

# DREAM 'N FOXTROT

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Choreo: Jerry Buckmaster and Zodie Reigel  
4220 E. Alton Road, Oak Creek, Wisconsin 53154  
Record: Grenn 14219 / 14092 / 17120 / 17220 "Dream 'n Foxtrot"  
Artist: Al Russ Orchestra  
Footwork: Woman's Footwork Opposite Unless Noted  
Rhythm: Foxtrot RAL Phase: III (DIAM TRN and CHR & SLP)  
Sequence: Intro – A – B – C – A – B – End

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Speed: 2:23 @ 47 RPM  
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## INTRODUCTION

- 1-4 CP WALL wt 2 meas ; ;**  
1-2 CP WALL wait ; ;  
**BOX ; ;**  
3-4 [CP WALL – BOX] Fwd L , - , Sd R , Cl L ; Bk R , - , Sd L , Cl R ;

## PART A

- 1-16 VIN 3 ; THRU FC CL ; HVR ; MANUV ;**  
1-2 [CP WALL – VIN 3 & THRU FC CL] Sd L , - , XRIB , Sd L ; Thru R , - , Sd L to fc ptr , Cl R ;  
3-4 [CP WALL – HVR & MANUV] Fwd L , - , Fwd & Sd R rising , Sd & slightly fwd end in tight SCP ; Fwd R trng RF , - , Fwd & Sd L fin trn end CP RLOD , Cl R (Small Fwd L , - , Small Sd R , Cl L) ;
- SPN TRN ; ½ BOX BK ; FWD & RUN 2 ; FWD & RUN 2 ;**  
5-6 [CP RLOD – SPN TRN & ½ BOX BK] Bk L start RF upper body trn pivot ½ on L toe , - , Fwd & Rise R fin RF trn , Bk L (W Fwd L start RF upper body trn pivoting ½ heel to toe , - , Bk & Rise R fin RF trn , Brush Fwd L) ; Bk R , - , Sd L , Cl R ;  
7-8 [CP LOD – FWD & RUN 2 & FWD & RUN 2] Fwd L , - , Fwd R , Fwd L ; Fwd R , - , Fwd L , Fwd R ;
- 1 L TRN to FC RLOD ; BK & RUN BK 2 ; IMP to SCP ; PKUP SD CL to SCAR ;**  
9-10 [CP LOD – 1 L TRN to FC RLOD & BK & RUN BK 2] Fwd L start LF upper body trn , - , Sd & Bk R cont LF trn , Cl L ; Bk R , - , Bk L , Bk R ;  
11-12 [CP RLOD – IMP to SCP & PKUP SD CL to SCAR] Bk L start RF upper body trn bring R next to L no weight chg , - , trn slightly RF on L heel & chg weight to R heel and finish ¼ RF heel trn , Sd & Fwd L end tight SCP DLC (W Fwd R between M's feet pivoting ½ RF , - , Sd L cont RF trn , brush R to L then Fwd R completing RF trn) ; Small Fwd R trng slightly LF , - , Small Sd L , Cl R end CP LOD (W Fwd L trng LF moving in-front of M , - , Small Sd R fin trn end fcg RLOD in front of M , Cl L) ;
- X HVR to BJO ; X HVR to SCAR ; X HVR to SCP ; CHR & SLP ;**  
13-14 [SCAR DLW – X HVR to BJO & X HVR to SCAR] Fwd L with slight crossing action start LF trn , - , Fwd & Sd R rising and completing almost ¼ LF trn , Fwd L to BJO lowering to finish step (W Bk R with slight crossing action start slight LF trn , - , Bk & Sd L rising and completing almost ¼ LF trn , Bk R to BJO lowering to finish stp) ; Fwd R with slight crossing action start RF trn , - , Fwd & Sd L rising and completing almost ¼ RF trn , Fwd R to SCAR lowering to finish stp (W Bk L with slight crossing action start RF trn , - , Bk & Sd R rising and completing almost ¼ RF trn , Bk L to BJO lowering to finish stp) ;  
15-16 [SCAR DLW – X HVR to SCP & CHR & SLP] Fwd L with slight crossing action start LF trn , - , Fwd & Sd R rising and completing almost ¼ LF trn , Fwd L with slight RF body trn to SCP lowering to finish stp (W Bk R with slight crossing action start slight LF trn , - , Bk & Sd L rising and completing ¼ LF trn , trng RF fwd R to SCP lowering to finish the stp) ; Thru R slightly bending knee , - , Rec L with slight LF upper body trn , Slip R bhd L fin 1/8 LF trn end CP DLC (W Thru L slightly bending knee , - , Rec R no rise & swvl LF thighs locked , Fwd L) ;

## PART B

- 1-8 DIAM TRN to CP LOD ; ; ; ;**  
1-4 [CP LOD – DIAM TRN] Fwd L twd DLC , - , Sd R , Bk L twd DLW ; Bk R , - , Sd L , Fwd R twd DLW ; Fwd L twd DRW , - , Sd R , Bk L twd DRC ; Bk R , - , Sd L Blend to CP LOD , Fwd R ;
- PROG BOX ; ; 2 L TRNS to WALL ; ;**  
5-6 [CP LOD – PROG BOX] Fwd L , - , Sd R , Cl L ; Fwd R , - , Sd L , Cl R ;  
7-8 [CP LOD – 2 L TRNS to WALL] Fwd L start LF upper body trn , - , Sd & Bk R cont LF trn , Cl L ; Bk R start LF upper body trn , - , Sd & Bk L cont LF trn , Cl R ;

**1-8 BOX ; ; HVR ; THRU FC CL ;**

- 1-2 [CP WALL – BOX] Fwd L , - , Sd R , Cl L ; Bk R , - , Sd L , Cl R ;  
 3-4 [CP WALL – HVR & THRU FC CL] Fwd L , - , Fwd & Sd R rising , Sd & slightly fwd end in tight SCP ;  
 Thru R , - , Sd L to fc ptr , Cl R ;

**TWSTY VIN 4 to BJO CHKG ; FSHTL ; 2 L TRNS to WALL ; ;**

- 5-6 [CP WALL – TWSTY VIN 4 CHKG & FSHTL] Sd & Bk L , XRIB , Sd & Fwd L , XRIF (W Sd & Fwd R , XLIF , Sd & Bk R , XLIB) ; XLIB trng slightly LF (W RF) , Sd R trng ¼ RF (W LF) , Fwd L , XRIB (W XLIF) ;  
 7-8 [TIGHT BJO DLC – 2 L TRNS to WALL] Fwd L start LF upper body trn , - , Sd & Bk R cont LF trn , Cl L ;  
 Bk R start LF upper body trn , - , Sd & Bk L cont LF trn , Cl R ;

**ENDING****1-8 BOX ; ; DIP BK & HLD ; MANUV ;**

- 1-2 [CP WALL – BOX] Fwd L , - , Sd R , Cl L ; Bk R , - , Sd L , Cl R ;  
 3-4 [CP WALL – DIP BK & HLD & MANUV] Bk L relax L knee , - , Hld , - ; Fwd R trng RF , - , Sd L fin trn  
 end CP RLOD , Cl R (Bk L trng RF , - , Sd R fin trn end fcg LOD , Cl L) ;

**2 R TRNS to WALL ; ; SD DR CL ; SD CORTE ;**

- 5-6 [CP RLOD – 2 R TRNS to WALL] Bk L start trn RF , - , Sd R twd LOD cont RF trn , Cl L ; Fwd R start RF trn ,  
 Sd L twd LOD cont RF trn , Cl L ;  
 7-8 [CP WALL – SD DR CL & SD CORTE] Sd L , Draw R to L , Cl R , - ; Sd L relaxing L knee and trn to RSCP  
 leaving R leg extended , - , - ;

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## DREAM 'N FOXTROT

### QUICK CUES

**Intro: CP WALL wt 2 meas ; ;**

**BOX ; ;**

**Pt A: VIN 3 ; THRU FC CL ; HVR ; MANUV ;**

**SPN TRN ; ½ BOX BK ; FWD & RUN 2 ; FWD & RUN 2 ;  
 1 L TRN to FC RLOD ; BK & RUN BK 2 ; IMP to SCP ; PKUP SD CL to SCAR ;  
 X HVR to BJO ; X HVR to SCAR ; X HVR to SCP ; CHR & SLP ;**

**Pt B: DIAM TRN to CP LOD ; ; ;**

**PROG BOX ; ; 2 L TRNS to WALL ; ;**

**Pt C: BOX ; ; HVR ; THRU FC CL ;**

**TWSTY VIN 4 CHKG ; FSHTL ; 2 L TRNS to WALL ; ;**

**Pt A: VIN 3 ; THRU FC CL ; HVR ; MANUV ;**

**SPN TRN ; ½ BOX BK ; FWD & RUN 2 ; FWD & RUN 2 ;  
 1 L TRN to FC RLOD ; BK & RUN BK 2 ; IMP to SCP ; PKUP SD CL to SCAR ;  
 X HVR to BJO ; X HVR to SCAR ; X HVR to SCP ; CHR & SLP ;**

**Pt B: DIAM TRN to CP LOD ; ; ;**

**PROG BOX ; ; 2 L TRNS to WALL ; ;**

**End: BOX ; ; DIP BK & HLD ; MANUV ;**

**2 R TRNS to WALL ; ; SD DR CL ; SD CORTE ;**