

EBB TIDE



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Phono MMP-8 CD "New Style Of Party Time Vol. 8" Track 20
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Bolero Phase III + 2 [Aida, Switch Rock] **Speed** : 24 MPM
Sequence : Intro - A - B - A(9-16) - B(1-18) - Ending **Footwork** : Opposite except where noted
Timing : SQQ unless noted by side of measure **Released** : Jan, 2009 Ver. 1.0

INTRO

1 - 4 WAIT:: SPOT & TIME; TIME & SPOT;

- 1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
3 {Spot & Time} Sd L with body rise,-, XRIF with flex knee trn 3/4 LF, fwd L cont trn to fc ptr
(W sd R rise,-, XLIB flex knee, fwd R);
4 {Time & Spot} Sd R rise,-, XLIB flex knee, fwd R (W sd L rise,-, XRIF flex knee trn 3/4 LF,
fwd L cont trn to fc ptr);

PART A

1 - 4 HALF BASIC; SD TO THRU SERPIENTE:: THRU FENCE REC;

- 1 {Half Basic} Blend to CP sd L rise,-, bk R with slipping action and with flexing knee, fwd L;
2-3 {Side To Through Srepiente} Blend to Bfly sd R rise,-, thru L with flex knee, sd R;
bhd L fan R CW (W CCW),-, bhd R, sd L;
4 {Through Fence Recover} Thru R fan L CW (W CCW),-, cross lunge thru L with bent knee
look RLOD, bk R trn bk to fc ptr;

5 - 8 UNDERARM TRN; FWD BRK; BK BOLERO WK w/ARM 2X TO FC::

- 5 {Underarm Turn} Sd L rise,-, XRIB flex knee, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF
under jnd lead hnds, fwd R cont trn to fc ptr);
6 {Forward Break} Sd & fwd R rise free trail arms extended sd,-, fwd L with contra check like
action, bk R jn R-R hnds;
7-8 {Back Bolero Walks With Arm To Face} Bk L twd DLC release jnd R-R hnds and sweep CW
jn L-L hnds,-, trn slightly RF bk R twd LOD, bk L;
bk R release jnd L-L hnds and sweep CCW jn R-R hnds,-, trn 1/4 LF sd L, XRIF jn lead hnds
(W Fwd L,-, R, L trn LF to fc ptr) end LOP Fcg Wall;

9 - 12 HND TO HND; BRK BK TO 1/2 OPN; M ACROSS; SYNC BOLERO WK;

- 9 {Hand To Hand} Sd L rise,-, trn RF to LOP RLOD bk R flex knee, fwd L trn bk to fc ptr;
10 {Break Back To Half Open} Sd R rise,-, trn LF to Half Open Pos LOD bk L flex knee, fwd R;
11 {M Across To Left Half Open} Fwd L rise,-, fwd R twd DLW comm trn RF, bk L cont trn to fc
LOD (W fwd R rise,-, adjusting to M's pos fwd L, R) end Left Half OP LOD;
SQ&Q 12 {Syncopated Bolero Walk} Fwd R rise,-, fwd L/R, L;

13 - 16 W ACROSS; SYNC BOLERO WK; TRN IN BK BRK TO FC; HIP LIFT:

- 13 {W Across To Half Open} Fwd R rise,-, adjusting to W's pos fwd L, R (W fwd L rise,-, fwd R twd DLW comm trn RF, bk L cont trn to fc LOD) end Half OP LOD;
- SQ&Q 14 {Syncopated Bolero Walk} Repeat meas 12 on opposite ft;
- 15 {Turn In Back Break To Face} Fwd L rise trn 1/2 RF to Left Half OP RLOD,-, bk R flex knee, fwd L trn LF to fc ptr & Wall;
- 16 {Hip Lift} Blend to CP sd R bring L to R,-, with slight pressure on L lift hip, lower hip;

PART B

1 - 4 OPENING OUT 4X;;;:

- 1-4 {Opening Out 4 Times} Blend to Bfly sd & fwd L rise comm body rotation to LOD,-, lower on L complete trn extend R ft to sd, rise and rotate bk to Bfly (W sd & bk R rise comm body rotation to match ptr,-, XLIB lower, fwd R rotate bk); cl R rise comm body rotation to RLOD,-, lower on R complete trn extend L ft to sd, rise and rotate bk to Bfly (W sd & bk L rise comm body rotation to match ptr,-, XRIB lower, fwd L rotate bk); cl L and hereafter repeat meas 1 (W repeat meas 1); repeat meas 2 end Bfly Wall;

5 - 8 SPOT TRN; OPN BRK; NEW YORKER; LUNGE BRK:

- 5 {Spot Turn} Repeat meas 3 Intro (W repeat meas 4 Intro on opposite ft to opposite direction) end LOP Fcg Wall;
- 6 {Open Break} Sd & fwd R rise trail arm extended sd throughout,-, bk L flex knee, fwd R;
- 7 {New Yorker} Sd L rise,-, trn LF to OP LOD slip fwd R flex knee, bk L trn RF to fc ptr;
- 8 {Lunge Break} Blend to LOP Fcg sd & fwd R rise,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd L) end LOP Fcg Wall;

9 - 12 AIDA PREP; AIDA LINE & SWITCH RK; CRAB WKS;;

- 9 {Aida Preparation} Sd L rise to slight OP “V” shape,-, thru R flex knee comm trn RF, sd L cont trn to LOP “V” Bk-To-Bk;
- 10 {Aida Line & Switch Rock} Bk R to Aida Line Pos,-, trn LF to fc ptr sd L chkg bring jnd hnds thru blend to Bfly, rec R;
- 11-12 {Crab Walks} Sd L rise,-, lower body swivel LF on L but upper body remains fcg ptr fwd R [hereafter XRIF] (W XLIF), sd L lower body fcg ptr; XRIF (XLIF)-, sd L, XRIF (XLIF);

13 - 16 FENCE LINE; CRAB WKS;; REV UNDERARM TRN:

- 13 {Fence Line} Sd L rise,-, cross lunge thru R with bent knee look LOD, bk L trn to fc ptr;
- 14-15 {Crab Walks} Repeat meas 11 thru 12 on opposite ft to opposite direction;;
- 16 {Reverse Underarm Turn} Release trail hnds sd R rise,-, XLIF flex knee, bk R (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr);

17 - 20 SHLDR TO SHLDR w/ARM 2X;; FENCE LINE w/ARM 2X;;

- 17-18 {Shoulder To Shoulder With Arm Twice} Sd L rise,-, XRIF to Bjo flex knee with lead arm up palm out trail hnd on R hip, bk L trn to fc ptr; sd R rise,-, XLIF to Scar flex knee with trail arm up palm out lead hnd on L hip, bk R trn to fc ptr;
- Note :** second time meas 18 ends OP Fcg Wall
- 19-20 {Fence Line With Arm Twice} Blend to LOP Fcg sd L rise,-, cross lunge thru R with bent knee look LOD trail arm sweep CCW (W CW), bk L trn bk to fc ptr; blend to OP Fcg sd R rise,-, cross lunge thru L with bent knee look RLOD lead arm sweep CW (W CCW), bk R trn bk to fc ptr;

“Ebb Tide”

(Continued)

REPEAT PART A MEAS 9 THRU 16

REPEAT PART B MEAS 1 THRU 18

END

1 - 3 TRN OUT w/SD CL; TRN IN w/SD CL; SD X LUNGE;

1 {Turn Out With Side Close} In OP Fcg sd L trn LF to Bk-To-Bk Pos,-, sd R, cl L;

2 {Turn In With Side Close} Keep trail hnds jnd sd R trn RF to Bfly Wall,-, sd L, cl R;

SS 3 {Side Cross Lunge} Sd L,-, cross lunge thru R look LOD,-;