EL LOBO

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RECORD: A & M 101 "The Lonely Bull" album or CD by Herb Alpert (Download available at walmart.com)
RHYTHM: Waltz **PHASE:** II+2 (Hover, Whisk) **SPEED:** 43 RPM
FOOTWORK: Opposite, directions for man except where noted **DATE:** February 2006
SEQUENCE: INTRO, A, B, A, C, A(1-18), INTERLUDE, END

INTRO

1-8 WAIT 2 ; ; APT PT ; TOG TCH [CP/WALL] ; LEFT TRNG BOX [BFLY/WALL] ; ; ; ;
1-2 [OP/FCG] wait 2 meas ; ;
3-4 Bk L, pt R, - ; fwd R, tch L to CP/WALL, - ;
5-6 Fwd L trn LF ¼, sd R, cl L ; bk R trn LF ¼, sd L, cl R ;
7-8 Fwd L trn LF ¼, sd R, cl L ; bk R trn LF ¼, sd L, cl R to BFLY/WALL ;

PART A

1-4 WALTZ AWY & TOG ; ; WALTZ AWY ; WRAP ;
1-2 Sd & fwd L trn LF (W sd & fwd R trn RF), sd R, cl L ; sd & fwd R trn RF (W sd & fwd L trn LF), sd L cont trn to fc ptr, cl R ;
3-4 Sd & fwd L trn LF (W sd & fwd R trn RF), sd R, cl L ; in plc R, L, R (W wrap LF into M's arms L, R, L) to WRAPPED/LOD;

5-8 FWD WALTZ ; PU [CP/LOD] ; TWO LEFT TRNS [CP/WALL] ; ;
5-6 In wrap position fwd L, fwd R, cl L ; fwd R ldg W in frnt, sd L, cl R to CP/LOD ;
7-8 Fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R to CP/WALL ;

9-12 CANTER TWICE [BFLY/WALL] ; ; WALTZ AWY & TOG ; ;
9-10 Sd L, draw R to L, cl R ; sd L, draw R to L, cl R to BFLY/WALL ;
11-12 Sd & fwd L trn LF (W sd & fwd R trn RF), sd R, cl L ; sd & fwd R trn RF (W sd & fwd L trn LF), sd L cont trn to fc ptr, cl R ;

13-16 SOLO TRN 6 [BFLY/WALL] ; ; STEP SWING ; SPIN MANUV ;
13-14 No hnds trng LF fwd L (W RF), cont trn sd R, cl L ; bk R trng LF (W RF), cont trn sd L, cl R to BFLY/WALL ;
15-16 Sd & fwd L to OP/LOD, swing R thru, - (W sd & fwd R to OP/LOD, swing L thru,-) ; fwd R trng RF in frnt of W, sd L, cl R to CP/RLOD (W LF spin on L, R, L end fcg LOD) ;

17-20 TWO RIGHT TRNS ; ; WHISK ; THRU FC CL [CP/WALL] * 2nd TIME PU [SCAR/LOD] ;
17-18 Bk L trng RF, sd R, cl L ; fwd R trng RF, sd L, cl R to CP/WALL ;
19-20 Fwd L, sd & fwd R w/ rise, hk L beh R (W hk R beh L) ; XRIFL (W XLIFR),fwd L to fc ptr,cl R to CP/WALL ; *NOTE: 2nd time PU [SCAR] fwd R ldg W in frnt, sd L, cl R to SCAR/LOD ;

PART B

1-4 BOX ; ; REV BOX ; ;
1-2 Fwd L, sd R, cl L ; bk R, sd L, cl R ;
3-4 Bk L, sd R, cl L ; fwd R, sd L, cl R ;

5-8 HOVER ; MANUV ; ONE RIGHT TRN ; FWD WALTZ ;
5-6 Fwd L, sd & fwd R w/ rise, rec L to SC/ LOD ; fwd R trng RF in frnt of W, sd L, cl R to CP/RLOD ;
7-8 Bk L trng RF, sd R, cl L to fc CP/LOD ; fwd R, fwd L, cl R ;

9-12 TWO LEFT TRNS [BFLY/WALL] ; ; BAL L & R ; ;
9-10 Fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R to BFLY/WALL ;
11-12 Sd L, xRibL rising on toe, rec L ; sd R, xLibR rising on toe, rec R ;

13-17 WALTZ AWY ; TURN IN ; BK UP WALTZ ; BK FC CL [BFLY/WALL] ; ONE CANTER ;
13-14 Sd & fwd L trn LF (W sd & fwd R trn RF), sd R, cl L ; fwd R trng RF (W LF) twd ptr, sd L, cl R to LOP/RLOD ;
15-17 Bk L, bk R, cl L ; bk R trng LF (W RF) to fc ptr, sd L, cl R to BFLY/WALL ; sd L, draw R to L, cl R ;

PART C

1-4 THREE PROG TWINKLES ; ; ; FWD & TCH ;
1-4 SCAR/LOD fwd L, sd R to BJO/LOD, cl L; fwd R, sd L to SCAR/LOD, cl R; fwd L, sd R to BJO/LOD, cl L; fwd R, tch L to R, - ;

5-8 THREE BK PROG TWINKLES ; ; ; BK & TCH [CP/LOD] ;
5-8 BJO/LOD bk L, sd R to SCAR/LOD, cl L; bk R, sd L to BJO/LOD, cl R; bk L, sd R to SCAR/LOD, cl L; bk R to CP/LOD, tch L to R, - ;

9-13 DIP BK ; FWD WALTZ ; TWO LEFT TRNS [BFLY/WALL] ; ; ONE CANTER ;
9-10 In CP/LOD bk L leaving R leg extended, -, - ; fwd R, fwd L, cl R ;
11-13 Fwd L trng LF, sd R, cl L ; bk R trng LF, sd L, cl R to BFLY/WALL ; sd L, draw R to L, cl R ;

14-17 WALTZ AWY ; PU [CP/LOD] ; PROG BOX ; ;
14-15 Sd & fwd L trn LF (W sd & fwd R trn RF), sd R, cl L ; fwd R ldg W in frnt, sd L, cl R in CP/LOD ;
16-17 Fwd L, sd R, cl L ; fwd R, sd L, cl R ;

18-21 ONE LEFT TRN [CP/RLOD] ; BK UP WALTZ ; TWO RIGHT TRNS [BFLY/WALL] ; ;
18-19 Fwd L trng LF, Sd R, cl L to CP/RLOD ; bk R, bk L, cl R ;
20-21 Bk L trng RF, sd R, cl L ; fwd R trng RF, sd L, cl R to BFLY/WALL ;

INTERLUDE

1 ONE CANTER ;
1 Sd L, draw R to L, cl R ;

END

1-8 LEFT TRNG BOX ; ; ; ; BOX ; ; REV BOX ; ;
1-2 In CP/WALL fwd L trn LF ¼, sd R, cl L ; bk R trn LF ¼, sd L, cl R ;
3-4 Fwd L trn LF ¼, sd R, cl L ; bk R trn LF ¼, sd L, cl R ;
5-6 Fwd L, sd R, cl L ; bk R, sd L, cl R ;
7-8 Bk L, sd R, cl L ; fwd R, sd L, cl R ;

9-11 TWO CANTERS ; ; LUNGE SD & HOLD ;
9-11 sd L, draw R to L, cl R ; sd L, draw R to L, cl R ; stp sd L relaxing knee leaving R leg extended, - , - ;