

DON'T BREAK MY HEART

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com "Don't Break My Heart" Artist: UB-40
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: RUMBA
DANCE LEVEL: Phase V+1 (Unphased - "Rumba Timed" Follow My Leader)
SPEED: 50 RPM
RELEASED: OCT 2010

SEQUENCE: INTRO – A – B – C – A – B (MOD) - END

INTRO

1 – 10 IN BTFY FCNG WALL WAIT;; SD WLK – TWICE;; CUCARACHA; FOLLOW MY LEADER;;;;
(Sd Wlk – Twice) Sd L, clo R, sd L-; clo R, sd L, clo R; **(Cucaracha)** Sd L, rcvr R, clo L-; **(Follow My Leader)** Rlsng hnds trng 5/8 cir rt fc fwd R, fwd L, fwd R-; trng ¾ lft fc cir fwd L, fwd R, fwd L-; trng ¾ rt fc cir fwd R, fwd L, fwd R-; trng 5/8 lft fc cir fwd L, fwd R, follow Woman fwd L-; bk R, rcvr L, clo to BTFY/WALL; **(Woman trng 1 1/8 rt fc cir fwd L, fwd R, follow Man fwd L; trng ¾ lft fc cir fwd L, fwd R, fwd R-; trng ¾ rt fc cir fwd L, fwd R, follow Man fwd L-; trng ¾ lft fc cir fwd R, fwd L, fwd R-; trng 5/8 rt fc cir fwd L, fwd R, fwd L-;)**

11 – 12.5 FNCLINE –TWICE & SD-CLO;;,
(Fncline – Twice & Sd-Clo) Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; thru-lunge R, rcvr L, sd R-; sd L, clo R,

PART A

1 – 7 BASIC;; OPN BRK; UNDRARM TRN – LFT HND STAR; UMBRELLA TRNS ½ - HND SHK;; OPN HIP TWST;
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn – Lft Hnd Star)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, trng ¼ rt fc fwd R to LFT HND PALM STAR-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, trng ¼ lft fc fwd L;)** **(Umbrella Trns ½ - Hnd Shk)** In lft hnd palm star Man fcng RLOD fwd L, rcvr R, bk L-; **(Woman bk R, trng ½ lft fc undr arched hnds fwd L, bk R-;)** bk R, trng ¼ lft fc fwd L, sd R to HND SHK/WALL-; **(Woman bk L, trng ¼ rt fc undr arched hnds fwd R, sd L-;)** **(Opn Hip Twst)** Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD-;)**

8 – 14 FAN; STOP N' GO HCKYSTIK;; ALEMANA FRM FAN;; SHLDR TO SHLDR; SPT TRN;
(Fan) Bk R, rcvr L, in plc R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Stop N' Go Hckystik)** Fwd L, rcvr R, clo L-; catch Woman on her back with rt hnd cross R in frnt, rcvr L, clo R to Fan Position-; **(Woman clo R, fwd L, fwd R-, fwd L, trng ½ lft fc undr lead hnds bk R-; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L-;)** **(Alemana Frm Fan)** Fwd L, rcvr R, sd L-; bk R, rcvr L, sd R to BTFY/WALL-; **(Woman clo R to L, fwd L, trng ¼ rt fc fwd R to fc Man-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Shldr To Shldr)** Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;

PART B

1 – 12 BASIC;; ½ BASIC TO FULL NAT'L TOP;;;; CLS'D HIP TWST; FAN; HCKYSTIK;; HND TO HND – TWICE;;
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(½ Basic To Full Nat'l Top)** Fwd L, rcvr R, bk L-; trng -2 full rt trns throughout figure cross R bhnd, sd L, cross R bhnd-; sd L, cross R bhnd, sd L-, cross R bhnd, sd L, cross R bhnd, sd L-; cross R bhnd, sd L, clo R to CP/WALL-; **(Woman sd L, cross R in frnt, sd L-;cross R in frnt, sd L, cross R in frnt-; sd L, cross R in frnt, sd L-; cross R in frnt, sd L, cross R in frnt-; sd L, cross R in frnt, clo L-;)** **(Cl'sd Hip Twst)** Fwd L, rcvr R, clo L-; **(Woman trng 3/8 rt fc bk R, trng 3/8 lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD-;)** **(Fan)** Bk R, rcvr L, in plc R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R-, fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)** **(Hnd To Hnd – Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-;

13 – 16 OPN BRK; UNDRARM TRN; N-YRKR; SPT TRN;
(Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;

PART C

1 - 7

BASIC;; BRK BK – OPN; KIKI WLK -3; SLIDING DOOR; CUCARACHA – BTFY – CTR; OPN BRK;
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Brk Bk – Opn)** Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L-; **(Kiki Wlk -3)** With swiv action fwd L, fwd R, fwd L-; **(Sliding Door)** Sd L, rcvr R, bhnd Woman cross L in frnt to LOPN/LOD-; **(Cucaracha – Btfy - Ctr)** Sd L, trng ¼ lft fc rcvr R, clo L to BTFY/COH-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-;

8 - 16

WHIP – WALL; SLO MERENGUE – TWICE;; ALEMANA TO A LARIAT;;;; HND TO HND – TWICE;;;
(Whip – Wall) Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/WALL, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-; Slo Merengue – Twice)** Swiv L-, clo R-; swiv L-, clo R-; **(Alemana To A Lariat)** Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R to LOPN/WALL-; **(Woman bk R, rcvr L, sd R-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc fwd R to BTFY, sd L-;)** sd L, rcvr R, clo L-; sd R, rcvr L, clo R to BTFY-; **(Woman undr lead hnds work arnd Man's rt sd fwd R, fwd L, fwd R-; fwd L, fwd R, fwd L-; Hnd To Hnd – Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-;

REPEAT PART "A"

PART B (MOD)

1 - 10

BASIC;; ½ BASIC TO FULL NAT'L TOP;;;; CLS'D HIP TWST; FAN; HCKYSTIK;;;
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(½ Basic To Full Nat'l Top)** Fwd L, rcvr R, bk L-; trng -2 full rt trns throughout figure cross R bhnd, sd L, cross R bhnd-; sd L, cross R bhnd, sd L-, cross R bhnd, sd L, cross R bhnd, sd L-; cross R bhnd, sd L, clo R to CP/WALL-; **(Woman sd L, cross R in frnt, sd L-; cross R in frnt, sd L, cross R in frnt-; sd L, cross R in frnt, sd L-; cross R in frnt, sd L, cross R in frnt-; sd L, cross R in frnt, clo L-; Cls'd Hip Twst)** Fwd L, rcvr R, clo L-; **(Woman trng 3/8 rt fc bk R, trng 3/8 lft fc rcvr L, fwd-swiv R ¼ rt fc to fc LOD-; Fan)** Bk R, rcvr L, in plc R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-; Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R-; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)**

END

1 - 9

DBL CHASE PEEK-A-BOO;;;; OPN BRK; WHIP – CTR; FNCLINE; WHIP WALL; APT & PNT;
(Dbl Chase – Peek-A-Boo) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L-; sd R look ovr lft shldr at Woman, rcvr L, clo R-; sd L look ovr rt shldr at Woman, rcvr R, clo L-; trng ½ lft fc sd R, rcvr L, fwd R to WALL Woman in frnt-; sd L, rcvr R, clo L-; sd R, rcvr L, clo R-; fwd L, rcvr R to BTFY, bk L-; bk R, rcvr L, fwd R-; **(Woman bk R, rcvr L, fwd R-; sd L, rcvr R, clo L-; sd R, rcvr L, clo R-; trng ½ rt fc sd L, rcvr R to WALL, fwd L-; sd R look ovr lft shldr at Man, rcvr L, clo R-; sd L look ovr rt shldr at Man, rcvr R, clo L-; trng ½ lft fc sd R, rcvr L to BTFY, fwd R-; fwd L, rcvr R, bk L-; Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Whip – Ctr)** Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/COH, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-; Fncline)** Staying in BTFY/COH thru-lunge L, rcvr R, sd L-; **(Whip – Wall)** Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ¼ lft fc bk L to BTFY/WALL, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY-; Apt Pnt)** Rlsng lead hnds bk L & pnt R twds Ptnr-;