

# FLASHDANCE

<b>Choreographers:</b>	<b>Music:</b>	From CD album "Flashdance: Original Soundtrack from the Motion Picture", track 1, "Flashdance – What A Feeling" by Irene Cara. Song is 3:57 in length. Available online from <a href="http://mp3skyline.com">http://mp3skyline.com</a>
Tim Eum & Cindy Hadley	<b>Footwork:</b>	Opposite except where ( <i>italicized, bold and red</i> )
437 Nature's Way SW	<b>Rhythm:</b>	Bolero-Jive
Huntsville, AL 35824-3116	<b>Phase:</b>	III+1 (Pretzel Turn)
(256) 457-7875	<b>Date:</b>	February 2010
<a href="mailto:TimEum@gmail.com">TimEum@gmail.com</a>	<b>Speed:</b>	<b>Normal</b>
<a href="mailto:gatorcindy@aol.com">gatorcindy@aol.com</a>	<b>Sequence:</b>	<b>Intro-1-A-B-C-A-B-D-A-B-End</b>

## INTRODUCTION (Bolero)

1 - 2	<b>Wait ;;</b>	Wait 2 measures in BFLY-wall ;;
3 - 4	<b>Hand to Hands with Arms ;;</b>	Sd L, -, XRIB raising trail arm up and out, Fwd L to BFLY ; Sd R, -, XLIB raising lead arm up and out, Fwd R to BFLY ;
5 - 6	<b>Fence Lines with Arms ;;</b>	Sd L, -, XRIF bring trail arm up and forward, Bk L to BFLY ; Sd R, -, XLIF bring lead arm up and forward, Bk R to BFLY ;
7 - 8	<b>Time Steps ;;</b>	Sd L release and extend arms out, -, XRIB keep body facing partner begin bringing arms in, Fwd L arms in ; Sd R extend arms out, -, XLIB keep body facing partner begin bringing arms in, Fwd R arms in ;
9	<b>Underarm Turn ;</b>	Sd L, -, XRIB raise lead hand up, Fwd L to face partner ; ( <i>Woman Sd R, -, XLIF turning RF under joined lead hands, Fwd R completing RF turn to face partner ;</i> )
10	<b>Hip Lift ;</b>	Sd R to CP-wall, -, Raise L hip up, then down ;
11	<b>Cross Body ;</b>	Sd & bk L opening up to lead lady across, -, XRIB lead lady across, Fwd L to BFLY-COH ; ( <i>Woman Fwd R bring L hand up and forward, -, Fwd L passing in front of man swiveling to face, bk R to BFLY;</i> )
12	<b>Forward Break ;</b>	Sd R extend trail arms out to side, -, Fwd L, Bk R ;
13	<b>Cross Body ;</b>	Sd & bk L opening up to lead lady across, -, XRIB lead lady across, Fwd L to BFLY-COH ; ( <i>Woman Fwd R bring L hand up and forward, -, Fwd L passing in front of man swiveling to face, bk R to BFLY;</i> )
14	<b>Lunge Break ;</b>	Sd R, -, Bend R knee lowering body pointing L leg to side and extending R arm up, Lower arm and straighten knee to rise ending in LOP facing ;
15 - 16	<b>Fence Lines with Arms ;;</b>	Sd L, -, XRIF bring trail arm up and forward, Bk L to BFLY ; Sd R, -, XLIF bring lead arm up and forward, Bk R to BFLY ;
17	<b>Underarm Turn ;</b>	Sd L, -, XRIB raise lead hand up, Fwd L to face partner ; ( <i>Woman Sd R, -, XLIF turning RF under joined lead hands, Fwd R completing RF turn to face partner ;</i> )
18	<b>Hip Lift ;</b>	Sd R to CP-wall, -, Raise L hip up, then down ;

**INTERLUDE 1 (Jive):**

<b>1</b>	<b>Hip Rock 4 ;</b>	Step in place L moving L hip in a counterclockwise circle, step in place R moving R hip in a clockwise circle, Step in place L moving L hip in a counterclockwise circle, step in place R moving R hip in a clockwise circle ;
<b>2 – 4</b>	<b>2 Right Turning Fallaways ;;;</b>	XLIB to momentary SCP, rec R to CP-wall, sd L turning RF/cl R, sd L turning RF to CP-COH; sd R/cl L, sd R, XLIB to momentary SCP, rec R to CP; sd L turning RF/cl R, sd L turning RF to CP-wall, sd R/cl L, sd R ;

**PART A (Jive):**

<b>1 ½</b>	<b>Rock back, Recover, Jive Walks ;,,</b>	Swivel to SCP-LOD Rk bk L, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R,
<b>1 ½ - 2 ½</b>	<b>Swivel 4 ;</b>	swivel in fwd L, swivel out fwd R; Swivel in fwd L, swivel out fwd R,
<b>2 ½ - 3 ½</b>	<b>Throwaway ;</b>	fwd L/cl R, fwd L; Sd R/cl L, sd R ending in LOP facing partner twd LOD, ( <i>Woman fwd R/cl L, fwd R swiveling LF ½ to fc RLOD, bk L/cl R, bk L</i> )
<b>3 ½ - 5</b>	<b>Link Rock to SCP ,;;</b>	rk apt L, rec R; Fwd L/cl R, fwd L trng ¼ RF, sd R/cl L, sd R to SCP;
<b>5 – 6 ½</b>	<b>Pretzel Turn ;,,</b>	Rk bk L, rec R, chasse sd and fwd L/R, L trng ½ RF ( <i>W LF</i> ) keeping M's L and W's R hnd joined; Chasse sd and fwd R/L, R trng ¼ RF ( <i>W LF</i> ) ending side by side with M's L and W's R hnds joined behind back,
<b>6 ½ - 8</b>	<b>Unwrap Pretzel to BFLY ,;;</b>	Rk fwd L with trail hands extended twd LOD, rec R; chasse sd and fwd L/R, L trng ¾ LF ( <i>W RF</i> ) to fc ptr, sd R/cl L, sd R to BFLY-wall ;

**PART B (Jive):**

<b>1 ½</b>	<b>Open Break, Recover, Chasse Left &amp; Right ;,,</b>	Rk apt L, rec R to CP-wall, sd L/cl R, sd L ; Sd R/cl R, sd R to SCP-LOD ,
<b>1 ½ - 4 ½</b>	<b>2 Left Turning Fallaways ;;;</b>	Rk bk L, rec R to CP-wall, sd L turning LF/cl R, sd L turning LF to CP-COH; sd R/cl L, sd R, XLIB to momentary SCP, rec R to CP; sd L turning LF/cl R, sd L turning LF to CP-wall, sd R/cl L, sd R ;
<b>4 ½ - 6</b>	<b>Change Right to Left ,;;</b>	Swivel to SCP rk bk L, rec R; Fwd L/cl R, fwd L slight trn LF raise lead hand, lower hand sd R/cl L, sd R to LOPF-DLC ; ( <i>W swivel to SCP rk bk R, rec L; Fwd R/cl L, fwd R trng RF 5/8 under lead hands ; sd &amp; bk L/cl R, sd &amp; bk L;</i> )
<b>6 - 8</b>	<b>Change Left to Right ~ Kick/Ball Change ;;</b>	Rk apt L, rec R, fwd L/cl R, fwd L trng RF ¼ raising and lowering lead hand to allow lady to twirl under; Sd R/cl, sd R, kick L fwd/step in place on ball of L, step in place R ;
<b>8 – 9 ½</b>	<b>Open Break, Recover, Chasse Left &amp; Right ;,,</b>	Rk apt L, rec R to CP-wall, sd L/cl R, sd L ; Sd R/cl R, sd R to SCP-LOD
<b>9 ½ - 12 ½</b>	<b>2 Left Turning Fallaways ;;;</b>	Rk bk L, rec R to CP-wall, sd L turning LF/cl R, sd L turning LF to CP-COH; sd R/cl L, sd R, XLIB to momentary SCP, rec R to CP; sd L turning LF/cl R, sd L turning LF to CP-wall, sd R/cl L, sd R ;
<b>12 ½ - 14</b>	<b>Change Right to Left ,;;</b>	Swivel to SCP rk bk L, rec R; Fwd L/cl R, fwd L slight trn LF raise lead hand, lower hand sd R/cl L, sd R to LOPF-DLC ; ( <i>W swivel to SCP rk bk R, rec L; Fwd R/cl L, fwd R trng RF 5/8 under lead hands ; sd &amp; bk L/cl R, sd &amp; bk L;</i> )
<b>14 - 16</b>	<b>Change Left to Right ~ Kick/Ball Change ;;</b>	Rk apt L, rec R, fwd L/cl R, fwd L trng RF ¼ raising and lowering lead hand to allow lady to twirl under; Sd R/cl, sd R, kick L fwd/step in place on ball of L, step in place R ;

**PART C (Jive):**

1	<b>Chasse Left &amp; Right ;</b>	Sd L/cl R, sd L, sd R/cl L, sd R to BFLY-wall ;
2 - 4	<b>2 Windmills ;;;</b>	Rk apt L, rec R, wheel LF in two triples fwd L/cl R, fwd L; fwd & sd R/cl L, fwd & sd R to end BFLY-COH, -- Repeat Windmill to end BFLY-wall ,;;
5 - 7	<b>2 Spanish Arms ;;;</b>	Rk apt L, rec R trn 1/8 RF ( <b>W LF</b> ) raise lead hands, fwd L/cl R, fwd L to an overturned Lady's Tamara wrap position trn 1/8 RF ( <b>W 1/8 LF</b> ) ; Sd & bk R/cl L, bk & sd R trng LF ( <b>W unwrap RF fwd L/cl R, sd &amp; bk L</b> ) to end BFLY-COH, --- Repeat Spanish Arms to end BFLY-wall ,;;
8	<b>Chasse Left &amp; Right ;</b>	Sd L/cl R, sd L, sd R/cl L, sd R ;

**PART D (Jive):**

1 - 3	<b>Shag Twice ;;;</b>	[SSQQ SSQQ] CI L/point R to side, - , CI R/point L to side, - ; CI L/point R to side, CI R/point L to side, CI L/point R to side, - ; CI R/point L to side, - , CI L/point R to side, CI R/point L to side ;
4	<b>Progressive Rock 4 ;</b>	Rk apt L, XRIF, Rk apt L, XRIF ;
5 - 7	<b>Change Hands Behind the Back Twice ;;;</b>	Rk apt L, rec R, fwd L/cl R, fwd L turning LF ( <b>W RF</b> ) to tandem LOD and changing W's right hand to join M's left hand behind his back; Sd & bk R/cl L, bk & sd R to end in BFLY-COH, -- Repeat Change Hands Behind the Back to end in BFLY facing wall ,;;
8	<b>Hip Rock 4 ;</b>	Step in place L moving L hip in a counterclockwise circle, step in place R moving R hip in a clockwise circle, Step in place L moving L hip in a counterclockwise circle, step in place R moving R hip in a clockwise circle ;

**ENDING (Jive):**

1	<b>Chasse Left &amp; Right ;</b>	Sd L/cl R, sd L, sd R/cl L, sd R ;
2 ½	<b>Jive Walks ;,,</b>	Swivel to SCP-LOD Rock bk L, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R,
2 ½ - 4	<b>Throwaway &amp; quick Apart/Point ,,:</b>	fwd L/cl R, fwd L; Sd R/cl L, sd R ending in LOP facing partner twd LOD, quick apt L/point R, - ; ( <b>Woman fwd R/cl L, fwd R swiveling LF ½ to fc RLOD; Bk L/cl R, bk L, apt R/pt L, - ;</b> )

**Dance with passion, be playful and smile.**

**NOTE:** This dance was written at the request of Richard & Frances Matthews (Slidell, LA) who loved the music and is a good friend.

*Tim Cum & Cindy Hadley*

Tim has taught round dancing since 1976. Tim has taught internationally and all over the United States. He is known for his energetic cueing and teaching style. Cindy and Tim have been teaching together since 2008.

