

DOS PINA COLADAS TRES

Choreo: Allemande Al & Martha Wolff, 1553 So. Carpenter Road, Brunswick, Ohio 44212 (330) 225-2553

Record: Blue Ribbon 1024

Recommended Speed: 45

Footwork: Opposite,(except when W part in parentheses)

Introduction to Rhumba Rhythm

Rhythm: Ph III Rhumba

Sequence: Intro-A-B-C-A-B-C-D-End

Intro 1-4: [BFLY/Wall] ; ; Cucharacha L & R ; ;

1-4: wait; wait; Rk Sd L, rec R, Cl L, - ; Rk Sd R, rec L, Cl R , - ;

A: 1-4: Rumba Box ; ; Sd Cl Sd ; Beh Sd Thru ;

1-4: Sd L, Cl R, Fwd L, - ; Sd R, Cl L, Bk R, -; Sd L, Cl R, Sd L, -; XLIBL (W XLIBR) , Sd L, XRIFL, - ;

5-8: Hand to Hand TWICE ; ; New Yorker TWICE [BFLY] ; ;

5-8: Bk L to fc LOD, rec R to fc, Sd L , - ; Bk R to fc RLOD, rec L to fc, Sd R, -; Thru L w/straight leg twds RLOD to LOP/RLOD, rec R to fc ptnr, Sd L , - ; Thru R w/straight leg twds LOD, rec L to fc ptnr, Sd R , - ;

B: 1-4: Break to Open ; Prog Walk 3; Sliding Doors ; ;

1-4: Bk L to fc LOD, rec R, Fwd L, - ; Fwd R,L,R, - ; Rk Sd L, rec R, XLIFR chg sds (W X in F of M), - ; Rk Sd R, rec L, XRIFL chg sds (W X in F of M), - ;

5-8: Circle Awy & Tog [BFLY] ; ; Rumba Basic [BFLY] ; ;

5-8: LF trn awy f ptnr (W trn RF) L, R, L, - to fc ; twds ptnr R,L,R, - [BFLY] ; Fwd L, rec R, Sd L, - ; Bk R, rec L, Sd R, - ;

C: 1-4: ½ Basic & Underarm Turn to a Lariat [BFLY/Wall] ; ; ;

1-4: Repeat Meas 7 Part B; M Repeat Meas 8 Part B (W XLIFR trng ½ RF und jnd hnds, rec R cont RF trn, Sd L, - to end on M's R); Stp in plc L,R,L , - R,L,R, - (W circles M CW R,L,R, - L,R,L, -) [BFLY/Wall] ;

5-8: New Yorker; Spot Trn; ½ Basic; Whip [COH];

5-8: Repeat meas 7 Part A; XRIFL (W XLIFR) trng ½ LF (W RF), rec L cont trn to fc ptnr, Sd R, - ; Repeat Meas 7 Part A ; Bk R trng ¼ L fc, Fwd L trng ¼, Sd R, - (W Fwd L outside M on his L sd, Fwd R trng ½ LF, Sd L, -) [BFLY/COH] ;

9-12: ½ Basic & Underarm Turn to a Lariat [BFLY/COH] ; ; ; ;

9-12: Repeat Meas 1-4 Part C {BFLY/COH} ; ; ; ;

13-16: New Yorker; Spot Trn; ½ Basic; Whip [Wall];

13-16: Repeat Meas 5-8 Part C [BFLY/Wall] ; ; ; ;

D: 1-4: Chase /He Trns; Both Trn; She Trns, No one Trns; } ; ; ; ;

1-4: Fwd L trng ½ RF, rec Fwd R, Fwd L, - (W Bk R, rec L, Fwd R, -) ; Fwd R trng ½ LF, rec Fwd L, Fwd R, - ; Fwd L, rec R, Bk L, -(W Fwd R trng ½ LF, rec Fwd L, Fwd R, -); Bk R, rec L, Fwd R, -;

5-8: Time Step TWICE ; ; ½ Basic & Underarm Turn to fc [BFLY/Wall] ;

5-8: XLIBR (W XLIBL) remaining parallel w/ no trn, rec R, Sd L, - ; XLIBL (W XLIBR), rec L, Sd R, - ; Repeat Meas 1-2 Part C { ends fcg ptnr}[BFLY/Wall] ; ;

9-12: Chase ; ; ; ;

9-12: Repeat Meas 1-4 Part D

13-16: Time Step TWICE ; ; ½ Basic & Underarm Turn [BFLY] ; ;

13-16: Repeat Meas 5-8 Part D [BFLY/Wall] ; ; ; ;

END: 1-2: One Cucharacha ; Rk Sd, rec & Pt Thru ;

1-2: Repeat Meas 3 Intro; Sd R, rec L, Pt L Thru twds LOD ;

This dance was designed as an introduction to Rhumba rhythm, where many of the modules are interchangeable and can be repeated in teaching the basic figures of this rhythm.

