

DIRTY LOW DOWN AND BAD

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CHOREO: Stefan & Ilona Lankuttis
ADDRESS: Igelweg 8, 65428 Rüsselsheim, Germany
PHONE: +49 - 6142-8339392 **WEBSITE:** www.ilona-lankuttis.de
E-MAIL: Ilona.Lankuttis@ecta.de
MUSIC: Dirty low down and bad, Artist: Keb Mo, CD:Keb Mo , or download from I-Tunes, 3:08 @download speed
RHYTHM: Westcoast Swing
PHASE (+): V+0+1 unph (R SD Pass w/Tuck & Twirl)
FOOTWORK: opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO A A B A1-8 C B-MOD END**

MEAS.

1-6

INTRO

WAIT; QUICK CHICKEN WKS 4; SUGAR PUSH ~ LEFT SD PASS;;;KICK/BALL CHANGE 2X;

LOP Man fc LOD both Lead feet free – wait for the counts **a 1 2 a 1 2 3 -**

- 1 Wait;
- 2 Quick Chicken wks 4:bk L, bk R, bk L, bk R (Swvl RF fwd R, swvl LF fwd L, swvl RF fwd R, swvl LF fwd L);
- 3 Sugar Push: Bk L, bk R, tap L, fwd L; sm bk R/ rec slightly fwd L, slightly bk R (Fwd R, fwd L, tap R in bk, bk R; sm bk L/rec slightly fwd R, slightly bk L,) ~
- 3,5-5 L SD Pass: Bk L trng ¼ LF, cl R; Sip L/R, fwd L trn LF, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L comm LF trn; Sd R/XLIF cont LF trn, sd & bk R comp ½ LF trn, sm bk L/rec slightly fwd R, slightly bk L);
- 6 Kick/ball chng 2x: Kick L fwd/cl L on ball of ft, sip R, repeat (W kick R fwd/cl R on ball of ft, sip L, repeat) LOP fcg RLOD;

7-9

MAN UNDERARM TURN ~ UNDERARM TURN;;;

- 7 M Underarm Turn: Bk L, fwd & sd R twd W's L sd raising jnd ld hnds comm RF trn und jnd ld hnds, sd L/bk & sd R, fwd L jn R hnds (Fwd R, fwd L comm LF trn, sd R cont trn/XLIF cont trn, sd & bk R to fc jn R hnds); Sm bk R/rec slightly fwd L, slightly bk R (Sm bk L/rec slightly fwd R, slightly bk L) fcg LOD ~
- 7,5-9 Underarm Turn: Bk L, raising jnd ld hnds XRIF comm RF trn; sd L/cl R, sd & fwd L comp ½ RF trn, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L comm LF trn und jnd ld hnds; Sd R cont trn/XLIF cont trn, sd & bk R comp ½ LF trn, sm bk L/rec slightly fwd R, slightly bk L) LOP fcg RLOD;

10-14

TUCK & SPIN ~ LEFT SD PASS W/TUCK & SPIN;;; QUICK CHICKEN WKS 6 & POINT;;;

- 10 Tuck & Spin: Bk L, bk R, Tch L, fwd L release hnds for W's spin; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L, Tch R, trn RF fwd R spin RF to fc M; sm bk L/ rec slightly fwd R, slightly bk L), ~
- 10,5-12 L SD Pass w/Tuck & Spin: Bk L trng ¼ LF, sm bk R to get out of slot; Tap L to R, fwd L leading W to trn RF, sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L trng L fc; tch R to L, trng RF fwd R trng RF ½, sm bk L/rec slightly fwd R, slightly bk L) LOP fcg LOD;
- 13-14 Quick chicken wk 6 & point: bk L, bk R, bk L, bk R; bk L, bk R, pt sd L, -; (Swvl RF fwd R, swvl LF fwd L, swvl RF fwd R, swvl LF fwd L; swvl RF fwd R, swvl LF fwd L, pt sd R, -) fc LOD;

1-5

PART A

WHIP TURN;; LEFT SD PASS to HDSHK ~ SUGAR PUSH TO TANDEM;;;

- 1-2 Whip Trn: Bk L, rec fwd & sd R moving to W's R sd trng ¼ RF to loose CP, sd L trng ¼ RF/fwd R, sd & fwd L fc RLOD (Fwd R, fwd L trng ½ RF to CP fc LOD, bk R/cl L, fwd R between M's feet); Trng ½ RF XRIB, fwd L to LOP fcg pos LOD, sm bk R/rec slightly fwd L, slightly bk R (Trng ½ RF fc RLOD bk L, bk R, sm bk L/rec slightly fwd R, slightly bk L);

- 3 L SD Pass to Hdshk: repeat meas 3,5 – 4 of Introduction to R Hdshk fc RLOD;;
 3,5-5 Sugar Push to Tandem: Bk L, bk R, tap L, fwd Lcomm trng LF; finish trng ¼ LF sm bk R/ rec slightly fwd L, slightly bk R fcg diag LOD/WALL (Fwd R, fwd L, tap R in bk, bk R; sm bk L/in plc R, L);
- 6-8** **R SIDE PASS W/TUCK & TWIRL ~ FACE LOOP SUGAR PUSH;;;**
 6 R SD Pass w/Tuck & Twirl: w/R hds joined Sd L raise hds ldg W fwd, rec R ldg W fwd to swvl LF, Tap L, ldg W to twirl sd & fwd L fc LOD; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L comm swvl LF ¼ on L, tch R, trng RF fwd R twirl RF ½ to fc M; sm bk L/rec slightly fwd R, slightly bk L) LOP fcg LOD ~
 6,5-8 Face Loop Sugar Push: Bk L, bk R raise jnd R hnds ovr M's head to bk of neck L hnd to W's R hip; tap L, fwd L, in plc R/L, R (Fwd R, fwd L slight RF trn; tap RIB, bk R slide R hnd dwn M's L arm, sm bk L/in plc R, L) LOP fcg LOD;
- 9-12** **WRAPPED WHIP;; TUCK & TWIRL ~ KICK BALL CHANGE;;**
 9-10 Wrapped Whip: Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng ¼ RF, bring M's L & W's R hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd; XRIB trng RF release M's R & W's L hnds, trng RF to fc LOD sd & fwd L, in plc R/L, R (Fwd R, fwd L, fwd R/cl L, bk R; Bk L, bk R, in plc L/R, L);
 11-12 Tuck & Twirl w/Kick Ball chng: Bk L, bk R, tch L start raising joined Lead hds, fwd L leading W's twirl under joined hnds; sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L, Tch R, trn RF fwd R spin RF under joined Lead hds to fc M; sm bk L/ rec slightly fwd R, slightly bk L), kick L fwd/cl L on ball of ft, sip R (Kick R fwd /cl R on ball of ft, sip L) fcg LOD;
- REPEAT PART A*
- PART B**
- 1-4** **SIDE WHIP;; UNDERARM TURN W/KICK BALL CHANGE;;**
 1-2 Side Whip: Bk L, rec R trng 1/4 RF to "L" pos, point L sd twd LOD, hold; Hold, fwd L leading W to fc, to LOP LOD sm bk R/rec slightly fwd L, slightly bk R (Fwd R, fwd L trng ½ RF, bk R/cl L, fwd R; Fwd L, fwd R trng ½ LF, sm bk L/in plc R, L);
 3-4 Underarm Turn: repeat meas 7,5 – 9 of INTRO and meas 11,5 of Part A;; fcg RLOD
- 5-8** **SIDE WHIP;; CHICKEN WKS 2 SLOW 4 QUICK;;**
 5-6 Side Whip: repeat meas 1 & 2 of Part B;;
 7-8 Chicken wks: bk L, -, bk R, - (Swvl RF fwd R, -, swvl LF fwd L, -); repeat meas 2 of INTRO;
- REPEAT PART A MEAS 1-8 fcg RLOD*
- PART C**
- 1-6** **UNDERARM TURN TO TRIPLE TRAVELER W/ROLL ~ LEFT SIDE PASS;;; ;;**
 1-4,5 Underarm trn to triple travel w/ roll: Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc COH joining R hnds palm to palm (Fwd R, L, R/XLif, bk R twd LOD passing M und jnd hnds trng LF ¾ on last stp to fc WALL); Sd chasse R/L, sd & fwd R starting RF trn, pushing lightly w/ R hnds fwd L, fwd R rolling RF 1½ to fc WALL joining L hnds palm to palm; Sd chasse L/R, sd L & fwd trng ½ LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng ½ RF chg to L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining ld hnds to fc LOD & ptr; sm bk R/rec slightly fwd L, slightly bk R (Sd chasse L/R, sd & bk L trng RF, roll L, R to L palms fcg COH; Sd chasse R/L, bk R trng ½ LF to R palms, sd chasse L/R, bk L trng RF to L palms; Sd chasse R/L, bk R comm LF roll, Fwd L, bk R to fc M joining ld hnds; Anchor L/R, L fcg RLOD) ;;;;,
 4,5-6 L Side Pass: repeat meas 3,5 – 5 of INTRO,;

7-12 **UNDERARM TURN TO TRIPLE TRAVELER W/ROLL ~ SUGAR PUSH;;;; ;**

Underarm trn to triple travel w/ roll: repeat meas 1- 4,5 of Part C;;;;,
Sugar Push: repeat meas 3,5 of INTRO,; fcg LOD

PART B - MOD

1-4 **SIDE WHIP;; UNDERARM TURN W/KICK BALL CHANGE;;**

Repeat meas 1 – 4 of Part B;;;;;

5-8 **SIDE WHIP;; MAN UNDERARM TURN W/KICK BALL CHANGE;;**

Repeat meas 1 – 2 of Part B;; repeat meas 7 of Intro ~ repeat 11,5 of Part A fcg LOD;;

END

1-5 **SIDE WHIP;;CHG HANDS to FACE LOOP SUGAR PUSH & ROCK2;; STEP BK & HOLD;**

1-5 Side Whip: repeat meas 1-2 of Part B change hands to R Hdshk;;
Face Loop Sugar Push & rock 2: Bk L, bk R raise jnd R hnds ovr M's head to bk of neck L
hnd to W's R hip tap L, fwd L (Fwd R, fwd L slight RF trn; tap RIB,) rk bk R, rec L;;
Step bk R & hold, - (fwd L raise both arms up);