

DOWN AT THE TWIST & SHOUT

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Music: DOWN AT THE TWIST & SHOUT By Mary Chapin Carpenter
Available as a single from Amazon.com search for DOWN AT THE TWIST & SHOUT

Time/Speed: Time @RPM: 3:21@45RPM Using Dance Master adjust speed to 42 RPM

Footwork: Opposite unless noted (Woman's footwork in parentheses)
Timing, SQQ unless indicated, reflects actual weight changes.

Rhythm: Two Step **Phase:** Phase II + 1 [Strolling Vine]

Degree of Difficulty: Average

Sequence: **INTRO, A, B, A, C, B, A, C, B, A, C, End**

INTRODUCTION**MEAS.****1-8 BFLY/WALL] WAIT 2;; APT PT; TOG & TOUCH; BOX;; REV BOX [SCP/LOD];;**

1-2 Wait 2 meas BFLY/WALL;;
3-4 Stp apt L, -, pt R,-; Stp tog R, -, & tuch L, - [CP/WALL];
5-6 Sd L, cl R, fwd L, -; Sd R, cl L, Bk R, -;
7-8 Sd L, cl R, bk L, -; Sd R, cl L, fwd R, - [SCP/LOD];

PART A**1-4 2 FORWARD TWO STEPS;; CIRCLE AWAY 2 TWO STEPS;**

1-2 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;
3-4 Fwd L twd COH (W WALL), cl R, Fwd L, -; Fwd R cl L, fwd R tng to fc Wall (W COH), -;

5-8 STRUT TOG 4;; BOX;;

5-6 Fwd L,-. fwd R, -; Fwd L, -, fwd R, - [CP/WALL];
7-8 Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;

9-12 STROLLING VINE;;;;

9-10 In CP/WALL comm slight RF upper body trn sd L, -, with slight LF upper body trn Xrib, -; Cont trn sd L, cont trn cl R, cont trn sd L, -;
11-12 Comm slight LF upper body turn sd R, -, with slight RF upper body turn Xlib, -; Cont trn sd R, cont trn cl L, cont trn sd R, - [BFLY/WALL];

13-16 TRAVELING DOORS;;;;

13-14 Rk sd L, -, rec R, -; Xlif, sd R, Xlif, -;
15-16 Rk sd R, -, rec L, -; Xrif, sd L, Xrif, -; [BFLY/WALL]

DOWN AT THE TWIST & SHOUT**PART B****1-4 [BFLY/WALL] VINE 3; REV VINE 3; BK AWAY 3; BK AWAY 3 MORE;**

1-2 Sd L, Xrib, sd L, -; Sd R, Xlib, sd R, -;
 3-4 Bk L, bk R, bk L, -; Bk R, bk L, bk R, -;

5-8 VINE 3; REV VINE 3; 2 FWD 2 STPS TO CP/WALL;;

5-6 Sd L, Xrib, sd L, -; Sd R, Xlib, sd R, - to SCP/LOD;
 7-8 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -[CP/WALL];

9-12 [CP/WALL]LEFT TURNING BOX;;;:

9-10 Sd L cl R, fwd L trng LF ¼, -; Sd R, cl L, bk R trng LF ¼, -;
 11-12 Sd L, cl R, fwd L trng LF ¼, -; Sd R, cl L, bk R trng LF ¼, -;

13-16 ½ BOX; SCISS THRU; STRUT 4 [SCP/LOD];

13-14 Sd L, cl R, fwd L, -; Sd R, cl L, Xrif [SCP/LOD], -;
 15-16 Fwd L, - fwd R,-; Fwd L, - fwd R, -;

PART A**PART C****1-4 TRAVELING BOX;;;:**

1-4 Sd L, cl R, fwd L trng RF to rev,-; Walk R, -, L trng RF to fc ptr, -;
 3-4 Sd R, cl L, bk R, - trng LF to LOD; Walk L, -; R trng SCP/LOD, -;

5-8 CIRCLE AWAY 2 TWO STEPS;; CIRCLE TOGETHER 2 TWO STEPS [BFLY/WALL];:

5-6 Fwd L twd COH (W WALL), cl R, Fwd L, -; Fwd R cl L, fwd R tng to fc Wall (W COH), -;
 7-8 Cont tm to fc ptr fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, - [BFLY/WALL];

REPEAT PART B**REPEAT PART A****REPEAT PART C****REPEAT PART B****REPEAT PART A****REPEAT PART C****END****1-4 TRAVELING BOX;;;:**

1-4 Sd L, cl R, fwd L trng RF to rev,-; Walk R, -, L trng RF to fc ptr, -;
 3-4 Sd R, cl L, bk R, - trng LF to LOD; Walk L, -; R trng SCP/LOD, -;

5-9 CIRCLE AWAY & TOG 2 TWO STEPS [BFLY/WALL];; VINE 8;; SLOW APT & PT;

5-6 Separating from ptr and moving away in a circular pattern fwd L,
 cl R, fwd L, -; continuing circular pattern toward ptr fwd R, cl L, fwd R to BFLY/WALL, -;
 7-8 Sd L, Xrib, Sd L, Xrif; Sd L, Xrib, Sd L, Xrif;
 9 Stp apt L, -, pt R twd ptr, -.