

DON'T FORGET

(Non Dimentica)



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RECORD: "Non Dimentica" Dance & Listen Orch., DLD 1094, 30 Top Foxtrots, Track 3

FOOTWORK: Opposite, except where noted

PHASE: IV+1(ck & weave) +1 (R trng fallaway w/ glide) RHYTHM: Foxtrot/Jive

SEQUENCE: INTRO, A, A, B, C, B, ENDING

SPEED: As recorded or slow to suit

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INTRO

1 - 2	WAIT; WAIT;	In tandem embrace position fcg LOD L ft free for both wait 2 meas;;
3	SLOW HIP ROCK 2;	slw rk sd L rolling hips L,, slw rk sd R rolling hips R,;
4	M HIP ROCK W TRN TO CP IN 3;	M rpt meas 3 (<i>fwd L trng RF,, rec R, cl L</i>);

A

1 - 2	REVERSE TURN;;	fwd L stg LF bd trn, -, sd R cont trn, bk L (<i>bk R stg LF heel trn, -, cl L to R, fwd R</i>); bk R cont LF trn, -, sd & fwd L, fwd R;
3 - 4	HOVER TELEMAR;	fwd L, -, DIAG sd & fwd R rising slightly bdy trng 1/8 RF, fwd L to SCP;
5 - 6	PROM WEAVE;;	fwd R, -, fwd L stg LF trn, sd and bk R to BJO; bk L, bk R stg LF trn, sd L to CP, fwd R to CBMP (<i>fwd L stg LF trn, -, cont trng sd R, cont LF trn sd L to BJO; fwd R in BJO, fwd L, sd R to CP, bk L in CBMP</i>);
7	THREE STEP;	fwd L, -, fwd R blending to CP, fwd L;
8	1/2 NATURAL;	stg RF bdy trn fwd R, -, sd L acrs LOD, bk R;
8	HESITATION CHANGE;	stg RF trn bk L, -, sd R contg RF trn, drw L to R;

B

1 - 4	DIAMOND TURNS;;;;	Fwd L trng LF on the diag, -, cont LF trn sd R, bk L contra BJO; bk R trng LF, -, sd L cont LF trn, fwd R outsd ptr; Fwd L trng LF on the diag, -, cont LF trn sd R, bk L contra BJO; bk R trng LF, -, sd L cont LF trn, cl R;
5	OP REVERSE;	fwd L trng LF, -, cont LF trn sd R, bk L to CBMP;
6	HOVER CORTE;	bk R stg LF trn, -, cont LF bdy trn sd and fwd L w/ hovering action, rec R to BJO;
7	OUTSIDE SWIVEL;	bk L, -, XRif no wgt chng, - (<i>fwd R, -, swvl RF on ball of R endg in SCP, -</i>);
8	SLOW - SD, LOCK;	thru R, -, sd and fwd L, XRib (thru L stg LF trn, -, sd and bk R cont turn, XLif);
9	REV WAVE 1/2;	fwd L stg LF bd trn, -, sd R, bk L;

Don't Forget continued

10 -11	CHECK & WEAVE;;;	slp R bk w/ slight contra ck action, -, fwd L stg LF trn, sd & bk R slight LF trn; bk L to BJO cont slight LF trn, bk R to CP cont LF trn, sd & fwd L, fwd R to bjo DLW (<i>slp L fwd w/ slight contra ck action, -, bk R stg LF trn, sd L; fwd R in BJO, fwd L to CP cont LF trn, sd & bk R, bk L to BJO</i>);
12	CHANGE OF DIRECTION;	fwd L, -, fwd and sd R w/ R shldr ld, draw L to R no wgt;
13-15	DIAMOND TRNS 3/4;;;	rpt meas 1-3 part B;;;
16	BOX BACK;	bk R, -, sd L, cl R;

C (Jive)

1	SD, TCH, SD CHASSE;	Sd L, tch R to L, sd L/cl R, sd L trng;
2 - 4	CHANGE R to L;;, CHANGE HND BHN BK,,;	Rk bk L, rec R, sd L/cl R, sd L trng ¼ LF to fc LOD (<i>rk bk L, rec L, fwd L/cl L, fwd R trng ¾ RF undr jnd ld hnds</i>); sd and fwd R/cl L, sd R, Rk apt L, rec ; fwd L stg 1/4 LF trn plcg R hnd ovr ptr R hnd/cl R plcg L hnd bhn bk, sd R taking ptrs R hnd in his L cont LF trn L/cl L, sd R to fc ptr and COH(<i>rk apt R, rec L; stg RF trn fwd R/cl L, fwd R, sd and bk L finishing RF trn.cl R, sd L</i>),
5 - 7	CHANGE L to R;;, WINDMILL,,;	Rk bk L, rec R, sd L/cl R, sd L; trng 1/4 RF sd R/cl L, sd R (<i>rk apt R, rec L, fwd R/cl L, fwd R trng ¾ LF undr jnd ld hnd; sd L/cl R, sd L</i>), Rk apt L, rec R stg LF trn; fwd L/cl R, fwd L trng 1/4 LF, cont LF trn sd R/cl L, sd R trng 1/4 LF;
8 - 11	R TRNG FALLAWAY w/ GLIDE TWICE;;;	Rk bk L, rec R, trng RF sd L/ cl R, sd L having completed 1/2 a rotation to fc COH; sd R, XLif, sd R/cl L/ sd R; rpt meas 8 & 9;;
12-13	LINDY CATCH;;;	Rk apt L, rec R, fwd L/R, L mvg RF around W catching at the waist (<i>rk apt R, rec L, fwd R/L, R</i>); cont around W fwd R, L, R/L, R to LOP fcg (<i>rk fwd L, rec R, bk L/R, L</i>) ;
14-15	FALLAWAY THROWAWAY ROCK APART & REC;;;	Rk bk L, rec R, sd/cl, sd (<i>rk bk, rec, trng 1/4 LF sd/cl, sd</i>); trng 1/4 LF sd/cl, sd (<i>sd/cl, sd</i>), rk apt L, rec R;
16	SLOW WALK 2 to CP;	slw fwd L, - fwd R to CP;

ENDING

1	DIP BACK w/ LEG CRAWL	bk L w/ LF upper bdy trn leaving R leg xtnd (<i>fwd R w/ upper bdy trn bringing L leg up along M's R leg</i>);
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