ENRICHEZ VOUS

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Music: *"Enrichez-Vous"* by Amarillis
CD: Waltzing In The Trees, Track 3   (also available on iTunes, Amazon, etc.)
Time/Speed: 4:24 @ 38, as downloaded, 3:43 @ 45   (optional shortened version – 3:14 @ 38, see note)
Released: Aug 2013   **Revised:** Aug 31, 2013
Rythm / Phase: Waltz / IV   **Difficulty Level:** EZ
Sequence: Intro - A [5-16] - A mod - B - B - A - A mod - B - B [1-12] - End

INTRODUCTION

1-4		**WAIT ; BOW / CURTSY ; STEP TOGETHER TO CP ; BOX FINISH ;**
	1	FCG / WALL, wait 3 pickup notes and 1 measure ;
1 - -	2	Bow / Curtsy: Man bow from the waist with the R arm folded in front & L arm behind, -, -
		(W curtsy with L ft behind R and R arm folded in front L arm behind) ;
1 - -	3	Tog CP: fwd L to CP / WALL, -, - ;
	3-4	Box Fin: start LF turn bk R, sd L, cl R; CP/LOD ;

PART A [5-16]

5-8		**TURN L & R CHASSE TO BJO ; BK BK/LK BK ; BK PASSING CHANGE ; BK & OUTSIDE SWIVEL ;**
12&3	1	Turn L & R Chasse: fwd L start LF trn, sd R/cl L, sd R; BJO/DRC
12&3	3	Bk Bk/Lk Bk: bk L, bk R/xLif, bk R ; BJO/DRC
	3	Bk Passg Chg: bk L, bk R, bk L ; BJO/DRC
	4	BK & Outsd Swvl: bk R, bk L, trn RF to W draw R to L *(W fwd L, fwd R, swvl RF)* ; SCP/LOD
9-12		**THRU CHASSE TO BJO ; FWD FWD/LK FWD ; OP NAT ; BK HOVER TO SCP ;**
12&3	5	Thru Chasse: fwd R start RF trn, sd L/cl R, sd L ; BJO / DRC
12&3	6	Fwd Fwd/Lk Fwd: fwd R, fwd L/xRib, fwd L ; BJO / DRC
	7	Op Nat: fwd R start RF trn in front of W, sd L, bk R ; BJO / DLW
	8-9	Bk Hvr: bk L start RF trn, sd R with slight rise, rec L ; SCP / LOD
13-16		**WEAVE TO SCP ; ; CHAIR & EXTEND ; RECOVER, SLIP ;**
	13-14	Weave: fwd R DLC, fwd L with LF trn, sd and bk R ; bk L, bk R cont LF trn, sd and fwd R ; SCP / DLW
1 - -	15	Chair & Ext: ck fwd R soft knee & slo extend DLW, -, - ;
12 -	16	Rec, Slip: rec L, bk R slipping W to CP/LOD, - ;

PART A Modified

1-4		**FWD WZ ; R TURN ; BK WZ ; L TURN ;**
	1	Fwd Wz: fwd L, fwd R, cl L ; CP / LOD
	2	R Turn: fwd R start RF trn, sd L cont RF trn, cl R ; CP / DRC
	3	Bk Wz: bk L, bk R, cl L ; CP / DRC
	4	L Turn: Bk R start LF trn, sd L cont LF trn, cl R ; CP / LOD
5-8		**TURN L & R CHASSE TO BJO ; BK BK/LK BK ; BK PASSING CHANGE ; BK & OUTSIDE SWIVEL ;**
9-12		**THRU CHASSE TO BJO ; FWD FWD/LK FWD ; OP NAT ; BK HOVER TO SCP ;**
13-16		**WEAVE TO SCP ;; CHAIR & EXTEND ; RECOVER, SIDE TO BFLY ;**
12 -	16	Rec, Sd: rec L, sd R, - ; BFLY / WALL

PART B

1-4		**WZ AWAY ; WOMAN WRAP ; FWD WZ ; PICKUP, SIDE, CLOSE ;**
	1	Wz Away: fwd L trng LF 1/8, sd R, cl L ;
	2	W Wrap: fwd R trng RF 1/8, slight fwd L join ld hands, cl R *(W rolls LF under jnd trlg hands L, R, L)* ; WRAP / LOD
	3	Fwd Wz: fwd L, fwd R, cl L ; WRAP / LOD
	4	PU, SD, CL: fwd R drop trlg hands, sd L, cl R *(W fwd L folding in frt of M, sd R, cl L)* ; CP / LOD

5-8		**DRIFT APART ; SYNC WRAP 1/2-OP ; OP IN/OUT RUNS ; ;**
		5	Drift Apt: fwd L, cl R, cl L (*W bk R, bk L, cl R*) ;
12&3		6	Sync Wrap: fwd R, -, fwd L, - ; ½-OP / LOD
		7-8	Op In/Out Runs: fwd R start RF turn, sd L across LOD cont turn to momemtary CP, cont trn fwd R shaping to W
			(*W fwd L, fwd R, fwd L fc DLW*) L ½-OP / LOD ;
			xLif, lead W across LOD, fwd R to momemtary CP, fwd L trn RF shaping to W
			(*W fwd R start RF turn, sd L across LOD cont turn, fwd R*) ; SCP / LOD

9-12		**OP IN/OUT RUNS ; ; FWD HOVER TO SCAR ; CROSS-CHECK WOMAN DEVELOPE ;**
		9-10	Op In/Out Runs: repeat meas 7-8
		11	Fwd Hvr: fwd R start RF trn, sd L with slight rise to CP, rec L ; SCAR / DRW
1 - -		12	X-Chk W Dev: xLif with soft knee, -, - (*W xRib, bring L ft up R leg to inside of R knee, extend L ft fwd, -*) ;

13-16		**BK CHASSE / REV TWIRL ; MANUVER ; 2 R TURNS ; ;**
12&3		13	Bk Chasse/RevTwl: rec R raising ld hnd, sd L / cl R, sd L
			(*W rec L start LF trn, roll LF R/L under joined ld hnds, bk & sd R*) ; SCP / LOD
		14	Mnvr: fwd R start RF trn in front of W, sd L, cl R ; CP / RLOD
		15-16	2 R Turns: bk L start RF trn, sd R cont RF trn, cl L ; fwd R start RF trn, sd L cont RF trn, cl R ;
			BFLY / WALL 1st & 3rd time thru, CP / LOD 2nd time.

ENDING

1-4		**WOMAN ROLL OUT TO LOP, MAN IN 2 ; FRONT VINE 4 ; CROSS CHECK, RECOVER, POINT ;**
		CROSS CHECK & EXTEND ;
12 -		1	W Roll Out OP, M 2: rec R, sd L, - (*W rec L start LF trn, roll LF R, L*) ; LOP / WALL
12&3		2	Frt Vn 4: xRif, sd L / xRib, sd L ;
		3	X-Chk, Rec, Pt: xRif, rec L, pt R to RLOD ;
1 - -		4	X-Chk & Xtnd: xRif and slowly extend M's R / W's L arms, -, - ;

Note: As downloaded, the music can be divided into 8 sections. Once slowed the music extends to over 4 minutes, so the music can optionally be shortened by cutting out sections 6 & 7, which corresponds to one instance each of Part A and Part B. This is accomplished by removing the music from 2:11.5 minutes to 3:06.9 minutes. This changes the sequence to:		Intro - A [5-16] - A mod - B - B - A mod - B [1-12] - End