

BREATHLESS

Choreographers: Gus & Lynn DeFore, 2206 Briarfield St., Camarillo, CA 93010 (805) 482-0882
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CD: THE CORRS / DREAMS / THE ULTIMATE CORRS COLLECTION – R2 100679 -- Track 7
Footwork: Opposite unless noted Released August-15-2007 SPEED: Slowed Eight (8) percent
Rhythm/Level: Cha Cha – Phase IV
Sequence: INTRO A B C Int A B C D B C(1-11) END

INTRO

{BK TO BK FCG CNTR} WAIT 2 MEAS ;; UNWIND ; AIDA ; TRIPLE CHA's BACK ; SWITCH ROCK ; {BFLY WALL}

1-6 Wait 2meas Bk to Bk M fcg CNTR Rt ft behind left ;; Unwind trng RF to fc ptr (W trng LF) on "Leave Me Breathless"
 Change wgt to Left ft in BFLY Wall; [AIDA] Thru R trng LF, sd L, trng RF bk R/lk L, bk R to BK TO BK V;
 [TRIPLE CHA's BACK] Bk L/lk R, bk L, bk R/lk L, bk R;
 [SWITCH ROCK] Trng LF to fc ptr in BFLY sd L chking bring jnd hnds thru, rec R, sd L twds LOD/ cls R, sd L;

{BFLY WALL} SPOT TRN TO LEFT HND STAR ; UMBRELLA TRNS ;;; {BFLY WALL}

7-11 [SPOT TRN TO LEFT HND STAR] XRIF trng LF, fwd L, sip cont trng R/cl L, R to LEFT HND STAR fcg RLOD
 (W XLIF trng RF, fwd R to fc wall, SIP & cont trng RF L/cl R, L to LEFT HND STAR fcg LOD);
 [UMBRELLA TRNS] In left hnd star Rk fwd L, rec R, bk L/cl R, bk L (W rk bk R, rec L, fwd R trng LF 1/2
 to fc RLOD/cl L, bk R join R hnds in front of man's chest); Maintain both hnds jnd rk bk R, rec L, fwd R/cl L, fwd R
 (W rk bk L, rec R, fwd L trng RF 1/2 to fc LOD/cl R, fwd R join L hnds in left hnd star); In left hnd star Rk fwd L,
 rec R, bk L/cl R, bk L (W rk bk R, rec L, fwd R trng LF 1/2 to fc RLOD/cl L, bk R join R hnds in front of man's chest);
 Maintain both hnds jnd rk bk R, rec L, trng LF 1/4 sd R/cl L, sd R to fc ptr & wall (W rk bk L, rec R, trng ¼ RF
 to fc ptr sd L/cl R, sd L to end in BFLY Wall);

PART A

{BFLY WALL} FWD BASIC ; CRAB WLKS ;; SPOT TRN ; SHLDR TO SHLDR ; SHLDR TO SHLDR ; {BFLY WALL}

1-6 [FWD BASIC] Fwd L, rec R, sd L/cl R, sd L; [CRAB WLKS] In BFLY XRIF, sd L, XRIF/sd L, XRIF; Sd L, XRIF, sd L/cl R, sd L;
 [SPOT TRN] In BFLY XRIF trng LF, fwd L cont trng LF, sd R/cl L, sd R to end in BFLY fcg ptr & wall;
 [SHLDR TO SHLDR] XLIF to bfly SCAR (W XRIB), rec R, sd L/cl R, sd L to end in BFLY wall;
 [SHLDR TO SHLDR] XRIF to bfly BJO (W XLIB), rec L, sd R/cl L, sd R to end in BFLY wall;

{BFLY WALL} BREAK BK TO OP ; SWIVEL 2 &a CHA ; {OP LOD}

7-8 [BREAK BK TO OP] Bk L trng LF to fc LOD (W bk R) rec R to fc LOD, fwd L/cl R, fwd L;
 [SWIVEL 2 &a CHA] in OP LOD fwd R swiveling LF, fwd L swiveling RF, fwd R/ cls L, fwd R ending in OP LOD;

PART B

{OP LOD} SLIDING DOOR LADY ROLL ACROSS ; SLIDING DOOR LADY ROLL ACROSS ; CIR AWAY & TOG ;;

1-4 [SLIDING DOOR with ROLL ACROSS] OP LOD Rk aprt L, rec R, XLIF/ sd R, XLIF (W Rk aprt R, rec L trng LF to fc COH,
 cont trng LF across in front of M sd R/cl L, sd R trng LF to end on M's Left sd fcg LOD);
 [SLIDING DOOR with ROLL ACROSS] OP LOD Rk aprt R, rec L, XRIF/ sd L, XRIF (W Rk aprt L, rec R trng RF to fc WALL,
 cont trng RF across in front of M sd L/cl R, sd L trng RF to end on M's Rt sd fcg LOD);
 [CIR AWAY] Circle away LF from ptr twd COH fwd L, fwd R, fwd L/cls R, fwd L (W cir away RF twds WALL);
 [CIR TOG] Cont LF trn cir twd ptr & wall fwd R fwd L, fwd R/ cls L, fwd R to end in BFLY wall (W cir RF twds COH & ptr);

{BFLY WALL} FENCE LN RLOD ; CRAB WALKS ;; SPOT TRN ; {BFLY WALL}

5-8 [FENCE LINE] Cross lunge thru RLOD L with bent knee looking twd RLOD, rec R, sd L/cl R, sd L;
 [CRAB WLKS] In BFLY XRIF, sd L, XRIF/sd L, XRIF; Sd L, XRIF, sd L/cl R, sd L;
 [SPOT TRN] Repeat action of meas 4 part A;

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PART C

{BFLY WALL} FWD BASIC ; FAN ; HOCKEY STICK OVRTRN ;; TRIPLE CHA'S FWD ; {RT HNDSHK FCG REV}

1-5 [FWD BASIC] Fwd L, rec R, sd L/cl R, sd L ; [FAN] Bk R, rec L, sd R/cl L, sd R (W Fwd L, sd R trn LF 1/4, bk L/lk R, bk L, end fcg RLOD); [HOCKEY STICK OVRTRN] Fwd L, rec R, sip L/cl R, L (W cl R, fwd L, fwd R/cl L fwd R); Bk R, rec L, sd R/cl L, sd R trng ¼ RF to fc RLOD in Rt Hndshk (W fwd L, fwd R trng ½ LF to fc LOD, bk L/cl R, bk L to end in Rt Hndshk); [TRIPLE CHA FWD] Chng hnds (W Chng hnds) Fwd L/cl R, fwd L, chng hnds to Rt Hndshk fwd R/cls L, fwd R;

{RT HNDSHK} RK FWD REC TRIPLE CHA'S BACK ;; UNDERARM TRN ; TIME STEP RLOD ; TIME STEP LOD ; {BFLY WALL}

6-10 [RK FWD REC TRIPLE CHA'S BACK] In Rt Hndshk M fcg RLOD (W fcg LOD) Rk fwd L, rec R, bk L/cls R, bk L; Chng hnds (W chng hnds) Bk R/cl L, bk R, Chng hnds to Rt Hndshk Bk L/cls R, bk L; [UNDERARM TRN] In Rt Hndshk XRIB, sd L trng LF ¼ to fc wall, sip R/cls L, R to end in Rt Hndshk fcg WALL (In Rt Hndshk W under jnd raised hnds over W's head fwd L trng ¾ RF, fwd R/cls L, sd R end fcg ptr & COH); [TIME STEP] Release jnd hnds then extend arms out XLIB (W XRIB), rec R re-crossing arms in front, sd L/cl R, sd L; [TIME STEP] While extending arms out XRIB (W XLIB), rec L re-crossing arms in front, sd R/cl L, sd R to BFLY wall;

{BFLY WALL} FWD BASIC ; NEW YORKER LOD in 4 ; {BFLY WALL}

11-12 [FWD BASIC] Fwd L, rec R, sd L/cl R, sd L; [NEW YRKR in 4] Rk thru R to LOP LOD, rec L to fc, sd R, sip L to BFLY wall;
NOTE: Third time thru part C end at meas 11 in BFLY wall with R ft free.

INTERLUDE

{BFLY WALL} AIDA ; TRIPLE CHA'S BACK ; SWITCH ROCK ; SPOT TRN ; {BFLY WALL}

1-4 [AIDA] Repeat action of meas 4 & 5 of the INTRO;; [SWITCH ROCK] Repeat action of meas 6 of the INTRO;
 [SPOT TRN] Repeat action of meas 4 part A;

PART D

{BFLY WALL} AIDA ; TRIPLE CHA'S BACK ; SWITCH ROCK ; SPOT TRN TO LEFT HND STAR ; {FC REV}

1-4 [AIDA] Repeat action of meas 4 of the INTRO; [TRIPLE CHA'S BACK] Repeat action of meas 5 of the INTRO;
 [SWITCH ROCK] Repeat action of meas 6 of the INTRO; [SPOT TRN TO LEFT HND STAR] Repeat action of meas 7 of INTRO;

{LEFT HND STAR FCG REV} UMBRELLA TRNS ;;; BREAK BK TO OP ; SWVL 2 &a CHA ; {OP LOD}

5-10 [UMBRELLA TRNS] Repeat action of meas 8 thru 11 of INTRO;;; [BREAK BK TO OP] Repeat action of meas 7 of part A; [SWIVEL 2 &a CHA] Repeat action of meas 8 of part A;

ENDING

{BFLY WALL} NEW YORKER LOD ; NEW YORKER RLOD ; CRAB WLKS ; SPOT TRN ; {BFLY WALL}

1-5 [NEW YORKER LOD] Rk thru R to OP LOD, rec L to fc, sd R/cls L, sd R; [NEW YORKER RLOD] Rk thru L to LOP RLOD, rec R to fc, sd L/cls R, sd L; [CRAB WLKS] Repeat action of meas 2 & 3 of part A ; [SPOT TRN] Repeat action of meas 4 part A;

{BFLY WALL} FENCE LN RLOD ; FENCE LN LOD ; VN 2 &a CHA ; POINT REV , {BFLY WALL}

6-8+ [FENCE LINE RLOD] Cross lunge thru RLOD L with bent knee looking twd RLOD, rec R, sd L/cl R, sd L to end in BFLY wall;
 [FENCE LINE LOD] In BFLY cross lunge thru LOD R with bent knee looking twd LOD, rec L, sd R/cl L, sd R to end in BFLY wall;
 [VN 2 &a CHA] In BFLY sd L XRIB, sd L/cls R, sd L ;
 [POINT REV] In BFLY point R and look twds REV (W point L and look twds REV) ,