Ein bisschen Frieden

Choreography:	Monika Gründer, Aktienstr. 18, D - 47057 Duisburg - E-Mail: monikagruender@gmx.de
Music:	„Ein bisschen Frieden" - CD: Das Tanzalbum der 80er Jahre (Hugo Strasser und sein Tanzorchester), Track 3 <u>2:51 min.</u>
	or CD: Hey Mambo (Hugo Strasser und sein Tanzorchester), Track 9 - or download from amazon.de
Rhythm & Phase:	RB Phase III slow down
Timing:	qqS throughout
Footwork:	opposite unless noted (Woman's footwork in parentheses)
Sequence:	Intro – A – A – B – B – Inter – A – B – B – End (see page 3) April 2018

INTRODUCTION

1-8   WAIT 4 MEAS ; ; ; ;   BASIC ; ;   NEW YORKER ;   FENCE LINE ;

1-4   **{Wait 4}** In BFLY WALL w/ldfeet free wait 4 meas ; ; ; ;

5-6   **{Basic}** Stp fwd L, rec bk R, sd L, - ;   Stp bk R, rec fwd L, sd R, - ;

7   **{NY}** Swvlg RF on R stp thru L to LOP RLOD, rec R to fc ptr, stp sd L to BFLY, - ;

8   **{Fence Line}** In BFLY WALL rk thru R w/soft knee, rec L, sd R, - ;

PART A

1-4   BREAK TO OPEN ;   PROGRESSIVE WALK 3 ;   SLIDING DOOR TWICE ; ;

1   **{Brk to OP}** Swvlg LF on R rk bk L to OP LOD, rec fwd R, fwd L, - ;

2   **{Prog Walk 3}** Staying in OP LOD stp fwd R, fwd L, fwd R, - ;

3-4   **{Slidg Door 2x}** In OP LOD rk apt L, rec sd R, release hnds and XLif while chg sds & W crossg
in front of M to LOP LOD, - ;   Joining ldhnds rk apt R, rec sd L, release hnds and XRif while chg sds
& W crossg in front of M to OP LOD no hnds jnd, - ;

5-8   CIRCLE AWAY & TOGETHER TO BFLY ; ;   CUCARACHA TWICE ; ;

5-6   **{Circle}** Releasg hnds move away from ptr in a LF circular pattern fwd L, fwd R, fwd L to fc RLOD, - ;
Finishg the circular pattern move fwd R, fwd L, fwd R to BFLY WALL, - ;

7-8   **{Cuca 2x}** In BFLY WALL rk sd L w/partial weight & hip action, rec R, cl L to R, - ;
Rk sd R w/partial weight & hip action, rec L, cl R to L, - ;

PART B

1-4   BASIC ; ;   NEW YORKER ;   FENCE LINE ;

Repeat meas 5-8 of Intro ; ; ; ;

5-8   HALF BASIC ;   WHIP TO BFLY ;   FENCE LINE ;   SPOT TURN TO BFLY ;

5   **{Half Basic}** In BFLY WALL repeat meas 5 of Intro ;

6   **{Whip}** In BFLY WALL rk bk R start trng LF leadg W to cross in front (*W fwd L outsd ptr to M's L side*),
rec L trng LF to fc COH leadg W across (*W step fwd & sd R across LOD trng ½ LF*),
step sd R to BFLY COH, - ;

7   **{Fence Line}** In BFLY COH rk thru L w/soft knee, rec R, sd L, - ;

8   **{Spot Trn}** Releasg ldhnds stp thru R w/strong LF trn, releasg trlhnds cont trng LF to fc ptr sd & fwd L,
sd R to BFLY COH, - ;

note: 2nd & 4th time thru Part B starts in BFLY COH and ends in BFLY WALL

INTER

1-4   HALF BASIC ;   UNDERARM TURN ;   LARIAT TO BFLY ; ;

1   **{Half Basic}** In BFLY WALL repeat meas 5 of Intro ;

2   **{Undrm Trn}** Releasg trlhnds rk bk R twd DLC ld W to trn RF undr jnd ldhnds, rec fwd L, sd R fcg WALL
(*W XLif trng ½ RF undr jnd ldhnds, contg RF trn rec R to fc ptr, sd L to M's R shldr*), - ;

3-4   **{Lariat}** Leadg W to circle CW w/jnd ld hnds rk sd L w/partial weight and hip action, rec R, cl L, - ;
Rk sd R w/partial weight and hip action, rec L, cl R to BFLY WALL, - ;
(*W does a CW circle around ptr fwd R, fwd L, fwd R, - ;   Fwd L, fwd R, fwd L to fc ptr, - ;*)

<u>ENDING</u>

1-4   <u>BASIC ; ;   NEW YORKER ;   FENCE LINE ;</u>

         Repeat meas 5-8 of Intro ; ; ; ;

5-9   <u>HALF BASIC ;   SPOT TURN TO BFLY ;   BREAK TO OPEN ;   PROGRESSIVE WALK 3 ;</u>

         <u>POINT FORWARD & HOLD ;</u>

         5   **{Half Basic}** In BFLY WALL repeat meas 5 of Intro ;

         6   **{Spot Trn}** Startg & endg in BFLY WALL repeat meas 8 of Part B ;

         7   **{Brk to OP}** Repeat meas 1 of Part A ;

         8   **{Prog Walk 3}** Repeat meas 2 of Part A ;

         9   **{Pt Fwd}** In OP LOD pt fwd L twd LOD lookg at ptr, hold position, -, - ;

<u>Quick Cues:</u>

Intro   In BFLY WALL   Wait 4;;;;   Basic;;   NY;   Fence Line;

A   Bk Brk to OP;   Prog Walk 3;   Slidg Door 2x;;

           Circle Away & Tog to BFLY;;   Cuca 2x;;

A

B   Basic;;   NY;   Fence Line;

           Half Basic;   Whip;   Fence Line;   Spot Trn;

B

Inter   Half Basic;   Undrm Trn;   Lariat;;

A

B

B

End   Basic;;   NY;   Fence Line;

           Half Basic;   Spot Trn;   Bk Brk to OP;   Prog Walk 3 (slow down);   Pt Fwd & Hold

To add some more figures and making the dance a bit more interesting chose for the following version:

Intro   In BFLY WALL   Wait 4;;;;   Basic;;   NY;   Fence Line;

A   Bk Brk to OP;   Prog Walk 3;   Slidg Door 2x;;

           Circle Away & Tog to BFLY;;   **<u>Cuca Cross 2x to OP;;</u>**

           <u>Prog Walk 6;;</u>   Slidg Door 2x;;

           Circle Away & Tog to BFLY;;   Cuca 2x;;

B   Basic;;   NY;   Fence Line;   Half Basic;   Whip;   Fence Line;   Spot Trn;

           repeat ;;;; ;;;;

Inter   Half Basic;   Undrm Trn;   Lariat;;

Amod   **<u>Cuca Cross 2x to OP;;</u>**   Slidg Door 2x;;

           Circle Away & Tog to BFLY;;   Cuca 2x;;

Bmod   Basic;;   **<u>NY 2x;;</u>**   Half Basic;   Whip;   Fence Line;   Spot Trn;

           <u>Chase (Fc COH);;;;</u>   Half Basic;   Whip;   Fence Line;   Spot Trn;

           Basic;;   **<u>NY 2x;;</u>**

           Half Basic;   Spot Trn;   Bk Brk to OP;   Prog Walk 3 (slow down);   Pt Fwd & Hold