

# ESCUCHAME EN SILENCIO (Listen To me In Silence)

**Music:** Yesenia Flores  
**Cd :** Altísimo Señor <http://www.yeseniaflores.com/tienda.html>  
Track # 8 Time 2:35 slow down w/ -10% to Time 2:52  
Available from choreographer  
**Rhythm:** **Slow Two Step Phase: V+U (The Square+Patty Cake+Cont Trav R Turns)**  
**Footwork:** **Opposite except where (Noted)**  
**Release Date:** May 22  
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**Sequence:** **INTRO AB INTRO(3-8) A C END**



## INTRO

### 01-04 ½ OP LOD LEAD FOOT FREE WAIT 2 MEASURES ; ; TWO SWITCHES ; ;

{Wait} ½ OP LOD ld ft free wt 2 meas ; ; {2 Switches} Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (W sd L Xg ifo M, fwd R to ½ OP, fwd L) to ½ OP LOD ;

### 05-08 THE SQUARE ; ; ; ;

{The Square} [Like a switch] M Xg ifo W sd L, -, trng RF to step sd R twd COH in ½ LOP, XLif (W fwd R, -, sd L twd COH, XRif startg to Xg ifo M) ; Fwd R, -, sd L twd RLOD, XRif startg to Xg ifo W (W [like a switch] Xg ifo M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif) ; [Like a switch] M Xg ifo W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLif (W fwd R, -, sd L twd WALL, XRif startg to Xg ifo M) ; Fwd R, -, sd L twd LOD, XRif (W [like a switch] Xg ifo M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif) to ½ OP LOD startg to fold ifo W to ½ OP LOD ;

## PART A

### 01-04 LUNGE BASIC TWICE to Pickg Up ; ; LEFT TURN/W INSIDE ROLL ; BASIC ENDING ;

{Lunge Basic x 2 to Pickg Up} Sd L blend to ptr [xtnd ld arms to sd], -, rec R, XLif (W XRif) ; Sd R [xtnd trl arms to sd], -, rec L, XRif to BFLY WALL & Pickg Up ; {Left Trn w/ Insd Roll} Fwd L com LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R com LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to CP COH ; {Basic Ending} Sd R, -, XLif (W XRif), rec R to Loose CP COH ;

### 05-08 STROLLING VINE w/ HESITATION & INSIDE ROLL ; ; STROLLING VINE w/ HESITATION & OUTSIDE ROLL Manvrg ; ;

{Strolling Vine/W Insd Roll} [SS& ; SQQ] Sd L, -, XRif (W XLif w/ LF trn like a pick up), swiv LF high on R ; Trng LF sd & fwd L raisg jnd ld hnds to ld W's LF trn, -, contg LF trn sd R, XLif (W sd & bk R trng LF, -, contg to trn undr ld hnds roll LF L, R twd RLOD) to Loose CP WALL ; {Strolling Vine/W Outsd Roll} [SS& ; SQQ] Sd R, -, XLif (W XRif starting RF trn), swiv RF high on L ; trng RF sd & fwd R raisg jnd ld hnds to ld W's RF trn, -, contg RF trn, sd L, XRif (W sd & bk L trng RF, -, contg to trn under ld hnds roll RF R, L twd RLOD) to BFLY COH Manvrg ;

### 09-12 RIGHT TURN/W OUTSIDE ROLL ; PREPARATION to AIDA ; AIDA LINE & HIP ROCK 2 ; SWIVEL to FACE & FENCE LINE ;

{Right Trn w/ Outsd Roll} Sd & bk L ifo W, -, raisg jnd ld hnds sd & bk R trng ¼ RF, XLif to fc ptr (W fwd R comm roll RF under jnd ld hnds, -, bk L cont roll, fwd R comp roll to fc ptr) to BFLY WALL ; {Prep to Aida} To RLOD Sd R w/ bdy rise to "V", -, thru L startg to bring ld hnds thru, sd R trng LF (W RF) ; {Aida Line & Hip Rk 2} contg to trn Bk L in Aida Line w/ bdy rise & ld arms xtnd sd & bk, -, hip rk fwd R, hip rk bk L ; {Fence Line} Swiv RF (W LF) on R to fc ptr, -, XLif (W XRif) on soft knee, rec R to Low Bfly Wall Pickg Up ;

### 13-16 TRAVELING X-CHASSE ; PASSING X-CHASSE ; LADY PASSING X-CHASSE ; TRAVELING X-CHASSE to WALL & Pickg Up ;

{Trav Cross Chasse} [Jng both hnds low] Trng LF fwd L, -, sd & fwd R, XLif (W bk R LF trn, -, bk & sd L, XRif) to DLC ; {Passing Cross Chasse} Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRif ifo W fc DRW (W bk L trng RF, -, small sd R fc COH, XLif) ; {W Passing Cross Chasse} Bk L trng RF, -, small sd R fc COH, XLif (W fwd R trng RF, -, fwd & sd L cont RF trng, XRif of M fwd DRW) ; {Trav Cross Chasse to WALL} Fwd R trng RF, -, sd & fwd L to fcg WALL, XRif (W bk R trng LF, -, bk & sd L to fcg COH, XRif) to BFLY WALL & Pickg Up [2<sup>de</sup> Time: to Manuver] ;

## PART B

### 01-04 TRIPLE TRAVELER ; ; ; HIP LIFT ;

{Triple Traveler} Fwd L trng LF & raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld hnds, sd & fwd R contg trn to LOP LOD) ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr) to Low Bfly COH ; {Hip Lift} Sd R bring L ft along sd R ft, -, w/ pressure on L toe lift lft hip, lwr hip to BFLY COH ;

**05-08 DLB HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ;**

**SPOT TURN & Manvrg ;**

**{DBL Hndhld Underarm Trn Stacked Hands}** [with both hnds] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft over rt hnds fc COH (*W fwd R, -, fwd L RF trn under dbl hd hold, fwd R to stacked hnds lft over rt fc ptr & WALL*) ; **{OP Break to Fc}** Sd R, -, apt L, rec R to rt sd W ; **{Change Sides/W Underarm}** Fwd L to Coh chg sds trng RF lead W trn under ld hds, -, sd R, XLif (*W fwd R to Wall chg sds LF trn under ld hnds, -, sd L, XRif fc COH*) to BFLY WALL ; **{Spot Trn & Manvrg}** Sd R, -, XLif trng ½ RF, rec R to CP WALL & Manvrg ;

**09-14 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FWD FACE CLOSE ; PATTY CAKE TWICE END ½ OP LOD ; ;**

**{Continuous Traveling Right Trns}** Folding RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (*W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg*) to BJO M fcg DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot ½ RF, fwd R cont RF pivot (*W bk L trng RF to square w/ ptr, -, fwd R pivot ½ RF, bk L cont RF pivot*) to approx CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (*W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg*) to BJO M fcg DLW ; **{Fwd Fc Cl}** Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (*W bk L LOD, -, trng RF sd R, cl L to R*) to BFLY WALL ; **{Patty Cake x 2 to ½ OP LOD}** [jng lft hnds] Sd L, -, trng ¼ RF rk bk R xtnd trl arm to sd, rec L trng ¼ LF to fcg ptr (*W [jng lft hnds] sd R, -, trng RF rk fwd L xtnd ld arm to sd, rec R trng ¼ LF*) to BFLY WALL ; [jng rt hnds] Sd R, -, trng ¼ LF rk bk L to OP LOD xtnd ld arm to sd, rec R trng ¼ RF to fc ptr (*W [jng rt hnds] sd L, -, trng ¼ LF rk fwd R xtnd trl arm to sd, rec L trng ¼ RF to fc ptr*) to ½ OP LOD ;

**PART C**

**01-06 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; FENCE LINE w/ ARMSWEEP TWICE ; ; CROSS BODY ;**

**REVERSE UNDERARM TURN ;**

**{Traveling Right Trn w/ Outsd Roll}** Cont trn RF crossg ifo W sd & bk L to fc RLOD, -, XRib, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (*W fwd R btwn M's ft, -, fwd L, R around M RF*) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raisg jnd ld hnd to lead W tm RF, -, sd L, XRif (*W sd & bk L comm tm RF under jnd ld hnds, -, cont tm RF under jnd ld hnds R, L*) end in BFLY WALL ; **{Fence Line w/ Armsweep x 2}** Sd L, -, [circg trl arm full CCW (*W CW*)] XRif (*W XLif*) on soft knee, rec L ; Sd R, -, [circg trl arm full CW (*W CCW*)] XLif (*W XRif*) on soft knee, rec R to BFLY WALL ; **{Cross Body}** Sd L, -, slip bk R trng LF, rec L to fc COH (*W sd R, -, fwd L trng LF, fwd & sd R contg LF trn to fc M*) to BFLY COH ; **{Reverse Underarm Trn to Manvrg}** Relg trl hnds sd R to Lod raisg jnd ld hnds palm-to-palm, -, XLif, rec R (*W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn*) Bfly COH & Manvrg ;

**07-12 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; PATTY CAKE TWICE ; ; CROSS BODY ; REVERSE UNDERARM TURN ;**

**{Traveling Right Trn w/ Outsd Roll}** Repeat meas 1,2 Part C ; ; **{Patty Cake x 2}** Repeat meas 3,4 Part C ; ; **{Cross Body}** Repeat meas 5 Part C to BFLY WALL ; **{Reverse Underarm Trn}** Repeat meas 6 Part C to BFLY WALL ;

**ENDING**

**01-04 UNDERARM TURN ; OP BASIC ENDING ; TWO SWITCHES ; ;**

**{Underarm Trn}** Sd L raisg jnd ld hnds palm-to-palm, -, XRib, rec L (*W sd R com RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn*) to BFLY WALL ; **{OP Basic Endg}** Sd R trng to ½ LF rlsng ld hnds OP LOD, -, XLib (*XRib*) rec R to ½ OP LOD ; **{2 Switches}** Repeat meas 3,4 Intro ; ;

**05-09 THE SQUARE ; ; ; ; SIDE CORTE & HOLD ;**

**{The Square}** Repeat meas 5,6,7,8 Intro ; ; ; ; **{Sd Corte & Hold}** In BFLY sd L, lower into L knee stretch L sd xtnd R ft twd RLOD & hold ;