

DON PASO

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Record: BG-103 Flip (Over and Over) available at Palomino Records release: 8/8/98
Sequence: INTRO, A, B, C PHASE: VI Speed: 45 rpm

INTRO

1-2 WAIT 1 MEAS: UNWIND TO FACE WITH ARMS:

- SS 1 Bk to bk M fc COH (W fc wall) with L ft XIB of R arms by sd
2 With pressure on both ft unwind CCW to fc ptr bring arms up in front of body and over head,-, cont unwind to bring arms out to sd and down to end in very strong position fc ptr ready to connect for next move,-;

PART A

1-4 SIXTEEN:-:-:-:

- 1234 1 Appel R connect arms, sd L to SCP, thru R trn RF, sd & bk L to CP (W appel L, sd R to SCP, thru L, fwd R);
1234 2 Bk R with R shoulder lead, cont bk L outside ptr tm RF, cl R in CP, hold (W fwd L, fwd R, fwd L trn RF, recov R);
1234 3 Hold and lead W with body trn to do her footwork (W fwd L, fwd R tm LF, recov L, fwd R);
1234 4 Cont hold and lead W (W fwd L tm RF, recov R, fwd L tm LF to fc ptr, cl R to L) end CP fc COH;

5-8 REVERSE FALLAWAY SLIP WITH SYNCOPATED CHASSEE ENDING:-: LEFT FOOT VARIATION:-:

- 1234 5 Appel R, fwd L, sd R to SCP fc RLOD, XLIB of R in SCP (W appel L, bk R, sd L to SCP, XRIB of L);
123&4 6 Trn body LF to slip R bk under body, fwd L to CP fc LOD, sd R/cl L, sd R (W trn body LF to slip L fwd to CP, bk R, sd L/cl R, sd L);
1234 7 Fwd L, fwd R, fwd L with L shoulder lead, pt RF fwd in BJO with L knee compressed;
&1234 8 On the & ct cl R to L/pt L to sd with R knee compressed, cl L to R, sd R, cl L to R;

9-12 GRAND CIRCLE:-: START SYNCOPATED SEPARATION:-:

- 1234 9 Appel R, sd & fwd L twd COH, thru R, use body to unwind feet follow (W appel L, sd & fwd R, thru L, unwind M with strong steps in SCP fwd R);
1234 10 Cont to unwind transfer wgt to L (W unwinds fwd L, R, L, cl R to fc ptr);
1234 11 Appel R, fwd L, cl R, in pl L (W appel L, bk R, bk L, cl R) end arms length lead hnds joined;
1234 12 XRIB of L, XLIB of R, XRIB of L, XLIB of R smaller steps than W to end in paso doble hold;

13-16 FINISH SYNCOPATED SEPARATION TO FC WALL:-: CHANGE FOOT COUP DE PIQUE:-:

- &1&23&4 13 On the & ct cl R/pt L to sd, cl L/pt R to sd, XRIB of L trn LF, cont trn sd L/XRIF of L (W cl L/pt R to sd, cl R/pt L to sd, XLIF of R trn LF, cont trn sd R/XLIB of R);
1234 14 Twist LF allow feet to uncross and end wgt on R fc wall (W trn RF sd & fwd R to SCP, fwd L, fwd R, fwd L trn LF to CP);
&1234 15 On the & ct chg wgt to L/ pt R thru to LOD in SCP, cl R in CP, XLIB of R in SCP, cl R in CP;
12&34 16 XLIB of R in SCP, sd R in CP/ cl L, sd R, cl L;

PART B

1-4 INTERRUPTED TRAVELING SPINS FROM PROMENADE:---: SEPARATION TRANSITION:

- 1234 1 Appel R, sd L to SCP, walk fwd R, L;
- 1234 2 Thru R release hold with R hnd, sd & fwd L, walk fwd R, L (W thru L spiral RF under lead hnds, fwd R, walk fwd L, R);
- 1234 3 Thru R release hold with R hnd, sd & fwd L, fwd R fc ptr & wall, cl L to R (W thru L spiral RF under lead hnds, fwd R, fwd L to fc ptr, cl R to L);
- 1234 4 Appel R; fwd L, cl R drop lead hnds begin to lift arms out and up, tch L to R finish with arms over head slightly rounded palms foing with strong fingers (W appel L, bk R, bk L lift arms; cl R to L arms overhead);

5-8 FLAMENCO CROSSES: CIRCULAR CHASSE: FLAMENCO CROSSES: CIRCULAR CHASSE TRANSITION:

- 1&23&4 5 XLIF of R with stamping action bring L arm down in front of body/ recov R cont arm circle down then up, small sd L arm bk to original position over head (W same footwork opposite direction), XRIF of L with stamping action bring R arm down in front of body/ recov L cont arm circle down then up, small sd R arm bk to original position over head;
- 1234 6 Fc ptr and in circle CW sd L, cl R, sd L, cl R to end fc ptr and RLOD (W same foot work) while circling both arms come down in front of body and then circle back to original position over head;
- 1&23&4 7 XLIF of R with stamping action bring L arm down in front of body/ recov R cont arm circle down then up, small sd L arm bk to original position over head (W same footwork opposite direction), XRIF of L with stamping action bring R arm down in front of body/ recov L cont arm circle down then up, small sd R arm bk to original position over head;
- 1234 8 Fc ptr and in circle CW sd L, cl R, sd L, cl R to end fc ptr and COH (W sd L, cl R, sd L, tch R to L) while circling both arms come down in front of body and end in paso doble hand hold;

9-12 FORWARD TO THE THREE SPANISH LINES WITH FACE SIDE CLOSE:---:---

- 1234 9 Fwd L, thru R comm RF trn, sd L cont RF trn, bk R to fc RLOD;
- 1234 10 Press L on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd L comm LF trn, sd R cont LF trn, bk L fc LOD;
- 1234 11 Press R on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd R comm RF trn, sd L cont RF trn, bk R fc RLOD;
- 1234 12 Press L on ball of ft partial wgt inside arms folded in front of body and outside arms up with hnd twd ptr, fwd L to fc ptr & COH, sd R, cl L to CP;

13-16 LA PASSE:---:---

- 1234 13 Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP fc LOD (W appel L, sd R to SCP, thru L trn RF, fwd R to CP);
- 1234 14 Bk R trn RF, bk L ptr outside cont trn, fwd R twd wall, hold (W fwd L trn RF, fwd R outside ptr, sd & bk L trn RF, sd R to SCP);
- 1234 15 Hold, fwd L twd wall, hold, hold (W fwd & across M on L, sd & bk R trn LF to RSCP, sd L, fwd and across M on R);
- 1234 16 Fwd R twd wall, hold, hold, cl L to R in CP fc wall (W sd & bk L trn RF to SCP, sd R, fwd L twd ptr, cl R to L);

PART C1-4 FAROL:-:-:-

- 1234 1 Appel R, sd L to SCP, thru R trn RF, bk L to CP fc RLOD (W appel L, sd R to SCP, thru L, fwd R to CP);
- 1234 2 Bk R, bk L ptr outside trning RF, cl R cont trn, in place L to end fc COH in double handhold pos (W fwd L, fwd R outside ptr trn RF, sd L cont trn to fc RLOD and wall, bk R to double handhold);
- 1234 3 Hold and lead W (W moving in front of M to his left sd fwd L, R, L, R spiral LF);
- 1234 4 Hold and lead W (W moving in bk of M to his R sd fwd L, R, L release M's L and W's R hnds, fwd R to RLOD in front of M to end fcng RLOD and place palms of M's L and W's R hnd together);

5-8 FINISH FAROL: TURNING SUB PLACE: PROMENADE TO SCP:-:-

- 1234 5 Hold, hold, sd R, cl L to R (W spin RF 3/4 on R release hnds and cl L, in place R to CP, sd L, cl R) end fc COH;
- 1234 6 Trning RF to fc wall in place R, L, R, L (W small sd L, cl R, sd L, cl R);
- 1234 7 Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP fc RLOD (W appel L, sd & fwd R to SCP, fwd L, fwd R to CP);
- 1234 8 Bk R body trn RF, bk L in BJO cont trn, sd & fwd R to CP fc LOD, cont trn to SCP, sd & fwd L (W fwd L body trn RF, fwd R in BJO cont RF trn, sd L to CP, cont trn to SCP sd & fwd R);

9-12 HUIT:-: COMMENCE CHASSE CAPE:-:-

- 1234 9 Thru R in SCP, cl L to fc wall, hold, hold (W thru L in SCP, sd R trning LF, recov L in RSCP, thru R);
- 1234 10 Hold (W sd L trning RF, recov R in SCP, fwd L twd ptr, cl R to L CP);
- 1234 11 Appel R, sd L to SCP, thru R trning RF, sd & bk L to CP (W appel L, sd & fwd R to SCP, fwd L, fwd R to CP);
- 1234& 12 Bk R trning RF, bk L in BJO pivot RF, fwd R in BJO but cont trn to fc wall in CP, sd L/ cl R (W fwd L trning RF, fwd R in BJO pivot RF, cl L cont trn to CP M fc wall, sd R/ cl L);

13-16 FINISH CHASSE CAPE WITH FLAMENCO TAP ENDING:-:-:-

- 1234& 13 Sd & bk L, bk R in SCAR pivot LF, fwd L trn to fc COH in CP, sd R/cl L (W sd & fwd R, fwd L in SCAR pivot LF, cl R cont trn to CP M fc COH, sd L/cl R);
- 1234& 14 Sd & bk R trning RF, bk L in BJO pivot RF, fwd R in BJO but cont trn to fc wall in CP, sd L/cl R (W fwd L trning RF, fwd R in BJO pivot RF, cl L cont trn to CP M fc wall, sd R/cl L);
- 1234 15 Sd & bk L, bk R in SCAR pivot LF, fwd L cont trn to fc DC release hold of R hnd, sd R to LOP fc LOD (W sd & fwd R, fwd L in SCAR pivot LF, cl R, sd & fwd L to LOP fc LOD);
- 12&34 16 In LOP free hnds over head fwd L on ball of foot partial wgt for press line, put full wgt on L/ tap R ft behind L, recov bk R, press line L and hold;