

EL BIMBO



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Music : Philips PHCA-9001 CD Track 1 By : Paul Mauriat e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Cha Cha Phase V + 1 [Advanced Alemana] + 1 [Circular Cross Body]
Sequence : Intro - A - B - C - B - C - B - C(1-9) - Ending **Speed** : 29 MPM
Timing : 123&4 unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT; DBL CUBAN; GUAPACHA TIME STEP; OK KNEE PT HOLD;

1 {Wait} Fcg ptr & Wall arms extended sd palms up lead ft free wait 1 meas;
1&2&3&4 2 {Double Cuban Break} XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;
- &23&4 3 {Guapacha Time Step} Hold keep arms extended sd palms up/almost falling XRIB (W XLIB),
rec L, sd R/cl L, sd R blend to Bfly;
&1 - - - 4 {Quick Knee Point Hold} On half beat of the previous meas raise L knee across body/pt L sd,
hold, hold, hold;

PART A

1 - 8 BRK BK TO FWD TRIPLE CHAS;; AIDA TO BK TRIPLE CHAS;; SWITCH TO SINGLE CUBAN; SPOT TRN; CRAB WK 4; OK HIP LIFT & LOWER;

123&4 1-2 {Break Back To Forward Triple Chas} Release lead hnds trn 1/4 LF (W RF) bk L, rec R, body trn
1&23&4 slightly RF fwd L/lk RIB, fwd L; body trn slightly LF fwd R/lk LIB, fwd R, body trn slightly RF
fwd L/lk RIB, fwd L;
123&4 3-4 {Aida To Back Triple Chas} Thru R comm trn RF, sd L cont trn to "V" Bk-To-Bk Pos,
1&23&4 bk R/lk LIF, bk R; body trn slightly LF bk L/lk RIF, bk L, body trn slightly RF bk R/lk LIF, bk R
end Aida Line Pos fc RLOD;
5 {Switch To Single Cuban Break} Trn LF (W RF) to fc ptr sd L bring jnd hnds thru and blend to
Bfly, rec R, XLIF/rec R, sd L;
6 {Spot Turn} XRIF (W XLIF) trn 3/4 LF (W RF) to fc RLOD, rec L cont trn to fc ptr, sd R/cl L,
sd R end Bfly Wall;
1234 7 {Crab Walk 4} Lower body swivel RF but upper body remains fcg ptr fwd L [hereafter XLIF]
(W XRIF), sd R lower body fcg ptr, XLIF, sd R;
&1 - - - 8 {Quick Hip Lift & Lower} On half beat of the previous meas bring L to sd of R lower L hip/with
slight pressure on L lift hip, gradually lower hip,-, jn R-R hnds end Hndshk Wall;

PART B

1 - 8 CIRCULAR X BODY;::: W SPIRAL TO RUNAWAY; W FWD SWVL TO ADV ALEMANA::

- 1-5 {Circular Cross Body} Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DRC;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont trng 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W’s step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DLW;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF to fc DRC, cont trng 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;
- 6 {W Spiral To Runaway} Bk R, rec L, fwd run R/L, R (W fwd L, fwd R spiral LF 1 full trn, fwd run L/R, L) end both fc LOD W’s R hnd behind bk;
- 7-8 {W Forward Swivel To Advanced Alemana} Fwd L, rec R, release R-R hnds and jn lead hnds comm trn RF sd L/cl R, sd & fwd L cont trn to fc DRW
(W fwd R swivel 1/2 RF on R, fwd L, fwd run R/L, R trn RF to fc COH pt L sd);
Cont trn XRIB, cont trn sd L to fc COH, sd R/cl L, sd R (W cont trn under jnd lead hnds fwd L twd LOD, cont trn fwd R twd RLOD, cont trn sd & fwd L twd DLC/cont trn to fc ptr cl R, sd L) end CP COH;

PART C

1 - 10 GUAPACHA X BASIC:: START FLIRT; BK VINE APT; SLO SD LUNGE & REC; FRONT VINE TOG; FINISH FLIRT: SWEETHEART 2X W TRN L TO FC:: OK LUNGE & SIT LINE & RISE;

- &23&4 1-2 {Guapacha Cross Basic} Hold the last sd step of the previous meas rising slightly/almost falling XLIF (W XRIB) comm trn 1/4 LF, cont trn rec R to fc RLOD, sd L/cl R, sd L end CP RLOD;
- &23&4 Hold and rising slightly/almost falling XRIB (W XLIF) comm trn 1/4 LF, cont trn rec L to fc Wall, sd R/cl L, sd R jn R-R hnds end Hndshk Wall;
- 3 {Start Flirt} In Hndshk Pos fwd L, rec R, sm step sd L/cl R, sd L (W bk R, rec L trn 1/2 LF to Valsouvienne Pos, sm step sd R/cl L, sd R);
- 4 {Back Vine Apart} XRIB (W XLIB), sd L, XRIF (W XLIF)/sd L, XRIB (W XLIB);
- 1 - 3 - 5 {Slow Side Lunge & Recover} Sd lunge L lead hnds extended sd,-, rec R lower lead hnds,-;
- 6 {Front Vine Together} XLIF, sd R, XLIB/sd R, XLIF blend to Valsouvienne;
- 7 {Finish Flirt} Bk R, rec L, sm step sd R/cl L, sd R (W bk L, rec R, sm step sd L/cl R, sd L) end Left Varsouvienne Wall;
- 8-9 {Sweetheart Twice W Turn Left To Face} Chk fwd L with right sd lead to contra chk like action making window with both arms, rec R with body straighten, sd L/cl R, sd L end Valsouvienne Wall;
Repeat meas 5 with opposite ft to opposite direction (W bk L with right sd lead to contra chk like action, rec R trn LF to fc ptr jn lead hnds, sd L/cl R, sd L) end LOP Fcg Wall;
- 1 - - - 10 {Quick Lunge & Sit Line & Rise} Flex R knee slight body trn LF move L leg sd & bk free arm (&1 - - -) extended sd & bk look at ptr, gradually rise on R,-, jn R-R hnds (W sm bk R/flex R knee leave L leg fwd free arm extended up, gradually rise on R,-, rec L) end Hndshk Wall;

“El Bimbo”

(Continued)

REPEAT PART B

REPEAT PART C

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REPEAT PART C MEAS 1 THRU 9

END

1 - 6 OPN HIP TWIST; FAN; STOP & GO HOCKEY STICK;;

ALEMANA LEAD TO RUMBA AIDA;;

- 1 {Open Hip Twist} Fwd L, rec R, bk L/sm pull R bk twd L, cl L [Slip Chasse] pushing arm fwd gently to lead W to trn (W bk R, rec L, fwd R/lk LIB, fwd R swivel 1/4 RF on R) end L-Shape CP M fc Wall W fc LOD;
- 2 {Fan} Bk R, rec L, XRIF of L/twisting RF on R cl L, sd R [Hip Twist Chasse] (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, sd & bk L) end Fan Pos M fc Wall;
- 3-4 {Stop & Go Hockey Stick} Fwd L, rec R raising jnd lead hnds to lead W to rev underarm trn, in pl L/R, L (W cl R, fwd L, fwd R/L, R trn 1/2 LF under jnd lead hnds to end M's right sd); Chk fwd R with left sd stretch shaping to ptr placing right hnd on W's left shoulder blade to chk her movement, rec L raising jnd lead hnds to lead W to underarm trn, in pl R/L, R (W rk bk L, rec R, fwd L/R, L trn 1/2 RF under jnd lead hnds) end Fan Pos M fc Wall;
- 5 {Alemana Lead} Fwd L, rec R, cl L/in pl R, L (W cl R, fwd L, fwd R/L, R swivel RF to fc ptr);
- 123 - 6 {Rumba Aida} Thru R trn RF, sd L cont trn, bk R to V Bk-To-Bk Pos fc RLOD jnd lead hnds extended fwd free arms extended up & bk,-;