

# Ex's and Oh's (Revised)

Released: January 2016, Revised March 2017  
Choreographers: Dale & Leslie Simpson, 2 Decorah Drive, St. Louis, MO 63146, 314-409-3321  
Email: [d1226simpson@yahoo.com](mailto:d1226simpson@yahoo.com),  
Website: <http://simpsonchoreo.blogspot.com/>  
Music: "Ex's and Oh's," Elle King. CD: *Love Stuff*, Track 2. Also available as .mp3 from Amazon & iTunes.  
Time: 3:22  
Footwork: Opposite (*Woman's footwork opposite, except as noted in parentheses*)  
Rhythm/Phase: Two Step / Quickstep III+1 [Quarter Turns and Progressive Chasse]  
Degree of difficulty: Average  
Sequence: INTRO – A – A – B – C – INT1 – A – A – B – C – C – INT2 – B – C – END

## INTRO

**1-4 WAIT ; ; APT POINT ; TOGETHER TOUCH SCP ;**  
1-2 {Wait ; Wait ;} BFLY Wall ld ft free wait ; ;

3 {Apt Pt} Stp apt L, -, pt R toe twd ptr, -;  
4 {Tog Tch} Tog R, -, tch L to R to SCP, -;

## PART A

**1-2 TWO FORWARD TWO-STEPS ; ;**

1-2 {2 Fwd Two-Steps} Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;

**3-6 LACE UP TO SCP ; ; ;**

3 {Lace Across} With M's L and W's R hands joined & passing behind W moving DIAG across LOD fwd L, cl R, fwd L, ending in LOP LOD - (W passing in front of M under joined hnds and moving DIAG across LOD fwd R, cl L, fwd R, -) ;  
4 {Fwd Two-Step} Fwd R, cl L, fwd R, -;  
5 {Lace Back} With M's R and W's L hnds joined & passing behind W moving DIAG across LOD ending in OP LOD fwd L, cl R, fwd L, - (W passing in front of M under joined hands and moving DIAG across LOD fwd R, cl L, fwd R, -) ;  
6 {Fwd Two-Step} Fwd R, cl L, fwd R, -;

**7-8 TWO TURNING 2-STEPS TO SCP ; ;**

7-8 {2 Turning Two-Steps} Blending to CP sd L stg RF trn, cl R, bk L comp 1/2 RF trn, - ; sd R cont RF trn, cl L, fwd R cont RF trn to SCP WALL, - ;

## REPEAT A [MOD MEAS 8]

**1-2 TWO FORWARD 2-STEPS ; ;**

**3-6 LACE UP TO SCP ; ; ;**

**7-8 TWO TURNING 2-STEPS TO OP LOD ; ;**

7 Blending to CP sd L stg RF trn, cl R, bk L comp 1/2 RF trn, - ;  
8 Sd R cont RF trn, cl L, fwd R comp RF trn to OP LOD, - ;

## PART B

**1-4 VINE APART & TOGETHER TO SCP ; ; TWO FORWARD 2-STEPS ; ;**

1 {Vine Apt} To COH sd L, XRib (W to WALL XLib), sd L, tch R ;  
2 {Vine Tog to SCP} To WALL sd R, X Lib (W to COH XRib), sd R, tch L to SCP ;  
3-4 {Two Fwd Two-Steps} Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;

**5-8 VINE APART & TOGETHER TO SCP ; ; FORWARD 2-STEP ; FORWARD 2-STEP TO PICKUP ;**

5 {Vine Apt} To COH sd L, XRib (W to WALL XLib), sd L, tch R ;  
6 {Vine Tog} To WALL sd R, X Lib (W to COH XRib), sd R, tch L to SCP ;  
7 {Fwd 2-Step} Fwd L, cl R, fwd L, -;  
8 {Fwd 2-Step to P/U} Sm Fwd R, cl L, fwd R, (W fwd L pvtg LF 1/2, bk R, bk L,) -;

## PART C

- 1-4 [SLOW] QUARTER TURN & PROGRESSIVE CHASSE AND FORWARD ; ; ;  
 1-2 {Qtr Trn} Fwd L, -, fwd R trng 1/8 RF, -, sd L, cl R trng 1/8 RF, sd & bk L to fc DRW, -;  
 3-4 {Prog Chasse & Fwd} Bk R trn 1/8 LF, -, sd L, cl R trn 1/8 LF ; sd & fwd L to BJO DLW, -, fwd R, -;
- 5-8 FORWARD LOCK FORWARD ; MANEUVER SIDE CLOSE ; PIVOT 1/2 ; WALK TWO TO BFLY WALL ;  
 5 {Fwd Lk Fwd} Fwd L, LRib, fwd L, -;  
 6 {Manuv Sd Cl} Fwd R starting 1/2 RF trn, -, sd L, cl R to CP RLOD ;  
 7 {Pvt 1/2} Bk L piv RF, -, fwd R to CP LOD, -;  
 8 {Walk 2} Fwd L trng 1/4 RF, -, cl R to BFLY Wall, -;

## INTERLUDE 1

- 1-4 FACE TO FACE & BACK TO BACK ; ; TWIRL VINE THREE ; THRU SIDE CLOSE TO SCP ;  
 1-2 {Fc to Fc & Bk to Bk} Sd L, cl R, sd L turning 1/2 LF to a Bk to Bk Position, -; sd R, cl L, sd R turning 1/2 RF to BFLY Wall, -;  
 3 {Twrl Vin 3} Sd L, XRib, sd L, (W sd & fwd R trning 1/2 RF under joined hands, sd & bk L trning 1/2 RF, sd R,) -;  
 4 {Thru Sd Cls} Thru R, sd L, cl R blending to SCP, -;

### REPEAT PART A

- 1-2 TWO FORWARD 2-STEPS ; ;  
 3-6 LACE UP TO SCP ; ; ;  
 7-8 TWO TURNING 2-STEPS TO SCP ; ;

### REPEAT PART A [MOD MEAS 8]

- 1-2 TWO FORWARD 2-STEPS ; ;  
 3-6 LACE UP TO SCP ; ; ;  
 7-8 TWO TURNING 2-STEPS TO OP LOD ; ;

### REPEAT PART B

- 1-4 VINE APART & TOGETHER TO SCP ; ; TWO FORWARD 2-STEPS ; ;  
 5-8 VINE APART & TOGETHER TO SCP ; ; FORWARD 2-STEP ; FORWARD 2-STEP TO PICKUP LOD ;

### REPEAT PART C [MOD MEAS 8]

- 1-4 [SLOW] QUARTER TURN & PROGRESSIVE CHASSE AND FORWARD ; ; ;  
 5-8 FORWARD LOCK FORWARD ; MANEUVER SIDE CLOSE ; PIVOT 1/2 ; WALK TWO [TO P/U LOD] ;

### REPEAT PART C

- 1-4 [SLOW] QUARTER TURN & PROGRESSIVE CHASSE AND FORWARD ; ; ;  
 5-8 FORWARD LOCK FORWARD ; MANEUVER SIDE CLOSE ; PIVOT 1/2 ; WALK TWO TO BFLY WALL ;

## INTERLUDE 2

- 1-4 VINE 3 TURN & CLAP TWICE ; ; VINE 8 ; ;  
 1 {Vin 3 Turn & Clap} Sd L, XRib, sd L trng LF to fc COH (W fc Wall), tch R & clap hands ;  
 2 {Vin 3 Turn & Clap} Sd R, XLib, sd R trng RF to fc Wall (W fc COH), tch L & clap hands blending to BFLY ;  
 3-4 {Vin 8} Sd L, XRib, sd L, XRif ; sd L, XRib, sd L, XRif to CP Wall ;
- 5-8 TRAVELING BOX ; ; ;  
 1-2 Sd L, cl R, fwd L, -; trng to RSCP RLOD fwd R, -, fwd L, -;  
 3-4 Blndg to CP WALL sd R, cl L, bk R, -; trng to OP LOD fwd L, -, fwd R, -;

**REPEAT PART B**

- 1-4    VINE APART & TOGETHER TO SCP ; ; TWO FORWARD 2-STEPS ; ;  
5-8    VINE APART & TOGETHER TO SCP ; ; FORWARD 2-STEP ; FORWARD 2-STEP TO  
PICKUP ;

**REPEAT PART C [MOD MEAS 8]**

- 1-4    SLOW QUARTER TURN & PROGRESSIVE CHASSE AND FORWARD ; ; ;  
5-8    FORWARD LOCK FORWARD ; MANEUVER SIDE CLOSE ; PIVOT 1/2 ; WALK TWO  
[TO CP WALL] ;

**END**

**1-4    STROLLING VINE ; ; ;**

- 1       Sd L, -, XRib (*W XLif trng LF starting PU action*), -;  
2       Trng LF sd L, cl R, trng LF fwd L to CP COH, -;  
3       Sd R, -, XLib (*W XRif trng RF*), -;  
4       Trng RF sd R, cl L, trng RF fwd R to CP WALL, -;

**5-6    BOX ; ;**

- 5       Sd L, cl R, fwd L, -;  
6       Sd R, cl L, bk R, -;

**7-8    OPEN VINE FOUR ; ;**

- 7-8      {Op Vin 4} Sd L, -, XRib, -; sd L, -, XRif, -;

**9-10    VINE EIGHT ; ;**

- 9-10     {Vin 8} Sd L, XRib, sd L, XRif ; sd L, XRib, sd L, XRif to CP Wall ;

**11    QUICK TWIRL VINE FOUR ; APART,**

- 11      {Qk Twrl Vin 4} Sd L, XRib, sd L, XRif (*W sd & fwd R trng 1/2 RF under jnd hands, sd & bk L left trng 1/2 RF, sd R, ) -; chug apt L & hold,*