DELUSION TANGO ARGENTINO

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Phase IV Argentine Tango

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CD: Tango Argentino (Orchestra Tango Cafe) Track 8 Delusion @ 102%

INTRO A INTERLUDE B INTERLUDE B INTERLUDE MODIFIED A MODIFIED END

INTRO

- -; (W S S)

4 MAN EMBRACE - LADY EMBRACE -; taking his wt slightly fwd twd the ball of his RF the M's R --; arm embraces the W - taking her wt slightly fwd to the ball of her LF the W's L arm embraces the M -; now in CP Argentine style fcng LOD

PART A

- 1-4 DBL, START -; LA SALIDA (QQS) -; WK 2 -; TANGO, CLOSE, -;
- 1 DOUBLE START -; LF to sd small step with part wt, return wt to RF bring LF twd RF then, QQS LF to sd a wider step than the W preparing to step outside in BJO -; (W RF to sd small step with part wt, return wt to LF bring RF twd LF then, RF to sd a smaller step than the M -;)
- 2 LA SALIDA -; BJO/LOD with slight body trn to right on LF bring RF twd LF then RF fwd, LF qus fwd in line with RF, slight body trn to left as RF closes to LF -; (W BJO/bkng LOD slight body trn to right on RF bring LF twd RF then LF bk, RF bk, slight body trn to left as LF crosses in front of RF -: without rise knees soft)
 - 3 WK 2 -; continue slight body trn to left and blending to CP LF fwd RF fwd -; (W slight body trn to left to release RF from behind LF in CP RF bk - LF bk -;)
 - 4 TANGO CLOSE -; LF fwd, RF to sd, LF closes to RF -; CP/LOD

QQS

- 5-8 BK, SENTADA, L -; and, R, -; SLO PKUP M CL -; TRNG TGO PASS -; RC
- 5 BK, SENTADA L -; trning slightly left RF bk, LF to sd fc almost DC, continuing body rotation QQ-slightly loosen R arm and lower softening L knee to form a chair for the W -;
- (W QQS+) (W trng slightly left LF fwd, RF to sd continuing rotation to left, place LF beh RF lower into left knee as though sitting on M's left knee -/flick RF up like a figure 4, knees close tog;)
 - 6 AND R -; on LF rising and trng body to right to lead W out of the Sentada, RF to sd fc almost
- --S
 DW cont right face rotation, lower into R knee to form a chair for the W-;
 (W QQS+)
 (W rising trng right face RF fwd small step, continuing rotation to right LF to sd small step fcng M, cont right face rotation and place RF beh LF close to M's RF lower into right knee as though sitting on M's right knee -/flick LF up like a figure 4, knees close tog;)
 - 7 SLO PKUP M CL -; trng slightly left lead W out of the Sentada take wt to LF with slight body S S rise - RF closes to LF - ; CP fcng DC
 - (W S-) (W LF fwd small step trng left to CP hold -; optional tap twice of RF while waiting QQ no weight)
 - **TRNG TANGO PASS -;** CP/DC like a diamond turn LF fwd, RF to sd preparing to lead W outside, LF bk in BJO bkng DW -; end BJO facing DC RLOD
 - 9-12 BK, SENTADA, L-; and, R,-; SLO PKUP M CL-; TRNG TGO PASS-; DW repeat meas 5 8 to dance the SENTADAS fcng RLOD-; -; the SLO PKUP M CL-; facing RW and the TRNG TANGO PASS to BJO fcng DW-;

- 13-16 RF - START -; WK - to -; the CROSS - SLO -; TANGO - CLOSE -;
 - RF START -: trng to left and blending to CP RF bk LF to sd a wider step than the W 13
 - preparing to step outside in BJO -; fcng LOD SS(W blending to CP and trng to left LF fwd - RF to sd a smaller step than the M-;)
- 14 151/2 WK - TO -; THE CROSS - BJO/LOD with slight body trn to right on LF bring RF twd LF then RF
 - fwd in BJO LF fwd in line with RF in BJO -; slight body trn to left RF closes to LF BJO/LOD SSS(W BJO/bkng LOD slight body trn to right on RF bring LF twd RF then LF bk - RF bk in line with LF-; slight body trn to left as LF crosses in front of RF knees soft -)
- 1/215 16 SLO -; TANGO - CLOSE -; slight left face body trn to uncross the W's RF and blending to CP LF fwd -; RF to sd - LF closes to RF -; CP/LOD (W slight body trn to left to release RF from behind LF RF bk -; LF to sd - RF closes to LF -;)
- RF START -: WK to -: the CROSS SLO -: TANGO DRAW -: 17 - 20
- 17 191/2 repeat meas 13 - 151/2
- 1/19 20 SLO -: TANGO - DRAW -: slight left face body trn and blending to CP LF fwd -: RF to sd -
 - SSSLF beside RF no weight -; CP/LOD

INTERLUDE

- DBL START to SCP /COH-; PKUP REV, TRN; CORTE REC -; TRNG, TGO, CL-;LOD 1 - 4
 - DOUBLE START TO SCP/COH-; (modified Dbl Start) LF to sd small step with part wt, return
- QQS wt to RF bring LF twd RF then, LF to sd twd COH in SCP -;
 - **PKUP** RF thru pkng up W to CP/COH **Rev,Trn**; trng left LF fwd, RF to sd and sl bk; bkng COH (W LF thru pking up to CP **Rev,Trn**; trng left RF bk, LF heel closes to R heel;)
- SQQ
 - CORTE REC -: LF bk upper body trn to L as lower on LF transfer wt fwd to RF -: CP/Wall
- SS(W RF fwd upper body trn to left as lower on RF - transfer wt bk to LF -:)
- TRNG TANGO CLOSE -; trng left moving twd Wall LF fwd, RF to sd, LF closes to RF -; CP/LOD
- oos (W trng left RF bk, LF to sd, RF closes to LF -;)
- <opt -QQQ>

PART B

- RF START -; WK to -; the CROSS SLO -; TANGO DRAW -; 1-4
 - RF START -; RF bk LF to sd a wider step than the W preparing to step outside in BJO -; 1
- SS(W LF fwd - RF to sd a smaller step than the M -;)
- 2 31/2 WK - TO -; THE CROSS - BJO/LOD with slight body trn to right on LF bring RF twd LF then RF
- fwd in BJO LF fwd in line with RF in BJO -; slight body trn to left RF closes to LF BJO/LOD SSS(W BJO/bkng LOD slight body trn to right on RF bring LF twd RF then LF bk - RF bk -; slight body trn to left LF crosses in front of RF knees soft -)
- SLO -; TANGO DRAW -; continue slight body trn to left to release W's RF and blending to CP 1/23 - 4
- LF fwd -; RF to sd LF beside RF no weight -; CP/LOD SSS (W slight body trn to left to release RF from behind LF RF bk -; LF to sd - RF beside LF no weight -;)
 - DBL START -; LA SALIDA QQS -; EL OCHO PKNG UP -; TANGO CLOSE -; 5-8
 - DOUBLE START -; LF to sd small step with part wt, return wt to RF bring LF twd RF then.
- LF to sd a wider step than the W preparing to step outside in BJO -; QQS (W RF to sd small step with part wt, return wt to LF bring RF twd LF then, RF to sd a smaller step than the M -;)
- LA SALIDA -; BJO/LOD with slight body trn to right on LF bring RF twd LF then RF fwd, LF
- fwd in line with RF, slight body trn to left as RF closes to LF -; QQS (W BJO/bkng LOD slight body trn to right on RF bring LF twd RF then LF bk, RF bk, slight body trn to left as LF crosses in front of RF -; without rise knees soft)

- 7 EL OCHO PKNG UP -; keeping feet in place slight body trn to left to uncross W's RF then with
- S S body trn to right lead W to step RF fwd in BJO then to swivel on her RF to SCP/LOD still keeping feet in place and with body trn to left lead W to step LF fwd then to swivel on her LF to CP/DW -; (W RF fwd in BJO collect LF beside RF then swivel on the ball of the RF R heel off but close to
 - (W RF fwd in BJO collect LF beside RF then swivel on the ball of the RF R heel off but close to floor to SCP/LOD LF fwd collect RF beside LF then swivel on the ball of the LF L heel off but close to floor to CP -;)
- 8 TANGO CLOSE -; LF fwd, RF to sd, LF closes to RF -; trng to CP/LOD

QQS

- 9-12 RF START -; WK to -; the CROSS SLO -; TANGO DRAW -;
- **9-12** repeat Part B meas 1 4
- 13-16 DBL START -; LA SALIDA QQS -; EL OCHO PKNG UP -; TANGO DRAW -;
- **13-15** repeat Part B meas 5 7
 - 16 TANGO DRAW -; LF fwd, RF to sd, LF beside RF no weight -; CP/LOD

QQS

- Repeat 1-4 INTERLUDE no optional timing
- Repeat 1-16 PART B
- Repeat 1-4 INTERLUDE MODIFIED repeat INTERLUDE except Meas 4 TRNG, TGO, DRAW-; to LOD

PART A MODIFIED

- 1-5 DBL START -; LA SALIDA M TRANS/TCH -; SLO OCHO LIFT & TAP -; 3 -times-;- -;
 - 1 DOUBLE START -; LF to sd small step with part wt, return wt to RF bring LF twd RF then, LF
- QQS to sd a wider step than the W preparing to step outside in BJO -;
 (W RF to sd small step with part wt, return wt to LF bring RF twd LF then, RF to sd a smaller step than the M -;)
 - 2 LA SALIDA -; BJO/LOD with slight body trn to right on LF bring RF twd LF then RF fwd, LF
- QQ- fwd in line w RF, slight body trn to left bring RF beside LF no wt-; transition to RF free for both (W BJO/bkng LOD slight body trn to right on RF bring LF twd RF then LF bk, RF bk, slight body trn to left as LF crosses in front of RF -; without rise knees soft)
 - 3 W RF FWD TO 1ST SLO OCHO WITH LIFT AND TAP -; slight body trn to left to uncross W's
- S RF keeping feet in place and with body trn to right lead W to her 1st Fwd Ocho staying on LF slide RF rightwards until the outside of M's RF tchs W's L toe, blocking her path -; now in wide SCP/LOD but M looking twd W
- (W S-) (W RF fwd twd RLOD in BJÖ, collect LF to RF then swivel right face on ball of RF foot flat but heel close to floor after M's block W lift L knee up brushing front of LF L toes pointed down softly against outside of M's R calf and pass LF over M's RF no weight -;)
 - W LF FWD TO 2ND SLO OCHO WITH LIFT AND TAP -; still on LF lead W to Fwd Ocho on her
 RF- slide RF leftwards until the inside edge of M's RF tchs W's R toe, blocking her path -; now in wide BJO/LOD looking twd W
- (W S -) (W LF fwd twd LOD in SCP, collect RF to LF then swivel left face on ball of LF L foot flat but heel close to floor after M's block W lift R knee up brushing front of RF R toes pointed down softly against inside of M's R calf and pass RF over M's RF no weight -;)
 - W RF FWD TO 3RD SLO OCHO WITH LIFT AND TAP -; still on LF with body trn to right lead
 W to Fwd Ocho slide RF rightwards until the outside of M's RF tchs W's L toe, blocking her path -; now in wide SCP/LOD still looking twd W
- (W S-) (W RF fwd twd RLOD in BJO, collect LF to RF then swivel right face on ball of RF foot flat but heel close to floor after M's block W lift L knee up brushing front of LF L toes pointed down softly against outside of M's R calf and pass LF over M's RF no weight -;)
 - 6-8 PKUP MAN CL ; WK 2 ; TANGO CLOSE ;
 - 6 PKUP MAN CL -; still on LF with body trn to left lead W to Fwd Ocho but pkng up CP/DW-
 - S RF closes to LF ; CP/DW
- (W S-) (W LF fwd small step trng left on ball of LF foot flat to CP hold -; optional tap twice of RF while waiting QQ no weight)

7 WK - 2 -; curving to LOD LF fwd - RF fwd -;

SS

8 TANGO CLOSE -; LF fwd, RF to sd, LF closes to RF -;

QQS

- 9 12 BK, SENTADA, L -; and, R, -; SLO PKUP M CL -; TRNG TGO PASS -; RC repeat meas 5 8 Part A
- 13 16

 BK, SENTADA, L -; and, R, -; SLO PKUP M CL -; TRNG TGO PASS -; DW repeat meas 9 12 to dance the SENTADAS fcng RLOD -; -; the Slo Pkup M Cl -; facing RW and the Trng Tango Pass to BJO fcng DW-;
- 17-20 RF START -; WK to -; the CROSS SLO -; TANGO CLOSE -; repeat meas 13 16 Part A

END

- 1-4 RF START -; WK to -; the CROSS QK CHECK FWD, REC; BK LEG CRAWL -.
- 1 3½ RF START -; WK TO -; THE CROSS repeat Part A meas 13 15½
 - ½3 CHECK FWD, REC; blending to CP LF fwd checking, transfer wt to RF;
 - 4 BK LEG CRAWL . LF bk in Corte action leave right leg extended body trn left to invite W's Leg Crawl.
- (W S-) (W RF fwd Corte action trng left on RF release LF L toe ptd down and lift L knee up on against outside of M's R leg.)

La Salida - to exit or to go out - as in going forward to dance after one of the STARTS

La Sentada - to sit - as on a chair

El Ocho - the number eight - the pattern made on the floor when dancing two Walk/Swivel actions

An Introduction to ARGENTINE TANGO

There are many approaches to the teaching of the Argentine Tango, and this is just one of them. **THE BASIC CONSTRUCTION** has 3 Sections: **1.** a START; **2.** a MIDDLE SECTION; and **3.** a RESOLUTION. One example of The Basic Construction is a sequence of 8 steps, sometimes called THE 8 COUNT BASIC or THE RIGHT FOOT BASIC commencing with the Man's RIGHT foot, all Slow.

1	<u>Position</u>	Count	<u>Man</u>	<u>Cued as</u>	<u>Lady</u>
	CP/LOD	(S)	1. RF back	RF START	1. LF forward
		(S)	2. LF to side		2. RF to side
2.	BJO/LOD	(S)	3. RF forward	WALK TO THE CROSS	3. LF back
		(S)	4. LF forward		4. RF back
		(S)	5. RF closes to LF		5. LF crosses in front of RF
3.	CP/LOD	(S)	6. LF forward	SLOW TANGO CLOSE	6. RF back
		(S)	7. RF to side		7. LF to side
		(S)	8. LF closes to RF		8. RF closes to LF
	to repeat				

The following is a variation and extension of the BASIC CONSTRUCTION, commencing with the Man's LEFT foot. Note that the content of each of the 3 Sections had changed. Note too the timing changes.

DOUBLE START (QQS-); LA SALIDA (QQS-); WALK 2 (S-S-); TANGO DRAW (QQS-);

1.	<u>Position</u>	Count	<u>Man</u>	<u>Cued as</u>	Lady
	CP/LOD	(Q)	1. LF to side part wt	DOUBLE START	1. RF to side part weight
		(Q)	2. replace wt to RF		2. replace weight to LF
		(S)	3. LF to side		3. RF to side
2.	BJO/LOD	(Q)	1. RF forward	LA SALIDA	1. LF back
		(Q)	2. LF forward	(QQS to the Cross)	2. RF back
		(S)	3. RF closes to LF		3. LF crosses in front of RF
	CP/LOD	(S)	1. LF forward	WALK 2	1. RF back
		(S)	2. RF forward		2. LF back
3.	CP/LOD	(Q)	1. LF forward	TANGO DRAW	1. RF back
		(Q)	2. RF to side		2. LF to side
		(S)	3. LF draws to RF		3. RF draws to LF, no weight
	to repeat				

The two RESOLUTIONS or FINISHES, the **TANGO CLOSE** (ending with Man's RF free) and the **TANGO DRAW** (ending with Man's LF free) are interchangeable, to allow the correct foot to be free for either one of the two STARTS, the **RF START** or the **DOUBLE START**.

If dancing the Argentine Tango in a small space, the RF START, the TANGO CLOSE, and the TANGO DRAW may all be turned to the left, about a 1/4, or more, or less, cued as TURNING RF START or TURNING TANGO CLOSE or TURNING TANGO DRAW.

Argentine Tango often uses Spanish words for the cues. A few are:

LA SALIDA - to go out. As in dancing forward after one of the STARTS.

OCHO - eight. Two Walk/Swivel actions, danced by Man or Lady, tracing a figure eight pattern on the floor.

SENTADA - to sit as on a chair. The Lady slightly lowers into either her RF or LF (as though sitting) and lifts or flicks the free foot.