



Dance The Mazurka

Choreographers:	Release date: November 2016
Annette & Frank Woodruff	Rhythm & Phase: Waltz II+1 (Whisk)
	Music: Dolce Visione (Mazurka), tr 11 of Prandi's Balli di Gara 36 (hard to find) - Mp3 available from choreographer.
Rue du Camp, 87 7034 Mons, Belgium Tel: 3265 73 19 40	Time & Speed: 2:24 @ unchanged speed
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	Sequence: Intro – ABCD – EE – A (1-14) – Ending

INTRODUCTION

1 - 2	Wait ;;	OP-FCG WALL wt 2 meas ;;
3	Apart Point ;	Apt L, pt R twd ptr, - ;
4	Together Touch to OP ;	Rec R trng to OP LOD, tch L, - ;

PART A

1 - 2	Forward Touch 2x ;;	Fwd L, tch R, - ; fwd R, tch L, - ;
3 - 4	2 Forward Waltzes ;;	Fwd L, fwd R, cl L ; fwd R, fwd L, cl R ;
5 - 6	Forward Touch 2x ;;	Fwd L, tch R, - ; fwd R, tch L, - ;
7	Forward Waltz ;	Fwd L, fwd R, cl L ;
8	Thru Face Close to BFLY ;	Thru R & trn to fc, sd L, cl R to BFLY WALL ;
9 - 10	Step Swing to LOD & to RLOD ;;	Sm sd L, swing Rif (<i>W Lif</i>) twd LOD, - ; sm sd R, swing Lif (<i>W Rif</i>) twd RLOD, - ;
11 - 12	Solo Turn 6 to BFLY ;;	Twd LOD fwd L trn away from ptr, sd R cont LF trn, cl L to SD-BY-SD RLOD ; bk R cont LF trn, sd L, cl R to BFLY WALL ;
13 - 14	Step Swing 2x ;;	Repeat meas 9-12 but end in SCP LOD ;;;;
15 - 16	Solo Turn 6 to SCP ;;	

PART B

1	Forward Brush ;	Fwd L, brush R against L, - ;
2	Pick up Touch ;	Sm fwd R ldg W in frt, tch L (<i>W fwd L stepg in frt of M & swvl LF to fc him, compg swvl tch R</i>) to CP LOD, - ;
3 - 4	2 L Turns to face WALL ;;	Fwd L stg LF upper bdy trn, contg trn sd & bk R, cl L to CP RLOD ; bk R stg LF upper bdy trn, contg trn sd & fwd L, cl R to CP WALL ;
5	Turn to SCP & Brush ;	Trng to SCP LOD fwd L, brush R against L, - ;
6	Manuver Touch ;	Trng RF fwd R in frt of W & swvl RF to fc her, compg swvl tch L to CP RLOD ;
7 - 8	2 R Turns to SCP ;;	Bk L trng RF, contg trn sd R, cl L to CP DLC ; fwd R twd LOD trng RF, contg trn sd L, cl R blendg to SCP LOD ;
9	Forward Brush ;	Repeat meas 1-6 Part B ;;;;
10	Pick up Touch ;	
11 - 12	2 L Turns to face WALL ;;	
13	Turn to SCP & Brush ;	
14	Manuver Touch ;	
15 - 16	2 ¼ R Turns to SCAR ;;	Bk L trng RF, contg trn sd R, cl L to CP COH ; fwd R twd DLC trng RF, contg trn sd L, cl R blendg to SCAR DLW ;

PART C

1 - 3	Twinkle 3x ;;;	XLif, trng LF sd R, cl L to BJO DLC ; XRif, trng RF sd L, cl R to SCAR DLW ; XLif, trng LF sd R, cl L to BJO DLC ;
4	Forward Touch ;	Fwd R, tch L, - ;
5 - 7	Twinkle Back 3x ;;;	XLib, trng RF sd R, cl L to SCAR DLW ; XRib, trng LF sd L, cl R to BJO DLC ; XLib, trng RF sd R, cl L to SCAR DLW ;
8	Back Touch to CP ;	Bk R trng LF to CP LOD, tch L, - ;
9	1 L turn;	Fwd L stg LF upper bdy trn, contg trn sd & bk R, cl L to CP RLOD ;
10	Back Touch ;	Bk R, tch L, - ;
11	1 R Turn ;	Bk L trng RF, contg trn sd R, cl L to CP LOD ;
12	Forward Touch ;	Fwd R, tch L, - ;
13 - 14	2 L Turns to face WALL ;;	Repeat meas 3-4 Part B ;;
15	Whisk ;	Fwd L, sd R, XLib ;
16	Pick Up Touch to Java Hold ;	Repeat meas 2 Part B to one-hand Java hold ; [It's a modified Closed Position: W's R hand is in the small of her back, held by M's R hnd. W's L'hnd is on M's R arm/shoulder just as in CP, M's L hnd is either in his trousers pocket or along his trousers seam at top of thigh level]

PART D

1 - 2	2 Forward Waltzes ;;	In Java hold fwd L, fwd R, cl L ; fwd R, fwd L, cl R ;
3 - 4	Forward Touch 2x ;;	Fwd L, tch R, - ; fwd R, tch L, - ;
5 - 6	Lady Rolls Out ;;	Very small steps almost in place L, R, L ; R, L, R ; [<i>W rolls out RF in 2 meas keepg R hnds jnd</i>]
7 - 8	Forward Touch, Back Touch ;;	Sm fwd L, tch R, - ; sm bk R, tch L, - ;
9 - 10	Lady Rolls In to CP ;;	Very small bk steps almost in place L, R, L ; R, L, R ; [<i>W rolls in LF in 2 meas then changes hold to normal CP</i>]
11	Dip Back ;	Bk L w/ soft knee, - , - ;
12	Recover Touch to Face ;	Trng ¼ RF rec R to CP WALL, tch L, - ;
13 - 16	Canter Twirl & Reverse ;;	Sd L, draw R, cl R (<i>W sd & fwd R beg RF spin undr jnd ld hnds, cont spin, cl L compg full RF spin</i>) ; sd L, draw R, - ; sd R, draw L, cl L (<i>W sd & fwd L beg LF spin undr jnd ld hnds, cont spin, cl R compg full LF spin</i>) ; sd R, draw L, - ;

PART E

1 - 8	Forward Touch & Back Turning ½ Box 4x ;;;;	Fwd L, tch R, - ; bk R trng ¼ LF, sd L, cl R ; Repeat meas 1-2 three times ;;;;
9 - 12	Vine 3 & Thru Touch 2x ;;	Sd L, XRib (<i>W XLib</i>), sd L ; thru R, tch L, - ; repeat meas 9-10 Part E ;;
13 - 14	Vine 6 ;;	Sd L, XRib (<i>W XLib</i>), sd L ; thru R, sd L, XRib ;
15 - 16	Canter 2x ;;	Sd L, draw R, cl R ; sd L, draw R, cl R ;

Repeat Part E and immediately turn to OP

Repeat Part A (1-14)

ENDING

1	Solo Roll 3 to OP ;	Twd LOD roll fwd L, sd & bk R, sd & fwd L to OP LOD ;
2	Forward Point ;	Fwd R, pt L fwd, - ;



The mazurka started in the 16th century as a Polish folk dance for a circle of couples and was originally characterized by light hops and heel clicks and traditionally danced to the music of a village band. The music is in $\frac{3}{4}$ or $\frac{3}{8}$ time with a forceful accent on the second or third beat. The dance, highly improvisatory, had no set figures although about 50 different steps existed. The music written for the dance is also called *mazurka*. Although the dance was quickly adopted at the Polish court, it remained a folk dance, eventually spreading to Russian and German ballrooms and by the 1830s also to England and France.

DANCE THE MAZURKA – Woodruff – WZ II+1 – PRANDI – 2:24**INTRO (4 meas)**

OP-FCG WALL Wait 2 ;; Apart Point ; Tog Tch to OP :

PART A (16 meas)

Fwd Tch 2x ;; 2 Fwd Waltzes ;;

Fwd Tch 2x ;; Fwd Waltz ; Thru Fc Cl to BFLY ;

Step Swing 2x ;; Solo Turn 6 to BFLY ;;

Step Swing 2x ;; Solo Turn 6 to SCP ;

PART B (16 meas)

Fwd Brush ; Pick Up Tch ; 2 L Turns to fc WALL ;;

Step to SCP & Brush ; Manuver Tch ; 2 R Turns to SCP ;;

Fwd Brush ; Pick Up Tch ; 2 L Turns to fc WALL ;;

Step to SCP & Brush ; Manuver Tch ; 2 ¼ R Turns to SCAR ;;

PART C (16 meas)

Twinkle 3x ;; Fwd Tch ; Twinkle Bk 3x ;; Bk Tch to CP ;

1 L Turn ; Back Tch ; 1 R Turn ; Fwd Tch ;

2 L Turns to fc WALL ;; Whisk ; Pick Up Tch to Java Hold ;

PART D (16 meas)

2 Fwd Waltzes ;; Fwd Tch 2x ;;

Lady Rolls Out ;; Fwd Tch ; Bk Tch ;

Lady Rolls In to CP ;; Dip Back ; Recover Tch to Fc ;

Canter Twirl & Rev ;;;

PART E (16 meas)

Fwd Tch & Bk Turning ½ Box 4x ;;;

Vine 3 ; Thru Tch ; Vine 3 ; Thru Tch ;

Vine 6 ;; Canter 2x ;;

PART E (16 meas)

Fwd Tch & Bk Turning ½ Box 4x ;;;

Vine 3 ; Thru Tch ; Vine 3 ; Thru Tch ;

Vine 6 ;; Canter 2x to OP;;

PART A (1-14)

Fwd Tch 2x ;; 2 Fwd Waltzes ;;

Fwd Tch 2x ;; Fwd Waltz ; Thru Fc Cl to BFLY ;

Step Swing 2x ;; Solo Turn 6 to BFLY ;;

Step Swing 2x ;;

ENDING (2 meas)

Solo Roll 3 to OP ; Fwd Pt ;