

FOXY QUICKSTEP

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Music: Sax In Fox by the Ballroom Diamonds Orchestra
From the CD album Ballroom All Hits – International Standard
Available from iTunes Music Downloads

Rhythm/Phase: Quickstep & Two Step Phase IV

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A A B A A B B Ending

..... INTRODUCTION (8 Measures)

CP LOD W/ LEAD FEET FREE WAIT 2 MEAS;; CHARLESTON POINTS TWICE;;;
2 FWD 2-STEPS;;

[1 & 2] In clsd pos fcng LOD with lead feet free wait 2 measures;; [3 – 6] Fwd L, -, point R fwd, -; Bk R, -, point L bk, -; Repeat these 2 measures;; [7 & 8] Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;

..... PART A (16 Measures)

QUARTER TURNS W/ PROGRESSIVE CHASSE;;; FWD LK FWD; MANUV SD CL; PIVOT 2
CP LOD; WALK 2; VIENNESE TURNS;; WALK 2 TO BJO CHKNG; FISHTAIL; RUNNING
FWD LOCKS;; MANUV SD CL; PIVOT 2 CP LOD;

[1 – 4] Fwd L, -, fwd R turning rf, -; Sd L turning rf, continue turn cl R, sd & bk L DLC, -; Bk R DLC start lf turn, -, sd L, cl R; Sd & slightly fwd L, -, fwd R to CBMP DLW, -; [5] Fwd L, lock R in back of left, fwd L, -; [6] Commence rf turn fwd R, -, continue turn to fc partner sd L, complete turn cl R; [7] Bk L commence lf pivot up to 1/2 turn, -, complete pivot to LOD CP fwd R, -; [8] Fwd L, -, fwd R, -; [9 & 10] Fwd L commence lf turn, -, sd R continue turn, XLIF of right; Bk R continue lf turn, -, sd L continue turn, cl R end clsd pos LOD; (W bk R commence lf turn, -, sd L continue lf turn, cl R to left; Fwd L continue lf turn, -, sd R continue lf turn, XLIF of right;) [11] Fwd L, -, fwd R blind bjo pos chkng fwd movement, -; [12] XLIF of right but not tightly, as body commences to turn rf take small step sd R complete 1/4 rf body turn, fwd L with left shoulder lead, XRIB of left but not tightly; [13 & 14] Fwd L, lock R in back of left, fwd L, fwd R; Fwd L, lock R in back of left, fwd L, -; [15] Same as measure 6 of Part A; [16] Same as measure 7 of Part A;

..... PART B (16 Measures)

2 FWD 2-STEPS FC WALL;; 2 SD CLOSES; SD DRAW CLOSE; SHAG STEP TWICE;;
2 SD CLOSES; SD DRAW CLOSE; SHAG STEP TWICE;; 2 SD CLOSES; WALK & PKUP;
HITCH 6;; STRUT 4;;

[1 & 2] Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R turning slightly rf to fc wall, -; [3] Sd L, cl R, sd L, cl R; [4] Sd L, draw R to left, cl R, -; [5 & 6] Step in place L, R, L, kick R slightly to side; Step in place R, L, R, kick L slightly to side; [7] Same as measure 3 of Part B; [8] Same as measure 4 of Part B; [9 & 10] Same as measures 5 & 6 of Part B; [11] Same as measure 3 of Part B; [12] Toward LOD fwd L, -, fwd R picking up W clsd pos, -; [13 & 14] Fwd L, cl R, bk L, -; Bk R, cl L, fwd R, -; [15 & 16] Fwd L, -, fwd R, -; Fwd L, -, fwd R, -;

..... ENDING (6 Measures)

2 FWD 2-STEPS;; CHARLESTON POINTS TWICE & FREEZE;;;

[1 & 2] Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -; [3 – 6] Fwd L, -, point R fwd, -; Bk R, -, point L bk, -; Repeat these 2 measures & freeze;;