

DIXIE CHA CHA

Music: Ambros Seelos
www.amazon.de/Tanzgala '96
Track # 16 Time 3:22
Shortened from 1:59,2 to 2:38,5 to Time 2:55 – Slow Down w/ -10%
Available fom choreographer

Rhythm: Cha Cha Cha Phase: IV+1 (Parallel Break)
+1U (Start Stop & Go Into X-Body)

Footwork: Opposite except where (Noted)

Release Date: Oct 17
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Sequence : INTRO ABC BC END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} BFLY Pos WALL Id ft free wt 4 meas ; ; ; ;

PART A

01-04 FULL BASIC ; ; To RLOD AIDA ; SWITCH CROSS ;

{Full Basic} Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ; {Aida to RLOD} Thru L to RLOD, sd R to fc rel Id hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; {Switch Cross} Sd & bk R trng to fc ptr, rec L to BFLY WALL, lookg LOD XRif (*W XLif*)/sd L, XRif (*W XLif*) ;

05-08 CRABWALK ENDING ; FENCE LINE ; NEW YORKER TWICE & r-hndshk ; ;

{Crab Walk Ending} Sd L, XRif (*W XLif*), sd L/cl R, sd L ; {Fence Line} XRif (*W XLif*) w/ bent knee, rec L, sd R/cl L, sd R ; {New Yorker x 2} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to r-hndshk WALL ;

09-12 FLIRT INTO A FAN ; ; START STOP & GO INTO A CROSS BODY & r-hndshk ; ;

{Flirt Into a Fan} Fwd L, rec R, sd L/cl R, sd L (*W rk bk R, rec L trng LF, contg trn sd R/ cl L, sd R*) to VARS WALL ; Bk R, rec L, sd R/cl L, sd R (*W rk bk L, rec R, sliding in frt of M sd L/cl R, trng to fc RLOD sd & bk L leavg R ft extended fwd*) to Fan Pos W fcg RLOD/M WALL ; {Start Stop & Go Into Cross Body} Fwd L, rec R, sd L/cl R, sd L lead W trn LF under Id hnds (*W cl R, fwd L, fwd R/XLib, fwd R quick LF trng under Id hnds fc LOD*) ; Bk R comm LF to CP, rec L cont LF trn, sd R/cl L, sd R (*W fwd L comm LF turn to CP, sd R cont LF turn, sd L/cl R, sd L*) to r-hndshk COH ;

13-16 TRADE PLACES TWICE ; ; TRADE PLACES / W SPIRAL ; W OUT TO FACE ;

{Trade Places x 2} [In r-hndshk] Rk apt L, rec R relg hnds & trng ¼ RF to fc LOD (*W trn LF*), slide bhd W sd L/cl R reachg L hnd to W's left forearm & slidg hnd dwn her arm, sd L trng ¼ RF (*W ¼ LF*) to l-hndshk ; Apt R, rec L relg hnds trng ¼ LF to fc LOD (*W trn RF*), slidg bhd W sd R/cl L reachg R hand to W's R forearm & slidg hnd dwn her arm, sd R trn ¼ LF (*W ¼ RF*) to fc WALL in r-hndshk ; {Trade Places/W Spiral} Apt L, rec R comm to pass R shldr while trng ½ RF to fc WALL, bk L/lk Rib, ipl L (*W apt R, rec L, fwd R spiralg 7/8 LF undr jnd R hnds/cl L, ipl R fcg WALL*) releasing hands ; {W Out to Fc} Rk apt R, rec L, fwd R/lk Lib, ipl R (*W fwd L twd WALL, fwd R comm LF trn, sd L cont LF trn to fc COH/cl R, ipl L*) to BFLY WALL ;

PART B

01-04 BASIC ½ ; DBL HAND UNDERARM TURN to STACKED HANDS ; OP BREAK & CHANGE SIDES/W UNDERARM ; SIDE WALK ;

{Basic ½} Fwd L, rec R, sd L/cl R, sd L (*W bk R, rec L, sd R/cl L, sd R*), - ; {DBL HND Underarm Turn to Stacked Hnds} Raisg both hnds up XRib, rec L, sd R/cl L, sd R (*W XLif under both hnds trng RF, rec R contg to trn to fc M, sd L/cl R, sd L*) to stacked hnds Lft over Rt hnds, - ; {OP Break & Chng Sides/W Underarm Turn} Strong bk L xtndg stacked hands fwd, rec R comm RF turn, cont RF trn sd L/cl R, sd & bk L (*W strong bk R, rec L raising stacked hands comm RF trn under stacked hands, cont RF trn sd L/cl R to fc ptr, sd L*) to BFLY COH ; {Sd Walk} Sd R, cl L, sd R/cl L, sd R to BFLY COH ;

05-08 OP HIP TWIST INTO A FAN ; ; HOCKEY STICK ; ;

{OP Hip Twist} Chk fwd L, rec R, small bk L/cl R, bk L pushing arm forward gently to turn W (*W rk bk R, rec L, fwd R/fwd L, fwd R swivel ¼ RF on right*) ; Bk R, rec L, small sd R/cl L, sd R slight LF rotation twd W (*W fwd L, fwd R turn ½ LF, bk L/lk Rif, bk L*) ; **{Hockey Stick}** Fwd L, rec R, sip L/R, L brg jnd ld hnds in front of forehead (*W cl R, fwd L, fwd R/lk L, fwd R*) ; sm bk R maintaining fwd poise, rec L, fwd R/cl L, fwd R trng body RF to LOP RLOD (*W fwd L, fwd R to BFLY twd DRW, swvlg on R toe in sprl action sharply trn ¾ LF bk L/lk R, bk L trng bdy twd RLOD*) ;

09-12 FULL TURN CHASE M & W ; ; CHASE / W UNDERARM PASS ; ;

{Full Turn Chase M & W} Fwd L turn ½ RF, rec R cont turn ½ RF, bk L/lk Rif, bk L (*W bk R, rec L, fwd R/lk Lib, fwd R*), - ; Bk R, rec L, fwd R/lk Lib, fwd R (*W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, bk L/lk Rif, bk L*), - ; **{Chase / W Underarm Pass}** Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (*W bk R, rec L, fwd R/cl L, fwd R twd M's L sd*), - ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R (*W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L*) to BFLY WALL, - ;

13-16 TIME STEP TWICE ; ; SPOT TURN TWICE & r-hndshk ; ;

{Time Step x 2} XLIB (*W XIB*), rec R, sd L/cl R, sd L ; XRIB (*W XIB*), rec L, sd R/cl L, sd R to LOP-FCG WALL ; **{Spot Turn x 2}** XLif (*W XRif*) trng ½ RF, rec R contg to trn tof c ptr, sd L/cl R, sd L ; XRif (*W XLif*) trng 1/2 LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to r-hndshk WALL ;

PART C

01-04 SHADOW BACK BREAK to OP ; PARALLEL BREAKS ; ; FENCE LINE ;

{Shad Bk Break to OP } XLIB (*W XRib*) trng ¼ LF to SD-BY-SD LOD w/ R hnds jnd in front of bdiess & L hnds xtnd to sd at shldr level, fwd R, fwd L/lk Rib (*W lk Lib*), fwd L ; **{Parallel Breaks}** w/ r-hndshk Rk bk R leading W across in front, rec L, fwd R/lk L, fwd R to fc Line (*W fwd L trng ¼ Lf ifo M, fwd R trng ½ Lf to fcg LOD, fwd L/lk R, fwd L*) to LOP LOD [similar to W whip action] ; Fwd L trng ¼ Lf ifo W, fwd R trng ½ Lf to fcg LOD, fwd L/lk R, fwd L (*W rk bk R allowing M to pass across in front, rec L to fc, fwd R/lk L, fwd R*) to BFLY WALL [similar to M whip action] ; **{Fence Line}** XRif (*W XLif*) w/ bent knee, rec L, sd R/cl L, sd R to BFLY WALL ;

05-08 ALEMANA ; ; BACK BREAK INTO TRIPLE CHA to LOD ; ;

{Alemana} Fwd L, rec R, sd L/cl R, sd L ; Raising jnd hnds bk R, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L, brush R fwd R cont full trn, fwd L/cl R, sd L*) to BFLY ; **{Bk Break Into Triple Cha to LOD}** [Relg ld hands] XLIB (*W XRib*) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; w/ Bdy trn awy from ptr fwd R/lk Lib (*W lk Rib*), fwd R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ;

09-12 FORWARD BREAK to BFLY ; To RLOD FRONT VINE 4 ; REVERSE UNDERARM TURN ; SPOT TURN ;

{Fwd Break to BFLY} Relg ld hnds swivel on L ft XRif (*W XLif*) to OP LOD, rec L to fcg ptr, sd R/cl L, sd R to BFLY WALL ; **{Front Vine 4 to RLOD}** To RLOD XLif (*W XRif*), sd R, XLIB (*W XRib*), sd R ; **{Reverse Underarm Turn}** Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L/cl R, sd L (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R/cl L, sd R*) to BFLY WALL ; **{Spot Turn}** Repeat meas 16 Part B ;

13-16 NEW YORKER ; 3 ALTERNATING UNDERARM TURNS W – M & W ; ; ;

{New Yorker} Repeat meas 7 Part A ; **{ 3 Alternating Underarm Turns W-M-W }** Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L/cl R, sd L*) ; [join trailing hnds] trng RF undr jnd tl hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L/cl R, sd L (*W raisg trail hnds bk R, rec L, fwd & sd R/cl L, sd R*) ; [join lead hnds] Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L, fwd R cont RF trn to fc ptr, fwd & sd L/cl R, sd L*) to BFLY WALL ;

ENDING

01-04 KICK to 4 THREE TIMES ; ; ; RUMBA AIDA ;

{Kick to 4 x 3} Swvlg RF on R ft kck L thru twd RLOD, swvlg LF on R ft fold L leg at knee to form figure 4, fwd L/lk Rib, fwd L ; Swvlg LF on L ft kck R thru twd LOD, swvlg RF on L ft fold R leg at knee to form figure 4, twd RLOD fwd R/lk Lib, fwd R to BFLY WALL ; Repeat meas 1 Ending ; **{Rumba Aida}** Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, - ;

05 QUICK ROCK TWO & SWITCH & EXTEND ARMS ;

{Qk Rock 2 & Switch} [QQ&Q] Quick Rk fwd L, rk bk R, -, bk & sd L trng LF to fc extendg both arms to side ;