

ENCADENADOS

Bill & Carol Goss
858-638-0164

With Philip Gott

Amazon Download: Luis Miguel
Bolero Phase V+2

INTRO, A, B, C, B MOD, ENDING

10965 Sunny Mesa Rd. San Diego, CA 92121

gossbc@san.rr.com

Champion Ballroom Academy

CD: Mi Boleros Favoritos; Encadenados, Track 11

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INTRO

1-4 WAIT PICK-UP NOTES LUNGE L LADY ARM SWEEP & SYNCO HIP RKS; M SYNCO SPOT TRN LADY RISE TCH & LOWER; SKATERS SYNCO BOLERO WALKS; SYNCO FCING FAN TRANS;

- SQ&Q 1-2 Wait pick-up notes shadow wall L ft free M's hnds on her hips
SQ&Q {Lunge L Lady Arm Sweep & Synco Hip Rks} Lunge sd L
(W -) lower in knee (W sweep R arm fwd twd LOD),-, synco hip rks
R/L, R (W sweep R hnd arnd her head with fingers on the L sd
near ear); {M Synco Spot Trn W Rise Tch & Lower} Man
strong sd L,-, XRIF of L trn ¾ LF/ fwd L trn ¼ LF, sd & fwd R
still fc RLOD gather W in right arm arnd her waist (W rise in R
knee & tch L to R like Marilyn Monroe,-, lower QQ moving
knees L, R);
- SQ&Q 3-4 {Skaters Synco Bolero Walks} Trn to fc LOD in skaters fwd &
SQQ sd L,-, fwd R/L R; {Synco Fcing Fan Trans} Fwd L man chk,-,
(WSQ&Q) rk sd & bk R, fwd L leading W out to fc (W fwd L,-, fwd R/ fwd
L trn LF, bk R to lead hnd joined);
- 5 FWD BRK;**
- SQQ 5 {Fwd Break} Fwd & sd R,-, on the two definite notes in the
music chk fwd L, recov R;

PART A

- 1-4 RT SD PASS; FWD BRK; TRNING BASIC; SPIN NEW YORKER;**
- SQQ 1-2 {Rt Sd Pass} Fwd & sd L start RF trn raise lead hnds,-, XRIB of
SQQ L cont RF trn, fwd L (W fwd R,-, fwd L start LF trn, bk R cont
LF trn under raise lead hnds to fc ptr) end DRW; {Fwd Brk} Sd
& fwd R,-, chk fwd L, recov R;
- SQQ 3-4 {Trning Basic} Sd L to CP,-, bk R trn ¼ LF with slip pivot
SQQ action, sd & fwd L trning ¼ LF to fc DC; {Spin New Yorker} Sd
& fwd R as release the W to lead her to step & spin LF under lead
hnds,-, fwd L in LOP LOD, recov R (W fwd L & spin LF full
arnd,-, fwd R LOD, recov L);
- 5-8 RIF TRNS; CROSS BODY TO HALF MOON JOIN R HNDS;; HALF MOON;**
- QQQQ 5-7 {Riff Trns} Sd L, cl R, sd L, cl R as lead W to trn under joined
SQQ lead hnds RF twice (W trn ¼ RF fwd R spin RF to fc ptr, cl L, trn

- ¼ RF fwd R spin RF to fc ptr, cl L); **{Cross Body to Half Moon Join R Hnds}** Trning ¼ RF sd & fwd L with R sd stretch,-, slip bk R shaping to ptr and join R hnds, fwd L cont trning ¼ to fc ptr; Sd & fwd R start RF trn with R sd stretch shape twd ptr,-, cont trning RF chk fwd L to RLOD shaping to ptr, recov bk R trning to fc ptr;
- SQQ 8 **{Half Moon}** Trning ¼ RF sd & fwd L with R sd stretch,-, slip
SQQ bk R shaping to ptr, fwd L cont trning ¼ to fc ptr;
- 9-12 CONT HALF MOON; RIGHT HND UNDERARM TRN; CHG HND SYNCO HIP RKS; FWD BRK;**
- SQQ 9-10 **{Cont Half Moon}** Sd & fwd R start RF trn with R sd stretch
SQQ shape twd ptr,-, cont trning RF chk fwd L to LOD shaping to ptr, recov bk R trning to fc ptr; **{Right Hnd Underarm Trn}** Sd L raise R hds,-, chk bk R fc DC, recov L (W sd & fwd R,-, trn RF ¾ L under R arms, recov R trn ¼ RF);
- SQ&Q 11-12 **{Chg Hnd Synco Hip Rks}** Step sd R to fc COH & chg to lead
SQQ hnds joined,-, synco hip rks L/R, L; **{Fwd Brk}** Sd & fwd R,-, chk fwd L, recov R;
- 13-16 CHK RIGHT PASS;; NATURAL TOP 6 to BJO DW;;**
- SQQ 13-14 **{Chk Rt Pass}** Fwd & sd L stretch L sd,-, XRIB of L as lead
SQQ lady under joined lead hnds, sd L to fc wall cross behind W to get to her L side lead hnds joined IF of W (W fwd R,-, fwd L with slight XIF of R, sd R fc wall lead hnds joined low); Fwd R spin ½ RF to fc ptr & COH lead hnd joined,-, rk fwd L, recov R (W bk L,-, chk bk R, recov L);
- SQQ 15-16 **{Nat Top 6 to BJO DW}** Sd & fwd L blend to CP DC start RF
SQQ trn,-, cont RF trn XRIB of L, sd L; XRIB of L,-, sd L, sd & bk R end BJO DW (W fwd R,-, sd L, XRIF of L; sd L,-, XRIF of L, fwd L to BJO);

PART B

- 1-4 STEP SWVL FIN TRNING BASIC; NEW YORKER TWICE;; PREP NEW YORKER SWVL FC RLOD;**
- SQQ 1-2 **{Step Swvl Fin Trning Basic}** Step sd L fcing wall & swvl W,-,
SQQ then finish a trning basic bk R trn ¼ LF with slip pivot action, sd & fwd L trning ¼ LF to fc DC (W fwd R svl RF to fc LOD,-, fwd L trning LF, sd & bk R); **{New Yorker}** Sd & fwd R twd LOD,-, chk thru L in LOP, recov R;
- SQQ 3-4 **{New Yorker}**Fc ptr sd & fwd L twd RLOD,-, ck thru R in OP,
SQ- recov L; **{Prep New Yorker Swvl Fc LOD}** Fc ptr sd & fwd R twd LOD,-, ck thru L in LOP, swvl LF on L to fc RLOD still low;
- 5-8 RISE FIN AIDA PREPARATION; AIDA LINE HIP RKS; STEP SWVL TO FC SPOT TRN; LUNGE BREAK;**
- QQ 5-6 **{Rise Fin Aida Prep}** Rise in the L leg,-, step thru R, fwd L start
SQQ RF; **{Aida Line Hip Rks}** Fin RF trn step sd & bk R in aida “V”

- pos slight bk to bk fc LOD,-, rk fwd L, recov R;
- SQQ 7-8 **{Step Swvl to Fc Spot Trn}** Fwd L swvl LF to fc ptr and COH,-, S-
(WSQQ) **{Lunge Break}** Sd & fwd R to LOP fc ing,-, lower on R with slight RF body trn lead W bk, rise on R with slight body trn to recov,- (W sd & bk L,-, bk R with contra check action, fwd L);
- 9-12 LEFT SD PASS; FWD BRK; UNDERARM TO FAN; PREP HOCKEY STICK;**
- SQQ 9-10 **{Left Sd Pass}** Fwd L to contra SCAR trn ptr RF,-, bk R with slipping action, fwd L trning LF (W fwd R trn 3/8 RF with bk to ptr,-, sd & fwd strong LF trn, bk R) fc DRW; **{Fwd Brk}** Sd & fwd R,-, chk fwd L, recov R;
- SQQ 11-12 **{Underarm to Fan}** Sd & bk L raise lead hnds as if to lead alemana,-, bk R, small sd & fwd L twd ptr end in fan pos fc ing DW (W fwd R,-, fwd L trning RF under lead hnds passing M on his L sd, bk R in fan pos); **{Prep Hockey Stick}** Fwd R,-, chk fwd L, recov R (W bk L,-, rk bk R, recov L);
- 13-16 LADY LF UNDERARM SPIN RK RECOV; LADY SWVL RISE TRANS WITH SWVLS; FC TRANS REV RIFF TRN; NEW YORKER;**
- SQQ 13-14 **{Lady LF Underarm Spin Rk Recov}** Small Sd L lead W to spin under lead hnds LF to BJO DW,-, rk fwd R, recov L (W fwd R spin LF to BJO,-, rk bk L, recov R); **{Lady Swvl Rise Trans With Swvls}** Fwd R to fc wall pt L to LOD (W rise in R trn body RF) to lead W to swvl while pt L,-, rk sd L, recov R (W fwd L swvl LF, fwd R swvl RF);
- SQQ 15-16 **{Fc Trans Rev Riff Trn}** Sd L to fc ptr,-, twd RLOD lead W to trn LF under lead hnds sd R, cl L (W fwd L to fc and on,-/ & ct cl R to L, twirl under lead hnds LF fwd L trn LF, cont LF trn cl R); **{New Yorker}** Fc ptr sd & fwd R twd RLOD,-, ck thru L in OP, recov R;

PART C

- 1-4 TRNING BASIC;; FENCE LINE WITH ARM TO SCAR; BOLERO WALK IN SCAR;**
- SQQ 1-2 **{Trning Basic}** Cutting off the W to CP sd L,-, bk R trn ¼ LF with slip pivot action, sd & fwd L trning ¼ LF to fc DC; Cont LF trn sd R to fc COH,-, chk fwd L like contra chk, recov R;
- SQQ 3-4 **{Fence Line to SCAR}** Sd L twd RLOD raise trailing hnds up and over,-, lunge thru R in fence line, recov L blending to SCAR LOD lead hnds joined; **{Bolero Walks in SCAR}** Walk LOD fwd R,-, fwd L, fwd R;
- 5-8 STEP SWVL BFLY BOLERO WALK IN BJO; STEP SWVL SCAR CHK DEVELOPE; CONT DEVELOPE LADY SPIRAL OUT; FC PT TO NAT TOP 2 TO BJO DW;**
- SQQ 5-6 **{Step Swvl Bfly Bolero Walk BJO}** Fwd L swvl LF to BFLY

- SS BJO,-, walk to RLOD fwd R, fwd L; **{Step Swvl SCAR Chk Develope}** Fwd R swvl RF to BFLY SCAR,-, chk fwd L (W bk L swvl RF to SCAR,-, chk bk R and begin develope bring L leg up with bent knee),-;
- S 7-8 **{Cont Develope Lady Spiral Out}** Hold (W cont develope kicking out the L leg),-, recov R fc COH leading W to spiral LF under joined lead hnds,- (W recov L, fwd R spiral LF under lead hnds); **{Fc Pt Fin Nat Top 2 to BJO DW}** Lunge fwd on L, recov R pt L to LOP fcng ptr DRC, lead W to CP with RF trn sd L, cont RF trn sd & bk R to fc DW in BJO (W fwd L swvl LF to fc ptr pt R sd,-, fwd R to CP with RF trn, cont RF trn sd & fwd L to BJO);

REPEAT B 1-15

- 16 ½ **SYNCO SPOT TRN; SLOW SD WITH ARM SWEEP,-,**
 SQ&Q 16 ½ **{Synco Spot Trn}** With the notes in the music Sd R,-, XLIF of R twd RLOD trn RF ¾/ fwd R trn RF ¼ to fc ptr lead hnds joined, sd L fc ptr & wall; **{Slow Sd with Arm Sweep}** Sd R with trailing hhds sweeping out & up by ear music slows,-,

ENDING**1-3 RIFF TRNS; HALF OPEN FWD, MANUV, CUDDLE PIVOT, 2 FC WALL; ARND THE WORLD;**

- QQQQ 1-2 **{Riff Trns}** With the music slow riff trns sd L, cl R, sd L, cl R as lead W to trn under joined lead hnds RF twice (W trn ¼ RF fwd R spin RF to fc ptr, cl L, trn ¼ RF fwd R spin RF to fc ptr, cl L); **{Half Open Fwd Manuv Cuddle Pivot 2 Fc Wall}** Blend to ½ open fwd L, fwd R M fold in front of W to plc both hnds arnd her bk in cuddle pos, bk L pivot ½ RF to fc LOD, fwd R pivot ¼ RF to fc wall;
- SS 3 **{Around the World}** Step sd L as move the W's body strongly to the L lowering in both knees and supporting the W's bk with both arms allow her to move her body sd and bk arnd to the R sd of the M,-, chng wgt to the R sd when she finishes her action (W sd R as bring upper body twd LOD while lowering in both knees bending bk away from M and sweeping the body bk CW arnd and up,-, chg wgt to the L ft as return to standing in cuddle CP) fcng DRW,-;