

# DANCE OF SUGAR

## From "The Nutcracker"

by Tchaikovski



**Choreo** : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN  
**Music** : Toshiba EMI TOCT-10769 CD Track 1 e-mail : d-doi@tcp-ip.or.jp  
available from choreographer on MP3 file [free] or MD [at cost]  
**Rhythm** : Single Swing Phase III + 2 [Sd brks, Pretzel trn] + 2 [M's chg R to L, M's chg L to R]  
**Sequence** : Intro - A - A - B - Int - A - B - Ending **Speed** : 44 MPM  
**Timing** : QQSS unless noted by side of measure **Footwork** : Opposite except where noted  
**Released** : Mar, 2006 Ver. 1.0

### INTRO

#### **1 - 4** WAIT;; APT PT; TOG TCH;

1-2 {Wait} OP Fcg Pos fc Wall lead ft free wait 2 meas;;  
SS 3 {Apart Point} Apt L,-, pt R twd ptr and lead hnd up & out,-;  
SS 4 {Together Touch} Tog R blend to CP,-, tch L to R,-;

### PART A

#### **1 - 8** SD TCH SD; CHG R TO L;; M's CHG R TO L;; BASIC RK;; FALLAWAY THROWAWAY;; SD BRKS;

QSS 1 {Side Touch Side} Sd L, tch R to L, sd R,-;  
2-3.5 {Change Places Right To Left} Trn to SCP rk bk L, rec R trn to fc ptr, sd L trn 1/4 LF,-; sd R,-  
(W trn to SCP rk bk R, rec L, fwd R twd LOD trn 1/2 RF under jnd lead hnds,-; sd & bk L,-)  
end LOP Fcg LOD,  
3.5-4 {M's Change Places Right To Left} Rk apt L, rec R; fwd L twd COH trn 1/2 LF under jnd lead  
hnds,-, sd & bk R,- (W rk apt R, rec L; fwd R trn 1/4 RF,-, sd L,-) end LOP Fcg Wall;  
5-6.5 {Basic Rock} Rk apt L, rec R, sd L,-; sd R blend to CP,-,  
6.5-7 {Fallaway Throwaway} Trn to SCP rk bk L, rec R; sd L trn 1/4 LF to fc LOD,-, sd R,-  
(W rk bk R, rec L; sd R trn 1/4 LF to fc ptr,-, sd & bk L,-) end LOP Fcg LOD;  
aSaS 8 {Side Breaks} Push L sd/push R sd,-, cl L/cl R,-;

#### **9 - 16** CHG L TO R;; M's CHG L TO R;; LINK RK;; R TRNG FALLAWAY 2X & PT;:::

9-10.5 {Change Places Left to Right} Rk apt L, rec R, sd L trn 1/4 RF,-; sd R,- (W rk apt R, rec L,  
fwd R trn 3/4 LF under jnd lead hnds,-; sd L,-) end LOP Fcg Wall;  
10.5-11 {M's Change Places Left To Right} Rk apt L, rec R; fwd L trn 3/4 RF under jnd lead hnds,-,  
sd R,- (W rk apt R, rec L; sd R trn 1/4 LF,-, sd L,-) end LOP Fcg LOD;  
12-13.5 {Link Rock} Rk apt L, rec R, sm fwd L blend to CP trn 1/4 RF,-; sd R,- end CP Wall,  
13.5-16.5 {Right Turning Fallaway Twice} Trn to SCP rk bk L, rec R trn to fc; comm trn RF sd L,-,  
cont trn sd R,- end CP COH; repeat meas 13.5-14 end CP Wall;;  
S -16 {Point} Pt L sd,-;

### **REPEAT PART A**

“Dance Of Sugar”

(Continued)

**PART B**

**1 - 8 RK REC SWIVEL 4;,,, RK THE BOAT 2X;,,, PRETZEL TRN;,,,**

- QQSSSS 1-3.5 {Rock Recover Swivel 4} Trn to SCP rk bk L, rec R, swivel RF on R almost to fc ptr fwd & sd L [swivel in],-; swivel LF on L still in SCP fwd R [swivel out],-, swivel in L,-; swivel out R,-,
- SSSS 3.5-5.5 {Rock The Boat Twice} Fwd L with straight knee lean fwd,-; with rocking action relax knee cl R lean bk,-, Repeat meas 3.5-4.5;,,,
- QQSS 5.5-8 {Pretzel Turn} In SCP rk bk L, rec R trn to fc ptr; sd L trn 1/2 RF to bk-to-bk keep lead hnds jnd low,-, sd R trn 1/4 RF keep jnd hnds low behind bks,-; rk fwd L with trail hnds extended fwd,-, rec R trn 1/4 LF to bk-to-bk,-; sd L trn 1/2 LF to fc ptr,-, sd R,- end Bfly Wall;

**9 - 18 APT REC SAND STEP 2X;,,, BASIC RK;,: CHG HNDS BEHIND BK;,,  
APT REC MERENGUE PASS 3X;,,,**

- QQSS 9-12.5 {Apart Recover Sand Step Twice} Rk apt L, rec R, swivel RF on R tch L toe to instep of R,-; SSSS swivel LF on R tch L heel to instep of R,-, swivel RF on R XLIF,-; swivel LF on L tch R toe to instep of L,-, swivel RF on L tch R heel to instep of L,-; swivel LF on L XRIF,- end Bfly Wall,
- 12.5-13 {Basic Rock} Repeat meas 5-6.5 Part A end Bfly Wall,;;
- 14-15.5 {Change Hands Behind Back} Rk apt L, rec R, fwd L comm trn LF chg W's R hnd to his R hnd,-; sd & bk R cont trn move W's R hnd behind his bk to his L hnd,- (W rk apt R, rec L, fwd R comm trn RF,-; sd & bk L cont trn,-) end LOP Fcg COH,
- QQSS 15.5-18 {Apart Recover Merengue Pass 3} Rk apt L, rec R; release jnd lead hnds comm chg sides SSSS M behind W twd COH (W twd Wall) push edge of ball of L sd remain wgt on R,-, hip roll on R CCW shift wgt to L cl R,-; twd DLC (W twd DLW) repeat L,-, R,-; twd LOD (W twd LOD) to fc ptr repeat L,-, R,- end CP Wall;

**INTERLUDE**

**1 - 4 L TRNG FALLAWAY 2X;,: RK REC PT;**

- 1-3 {Left Turning Fallaway Twice} Trn to SCP rk bk L, rec R trn to fc, sd L comm trn LF,-; cont trn sd R,- end CP COH, repeat meas 1-2.5 end CP Wall,;;
- QQS 4 {Rock Recover Point} Trn to SCP rk bk L, rec R trn to CP, pt L sd,-;

**REPEAT PART A**

**REPEAT PART B**

**END**

**1 - 9+ CHG R TO L;,, M's CHG R TO L;,: BASIC RK;,, FALLAWAY RK;,:  
RK REC SWIVEL 5 & CHAIR;,,,**

- 1-2.5 {Change Places Right To Left} Repeat meas 2-3.5 Part A;,,
- 2.5-3 {M's Change Places Right To Left} Repeat meas 3.5-4 Part A;,,
- 4-5.5 {Basic Rock} Repeat meas 5-6.5 Part A;,,
- 5.5-6 {Fallaway Rock} Trn to SCP rk bk L, rec R; sd & fwd L,-, trn RF to RSCP sd & fwd R,-;
- QQSS 7-9+ {Rock Recover Swivel 5 & Chair} Trn to SCP rk bk L, rec R, swivel in L,-; swivel out R,-, SSSS swivel In L,-; swivel out R,-, swivel in L,-; lunge thru R with bent knee look LOD,-,