<u>Diana</u>

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MUSIC: "Diana" by Paul Anka Avaliable From Walmart Music

Downloads Speed – (Slow To Suit)

RHYTHM & PHASE:**Phase V +2+1 Jive** (Chopper/Roling Off Arms) (Freshman Chase)

Foot Work Opposite Except Where Noted

SEQUENCE: INTRO, A, B, Brg, C, AM, END Released July 2007 / Revised Optional Beginning Blfy Wall Lead Feet Free Wait 2 Measures (Start with Chasse L & R)

INTRO

- 1-8 WAIT; Unwind LF CP Wall; Chasse L & R; Link To Whip Turn Fc Wall;;
 - Neck Slide; Fc LOD Join Lead Hnds; Kick Ball Chg 2X;
- 1 [WAIT] Wait 1 Measure Bk to Bk Slightl V position man's R Ldy's L shoulders touching Hnds crossed at chest Lead Ft hooked behnd Trailing Ft Trailing Ft Free
- 2 [Unwind LF CP Wall] Unwind LF Loose CP Wall;
- **3** [Chasse L & R] Sd L/Cl R, Sd L, Sd R/Cl L, Sd R;
- 4-5 [Link To Whip Trn Fc Wall] Rk Apt L, Recover R Comm RF Trn, Small Fwd Chasse L/R, Completing 1/4 RF Trn To CP Fc RLOD; XRIB L Toe Turned Out Commence Trning RF, Sd L Continue RF Trn Chasse Sd R/Cl L, Sd R Complete 1 full RF Trn;
- [Neck Slide Fc LOD Join Lead Hnds] With Both Hnds Joined Fcg Partner & Wall Rk Bk L, Recover R Raising Joined hnds Up & Ovr Partner's Heads, Fwd L/Cl R To L, Fwd L Releasing Hld & Placing R hnd To Rest On Partner's Right Shoulder Ending Ldy On Man's Right Sd; Wheel 1/2 RF Fwd R, Fwd L Continue RF Trn Allowing R hnd To Slide Down Partner's Arm, Fwd R Trning 1/4 RF To Fc LOD/Cl L to R, Small Step Sd R To Join Lead Hnds (With Both Hands Joined Fcg Partner & Cntr Of Hall Rk Bk On R, Recover L Raising Joined Hnds Up & Ovr Partner's Heads, Fwd R/Cl L To R, Fwd Right Releasing Hnd Hld & Placing R Hnd To Rest On Partner's R Shoulder Ending Man On Ldy's R Sd; Wheel 1/2 RF Fwd R, Fwd L Continue RF Trn Allowing R Hnd To Slide Down Partner's Arm, Fwd L Trng 1/4 RF To Fc Reverse LOD/Cl R, Sd L to join Lead Hnds);
- **8 [Kick Ball Chg 2X]** kick L foot Fwd/Take Weight On Ball Of That Foot, Replace Weight On Other Foot, Repeat

PART A

- 1-8 Chicken Wlks 2 Slo 4 Qk;; Chg Hnds Behnd Bk Fc RLOD;,, She Go He Go Fc LOD,,; Chg L To R Fc Wall;,, Amer Spin,,;
- **1-2** [Chicken Wlks 2 Slo 4 Qk] Bk L,-, Bk R,-; Bk L, Bk R, Bk L, Bk R;
- 2-3½ [Chg Hnds Behnd Bk Fc RLOD] Rk Bk L, Recover R, Slightly Fwd L/Cl R, Fwd L Commence 1/4 LF Trn; Slightly Sd & Bk R/Cl L, Sd R Complete 1/4 LF Trn To Fc Partner RLOD,
- [She Go He Go Fc LOD] Rk Apt L, Recover R, Fwd L/Cl R, Fwd L Trng RF 1/8 To 1/4 To Look At Ldy's Bk; Fwd R Trng LF 5/8 To 3/4 Trn Under Joined Lead Hnds/Cl L, Sd R To End Fcg Partner, (Rk Apt R, Recover L, Fwd R Trning LF 1/2 Under Joined Lead Hnds/Cl L, Fwd R Complete LF Trn; Sd L/Cl R, Sd L To End Fcg Partner,)
- [Chg L To R Fc Wall] Rk Bk L, Recover R, Sd L/Cl R, Sd L Commence 1/4 RF Trn; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Fwd R/Cl L, Fwd R Commence Up To 3/4 LF Trn Under Joined Lead Hnds; Sd L/Cl R, Sd L Complete LF Trn To Fc Partner,

- 61/2-8 [Amer Spin] Rk Bk [Or Apt] On L, Recover R, Sd L/Cl R To L, Sd L; Sd R/Cl L To R, Sd R, (Rk Bk [Or Apt] On R, Recover L, Sd R/Cl L To R, Sd R Spinning RF One Full Trn; Sd L/Cl R To L, Sd L,)
- 9-16 Strt R Trng Falway & Glide To The Sd 2X;;;; Rk Pretzel Trn w Dbl Rk & Rk Rec ;;;;
- 9-12 [Strt R Trng F/A & Glide To The Sd 2X] Rk Bk L In SCP, Recover R, Fwd & Sd L Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg COH; Trvlg Down LOD Sd R, XLIF R, Sd R/Cl L, Sd R; Rk Apt L, Recover R, Fwd & Sd L Blending To CP & Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg Wall; Travlg Down RLOD Sd R, XLIF R, Sd R/Cl L, Sd R;
- [Rk To Pretzel Trn w/Dbl Rk & Rk Rec] Rk Bk L, Recover R Trng R To Fc Partner, Sd L/Cl R, Sd L Trng 1/2 RF Keeping Man's L & Ldy's R Hnds Joined [Partners Are In A Bk To Bk Position]; Sd R/Cl L, Sd R Trng Up To 1/4 RF [Partners Are In A Bk To Bk "V" Position With Man's L & Ldy's R Hnds Joined behnd Bks], Rk Fwd L Crossing In Front To LOD With Right Hnd Extended Fwd Recover, Fwd Recover; R Trng Up To 1/4 LF, Sd L/Cl R, Sd L Trng 1/2 LF To Fc Partner Still Retaining Man's L & Ldy's R Hnds, Sd R/Cl L, Sd R, Rk Bk L, Recover R;
- 17-20 <u>2 Fwd Tripls</u>; <u>Swvl 4</u>; <u>2 Fwd Tripls</u>; <u>Throway Fc LOD</u>;
- **17 [2 Fwd Tripls]** Fwd L, CL/R Fwd L, Fwd R, CL Fwd R;
- **18** [Swvl 4] Stay Semi (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R, (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R:
- **19 [2 Fwd Tripls]** Fwd L, CL/R Fwd L, Fwd R, CL Fwd R;
- **20 [Throway Fc LOD]** Sd L/Cl R, Sd L, Sd R/Cl L, Sd R Commence Up To 1/4 LF Trn On Chasses (Pick Up R/L, R, Sd & Bk L/Cl R, Sd L Commence Up To 1/2 Trn On The Chasses);

PART B

- 1-8 Rolling Off The Arm S/H Fc LOD;; Chg L To R To Tandem ,; Catapult ;,, Shldr Shove ;,, Chg Hnds Behnd Bk Fc RLOD,;
- **1-2** [Rolling Off The Arm S/H Fc LOD] Bk L, Recover Right, 3 Small Steps Turning 1/4 RF Fwd L/Fwd R, Fwd L; Wheel 2 Trng 1/2 RF Fwd R, Fwd L, 3 Small Steps Trng 1/4 RF Fwd R/Cl L, Fwd R (Bk R, Recover L, 3 Steps Trng 1/4 LF Fwd R/Fwd L, Fwd R; Wheel 2 Trng 1/2 RF Bk L, Bk R, In Place Commencing RF Trn L/R, Fwd L Completing 1 Full RF Trn);
- **2-3½** [Chg L To R To Tandem LOD(Man In Frnt)] Rk Bk L, Recover R, Sd L/Cl R, Sd L; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Trn LF Under Joined R Hnds Fwd R/Cl L, Fwd R, Bk L/R, L,) End Both Partners Fcg LOD Man In Front
- **[Catapult]** Fwd L, Recover R, In Place L/R, L; In Place R/L, R, (Rk Bk R, Recover L, Fwd R Commence RF Trn/Sd L Continue RF Trn, Spin RF On R; In Place L/R, L To Fc Partner,
- **5-6½ [Shidr Shove]** Rk Apt L, Recover R Trng RF, Sd L/Cl R, Sd L Toward Partner Bringing Man's L & Ldy's R Shidr Together Trng LF To Fc Partner; Bk R/Cl L, Bk R,
- [Chg Hnds Behnd Bk Fc RLOD] Rk Bk L, Recover R, Slightly Fwd L/Cl R, Fwd L Commence 1/4 LF Trn; Slightly Sd & Bk R/Cl L, Sd R Complete 1/4 LF Trn To Fc Partner,
- 9-16 Windmill 2X;;; Span Arms;,, Chg L To R Fc Wall,,; Amer Spin & Kick Ball Chq;;
- **1-3** [Windmill 2X] Rk Bk L, Recover R Starting 1/4 LF Trn, Fwd L In Front/Cl R, Fwd L Completing 1/4 LF Trn; Sd R Starting 1/4 LF Trn/Cl L, Sd R Completing 1/4 LF Trn, Rk Bk L, Recover R Starting 1/4 LF Trn; Fwd L In Front/Cl R, Fwd L Completing 1/4 LF Trn, Sd R Starting 1/4 LF Trn/Cl L, Sd R Completing 1/4 LF Trn;
- [Span Arms] Rk Bk L, Recover R Trng RF, Sd L/Cl R, Sd L Continuing RF Trn; Sd R/Cl L, Sd R, (Rk Bk R, Recover L Trng 1/4 LF, Sd R/Cl L, Sd R Trng 3/4 RF; Sd L/Cl R, Sd L,)

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- **14½-6** [Chg L To R Fc Wall] Rk Bk L, Recover R, Sd L/Cl R, Sd L Commence 1/4 RF Trn; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Fwd R/Cl L, Fwd R Commence Up To 3/4 LF Trn Under Joined Lead Hnds; Sd L/Cl R, Sd L Complete LF Trn To Fc Partner,)
- **6-71/2** [Amer Spin] Rk Bk [or apart] On L, Recover R, Sd L/Cl R Sd L, Sd R/Cl L, Sd R; (Rk Bk [or apart] On R, Recover L, Sd R/Cl L To R, Sd R Spinning RF One Full Turn; Sd L/Cl R To L, Sd L,)
- 71/2-8 [Kick Ball Chg] kick L foot Fwd/Take Weight On Ball Of That Foot, Replace Weight On Other Foot,

Brg

1-4 Link To Whip Turn ;; Neck Slide; Fc LOD Join Lead Hnds ;

- **1-2 [Link To Whip Trn]** Rk Apt L, Recover R Comm RF Trn, Small Fwd Chasse L/R, Completing ¼ RF Trn To CP Fc RLOD; XRIB L Toe Turned Out Commence Trning RF, Sd L Continue RF Trn Chasse Sd R/Cl L, Sd R Complete 1 full RF Trn;
- [Neck Slide Fc LOD Join Lead Hnds] With Both Hnds Joined Fcg Partner & Wall Rk Bk L, Recover R Raising Joined hnds Up & Ovr Partner's Heads, Fwd L/Cl R To L, Fwd L Releasing Hld & Placing R hnd To Rest On Partner's Right Shoulder Ending Ldy On Man's Right Sd; Wheel 1/2 RF Fwd R, Fwd L Continue RF Trn Allowing R hnd To Slide Down Partner's Arm, Fwd R Trning 1/4 RF To Fc LOD/Cl L to R, Small Step Sd R To Join Lead Hnds (With Both Hands Joined Fcg Partner & Cntr Of Hall Rk Bk On R, Recover L Raising Joined Hnds Up & Ovrr Partner's Heads, Fwd R/Cl L To R, Fwd Right Releasing Hnd Hld & Placing R Hnd To Rest On Partner's R Shoulder Ending Man On Ldy's R Sd; Wheel 1/2 RF Fwd R, Fwd L Continue RF Trn Allowing R Hnd To Slide Down Partner's Arm, Fwd L Trng 1/4 RF To Fc Reverse LOD/Cl R, Sd L to join Lead Hnds);

PART C

- 1-8 Chg L To R To Freshman Chase ;; Chasse 7 Endg ; Tripl Whip Trn Fc Cntr ;;; Chopper ;;
- 1-2 [Chg L To R To Freshman Chase] Rk Bk L, Recover R, Triple Sd L/R, L Trng RF ½ To Fc RLOD (Ldy Trng LF Under Joined Hnds To End Fcg Man); Fwd R/L, R Trng ¼ LF Fc Wall [Right Hand Star], Trng RF ½ Fcg COH L,/R L [Left Hand Star];
- 3 Q&Q&Q&Q [Chasse 7 Endg] Trng ½ LF [With Fwd Body Pressure Left Elbow Held Close To Hip & R Hnd On Lady's R Hip Fwd & Sd Towards Ldy], Sd R/Cl L, Sd R/Cl L, Sd R/Cl L, Sd R; [Lady Offers Resistance Toward Man As She Moves Towards RLOD]
- **4-6 [Tripl Whip Trn Fc Cntr]** Rk Bk L, Recover R, Fwd & Sd L Blending To CP & Commencing RF Trn/Cl R Continuing Trn, Sd & Bk L Continuing Trn To Fc RLOD; XRIB L Continuing Trn, Sd L Continuing Trn To Fc Cntr, XRIB L Continuing Trn, Sd L Continuing Trn Fc Cntr, Sd R/Cl L, Sd R To End CP COH;
- **7-8 [Chopper]** In Place L/R, L, Spinning Full Trn RF In Place R/L, R; In Place L/R, L, Spinning Full Trn RF In Place R/L, R; (Spin Full Trn LF In Place R/L, R, In Place L/R, L; Spin Full Trn LF In Place R/L, R, In Place L/R, L;)

PART A Mod

- 1-8 Basic Rk;,, Chg R To L Fc RLOD,,; Stop & Go;; She Go He Go Fc LOD;,, Chg L To R To Fc Wall ,,;
- 0-11/2 [Basic Rk] Rk Apt L, Recover On R, Sd L/Cl R, Sd L; Sd R/Cl L, Sd R,
- 11/2-3 [Chg R To L Fc RLOD] Rk Bk L To Semi-Cl Position, Recover R, Sd L/Cl R, Sd L Commence 1/4 LF Trn; Sd & Fwd R/Cl L, Sd R,(Rk Bk R To Semi-Cl Position, Recover L, Sd R/Cl L, Fwd R Commence 3/4 RF Trn Under Joined Lead Hnds; Sd & Slightly Bk L/Cl R, Sd & Bk L,)

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- [Stop & Go] Rk Bk L, Recover R, Fwd L/Cl R, Fwd L [Man Catches Ldy With R Hnd On Ldy's L Shoulder Blade At End Of Triple To Stop Her Movement]; Rk Fwd R, Recover L, Small Bk R/Cl L, Bk R; (Rk Bk R, Recover L, Fwd R Commence 1/2 LF Trn/Cl L, Bk R Complete 1/2 LF Trn Under Joined Hnds To End At Man's R Sd; [Man Catches Ldy With R Hnd On Ldy's L Shoulder Blade At End Of Triple To Stop Her Movement] Rk Bk L, Recover R, Fwd L Commence 1/2 RF Trn/Cl R, Bk L Complete 1/2 RF Trn Under Joined Hnds To End Fcg Man;)
- **5-6½** [She Go He Go Fc LOD] Rk Apt L, Recover R, Fwd L/Cl R, Fwd L Trng RF 1/8 to 1/4 To Look At Ldy's Bk; Fwd R Trng LF 5/8 To 3/4 Trn Under Joined Lead Hnds/Cl L, Sd R To End Fcg Partner, (Rk Apt R, Recover L, Fwd R Trng LF 1/2 Under Joined Lead Hnds/Cl L, Fwd R Complete LF Trn; Sd L/Cl R, Sd L To End Fcg Partner,)
- [Chg L To R Fc Wall] Rk Bk L, Recover R, Sd L/Cl R, Sd L Commence 1/4 RF Trn; Sd R/Cl L, Sd R,(Rk Bk R, Recover L, Fwd R/Cl L, Fwd R Commence Up To 3/4 LF Trn Under Joined Lead Hnds; Sd L/Cl R, Sd L Complete LF Trn To Fc Partner,

9-16 Strt R Trng Falway & Glide To The Sd 2X;;;; Rk Pretzel Trn w Dbl Rk & Rk Rec

- 9-12 [Strt R Trng F/A & Glide To The Sd 2X] Rk Bk L In SCP, Recover R, Fwd & Sd L Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End iIn LOP Fcg Man Fcg COH; Trvlg Down LOD Sd R, XLIF R, Sd R/Cl L, Sd R; Rk Apt L; Recover R, Fwd & Sd L Blending T CP & Commencing RF Trn/Cl R Continuing Trn, Sd L Continuing Trn & Releasing From CP To End In LOP Fcg Man Fcg Wall; Travlg Down RLOD Sd R, XLIF R, Sd R/Cl L, Sd R;
- 13-16 [Rk To Pretzel Trn w/Dbl Rk & Rk Rec] Rk Bk L, Recover R Trng R To Fc Partner, Sd L/Cl R, Sd L Trng 1/2 RF Keeping Man's L & Ldy's R Hnds Joined [Partners Are In A Bk To Bk Position]; Sd R/Cl L, Sd R Trng Up To 1/4 RF [Partners Are In A Bk To Bk "V" Position With Man's L & Ldy's R Hnds Joined behnd Bks], Rk Fwd L Crossing In Front To LOD With Right Hnd Extended Fwd Recover, Fwd Recover; R Trng Up To 1/4 LF, Sd L/Cl R, Sd L Trng 1/2 LF To Fc Partner Still Retaining Man's L & Ldy's R Hnds, Sd R/Cl L, Sd R, Rk Bk L, Recover R;

17-20 <u>2 Fwd Tripls</u>; <u>Swvl 4</u>; <u>2 Pt Stps</u>; <u>Chasse L & R</u>;

- 17 [2 Fwd Tripls] Fwd L, CL/R Fwd L, Fwd R, Cl L Fwd R;
- **18** [Swvl 4] Stay Semi (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R, (Swvl Ldy LF) Sd L, (Swvl Ldy RF) Thru R;
- **19-19 [2 Pt Stps]** Point L Fwd With Outside Edge Of Foot In Floor Contact, Fwd L, Point R Thru With Outside Edge Of Foot In Floor Contact In Line With Weighted Foot, Fwd R;
- 20-20 [Chasse L & R] Repeat Intro Meas 3

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END

1-4 Chg R To L;,, CHG L To R Fc Wall,,; Slo XIF & Unwind To Bk/Bk w Crossed Arms (Looking Over Shoulders At Each Other);

- **O-1½ [Chg R To L]** Rock Bk L to Semi-Closed Position, Recover R, Sd L/Cl R, Sd L Commence ¼ LF Trn; Sd & Fwd R/Cl L, Sd R,(Rock Bk R To Semi-Closed Position, Recover L, Sd R/Cl L, Fwd R Commence ¾ RF Trn Under Joined Lead Hnds; Sd & Slightly Bk L/Cl R, Sd & Bk L,
- 11/2-3 [CHG L To R] Rk Bk L, Recover R, Sd L/Cl R, Sd L Commence 1/4 RF Trn; Sd R/Cl L, Sd R, (Rk Bk R, Recover L, Fwd R/Cl L, Fwd R Commence Up To 3/4 Trn Under Joined Lead Hnds Sd L/Cl R, Sd L Complete LF Trn to Fc Partner,)
 - 4 [Slo XIF & Unwind RF to Bk/Bk] Slo XLIF of R,-, Unwind RF To Bk/Bk w/Crossed Arms Looking Over Man's R (Ldy's L) Shoulders,-;