

DU BIST MEIN TÄGLICHES WUNDER

(YOU ARE MY DAILY MIRACLE)

Music: Fernando Express

www.amazon.de/Insel-des-glücks

Track # 36 Time 3:25 Slow Down w/ -3%

Available from choreographer

Rhythm: Rumba & Cha Cha Phase: V+1 (Turkish Towel)

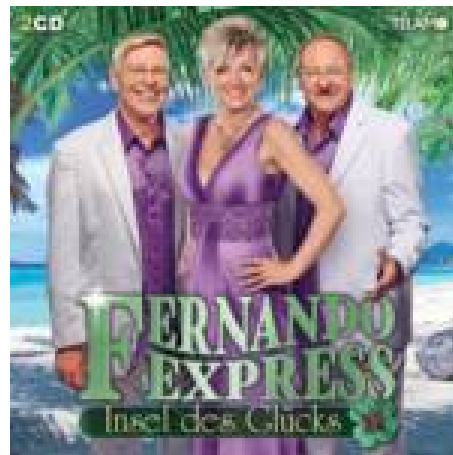
Footwork: Opposite except where (Noted)

Release Date: July 18

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Sequence: INTRO AB AB(1-16) C B(1-16) END



INTRO RUMBA

01-02 BFLY POS COH LEAD FOOT FREE WAIT 2 MEASURES START w/ RUMBA ; ;

{Wait} BFLY Pos COH ld ft free wt 2 meas start w/ Rumba ; ;

03-05 START CROSS-BODY INTERRUPT w/ 2 SWIVELS ; ; FINISH CROSS-BODY & r-hndshk ;

{Start Cross Body} Fwd L, rec R trng ¼ LF, sd L (W bk R, rec L, fwd R) to "L" shaped loose CP pos M fcg LOD & W fcg COH, - ; {Interrupt w/ 2 Swivels} [SS] Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (W fwd L swvl ½ RF, -, fwd R swvl ½ LF) still in "L" pos, - ; {Finish Cross Body} Bk R, rec L trn ¼ LF, sd R (W fwd L, fwd R trng ½ LF, sd L) to r-hndshk WALL, - ;

PART A RUMBA

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to FACE ;

{Trade Places x 2} With R hnds jnd rk apt L, rec R trng ¼ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L twd WALL (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R twd COH) joining L hnds, - ; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R twd COH (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & WALL stepping sd & bk L twd WALL) joining R hnds, - ; {Trade Places / W Spiral} Rk apt L, rec R comm to pass R shldr while trng ¼ RF and keeping R hnds jnd, cont to trn RF stepping sd L twd WALL (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH), - ; {W Out to Face} Trng bdy RF to fc COH stp fwd twd COH R,L,R, (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, - ;

05-08 CHASE w/ UNDERARM PASS ; ; REVERSE UNDERARM TURN ; CUCARACHA RIGHT to CP ;

{Chase w/ Underarm Pass} [relsng trail hnds] Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's L sd), - ; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY WALL, - ; {Reverse Underarm Turn} Raisg jnd ld hnds XLif, rec R, sd L (W XRif undr jnd ld hnds trng LF ½ rec L contg LF trn to fc ptr, sd R) to BFLY WALL, - ; {Cucaracha Right} Sd R w/ partial wgt, rec L, cl R to CP WALL, - ;

09-12 DIAMOND TURN w/ HIP TWIST ; X-BODY TO SCAR DLC ; DIAMOND TURN w/ HIP TWIST ; X-BODY/W to a FAN ;

{Diamond Turn w/ Hip Twist} Fwd L trng LF CP, sd R trng ¼ LF, bk L in BJO twistg W RF (W Fwd R twistg ¼ RF) to SCP DLC, - ; {Cross Body to SCAR} Bk R blendg to CP, fwd L w/ r-shoulder lead, fwd R (W Fwd L, R, L CCW around M) in SCAR DRC, - ; {Diamond Turn w/ Hip Twist} Repeat meas 1 Part B to DRW ; {Cross Body/W to a FAN} Bk R blendg to CP, rec L, fwd R & Swivel to WALL (W fwd L blendg to CP, sd R cont LF trn, bk L) to Fan Pos M fcg WALL, - ;

13-16 ALEMANA INTO A LARIAT ; ; ; ;

{Alemana from a Fan} Fwd L, rec R, cl L (W bk R, fwd L, fwd R swiveling to L-sd of M), - ; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R cont RF trn, fwd L to r-sd of M), - ; Press sd L, rec R, cl L (W circ CW ard M fwd R, L, R), - ; Press sd R, rec L, cl R (W cont circ CW fwd R, L, R) to BFLY WALL, - ;

PART B CHA CHA

01-04 BASIC 1/2 to TURKISH TOWEL ; ; ONE BREAK ; W OUT to FACE ;

{Basic ½ to a Turkish Towel} Rk fwd L, rec R, sd raise joined R hnds palm to palm/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R) ; Bk R, rec L, small sd R/cl L, sd R (W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his left sd/fwd R, fwd L) ; {One Break} Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd) ; {W Out to Face} Rk bk R, rec L chg to lead hnds joined, small sd R/cl L, sd R (W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L) to BFLY WALL ;

05-08 To RLOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; WHIP to r-hndshk COH ;

{Aida to RLOD} Thru L RLOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; **{Switch Cross}** Sd & bk R trng to fc ptr, rec L to BFLY WALL, lookg LOD XRif (*W XLif*)/sd L, XRif (*W XLif*) ; **{Crab Walk Ending}** Sd L, XRif (*W XLif*), sd L/cl R, sd L ; **{Whip to COH}** Bk R trng LF & ldg W acrs, rec L contg LF trn (*W fwd L trng LF & xg in frt of M, fwd & sd R contg LF trn, sd L/cl R, sd L*) sd R/cl L, sd R to r-hndshk COH ;

09-12 BASIC 1/2 to TURKISH TOWEL ; ; ONE BREAK ; W OUT to FACE ;

{Basic 1/2 to a Turkish Towel} Repeat meas 1,2 Part B ; ; **{One Break}** Repeat meas 3 Part B ; **{W Out to Fc}** Repeat meas 4 Part B ;

13-16 To LOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; WHIP to BFLY WALL ;

{Aida to RLOD} Repeat meas 5 Part B ; **{Switch Cross}** Repeat meas 6 Part B ; **{Crab Walk Ending}** Repeat meas 7 Part B ; **{Whip to BFLY WALL}** Repeat meas 8 Part B to BFLY WALL ;

17 MERENGUE 4 & r-hndshk ;

{Merengue 4 & r-hndshk} Sd L, cl R, sd L, cl R w/ r-hndshk ; [start each side step with the inside edge of foot]

PART C RUMBA

01-04 OP HIP TWIST INTO A FAN ; ; START STOP & GO INTO CROSS BODY ; ;

{OP Hip Twist Into a Fan} Fwd L, rec R, cl L (*W bk R, rec L, fwd R with tention to L arm to swivel 1/4 RF*) end L-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R (*W fwd L, trng 1/2 LF sd R, bk L*) to fan pos, -; **{Start Stop & Go Into Cross Body}** Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (*W cl R, fwd L, fwd R, trng sharply 1/2 LF under jnd hands to fc LOD*), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (*W fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L*) to CP COH, -;

05-08 NEW YORKER TWICE ; OP BREAK ; WHIP to r-hndshk WALL ;

{New Yorker x 2} XLif (*WXRif*) to LOP LOD, rec R to BFLY COH, sd L, -; XRif (*W XLif*) to OP RLOD, rec L to BFLY COH, sd R, -; **{OP Break}** Apt L raisg trl arm straight up, rec R, sd L to BFLY, -; **{Whip to r-hndshk WALL}** Bk R trng 1/4 LF, rec L trng 1/4 LF, sd R (*W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M*) to r-hndshk WALL, -;

ENDING CHA CHA & RUMBA

01-04 To RLOD AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; RUMBA AIDA & SWITCH LUNGE w/ ARMS ;

{Aida to RLOD} Repeat meas 5 Part B ; **{Switch Cross}** Repeat meas 6 Part B ; **{Crab Walk Ending}** Repeat meas 7 Part B ; **{Rumba Aida & Switch Lunge w/ Arms}** Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, [Q] Bk & sd L bringing joined hnds thru slight body trn LF look at ptr relax L knee to lunge line & extend both arms to side ;