

Fernando

September 2006 v1.1

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SONG: Fernando, ABBA, Atlantic 13203, flip of Dancing Queen, 45 rpm normal speed, other recordings on CD will work also
RHYTHM: Mixed Rhythm (Rumba/Cha) RAL Phase IV+2 (cuddles, natural top) timing in margin represents weight changes
SEQUENCE: Intro, A, Amod, B, Interlude, Amod, B, B, End measures within parts are separated as to vocal phrasing
See timing notes on parts: A meas 10, Amod meas 10, and interlude meas 5

INTRO (RUMBA)

FCG PRTR & WALL LOW DOUBLE HNDHLD LEAD FOOT FREE WAIT THRU FLUTE INTERLUDE

1-6 EXPLODE APART WITH ARM SWEEP; TOG TO FACE; CUCARCHA L & R; ; SD WALK 3; FENCE LINE:

Wait fcg prtr and wall low double handhold lead foot free thru flute interlude approx 4 meas; ; ;

- S---; 1 **explode apt w/arm sweep** on first guitar chord trn LF sd L toward COH slowly sweep L hnd up & out follow with eyes, -, -, -;
S---; 2 **tog to face** rec R trn to prtr look at each other and slowly bring hnds back to low hndhld, -, -, -;
QOS; QOS 3-4 **cucaracha L&R** sd L, rec R, cl L, -; sd R, rec L, cl R, -; sweep the arms out and up then down on each cucaracha
QOS; QOS 5-6 **side walk 3** sd L, cl R, sd L, extend arms out **fence line** xRif, rec L, sd R, -;

A (RUMBA 12 MEAS)

1-5 REVERSE UNDERARM TURN TO; NATURAL TOP 3 TO; CUDDLES 2X; ; SLOW HIP RKS;

- QOS 1 **reverse uarm trn** xLif ld W to trn LF under ld hnds, rec R trn RF, sd L, -(W trn LF fwd R, cont trn rec L, fc M fwd R, -); CP/RL0D
QOS 2 **natural top 3** cont RF trn xRib, sd L, sd R, release ld hds (W sd L, xRif, sd L, -); fcng WALL
QOS 3 **cuddles 2x** sd L, rec R, cl L, place L arm on W's back (W trn RF bk R, rec L trn LF, sd R to fc M, -);
QOS 4 release trailing arms sd R, rec L, cl R, rejoin trail arms (W trn LF bk L, rec R trn RF, sd L to fc M, -);
SS 5 **slow hip rks** sd&bk L, -, rec R, -;

6-9 CROSS BODY; ; NEW YORKER 4; NEW YORKER;

- QOS 6 **cross body** fwd L, rec R trn LF, sd L, -(W bk R, rec L, fwd R, -); Lpos M fc LOD W fc COH
QOS 7 bk R, rec L trn LF, sd R, -(W fwd L, fwd R trn ½ LF, sd L, -); LOPFCG/COH
QOSQ 8 **new yorker in 4** trn RF to LOP fwd L, rec R trn LF, sd L, rec R;
QOS 9 **new yorker** trn RF to LOP fwd L, rec R trn LF, sd L, joining trailing hands over lead hds;

10 WHIP FC WALL, , , , START BASIC TO; NOTE: 6 BEAT MEASURE

- QOSQ 10 **whip fc wall** trn LF bk R (W fwd L), rec L cont trn (W fwd R trn LF), sd R (W sd L), -, **start basic** fwd L, rec R; BFLY/WALL
note: timing in music switches from 4/4 to 6/4 for this measure only

11-12 SD WALK 3; FENCE LINE;

- QOS; QOS 11-12 **side walk 3** sd L, cl R, sd L, -; **fence line** xRif, rec L, sd R, -;

AMOD (RUMBA 12 MEAS)

1-5 REVERSE UNDERARM TURN; NATURAL TOP 3; CUDDLES 2X; ; 2 SLOW HIP RKS;

6-9 CROSS BODY; ; NEW YORKER 4; NEW YORKER;

10 WHIP FC WALL, , , , START BASIC TO; NOTE: 6 BEAT MEASURE

11-12 SD WALK 3; CHA FENCE LINE TO CP;

- QOS&Q 12 **cha fence line** xRif, rec L, sd R/cl L, sd R; CP/WALL

B (CHA 15 MEAS)

1-4 CROSS BODY TO FAN M FC LOD; ; HOCKEY STICK DLW; ;

- QOS&Q 1 **cross body to fan** fwd L, rec R trn LF fc LOD, sd L/cl R, sd L (W bk R, rec L, fwd R/xLib, fwd R); Lpos M fc LOD W fc COH
QOS&Q 2 bk R, rec L, sd R/cl L, sd R adjust to W (W fwd L, fwd R trn ½ LF, bk L/xRif, bk L); FAN M fc LOD W fc DLW
QOS&Q 3 **hockey stick** fwd L, rec R, cl L/cl R, cl L bring LD hnds in frnt of face (W rotate RF cl R fc WALL, fwd L, fwd R/xLib, fwd R);
QOS&Q 4 bk R, rec L moving DLW, fwd R/xLib, fwd R (W fwd L, fwd R trn LF, bk L/xRif, bk L); LOP fcng/DLW

5-7 FWD BASIC TO HNSHK BACK TRIPLE CHAS; ; WHIP FC DRC;

- QOS&Q 5 **fwd basic to bk triple chas** fwd L, rec R chng to Rhnds, bk L/xRif, bk L chng to Lhnds; bkng DRC
Q&QOS&Q 6 bk R/xLif, bk R chng to Rhnds, bk L/xRif, bk L; still backing DRC
QOS&Q 7 **whip** trn LF bk R, rec L cont trn chng to ld hnds, fwd R/xLib, fwd R (W fwd L, fwd R trn ½ LF, bk L/xRif, bk L); LOPFCG/DRC

8-11 ALEMANA; ; BREAK BACK TO OP; FWD 2 AND CHA;

- QOS&Q 8 **alemana** fwd L, rec R, adjust to fc COH sd L/cl R, inpl L raise lead hds (W bk R, rec L, fwd R/xLib, fwd R);
QOS&Q 9 xRib, rec L, sd R/cl L, sd R join trailing hnds trn LF (W fwd L trn RF, fwd R cont trn, fwd&sd L/cl R, sd L trn RF); almost OP/RL0D
QOS&Q 10 **bk break to open** cont LF trn to OP/RL0D bk L, rec R, fwd L/xRib, fwd L;
QOS&Q 11 **fwd 2 & cha** fwd R, fwd L, LF fwd R/xLib, fwd R; OP/RL0D

- 12-15** **SLIDE DOOR HANG ON TO FC; CRAB WALK; FENCE LINE; SPOT TURN TO OP; NOTE 2ND TIME TO CP**
 QQQ&Q 12 **sliding door** maintaining trailing hndhold throughout slight trn toward prtnr sd L, rec R raise joined trlng hnds leading W across in front & under, start LF trn (W RF trn) xLif/sd R, xLif end trailing hnds joined almost fcng prtnr & WALL;
 QQQ&Q 13 **crab walks** sd R BFLY/WALL, xLif, sd R/xLif, sd R; BFLY/WALL
 QQQ&Q 14 **fence line** xLif, rec R, sd L/cl R, sd L;
 QQQ&Q 15 **spot turn** trn LF fwd R, cont trn rec L cont trn, sd R/cl L, sd R trn LF; OP/LOD

INTERLUDE (CHA TO RUMBA 9 MEAS)

- 1-4** **SLIDE DOOR HANG ON TO FC; CRAB WALK; FENCE LINE; WHIP;**
 1-3 repeat B meas 1-3 end fcng COH
 QQQ&Q 4 **whip** trn LF bk R, rec L cont trn, sd R/cl L, sd R (W fwd L, fwd R trn ½ LF, sd L/cl R, sd L); BFLY/WALL
5 **RUMBA NEW YORKER IN FOUR, , , , START NEW YORKER TO; NOTE 6 BEAT MEASURE**
 QQQQQQ 5 **new yorker in 4** release trail hnds trn RF to LOP fwd L, rec R trn LF, sd L, rec R,
start new yorker trn RF to LOP fwd L, rec R trn LF;
note: timing in music switches from 4/4 to 6/4 for this measure only. Alternate cue: RUMBA NEW YORKER IN SIX
6-9 **RUMBA CUCARCHA L & R SLOWING DOWN ; ; SD WALK 3; FENCE LINE;**
 6-9 repeat intro meas 3-6 slowing with music on meas 6 and 7 then back to normal for side walk 3

AMOD (RUMBA 12 MEAS)

- 1-5** **REVERSE UNDERARM TURN; NATURAL TOP 3; CUDDLES 2X; ; 2 SLOW HIP RKS;**
6-9 **CROSS BODY; ; NEW YORKER 4; NEW YORKER;**
10 **WHIP FC WALL, , , , START BASIC TO; NOTE: 6 BEAT MEASURE**
11-12 **SD WALK 3; CHA FENCE LINE TO CP;**

B (CHA 15 MEAS)

- 1-4** **CROSS BODY TO FAN M FC LOD; ; HOCKEY STICK; ;**
5-7 **FWD BASIC TO HNDSHK BACK TRIPLE CHAS; ; WHIP FC DRC;**
8-11 **ALEMANA; ; BREAK BACK TO OP; FWD 2 AND CHA;**
12-15 **SLIDE DOOR HANG ON TO FC; CRAB WALKS; FENCE LINE; SPOT TURN TO CP;**

B (CHA 15 MEAS)

- 1-4** **CROSS BODY TO FAN M FC LOD; ; HOCKEY STICK; ;**
5-7 **FWD BASIC TO HNDSHK BACK TRIPLE CHAS; ; WHIP FC DRC;**
8-11 **ALEMANA; ; BREAK BACK TO OP; FWD 2 AND CHA;**
12-15 **SLIDE DOOR HANG ON TO FC; CRAB WALK; FENCE LINE; SPOT TURN TO OP;**

END (CHA 5 MEAS)

- 1-4** **SLIDE DOOR HANG ON TO FC; CRAB WALK; FENCE LINE; SPOT TURN;**
 1-4 repeat intro meas 3-6 end CP/COH
5 **RUMBA RK FWD REC CORTE**
 QQS 5 fwd L, rec R to CP/COH, sd&bk L in lunge line look at prtnr