

# DIAMONDS ARE FOREVER

**Music:** The New Cascading Strings John Gregory  
[www.cduniverse.com/](http://www.cduniverse.com/) Cascading Strings  
Track # 13 Time 2:42  
Also on [www.minilogs.com](http://www.minilogs.com)  
James Bond-007 Opening Sequences  
Available from choreographer

**Rhythm:** Rumba **Phase:** V

**Footwork:** Opposite except where (Noted)

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**Sequence:** **INTRO AA B AB END**



## INTRO

### 01-04 CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} CP WALL ld ft free wt 4 meas ; ; ; ;

### 05-08 BASIC 1/2 INTO A FULL NATURAL TOP ; ; ; ;

{Basic 1/2 Into a Full Natural Top} Fwd L, rec R, sd L trng RF (*W bk R, rec L, fwd R btw M's ft*) to CP RLOD, -; Cont RF trn XRib, compg 3/4 RF trn sd L, XRib (*W sd L, XRif btw M's ft, sd L*) to CP WALL, -; Cont RF trn sd L, XRib, cont RF trn sd L (*W XRif, cont RF trn sd L, XRif*), -; XLib, cont RF trn sd R, cls L (*W cont RF trn sd L, XRif, cls L*) end to CP WALL, -;

## PART A

### 01-04 ALEMANA INTO A LARIAT 3/ M TURN to FC ; ; ; SIDE WALK 3 :

{Alemana Into a Lariat 3/M Turn to Fc} Fwd L, rec R, cl L to R (*W bk R, rec L, fwd & sd R to l-sd of M*), -; Bk R, rec L, sd R (*W fwd XLif turn RF, fwd R cont turn, sd L to bjo M*), -; Rk bk L, rec R, sd L trng 1/2 LF on last stp to fc W and COH (*W circ CW arnd M passing R shldr stepping fwd R,L, w/ jnd ld hnds passing ovr M's hd to fc LOD then swvl 1/4 RF on R to fc M and WALL*), -; {Sd Walk 3} Sd R, cl L, sd R, -;

### 05-08 REVERSE UNDERARM TURN ; WHIP to WALL ; AIDA to RLOD ; SWITCH ROCK :

{Reverse Underarm Turn} Raisg jnd ld hnds XLif, rec R, sd L (*W XRif undr jnd ld hnds trng LF 1/2. rec L contg LF trn to fc ptr, sd R*) to BFLY COH, -; {Whip to WALL} Bk R trng 1/4 LF, rec L trng 1/4 LF, sd R (*W fwd L reachg in frt of M startg LF trn, fwd & sd R contg LF trn to fc M, sd L*) to BFLY WALL, -; {Aida to RLOD} Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -;

### 09-10 NEW YORKER TWICE ; ;

{New Yorker x 2} XLif (*W XRif*) to LOP, rec R to fc ptr, sd L, -; XRif (*W XLif*) to OP, rec L to fc ptr, sd R, -;

## PART B

### 01-04 CROSS BODY/W SPIRAL & r-hndshk ; ; TRADE PLACES TWICE ; ;

{Cross Body/W Spiral} Fwd L, rec R, sd & bk L trng 1/4 LF (*W bk R, rec L, fwd R spiraling 7/8 LF under joined ld hands*) to "L" CP M fcg RLOD W fcg WALL, -; Bk R contg LF trn, rec L comp LF trn to CP WALL, sd R (*W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L*) to r-hndshk COH, -; {Trade Places x 2} With r-hnds jnd rk apt L, rec R trng 1/4 RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & WALL stepping sd & bk L twd COH (*W rk apt R, rec L trng 1/4 LF to fc LOD front of M then rel jnd R hnds, cont LF trn to fc ptr & COH stepping sd & bk R twd WALL*) joining l-hnds, -; With l-hnds jnd rk apt R, rec L trng 1/4 LF to fc LOD beh W then rel jnd l-hnds, cont to trn LF to fc ptr & COH stepping sd & bk R twd WALL (*W rk apt L, rec R trng 1/4 RF to fc LOD in front of M then rel jnd l-hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd COH*), -;

**05-10 FENCE LINE ; THRU SERPIENTE ; ; M ROLL ACROSS ; W ROLL ACROSS ; WHIP to WALL ;**

**{Fence Line}** XLif w/ bent knee, rec R, sd L, -; **{Thru Serpiente}** Thru R, sd L, XRib (*W XLib*), flare L CCW (*W CW*); XLib (*W XRib*), sd R, thru L, flare R CCW (*W CW*); **{M Roll Across}** Fwd R begin RF trn, sd & fwd L Xif of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W Fwd L, R, L*), -; **{W Roll Across}** Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xif of M cont trn, fwd & sd R*) to ½ OP DLC w/ lead arms extended to sd, -; **{Whip}** Repeat meas 6 Part A;

**ENDING**

**01-04 BASIC 1/2 INTO A FULL NATURAL TOP ; ; ; ;**

**{Basic to a Full Natural Top}** Repeat meas 5,6,7 & 8 Intro ; ; ; ;

**05-10 CUDDLE TWICE & r-hndshk ; ; FLIRT to TANDEM ; ; SWEETHEART ; CHECK THRU & HOLD ;**

**{Cuddle x 2 & r-hndshk}** Sd L, rec R, cl L placing R hnd on W's L shldr blade (*W trng ½ RF bk R with R arm out to sd, rec L trng ½ LF, sd R plcg R hnd on M's L shldr*), -; Sd R, rec L, cl R placing L hnd on W's R shldr blade (*W trng ½ LF bk L with L arm out to sd, rec R trng ½ RF, sd L plcg L hnd on M's R shldr*) & r-hndshk, -; **{Flirt to Tandem}** Fwd L, rec R, sd L (*W bk R, rec L, fwd R, swvl 1/2 LF*) to VARS WALL; Bk R, rec L, sd R (*W bk L, rec R, sd L slidg if of M*) relg hnds to L-TANDEM WALL, -; **{Sweetheart}** Chk Fwd L & look at ptr, rec R, sd L w/ lead arms out to sd & trail arms extended fwd (*W Bk R & look at ptr, rec L, slidg if of M sd R*), -; **{Chk Thru & Hold}** Chk Fwd R & look at ptr, w/ lead arms extended fwd & trail arms out to sd, Hold;