd, close;
3 - Waltz Away; repeat meas 1 part A;
4 - Cross Wrap to fc RLOD; Fwd R, trng 1/2 RF sd L, cl R (*Woman trng 1/2 LF fwd L, cont trng LF sd R, cont trng LF cl L*) to end in wrapped pos fcg RLOD;
5 - Backup Waltz; In wrapped pos fcg RLOD both bk, bk, cl;
6 - Roll Lady Across; Man small sd R, fwd L, cl R (*Woman trng LF full trn roll across in frnt of Man L,R,L*) to end LOP RLOD;
- 7-12 Thru Twinkle; Manuver; 2 Right Turns-LOD;; 2 Forward Waltz;;**
7- Thru Twnk; Fwd R, trng 1/2 LF sd L, cl R to end OP LOD;
8 - Manuv; MAN: In OP pos fwd R commence RF upper body trn, cont RF trn to fc partner sd L, cl R; (*WOMAN: fwd L, to CP sd R, cl L*)
9-10 - 2 RF trns to fc LOD;; MAN: Bk L commence up to 1/8 RF trn, cont trn sd R toward line of prog trng up to 1/8 RF, cl L [COH]; fwd R commence up to 1/8 RF trn, cont trn sd L trng up to 1/8 RF, cl R [LOD] (*WOMAN: Fwd R commence up to 1/8 RF trn, cont trn sd L trng up to 1/8 RF, cl R; bk L commence up to 1/8 RF trn, continue trn sd R trng up to 1/8 RF, cl L;*)
11-12 - Fwd Waltz 2 times;; MAN: In CP fwd, fwd & slightly sd, cl; repeat; (*WOMAN: In CP bk, bk & slightly sd, cl; repeat;*)
- 13-16 2 Left Turns;; Twirl Vine 3; Pick Up Waltz;**
13-14 - Left Turning Waltz 2 times;; MAN: Fwd L commence up to 1/4 LF trn, cont trn sd R dia acrs line of progression trng up to 1/4 LF, cl L; bk R commence up to 1/4 LF trn, cont trn sd L twd line of progression trng up to 1/4 LF, cl R; (*WOMAN: Bk R commence up to 1/4 LF trn, cont trn sd L twd line of progression trng up to 1/4 LF, cl R; fwd L commence up to 1/4 LF trn, cont trn sd R dia acrs line of progression trng up to 1/4 LF, cl L;*)
15 - Twirl vine 3; MAN: Facing man's L & woman's R hnds joined sd L, cross R in bk, sd L; (*WOMAN: Sd & fwd R trng 1/2 RF undr joined hnds, sd & bk L trng 1/2 RF, sd R;*)
16 - Pickup waltz; MAN: Fwd R [short step], sd L, cl R [LOD] ; (*WOMAN: Fwd L stpg in front of man trng LF, sd R, cl L to end CP;*)

PART B

- 1-6 Forward waltz; Drift apart; Twinkle out; Twinkle in to CP; 1 Left turn- RLOD; Backup waltz;**
1 - Forward waltz; To LOD Man - Fwd L, fwd R, cl L; (*Woman - bk R, bk L, cl R;*)
2 - Drift Apart; Man - In plc R,L,R; (*Woman - bkup L, R, cl L;*)
3 - Thru Twinkle out Trng 1/4 RF cross L in frnt, trng 1/2 LF sd R, cl L to end OP COH;
4 - Thru Twinkle in CP; Fwd R, trng 1/4 RF sd L, cl R to CP LOD;
5 - One left turn to RLOD; MAN: Bk L commence up to 1/4 RF trn, cont trn sd R toward rev line of progression trng up to 1/4 RF, cl L; (*WOMAN: Fwd R commence up to 1/4 RF trn, continue trn sd L dia acrs line of progression trng up to 1/4 RF, cl R;*)
6 - Backup waltz; Man bk L, Bk R, cl L; (*Woman fwd L, fwd R, clo L;*)

7-12 2 Right turns;; Box-Semi;; Lace across; Forward waltz;

7-8 – Two right turns; MAN: Bk L commence up to 1/4 RF trn, cont trn sd R twd line of prog trng up to 1/4 RF, cl L; fwd R commence up to 1/4 RF trn, cont trn sd L dia acrs line of prog trng up to 1/4 RF, cl R; (WOMAN: Fwd R commence up to 1/4 RF trn, cont trn sd L dia acrs line of prog trng up to 1/4 RF, cl R; bk L commence up to 1/4 RF trn, cont trn sd R twd line of prog trng up to 1/4 RF, cl L;)

9-10 – Box – Semi; MAN: Fwd L, sd R, cl L; bk R, sd L, cl R; (WOMAN: Bk R, sd L, cl R; fwd L, sd R, cl L;)

11 – Lace across; MAN: W/man's L & woman's R hnds joined & passing behind woman moving dia acrs line of prog endg in LOP fcg line of prog fwd L, fwd R, cl L; (WOMAN: Passing in frnt of man undr joined hnds & moving dia acrs line of prog fwd R, fwd L, cl R;)

12 – Forward waltz; W/ lead hnds joined both fwd, fwd, cl;

13-16 Lace back; Forward waltz to face; Twirl vine 3; Thru face closed;

13 – Lace across; Repeat meas 11 part B w/man's R hnd & woman's L hnd joined;

14 – Forward waltz to face; Repeat meas 12 part B to end fcg wall;

15 – Twirl vine 3; Repeat meas 15 part A;

16 – Thru face close; MAN OR WOMAN: Fwd between partners with a reaching stp, sd in the dir of the free foot, cl free foot to supporting foot;

Part C

1-8 L Trng Box - BFLY;;; Bal L & R;; Twirl Vine 3; P/U to SCAR;

1-4 – Left turning box; MAN: Fwd L commence 1/4 LF trn, complete trn sd R, cl L; bk R commence 1/4 LF trn, complete trn sd L, cl R; fwd L commence 1/4 LF trn, complete trn sd R, cl L; bk R commence 1/4 LF trn, complete trn sd L, cl R; (WOMAN: Bk R commence 1/4 LF trn, complete trn sd L, cl R; fwd L commence 1/4 LF trn, complete trn sd R, cl L; bk R commence 1/4 LF trn, complete trn sd L, cl R; fwd L commence 1/4 LF trn, complete trn sd R, cl L) end in BFLY;

5-6 Balance left & right; MAN Beginning with L foot sd, behind R, in place L; (Woman Beginning with R foot sd, behind L, in place R;) Repeat steps in opposite direction;

7 – Twirl vine 3; Repeat meas 15 part A.

8 – Pickup to sidecar; Repeat meas 16 part A to end with woman on man's L sd in SCAR.

9-16 3 Progressive twinkles;; Manuver; 2 Right turns;; Canter twice;;

9-11 Progressive twinkles 3 times; Man start L crossing, sd R, cl L [BJO]; Start R crossing, sd L, cl R [SCAR]; Start L crossing, sd R, cl L [BJO] ; (Woman: Step bk R crossing, bk sd L, cl R; Step bk L crossing, bk sd R, cl L; Step bk R crossing, bk L, cl R;)

12 - Manuver; Repeat meas 8 part A.

13-14 – Right turn twice; Repeat meas 9-10 part A end fcg wall;;

15-16 – Canter twice; MAN OR WOMAN: Stp sd lead foot, drw free foot to supporting foot, cl;;

Repeat Part C end in BFLY

Repeat Parts A, B, C, C(BFLY) two times

Ending

1-3 Balance left and right–Closed;; Dip Center Twist With Leg Crawl;

1 – 2 Balance L & R; Repeat meas 5-6 part C end in CP.

3 – Dip COH twist w/leg crawl; Man stp bk L toward center w/ knee relaxed or slightly bent slight twist at waist do not over balance providing support to partner; (Woman stp fwd R, raise left leg along man's R leg lightly)